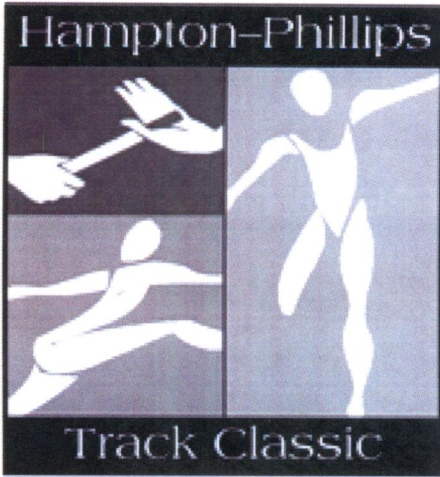


**20th Annual  
Hampton-Phillips  
Track Meet 2011**



Silver Creek High School would like to invite you to compete in our 20<sup>th</sup> Hampton-Phillips Track & Field Classic. The Hampton-Phillips Classic has annually produced the best marks in the Central Coast Section and statewide.

**Silver Creek** is one of only eight high schools in the nation to produce two Olympic Gold Medalists in Track and Field. **Millard Hampton**, a graduate of Silver Creek, won a Gold Medal at the 1976 Olympic Games in the 400-meter relay and a Silver Medal in the 200-meter dash. [Andre Phillips](#), also a Silver Creek graduate, won a Gold Medal at the 1988 Olympic Games in the 400-meter hurdles. Both athletes graduated from Quimby Oaks Middle School, **Silver Creek High School**, San Jose City College and UCLA.



When he joined the San Jose Police Department in 1984, Millard Hampton was well qualified to chase down bad guys. He was an Olympic sprinter, after all.

At the 1976 Montreal Olympics, the 20-year-old Hampton, then a student at San Jose City College, won the silver medal in the 200 meters, clocking 20.29 seconds in finishing a close second to the 20.22 of Jamaica's Don Quarrie.

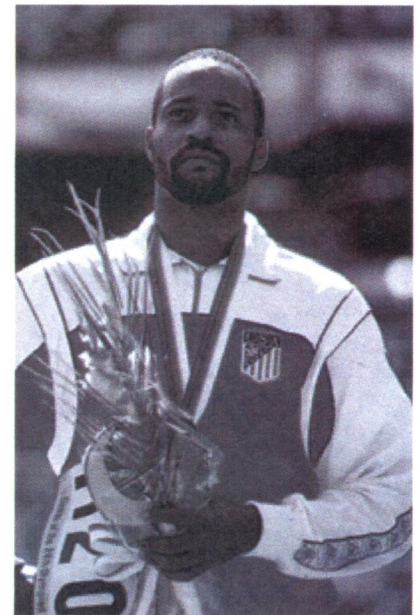
"Going into Montreal, I had hoped to medal but I didn't know if I would or not," Hampton said. "I had just turned 20. I thought maybe my Olympics would be when I was 24."

Earlier in 1976, Hampton ran his personal best time, 20.10. Suffice to say no scofflaw on the streets of San Jose could run the furlong anywhere near that fast.

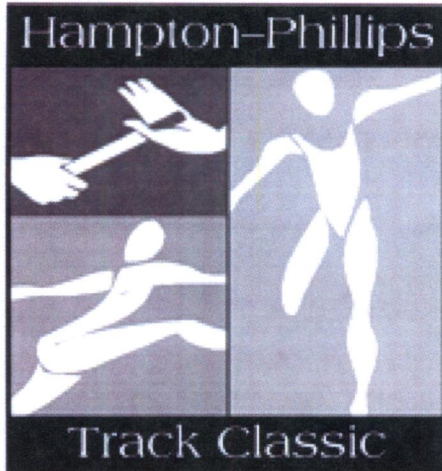
In winning the gold medal in the men's 400m hurdles at the 1988 Olympic Games in Seoul, Andre Phillips picked the best possible time to notch his only career win over his idol and fellow National Track & Field Hall of Famer Edwin Moses. Phillips, who won the 1985 World Cup, the 1985 USA Outdoor title and was the 1981 NCAA 400m hurdles champion, was nine times ranked top ten in the world by Track & Field News, and ranked #1 globally in 1985, 1986 and 1988. He was world ranked #3 in the 110m hurdles in 1985.

#### Education

high school: Silver Creek (San Jose, California), 1977  
junior college: San Jose CC (San Jose, California), 1979  
undergraduate: UCLA (San Jose, California), 1981



# 20th Annual Hampton-Phillips Track Meet 2011



**Date:** April 16<sup>th</sup>, 2011

**Time:** 9:00am

**Place:** Mt. Pleasant High School  
San Jose, CA

**Cost:** \$5.00 each event  
\$15.00 each relay team

**Contact:** Jason James  
(408)347-5662  
[jamesj@esuhsd.org](mailto:jamesj@esuhsd.org)

**Entry Deadline: Saturday, April 9<sup>th</sup>, 2011**  
**Entry Fee Deadline: Saturday, April 16<sup>th</sup>, 2011**

To register please go to <http://www.directathletics.com> and enter your team member names. New users will first need to create a team account with Direct Athletics. Once logged on, go to "Find a Meet" to register.

## **Important Information:**

- Please make sure you provide an accurate email address when you sign up on Direct Athletics so that we may provide you with any new information.
- All running events that are finals only will be run in slow to fast heats
- Field events will be held all day long. Please see the next page for the order of events. Each athlete will receive 4 attempts.
- T-shirts and food will be sold at the event.
- Awards: The first 5 places per event will receive a championship medal.
- Entry Fees: \$5.00 per athlete per event, \$15.00 per relay team. Only one relay team per event per division will be allowed.
- Entry fees should be made in the form of a check made payable to Silver Creek High School. Checks can be mailed to: 3434 Silver Creek Road San Jose, CA 95121-1899
- Entry fees are non-refundable. If the event is canceled due to weather, entry fees will be carried over to the next year's event.

If you have any further questions, please do not hesitate to contact Jason James at [jamesj@esuhsd.org](mailto:jamesj@esuhsd.org) or at (408)347-5662. We look forward to seeing you at the 20<sup>th</sup> annual Hampton-Phillips Track Meet!

# 20th Annual Hampton-Phillips Track Meet 2011

## Schedule of Events – Track Events ATHLETES – CHECK IN ONE HOUR BEFORE YOUR EVENT

9:00 AM	Boys	110 Meter Hurdles	Frosh/Soph	Prelim
9:10 AM	Boys	110 Meter Hurdles	Varsity	Prelim
9:25 AM	Girls	110 Meter Hurdles	Varsity	Prelim
9:40 AM	Boys	100 Meter Dash	Frosh/Soph	Prelim
9:50 AM	Boys	100 Meter Dash	Varsity	Prelim
10:00 AM	Girls	100 Meter Dash	Varsity	Prelim
10:15 AM	Boys	4x100 Meter Relay	Frosh/Soph	Finals
10:25 AM	Boys	4x100 Meter Relay	Varsity	Finals
10:35 AM	Girls	4x100 Meter Relay	Varsity	Finals
10:50 AM	Boys	1600 Meter Run	Frosh/Soph	Finals
11:00 AM	Boys	1600 Meter Run	Varsity	Finals
11:10 AM	Girls	1600 Meter Run	Varsity	Finals
<b>11:20 – 11:40 Hampton-Phillips Presentation &amp; Special Olympics 100 Meter Dash</b>				
11:45 AM	Boys	110 Meter Hurdles	Frosh/Soph	Finals
11:50 AM	Boys	110 Meter Hurdles	Varsity	Finals
11:55 AM	Girls	110 Meter Hurdles	Varsity	Finals
12:05 PM	Boys	400 Meter Dash	Frosh/Soph	Finals
12:10 PM	Boys	400 Meter Dash	Varsity	Finals
12:20 PM	Girls	400 Meter Dash	Varsity	Finals
12:35 PM	Boys	100 Meter Dash	Frosh/Soph	Finals
12:40 PM	Boys	100 Meter Dash	Varsity	Finals
12:45 PM	Girls	100 Meter Dash	Varsity	Finals
12:55 PM	Boys	800 Meter Dash	Frosh/Soph	Finals
1:05 PM	Boys	800 Meter Dash	Varsity	Finals
1:15 PM	Girls	800 Meter Dash	Varsity	Finals
1:30 PM	Boys	400 Meter Hurdles	Frosh/Soph	Finals
1:40 PM	Boys	400 Meter Hurdles	Varsity	Finals
1:50 PM	Girls	400 Meter Hurdles	Varsity	Finals

2:05 PM	Boys	200 Meter Dash	Frosh/Soph	Finals
2:15 PM	Boys	200 Meter Dash	Varsity	Finals
2:25 PM	Girls	200 Meter Dash	Varsity	Finals
2:45 PM	Boys	3200 Meter Run	Frosh/Soph	Finals
3:05 PM	Boys	3200 Meter Run	Varsity	Finals
3:25 PM	Girls	3200 Meter Run	Varsity	Finals
3:45 PM	Boys	4x400 Meter Relay	Frosh/Soph	Finals
3:55 PM	Boys	4x400 Meter Relay	Varsity	Finals
4:05 PM	Girls	4x400 Meter Relay	Varsity	Finals

### Schedule of Events – Field Events

9:00 AM	Boys	Long Jump	Varsity	Final
9:00 AM	Girls	Triple Jump	Varsity	Final
9:00 AM	Boys	Shot Put (F/S to follow Varsity)	Varsity	Final
9:00 AM	Girls	Discus	Varsity	Final
9:00 AM	Boys	Pole Vault	Frosh/Soph	Final
9:30 AM	Boys	High Jump	Frosh/Soph	Final
10:30 AM	Boys	Long Jump	Frosh/Soph	Final
10:30 AM	Boys	High Jump	Varsity	Final
11:00 AM	Girls	Pole Vault	Varsity	Final
11:00 AM	Boys	Discus (F/S to follow Varsity)	Varsity	Final
11:30 AM	Girls	Shot Put	Varsity	Final
12:00 PM	Boys	Triple Jump	Varsity	Final
12:00 PM	Girls	Long Jump	Varsity	Final
1:00 PM	Girls	High Jump	Varsity	Final
1:30 PM	Boys	Pole Vault	Varsity	Final
1:30 PM	Boys	Triple Jump	Frosh/Soph	Final