

**13th Annual
Foothill/St. Francis Track & Field Carnival
April 7, 1996**

Women's Results

3000 - 1. Allison (Leland) 10:41.4 2. Sandoval (SI) 10:48.6 3. Grove (SI) 11:04.6 4. Squire (Hillsdale) 11:20.5 5. Giruard (Mtn View) 11:31.1 6. Teuscher (SF) 11:41.3

4 X 800 Relay - 1. Lowell 9:53.1 2. SI 9:58 3. Douglas 11:00.1 4. Presentation 11:50.5 5. Lynbrook 13:03.5

100MHH - 1. Steingart (SF) 15.9 2. Downey (Los Altos) 16.4 3. Carver (Harbor) 16.5 3. Saenz (Los Altos) 16.5 5. Donovan (SF) 16.7 6. Diaz (Santa Teresa) 16.8

400M Relay - 1. SF 48.1** 2. Los Gatos 49.9 3. SI 50.4 4. Gunn 50.6 5. Mitty 50.7 6. Harbor 51.2

1500 M - 1. Renteria (Westmont) 4:52.8 2. Delaplace (Westmont) 4:55.3 3. Allison (Leland) 4:59.6 4. Hansen (Redwood) 5:02.4 5. Kihara (Palo Alto) 5:02.8 6. Holmquist (Santa Teresa) 5:03.9

400 M - 1. Kirtman (Lowell) 58.3 2. Sczawinski (Los Gatos) 58.3 3. Wrenn (Palo Alto) 59.6 4. Slater (Pioneer) 60.3 4. Butler (Soquel) 60.3 6. Earle (Live Oak) 60.8

100 M - 1. Craig (SF) 11.9 2. Blaschke (SF) 12.6 3. Haggerty (Mitty) 12.9 3. Washington (SI) 12.9 5. McGowan (Leigh) 12.9 6. Warfield (SLV) 13.1 6. Paterson (Overfelt) 13.1

800 M - 1. Williams (Sacred Heart) 2:23.5 2. Biber-Ferro (Los Gatos) 2:25.3 3. McPherson (Santa Teresa) 2:25.3 4. La Pine (Los Gatos) 2:27.3 5. Lombardi (Los Gatos) 2:27.6 6. Scott (Leland) 2:28.1

300 LH - 1. Steingart (SF) 44.0 2. Slater (Pioneer) 46.0 3. Carver (Harbor) 46.2 4. Diaz (Santa Teresa) 48.4 5. Prochnow (Soquel) 48.8 6. Koeing (Live Oak) 49.1

200 M - 1. Craig (SF) 24.4 2. Williams (Sacred Heart) 26.7 3. Butler (Soquel) 26.9 3. Coleman (Gunn) 26.9 5. Paterson (Overfelt) 27.0 6. McGowan (Leigh) 27.4

Distance Medley - 1. Lowell A 12:34.2 2. SI 13:14.8 3. Westmont 13:23.6 4. Live Oak 13:38.3 5. Lowell B 13:54.9 6. SF 14:11.4

Mile Relay - 1. Saint Francis 4:03.2 2. SI 4:07.3 3. Los Altos 4:14.3 4. Leland 4:14.4 5. Mitty 4:15.1 6. Overfelt 4:18.3

Long Jump - 1. Warfield (SLV) 16'6 3/4" 2. Burnham (Los Altos) 16'4 1/4" 3. Roberts (SI) 15'11 3/4" 4. Ng (Lowell) 15'10 3/4" 5. Mulhern (SI) 15'3" 6. Levitz (Homestead) 15'1 1/2"

Discus - 1. DeArmero (Los Altos) 115'3" 2. Hutchkiss (Overfelt) 110'0" 3. Colen (Live Oak) 107'4" 4. McGhee (Mitty) 104'4" 5. Hu (Palo Alto) 103'4 1/2" 6. Nilmeyer (Burlingame) 102'5 1/2"

Shotput - 1. Nilmeyer (Burlingame) 37' 11" 2. Santos (Mtn. View) 36' 9 1/2" 3. Hill (Sacred Heart) 36' 2" 4. Dearmero (Los Altos) 34' 9 1/2" 5. Vigh (Sequoia) 34' 2" 6. Prasad (Milpitas) 34' 2"

High Jump - 1. Lee (SI) 5'2" 2. Deeli (SI) 5' 0" 3. Owen (SF) 5' 0" 4. Donovan (SF) 4' 10" 5. Downey (Los Altos) 4' 10" 5. Van Bruggen (Douglas) 4' 10"

Triple Jump - 1. Burnham (Los Altos) 36' 5 1/4" 2. Shih (Gunn) 35' 5 1/2" 3. Roberts (SI) 34' 11 1/2" 4. Broughton (Douglas) 34' 9 1/4" 5. Mulhern (SI) 34' 5 3/4" 6. Saenz (Los Altos) 33' 2 1/2"

Pole Vault - 1. Furniss (SI) 8'6" 2. Sarn (Mitty) 8'0" 3. Yun (Mills) 7'6" 4. Erkkia (SI) 7'6" 5. Olsfon (SI) 7'6" 6. Chlouba (Mitty) 7'6"

** meet record

Men's Results

3000 - 1. Sikiric (Leland) 8:48.8 2. Boothe (Pioneer) 9:03.3 3. Piellusch (Leland) 9:04.8 4. Collin (SF) 9:07.3 5. Smith (Mills) 9:20.6 6. Harnagel (Leland) 9:22.1

4 X 800 Relay - 1. SLV 8:38.7 2. Lowell 8:57.1 3. Palo Alto 9:06.6

110M HH - 1. Bull (Mountain View) 14.9 2. Seymour (SLV) 15.3 3. Eastham (Mountain View) 15.5 4. De Silva (Hillsdale) 15.8 4. Young (San Mateo) 15.8 6. Carrasco (Overfelt) 15.8

400M Relay - 1. Del Mar 42.7 2. Douglas 43.7 3. Riordan 44.2 4. SI 45.1 5. SLV 45.3 6. Sequoia 46.0

1500 M - 1. Rutledge (Los Gatos) 4:09.3 2. Newman (Los Gatos) 4:09.9 3. Fitzgibbon (SI) 4:11.3 4. Wilbur (Soquel) 4:15.1 5. Carter (Los Gatos) 4:15.8 6. Foster (SF) 4:19.7

400 M - 1. Napoleon (Del Mar) 48.7 2. Hogg (Riordan) 49.8 3. Stewart (SF) 50.6 4. Becerra (Harbor) 50.8 5. Larson (Douglas) 51.1 6. Armstrong (Prospect) 51.8

100 M - 1. Jacobs (Douglas) 11.1 2. Hesse (Cupertino) 11.2 3. Harris (Del Mar) 11.2 4. Anderson (Sequoia) 11.2 5. Neubauer (Douglas) 11.3 6. Gonzales (SI) 11.3

800 M - 1. Newman (Los Gatos) 1:57.5 2. Dominquez (Overfelt) 1:58.2 3. Guina (Westmont) 1:58.7 4. Adkins (Wilcox) 1:59.1 5. Uto-Uko (Del Mar) 1:59.6 6. Hansen (SI) 2:00.1

400IH - 1. Bull (Mtn View) 56.1 2. Armstrong (Prospect) 57.6 3. Carrasco (Overfelt) 58.1 4. Edwards (Wilcox) 58.1 5. Eastham (Mtn View) 58.6 6. Anan (Homestead) 59.8

200 M - 1. Napoleon (Del Mar) 22.0 2. Neubauer (Douglas) 22.5 3. Jacobs (Douglas) 22.5 4. Anderson (Sequoia) 22.8 5. Banks (Lincoln) 23.1 6. Carson (Gunn) 23.2

Distance Medley - 1. Leland 10:48.7 2. Lowell 11:26.1 3. Wilcox 11:26.6 4. SLV 11:47.7 5. Redwood 12:01.5

Mile Relay - 1. Del Mar 3:26.00 2. St. Francis 3:27.00 3. Riordan 3:27.9 4. SLV 3:34.6 5. Leland 3:35.2 6. Lowell 3:37.00

Long Jump - 1. Bull (Mtn. View) 21' 7 3/4" 2. De La Cruz (SI) 21' 3/4" 3. Wood (Riordan) 21' 3/4" 4. Washington (Pioneer) 20'5" 5. Chen (Lynbrook) 20' 2 1/2" 6. Whitaker (Mitty) 20' 2"

Discus - 1. Howard (Los Altos) 151' 7 1/2" 2. Tuipuloto (San Mateo) 148' 9" 3. Brilla (Mitty) 137' 7" 4. Reece (SI) 139' 2 1/2" 5. Donnelly (SI) 138' 3 1/2" 6. Tucker (Live Oak) 132' 2"

Shotput - 1. Howard (Los Altos) 54' 4 1/2" 2. Desimonde (Satna Teresa) 48' 6" 3. Campbell

(Hillsdale) 45' 6 1/2" 4. Kinner (Del Mar) 44' 9" 5. Penner (Santa Clara) 44' 2" 6. Donnelly (SI) 44' 0"

High Jump - 1. Bull (Mountain View) ~~6' 4"~~ 2. Frick (Redwood) 6' 2" 3. Calebota (Saratoga) 5' 10"
4. Ainza (Riordan) 5' 10" 5. Johnson (Del Mar) 5' 10" 6. Vukosa (Hillsdale) 5' 8" 6. Moreno (Riordan) 5' 8"
6. Harris (SI) 5' 8" 6. Sobozek (Lynbrook) 5' 8" 6. Peredez (Del Mar) 5' 8"

Triple Jump - 1. Chen (Lynbrook) 41' 6" 2. Nozawa (Lynbrook) 41' 3" 3. De Le Cruz (SI) 40' 11" 4. Moreno (Riordan) 40' 8" 5. De La Fosse (Los Altos) 40' 2" 6. Ho (Westmont) 39' 6 1/2"

Pole Vault - 1. Harris (Del Mar) 14' 6" 2. Bakke (Del Mar) 13' 0" 3. Riley (SF) 12' 6" 4. Chandler (Santa Clara) 12' 6" 5. Gavin (SI) 12' 0"

Frosh/Soph Results

4 X 800 Relay - 1. Gunn 8:58.9 2. Mitty 9:10.9 3. Live Oak 9:29.9 4. Lowell 9:43.2 5. Palo Alto 10:13.8

65M HH - 1. McGowan (Leigh) 9.1* 2. Turner (Riordan) 9.6 3. Chen (Los Altos) 9.6 4. Chuan (Lynbrook) 9.7 5. Mullins (Soquel) 9.9 6. Metz (SI) 10.1

400M Relay - 1. Mitty 45.4 2. SI 45.6 3. Riordan 45.9 4. Lynbrook 46.0 5. SF 46.8 6. Mountain View 46.9

1500 M - 1. Ozan (Del Mar) 4:15.4 2. Joma (Soquel) 4:16.1 3. Chen (SI) 4:16.5 4. Hill (Los Altos) 4:17.8 5. Boyd (Gunn) 4:21.4 6. Sclab (Cupertino) 4:27.1

500 M - 1. Swanson (Mitty) 51.7 2. Haimer (Mitty) 52.0 3. Buich (SI) 52.7 4. Spears (SI) 53.0 5. Atkinson (SF) 53.6 6. Rees (SF) 53.6

100 M - 1. Gaskins (Mtn View) 11.5 2. Castro (SI) 11.6 3. Koustas (Riordan) 11.8 4. Tung (Lynbrook) 11.9 5. Satterfield (SLV) 12.0 6. Williams (Mitty) 12.1 6. Miksch (Pioneer) 12.1 6. Lee (SI) 12.1

800 M - 1. Skowrup (Soquel) 2:02.7 2. Ozan (Del Mar) 2:04.8 3. Macias (Pioneer) 2:05.1 4. Bonney (Riordan) 2:06.7 5. Gil-Palacios (Del Mar) 2:08.2 6. Melin (SF) 2:08.4

300 IH - 1. McGowan (Leigh) 40.7 2. Chuang (Lynbrook) 42.6 3. Turner (Riordan) 44.3 4. Hu (Homestead) 44.8 5. Chen (Los Altos) 45.0 6. Crick (Santa Cruz) 45.3

200 M - 1. McGowan (Leigh) 23.1 2. Gaskins (Mtn View) 23.8 3. Koustas (Riordan) 23.8 4. Tung (Lynbrook) 23.9 5. Ramos (Lincoln) 24.8 6. Zulaybar (Sacred Heart) 24.8

Distance Medley - 1. Menlo 11:46.4 2. Live Oak 11:56.8 3. Prospect 12:03 4. Lowell 12:04.6 5. Riordan 12:12.9 6. Los Altos 12:26.2

Mile Relay - 1. Mitty 3:39.3 2. Riordan 3:41.9 3. St. Francis A 3:41.9 4. Lynbrook 3:51.7 5. Los Altos 3:53.8 6. St. Francis B 3:59.4

Discus - 1. Bjorklund (Los Altos) 137' 1" 2. Bower (Gunn) 124' 2" 3. Garassi (Mitty) 121' 3"
4. Giruard (Los Altos) 121' 1 1/2" 5. Fitzgibbon (SI) 109' 1" 6. Allen (SI) 105' 2"

Shotput - 1. Bjorklund (Los Altos) 54'10" 2. Giruard (Los Altos) 54'2" 3. Snyder (Gunn) 47'4"
4. Allen (SI) 45'1 1/2" 5. Jakic (SI) 44'5" 6. Barulick (SI) 43'9.5"

High Jump - 1. Marble (Los Altos) 6'3" 2. Kelly (Mitty) 6'0" 3. Metz (SI) 5' 10" 4. Noce (SLV)
5'10" 5. Pimentel (SI) 5'10" 6. Leong (Mills) 5'8"

Long Jump -1. Castro (SI) 19'9 1/4" 2. Wehmeier (Homestead) 19'7" 3. Carr (SI) 19'7" 4.
Partridge (Menlo) 19'5 1/4" 5. Moores (Lynbrook) 19'4 1/2" 6. Lauigan (Riordan) 19'4 1/2"

Triple Jump -1. Quarles (Los Altos) 41'7" 2. Poquez (SI) 40' 3" 3. Lauigan (Riordan) 38' 9" 4.
Paige (Westmont) 38'4 1/2" 5. Nobraiga (Del Mar) 38'4 1/2" 6. Shye (Los Altos) 37'11 1/2"

Pole Vault - 1. Nikbakhsh-Tali (Mitty) 12'6" 2. Simonson (SF) 11'6" 3. Lishanski (SI) 11'6" 4.
Dybdahl (Soquel) 10'6" 4. Mullins (Soquel) 10'6" 6. Murphy (SF) 10'0"

(*) tied meet record