

Girls track and field

CCS Southern Regional In Soquel

Qualifiers for CCS semifinals

4x100 relay — Independence 50.08; 2, Gilroy 50.27; 3, Mitty 50.43; 4, North Monterey County 50.54; 5 (tie), Harbor and Silver Creek 51.64; 7, Mt. Pleasant 50.72; 8, Leigh 50.89; 9, North Salinas 51.02.

1,600 — Emily Allison (Leland) 5:14.04; 2, Laneisha McPherson (Silver Creek) 5:15.91; 3, Annette Holmquist (Santa Teresa) 5:20.04; 4, Debbie Bleisch (Silver Creek) 5:20.06; 5, Monica Topete (Silver Creek) 5:22.13; 6, Nicole Gehrkins (Harbor) 5:22.38; 7, Serena Delaplace (Westmont) 5:23.55; 8, Lakeisha Poole (Gunderson) 5:26.59; 9, Denise Cardamone (Carmel) 5:29.56; 10, Lisa Renteria (Westmont) 5A:31.58; 11, Sabrina Bunion (Santa Teresa) 5:33.26; 12, Ceci Lavelle (Presentation) 5:34.47; 13, Jessica Morris (R.L. Stevenson) 5:36.30.

100 low hurdles — Tamisha Allen (North Salinas) 15.13; 2, Tisha Ponder (Del Mar) 15.34; 3, Nikki Gillott (NMC) 16.20; 4, Anne Gamper (NMC) 16.25; 5, Jennie Warfield (San Lorenzo Valley) 16.44; 6, Julia Brown (Mt. Pleasant) 16.46; 7, Bethany Jones (Notre Dame Salinas) 16.56; 8, Staci Duncan (Mitty) 16.66; 9, Leanne Slater (Pioneer) 16.71.

400 — (tie) Kameelah Elarms (Piedmont Hills) and Katie Haviland (NMC) 58.76; 3, Kathy Gross (Independence) 59.23; 4, Tamara Chellam (Mitty) 1:00.04; 5, Dominique Haley (Leland) 1:00.19; 6, Kerry Butler (Soquel) 1:00.29; 7, Janea Reilly (Pacific Grove) 1:01.05; 8, Sarah Sawyer (Notre Dame Salinas) 1:01.06; 9, Amy Frederick (Mt. Pleasant) 1:01.11.

100 — Enjoli Smith (Gilroy) 12.67; 2, Amber Taylor (NMC) 12.70; 3 (tie), Cindy McGowan (Leigh) and Kristy Ostoja (Hollister) 12.75; 5, Bianca Sams (R.L. Stevenson) 13.00; 6, Phonecia Holly (North Salinas) 13.08; 7, Rebecca Paterson (Overfelt) 13.09; 8, Orieku Osoka (Independence) 13.13; 9, Jennie Warfield (San Lorenzo Valley) 13.14.

800 — Joanna Peshkoff (Salinas) 2:19.4; 2, Laneisha McPherson (Silver Creek) 2:20.2; 3, Allyson Wallace (Notre Dame Salinas) 2:21.8; 4, Katie Roney (Santa Catalina) 2:21.9; 5, Lisa Renteria (Westmont) 2:22.6; 6, Serena Delaplace (Westmont) 2:23.0; 7, Larain McPherson (Santa Teresa) 2:23.4; 8, Meghan Scott (Leland) 2:24.1; 9, Daphne Descollonges (R.L. Stevenson) 2:24.9.

300 LH — Tisha Ponder (Del Mar) 44.88; 2, Tamisha Allen (North Salinas)

45.84; 3, Carey Carver (Harbor) 46.09; 4, Staci Duncan (Mitty) 46.67; 5, Leanne Slater (Pioneer) 47.13; 6, Alexandre Balago (Independence) 47.44; 7, Jasminne Espinoza (Silver Creek) 47.75; 8, Nikki Gillott (NMC) 47.94; 9, Julia Brown (Mt. Pleasant) 47.95.

200 — Kathy Gross (Independence) 25.74; 2, Enjoli Smith (Gilroy) 25.79; 3, Kristy Ostoja (Hollister) 26.06; 4, Rebecca Paterson (Overfelt) 26.12; 5, Phonecia Holly (North Salinas) 26.42; 6, Bianca Sams (R.L. Stevenson) 26.51; 7, Amy Frederick (Mt. Pleasant) 26.54; 8, Kerry Butler (Soquel) 26.61; 9, Katie Haviland (NMC) 26.74.

3,200 — Emily Allison (Leland) 11:34.5; 2, Monica Topete (Silver Creek) 11:47.8; 3, Debbie Bleisch (Silver Creek) 11:51.4; 4, Ana Lilia Martinez (King City) 11:55.6; 5, Sara Strand (Alvarez) 12:02.4; 6, Rachael Wiseman (Mt. Pleasant) 12:09.3; 7, Amy Yule (Soquel) 12:18.0; 8, Julia Ruiz (Presentation) 12:23.1; 9, Jeanette Najera (Willow Glen) 12:23.5.

4x400 — Independence 4:03.25; 2, Silver Creek 4:04.87; 3, North Monterey County 4:05.59; 4, Salinas 4:09.49; 5, Mitty 4:10.83; 6, Leland 4:11.19; 7, Piedmont Hills 4:11.25; 8, Overfelt 4:11.57; 9, Live Oak 4:11.93.

Long jump — Tisha Ponder (Del Mar) 19-2; 2, Tamara Livers (Independence) 17-2 $\frac{3}{4}$; 3, Janelle Sterbentz (Silver Creek) 17-2 $\frac{1}{4}$; 4, Kameelah Elarms (Piedmont Hills) 17-2; 5, Jennie Warfield (San Lorenzo Valley) 16-5 $\frac{1}{4}$; 6, Shawna Adkins (Piedmont Hills) 16-4 $\frac{3}{4}$; 7, Jennifer Swanson (Gilroy) 16-4; 8, Jeanesta Linen (Monterey) 15-9 $\frac{1}{2}$; 9 (tie), Angela Anderson (Aptos) and Kim Johnson (Soquel) 15-6 $\frac{1}{2}$.

Triple jump — Tisha Ponder (Del Mar) 39-0 $\frac{1}{4}$; 2, Mary Lou Badillo (Mt. Pleasant) 37-10 $\frac{1}{2}$; 3, Heather Blackwell (R.L. Stevenson) 35-4; 4, Nikki Gillott (NMC) 35-1 $\frac{1}{2}$; 5, Sienna Owens (Independence) 34-10; 6, Janelle Sterbentz (Silver Creek) 34-5 $\frac{3}{4}$; 7, Milah Jordan (Gilroy) 34-4 $\frac{1}{2}$; 8, Yvette Soliven (NMC) 33-8 $\frac{1}{2}$; 9, Michelle Grey (Mitty) 33-5 $\frac{1}{2}$.

Shot — Darlene Tulua (Carmel) 41-3 $\frac{1}{2}$; 2, Jonelle Guileen (North Salinas) 36-5 $\frac{1}{4}$; 3, Dony Vloo (Mt. Pleasant) 36-5; 4, Adaline Martinez (Live Oak) 35-8 $\frac{1}{2}$; 5, Tai Pleasant (Harbor) 35-8 $\frac{1}{2}$; 6, Paula Brown (North Salinas) 34-6; 7, Leigh Thompson (unaffiliated) 34-2 $\frac{1}{2}$; 8, Jackie Hotchkiss (Overfelt) 34-1 $\frac{1}{2}$; 9, Kacy Romano (Mitty) 33-9 $\frac{1}{2}$.

Boys track and field

CCS Southern Regional In Soquel

Qualifiers for CCS semifinals

4 x 100 relay — Del Mar (Harris, Gillespie, Wiggins, Napoleon) 42.72; 2, Yerba Buena 43.65; 3, N. Monterey County 43.76; 4, Alisal 43.89; 5, Monterey 44.03; 6, Gunderson 44.13; 7, Mt. Pleasant 44.49; 8 (tie), Hollister and R.L. Stevenson 44.70.

1,600 — Daniel Sikiric (Leland) 4:14.10; 2, Chris D'Anjou (Live Oak) 4:23.20; 3 (tie), Ricardo Dominguez (Overfelt) and Enrique Torres (Silver Creek) 4:27.80; 5, Cuco Chavez (Hollister) 4:25.10; 6, Jorna DeWald (Soquel) 4:26.30; 7, John Harnagel (Leland) 4:27.40; 8, Gary Passanisi (Aptos) 4:34.47; 9, Leo Balders (Silver Creek) 4:30.80; 10, Eric Rasler (Gunderson) 4:32.70; 11, Matt Skowrup (Soquel) 4:33.40; 12, J.C. Calzetta (York) 4:35.10; 13, Ryan Drobnick (Palma) 4:35.70.

110 high hurdles — Matua Mauga (Independence) 15.16; 2, Chase Armer (NMC) 15.50; 3, Nguyen Vong (Silver Creek) 15.56; 4, Derek Seymour (San Lorenzo Valley) 15.58; 5, Thomas Hocker (Silver Creek) 15.72; 6, Ryan Travaile (Carmel) 15.84; 7, Efrain Carrasco (Overfelt) 15.99; 8, Jason Galeria (NMC) 16.18; 9, Mike Myamoto (North Salinas) 16.20.

400 — Curtis Napoleon (Del Mar) 48.95; 2, Kareem Morrell (San Jose) 49.26; 3, Brandon Sams (R.L. Stevenson) 50.85; 4, Damien Gaines (Yerba Buena) 50.99; 5, Joel Hickok (Walsonville) 51.08; 6, Devon Dyer (Independence) 51.18; 7, Joe Noon (San Lorenzo Valley) 51.35; 8, Nate Ellis (Gunderson) 51.46; 9, Matt Tayan (NMC) 51.66.

100 — Sherman Jones (Yerba Buena) 11.20; 2, Kenny Slaton (Oak Grove) 11.21; 3, Alex Tinsley (Gilroy) 11.23; 4, Tonaga Banks (Lincoln) 11.28; 5, Steve Harris (Del Mar) 11.33; 6, Chris Vivit (NMC) 11.41; 7, Mike Nealy (Yerba Buena) 11.42; 8, Hung Nguyen (Silver Creek) 11.47; 9, Coby Gillespie (Del Mar) 11.51.

800 — Nick Tuttle (Leland) 1:57.5; 2, Kareem Morrell (San Jose) 1:58.8; 3, Greg Kaminskis (NMC) 1:59.1; 4, Jacob Green (Gilroy) 1:59.2; 5 (tie), Oscar Gonzales (Mt. Pleasant) and Clint Sapiro (Salinas); 7, Ray Uto-Uko (Del Mar) 2:00.0; 8, Trevor Guina (Westmont) 2:00.5; 9, Luis Briseno (King City) 2:01.2.

300 IH — Thomas Hocker (Silver Creek) 39.91; 2, Guy McGowan (Leigh) 40.04; 3, Efrain Carrasco (Overfelt) 40.88; 4, Derek Seymour (San Lorenzo Valley) 40.91; 5, Baruti Armstrong (Prospect) 41.27; 6, Chase Armer (NMC) 41.71; 7, Jef Pomo (Palma) 41.78; 8, Matua Mauga (Independence) 42.25; 9, Emerson Sanderson (San Lorenzo Valley) 42.41.

200 — Curtis Napoleon (Del Mar) 22.28; 2, Kenny Slaton 22.45; 3, Sherman Jones (Yerba Buena) 22.52; 4, Alex Tinsley (Gilroy) 22.61; 5, Tonaga Banks (Lincoln) 22.69; 6, Laurent Harris (Gunderson) 22.72; 7, Hung Nguyen (Silver Creek) 22.92; 8, Steve Harris (Del Mar) 22.96; 9, Dave Grazian (Monte Vista Christian) 23.01.

3,200 — Enrique Torres (Silver Creek) 9:37.27; 2, Ricardo Dominguez (Overfelt) 9:42.85; 3, Daniel Sikiric (Leland) 9:47.43; 4, Aleiandro Sapiens (Mt. Pleasant) 9:47.47; 5, Nick Piellusch (Leland) 9:47.75; 6, Gary Passanisi (Aptos) 9:48.55; 7, Adam Boothe (Pioneer) 9:51.67; 8, Cuco Chavez (Hollister) 9:54.30; 9, Elijah Bilotta (York) 9:55.64.

4 x 400 relay — Del Mar 3:26.37; 2, Leland 3:26.81; 3, San Jose 3:27.39; 4, Oak Grove 3:28.36; 5, North Monterey County 3:28.77; 6, San Lorenzo Valley 3:28.88; 7, R.L. Stevenson 3:29.79; 8, Gunderson 3:29.99; 9, Silver Creek 3:30.52.

Long jump — (tie) Alex Tinsley (Gilroy) and Myron Washington (Mt. Pleasant) 22-10; 3, Mike Nealy (Yerba Buena) 22-8 $\frac{1}{4}$; 4, Jeff Ray (Alisal) 21-11; 5, Patrick McClintock (Lick) 21-8; 6, Dave Grazian (Monte Vista Christian) 21-5 $\frac{1}{2}$; 7 (tie), Kurni Rauf (Santa Cruz) and Mike Celso (Oak Grove) 21-1; 9, Michael Lemieux (Soquel) 20-9 $\frac{1}{2}$.

Triple jump — Myron Washington (Mt. Pleasant) 46-0 $\frac{3}{4}$; 2, Mike Cordoba (North Salinas) 44-0; 3, Joel Abraham (Santa Cruz) 42-9; 4, David Vargas (Palma) 42-4 $\frac{1}{2}$; 5, Glen Stone (Yerba Buena) 42-4 $\frac{3}{4}$; 6, Oscar Simon (NMC) 42-4 $\frac{1}{2}$; 7, Toan Quach (Gunderson) 42-2 $\frac{1}{2}$; 8, Greg Fisher (NMC) 42-0 $\frac{3}{4}$; 9, Luther Dunn (Hill) 42-0.

Shot — Matt Young (Salinas) 54-0 $\frac{1}{2}$; 2, Josh Young (Piedmont Hills) 53-3; 3, Roscoe Jordan (Yerba Buena) 50-3; 4, Tyson Zimmerman (NMC) 49-7 $\frac{1}{2}$; 5, Andre Carter (Oak Grove) 49-2 $\frac{1}{2}$; 6, Shawn Stewart (Hollister) 47-0 1/2; 7, Carlos Moncada (Palma) 45-11; 8, Jeff Batrez (Gilroy) 45-7 $\frac{1}{2}$; 9, Adam Lemmon (Monterey) 45-6.

Discus — Jeff Passamani (Monte Vista Christian) 156-8; 2, Josh Young (149-1); 3, Matt Young (North Salinas) 139-9; 4, Adam Sanborn (San Lorenzo Valley) 139-2; 5, Staf Bakanov (NMC) 134-7; 6, Ken Leung (NMC) 133-3; 7 (tie), Emiliano Ferrel (Palma) and Derek Tanner (North Salinas) 132-6; 9, Tyson Zimmerman (NMC) 124-5.

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