

SAN JOSE MERCURY NEWS

5/3/95

Track and field

CCS Top marks

* denotes southern Alameda County leaders

Boys

100 meters

Deltha O'Neal, Milpitas	10.83
Brett Fernald, Westmont	10.87
Damon Hamm, Milpitas	10.91
Bashir Levinston, Seaside	10.92
Andy Gonzalez, St. Ignatius	10.7
Karriem Adams, Wilcox	10.98
Alex Tinsley, Gilroy	10.98
* Kolos Lugosi, Mission S.J.	10.9

200 meters

Joe Naivalu, Fremont	21.5C
Bashir Levinston, Seaside	21.83
Todd Smith, San Jose	21.94
Deltha O'Neal, Milpitas	21.98
Brett Fernald, Westmont	22.03
Mike Ward, Ailsal	21.8
* Aaron Richberg, Logan	22.2
* Adriel Jones, Logan	22.3

400 meters

Kelsh Livingston, Seaside	48.6
Mike Ward, Ailsal	48.7
Derek Prior, Santa Teresa	48.80
Todd Smith, San Jose	49.05
Todd Weller, Aragon	50.24
Peter Cifelli, Los Gatos	50.24
* Aaron Richberg, Logan	48.85
* Ben Rosales, Irvington	50.3

800 meters

Dan Sikiric, Leland	1:52.6
Jeremy Riddle, Gunn	1:56.02
Kareem Morrell, San Jose	1:56.8
Greg Kaminskis, N. Mont. Co.	1:57.2
Beebe Ruffledge, Los Gatos	1:57.6
Nick Tuffie, Leland	1:57.80
* Aaron Richberg, Logan	1:49.12
* Trung Luu, Logan	1:59.3

1,600 meters

Dan Sikiric, Leland	4:13.78
Arnerigo Rossi, Harbor	4:19.6
Jason Balkman, Lynbrook	4:19.8
Peter Carter, Los Gatos	4:20.6C
Enrique Torres, Silver Creek	4:21.9
Tom Becker, Bellarmine	4:22.28C
* Daniel Embaye, Logan	4:29.1

3,200 meters

Jason Balkman, Lynbrook	9:12.54
Enrique Torres, Silver Creek	9:22.33
Tom Becker, Bellarmine	9:26.4
Dan Sikiric, Leland	9:26.8
Arnold Song, Bellarmine	9:28.83C
Justin Stern, Half Moon Bay	9:29.4
* Chad Foster, Logan	9:43
* Jonathon Stevens, Mission S.J.	9:47.5

110-meter high hurdles

Joe Naivalu, Fremont	14.1
Dan Nord, Los Altos	14.54
Jeff Nord, Los Altos	14.81
John Bull, Mountain View	14.7
Seth Hornstein, Bellarmine	15.07
Jonathon Stone, Yerba Buena	15.24
John Young, St. Ignatius	15.0
* Bryan Click, Logan	15.10

300-meter hurdles

Joe Naivalu, Fremont	39.16
Dan Nord, Los Altos	39.2
Lenzie Jackson, Milpitas	39.6
John Young, St. Ignatius	40.0
Seth Hornstein, Bellarmine	40.0
Jeff Nord, Los Altos	40.2
* Bryan Click, Logan	39.11
* Graig Brooks, Logan	41.19

400-meter relay

Seaside	42.4
Milpitas	42.57
Westmoor	43.3
Bellarmine	43.45
Mt. Pleasant	43.51
Aragon	43.67
* Logan	44.01

1,600-meter relay

Leland	3:25.8
Del Mar	3:27.0
San Jose	3:27.1
Los Gatos	3:27.78
Riordan	3:27.9
Yerba Buena	3:28.16
* Logan	3:19.80

Long jump

Jeff Nord, Los Altos	23-1, 24-2 1/2
Fred Jackson, Piedmont Hills	22-11 1/2
Glenn Eicane, Milpitas	22-5 1/4
JoJo Wright, Silver Creek	22-3 1/4
John Wolfe, Aragon	22-3
Darien Bonney, North Salinas	22-3
Mike Nealy, Y. Buena	22-2, 23-4 1/2
* Kevin Dixon, Logan	22-2 1/4

Triple jump

Dan Nord, Los Altos	48-1
Nathan Saso, Los Gatos	47-5 1/4
Darien Bonney, North Salinas	46-4 1/4
Mark Saso, Bellarmine	44-10 1/2
Navarro Jordan, Bellarmine	44-10
Benra Williams, Overfelt	44-9
* Rasheed Abdullah, Logan	46-10 1/2
* Gary Smith, Logan	46-1

High jump

Brendon Zeidler, Bellarmine	6-10 1/2
Eric Neumann, Wilcox	6-9
Melvin Lyons, Sequoia	6-6 1/2
John Bull, Mountain View	6-6
Todd Weller, Aragon	6-6
Keenan Culross, Sequoia	6-5

Pole vault

Mike Haldezos, Mills	15-4
Scott Wenholz, Gilroy	15-4
Kiel Vong, Mt. Pleasant	15-0
Siefan Gubser, North Salinas	14-6
Nguyen Vong, Silver Creek	14-0
Steve Harris, Del Mar	14-0
* Jeremiah Johnson, Logan	13-9
* Jon Chang, Mission S.J.	13-6

Shot put

Marc Mazzoni, Bellarmine	56-2
Aaron Lewis, St. Ignatius	55-8 1/2
Willie Howard, Los Altos	53-2 1/4
Gene Quicho, Jefferson	52-6 1/2
David Jackson, Overfelt	50-3
Matt Young, Salinas	50-0 1/2
* Joe Turner, Logan	50-4
* Kyle Donovan, Washington	50-0 1/2

Discus

Brad Perkins, Bellarmine	163-3
Aaron Lewis, St. Ignatius	160-0 1/2
Marc Mazzoni, Bellarmine	159-5
Gordon Hovey, Montia Vista	158-9
Charlie Slack, Los Altos	156-1
Jason Wishward, Monterey	155-10
* Kyle Donovan, Washington	162-10

Girls

100 meters

Stephanie Chavez, Los Gatos	12.27
Kathy Gross, Independence	12.3
Demisha Craig, St. Francis	12.58
Somer Washington, St. Ignatius	12.59
Lakeela Roberts, St. Ignatius	12.60
Ally Lombardi, Los Gatos	12.61
* Kelli White, Logan	11.74
* Jernee Wright, Logan	11.89
* Carla Estes, Logan	12.0

200 meters

Ally Lombardi, Los Gatos	25.00
Rose Sczawinski, Los Gatos	25.33
Stephanie Chavez, Los Gatos	25.36
Kathy Gross, Independence	25.3
Tisha Ponder, Del Mar	25.90
Brandy Jones, Westmoor	26.00
* Kelli White, Logan	23.85
* Carla Estes, Logan	24.3
* Jernee Wright, Logan	24.8

400 meters

Shavonne Jennings, Woodside	57.90
Tisha Ponder, Del Mar	58.27
Kamalia Williams, S.H. Cathedral	58.97
Sylvia Piesiak, Menlo-Atherton	59.02
Katie Haviand, N. Monterey Co.	59.0
Kameelah Elarms, Piedmont Hills	59.30
* Kelli White, Logan	54.87
* Carla Estes, Logan	55.02

800 meters

Ashley Holt, Menlo-Atherton	2:15.77
Brianna Denley, N. Monterey Co.	2:17.4
Michelle Quinet, Santa Teresa	2:19.6
Tamika Bush, Independence	2:20.2
Lina Biba-Ferro, Los Gatos	2:20.7
Lisa Renteria, Westmont	2:21.0
* Elissa Riedy, Mission S.J.	2:10.78
* Lori Riedy, Mission S.J.	2:18.2
* Jennifer Bridgeman, Logan	2:19.8

1,600 meters

Nicole Silva, Aptos	5:02.9
Maria Pleyte, Hollister	5:05.9
Deborah Blesch, Silver Creek	5:07.36C
Laneisha McPherson, S. Creek	5:07.48C
Lisa Renteria, Westmont	5:13.85C
Ashley Holt, Menlo-Atherton	5:15.46C
* Elissa Riedy, Mission S.J.	4:53.47
* Lori Riedy, Mission San Jose	4:57.05
* Jennifer Bridgeman, Logan	5:17.97

3,200 meters

Maria Pleyte, Hollister	11:01.3
Laura Sandoval, St. Ignatius	11:09.80C
Nicole Silva, Aptos	11:23.4
Shana Driscoll, St. Ignatius	11:25.0
Claire Ryan, Milty	11:26.2
Vi Tran, Santa Teresa	11:42.8
* Lori Riedy, Mission San Jose	11:14.22
* Elissa Riedy, Mission S.J.	11:20.2

100-meter high hurdles

Gina Ocegvera, St. Francis	15.16
Tonia Broden, Jefferson	15.29
Mandy Mazk, Capuchino	15.1
Caroline Schloesser, Los Gatos	15.77
Erica Larson, Carmel	15.80
Tamisha Allen, North Salinas	15.91
Aisha McGowan, Leigh	15.91
* Odessa Balumbu, Logan	15.3
* Alicyn Chappelle, Logan	15.89

300-meter low hurdles

Michelle Steingart, St. Francis	46.64
Leanne Slater, Pioneer	46.64
Meredith Shull, Milpitas	47.52
Gina Ocegvera, St. Francis	47.7
Tamisha Allen, North Salinas	47.7
Mary Esala, N. Monterey Co.	48.13
* Odessa Balumbu, Logan	47.6

400-meter relay

Los Gatos	49.23
St. Francis	49.68
St. Ignatius	49.68
Independence	50.08
Montia Vista	50.75
Silver Creek	50.83
* Logan	45.90

1,600-meter relay

Los Gatos	3:59.11
Silver Creek	4:03.26
Independence	4:03.6
Menlo-Atherton	4:04.26
Salinas	4:08.6
Menlo School	4:09.42
* Logan	3:47.87

Long jump

Tisha Ponder, D/Mar	17-11 1/4, 19-4 1/2
Kameelah Elarms, Pied. Hills	17-11 1/4
Tamra Livers, Independence	17-10
Renee Emery, Menlo School	17-8 1/2
Gina Ocegvera, St. Francis	17-6 1/4
Jessica Burnham, Los Altos	17-6 1/2
* Jernee Wright, Logan	20-9 1/4
* Montiqua Sargent, Logan	17-7 1/2

Triple jump

Tisha Ponder, Del Mar	38-9
Cindy Pettibon, Gunderson	36-0 1/4
Maria Duong, Overfelt	36-0
Jessica Burnham, Los Altos	35-9
Lillian Ito, Fremont	35-5 1/4
Janel Sterbenz, S. Creek	35-3, 35-6 1/4
* Alicyn Chappelle, Logan	37-7 1/2
* Meiody Melton, Logan	37-6 1/2
* Andrea Lacson, Logan	37-0

High jump

Lindsey Anderson, Palo Alto	5-6
Erica Larson, Carmel	5-6
Rhyan Armstrong, Independence	5-4
Amy Tan, Montia Vista	5-4
Lauren Guasco, N.D.-Belmont	5-4
Maureen Tobin, Mercy-Burt	5-4
* Alicyn Chappelle, Logan	5-7
* Karen Townsend, Logan	5-4

Shot put

Tina Etuale, Jefferson	47-6 1/2
Rebecca Morrison, Presentation	44-9
Darlene Tulua, Carmel	41-7 1/2
Cami Nilmever, Burlingame	38-5 1/4
Sandra Sahouriah, Westmoor	37-5
Caroline Schloesser, Los Gatos	37-2

Discus

Darlene Tulua, Carmel	141-9
Tina Etuale, Jefferson	129-10 1/2
Rebecca Morrison, Presentation	128-10
Sandra Sahouriah, Westmoor	122-11
Holly Royvalve, San Lorenzo Vly	122-8
Estella Miranda, Salinas	119-2
* Serwa Daddie, Newark M.	124-0 1/2

Pole vault

Breanna Haut, Harbor	9-9
Amandine Consorti, St. Francis	8-9
Emily Lam, St. Ignatius	8-0
Valerie Binder, Del Mar	7-9
Petra Klouba, Milty	7-6
Rosada Marlin, Soquel	7-6
Claudine Faicis, Mercy-Burlingame	7-6
Anna Furness, St. Ignatius	7-6
Brianna Naple, North Salinas	7-6
* Amanda Bauer, Mission S.J.	9-6
* Jocelyn Vickroy, Logan	7-6
* Annie Grow, Logan	7-6

Electronic timing is noted by hundredths and is superior to hand-timed marks, which are noted by tenths. 'w' denotes wind-aided time. 'w'w' denotes wind-aided marks. For additions or corrections, call David Klefer at 920-5814.

Track and field

CCS Top marks

* denotes southern Alameda County leaders

Boys

100 meters

Table with 2 columns: Name, Time. Includes Deltha O'Neal, Milpitas (10.83), Damon Hamm, Milpitas (10.91), etc.

200 meters

Table with 2 columns: Name, Time. Includes Joe Naivalu, Fremont (21.6v), Deltha O'Neal, Milpitas (21.98), etc.

400 meters

Table with 2 columns: Name, Time. Includes Mike Ward, Alisal (48.6), Todd Smith, San Jose (49.18), etc.

800 meters

Table with 2 columns: Name, Time. Includes Dan Sikiric, Leland (1:52.6), Jeremy Riddle, Gunn (1:58.7), etc.

1,600 meters

Table with 2 columns: Name, Time. Includes Dan Sikiric, Leland (4:13.78), Peter Carler, Los Gatos (4:20.6c), etc.

3,200 meters

Table with 2 columns: Name, Time. Includes Jason Balkman, Lynbrook (9:22.45c), Arnold Song, Bellarmine (9:28.83c), etc.

110-meter high hurdles

Table with 2 columns: Name, Time. Includes Joe Naivalu, Fremont (14.1), Dan Nord, Los Altos (14.54), etc.

300-meter hurdles

Table with 2 columns: Name, Time. Includes Joe Naivalu, Fremont (39.16), Jon DaSilva, Hillsdale (39.7), etc.

400-meter relay

Table with 2 columns: Name, Time. Includes Milpitas (42.57), Westmoor (43.3), etc.

1,600-meter relay

Table with 2 columns: Name, Time. Includes Leland (3:26.7c), Alisal (3:29.6c), etc.

Long jump

Table with 2 columns: Name, Distance. Includes Jeff Nord, Los Altos (24-2/2), Fred Jackson, Piedmont Hills (22-11/2), etc.

Triple jump

Table with 2 columns: Name, Distance. Includes Dan Nord, Los Altos (48-1), Saso, Los Gatos (45-3/4), etc.

High jump

Table with 2 columns: Name, Height. Includes Brendon Zeldler, Bellarmine (6-10 1/2), Eric Neumann, Wilcox (6-9), etc.

Shot put

Table with 2 columns: Name, Distance. Includes Christine Etuale, Jefferson (45-6), Rebecca Morrison, Presentation (43-3/4), etc.

Discus

Table with 2 columns: Name, Distance. Includes Darlene Tulua, Carmel (133-6), Christine Etuale, Jefferson (129-10 1/2), etc.

Pole vault

Table with 2 columns: Name, Height. Includes Brianna Haut, Harbor (9-9), Amandine Consorti, St. Francis (8-6), etc.

Electronic timing is noted by hundredths and is superior to hand-timed marks, which are noted by tenths.

* denotes converted time.

'c' denotes converted time.

Girls

100 meters

Table with 2 columns: Name, Time. Includes Stephanie Chavez, Los Gatos (12.31), Ally Lombardi, Los Gatos (12.61), etc.

200 meters

Table with 2 columns: Name, Time. Includes Ally Lombardi, Los Gatos (25.00), Rose Sczawinski, Los Gatos (25.33), etc.

400 meters

Table with 2 columns: Name, Time. Includes Ally Lombardi, Los Gatos (59.36), Katie Haviland, N. Monterey Co. (59.48), etc.

800 meters

Table with 2 columns: Name, Time. Includes Ashley Holt, Menlo-Atherton (2:19.85), Deborah Bleisch, Silver Creek (2:21.36), etc.

1,600 meters

Table with 2 columns: Name, Time. Includes Nicole Silva, Aptos (5:02.9), Deborah Bleisch, Silver Creek (5:07.36c), etc.

3,200 meters

Table with 2 columns: Name, Time. Includes Maria Pleyte, Hollister (11:01.3), Laura Sandoval, St. Ignatius (11:09.80c), etc.

100-meter high hurdles

Table with 2 columns: Name, Time. Includes Gina Ocegueva, St. Francis (15.16), Mandy Mazik, Capuchino (15.1), etc.

300-meter low hurdles

Table with 2 columns: Name, Time. Includes Leanne Slater, Pioneer (47.55), Michelle Steingart, St. Francis (47.40), etc.

400-meter relay

Table with 2 columns: Name, Time. Includes Los Gatos (49.34), St. Francis (49.68), etc.

1,600-meter relay

Table with 2 columns: Name, Time. Includes Los Gatos (3:59.11), Los Altos (4:06.40c), etc.

Long jump

Table with 2 columns: Name, Distance. Includes Tisha Ponder, Del Mar (17-11 1/4), Kameelah Elarms, Pied. Hills (17-11 1/4), etc.

Triple jump

Table with 2 columns: Name, Distance. Includes Jessica Burnham, Los Altos (35-9), Tisha Ponder, Del Mar (35-6), etc.

High jump

Table with 2 columns: Name, Height. Includes Lindsey Anderson, Palo Alto (5-6), Erica Larson, Carmel (5-6), etc.

Shot put

Table with 2 columns: Name, Distance. Includes Christine Etuale, Jefferson (45-6), Rebecca Morrison, Presentation (43-3/4), etc.

Discus

Table with 2 columns: Name, Distance. Includes Darlene Tulua, Carmel (133-6), Christine Etuale, Jefferson (129-10 1/2), etc.

Pole vault

Table with 2 columns: Name, Height. Includes Brianna Haut, Harbor (9-9), Amandine Consorti, St. Francis (8-6), etc.

Electronic timing is noted by hundredths and is superior to hand-timed marks, which are noted by tenths.

* denotes converted time.

'c' denotes converted time.

Track and field

CCS Top marks

* denotes southern Alameda County leaders

Boys

100 meters

Table with 2 columns: Name, Time. Includes Deltha O'Neal, Milpitas (10.83), Damon Hamm, Milpitas (10.91), etc.

200 meters

Table with 2 columns: Name, Time. Includes Joe Naivalu, Fremont (21.5c), Deltha O'Neal, Milpitas (21.98), etc.

400 meters

Table with 2 columns: Name, Time. Includes Mike Ward, Alisal (48.6), Todd Smith, San Jose (49.18), etc.

800 meters

Table with 2 columns: Name, Time. Includes Dan Sikiric, Leland (1:52.6), Jeremy Riddle, Gunn (1:58.1), etc.

1,600 meters

Table with 2 columns: Name, Time. Includes Dan Sikiric, Leland (4:13.78), Peter Carler, Los Gatos (4:20.6c), etc.

3,200 meters

Table with 2 columns: Name, Time. Includes Jason Balkman, Lynbrook (9:22.45c), Arnold Song, Bellarmine (9:28.83c), etc.

110-meter high hurdles

Table with 2 columns: Name, Time. Includes Joe Naivalu, Fremont (14.1), Dan Nord, Los Altos (14.54), etc.

300-meter hurdles

Table with 2 columns: Name, Time. Includes Joe Naivalu, Fremont (39.16), Jon DaSilva, Hillsdale (39.7), etc.

400-meter relay

Table with 2 columns: Name, Time. Includes Milpitas (42.57), Westmoor (43.3), etc.

1,600-meter relay

Table with 2 columns: Name, Time. Includes Leland (3:26.7c), Alisal (3:29.6c), etc.

Long jump

Table with 2 columns: Name, Distance. Includes Jeff Nord, Los Altos (24-2/2), Fred Jackson, Piedmont Hills (22-11/2), etc.

Triple jump

Table with 2 columns: Name, Distance. Includes Dan Nord, Los Altos (48-1), Saso, Los Gatos (45-3/4), etc.

High jump

Table with 2 columns: Name, Height. Includes Brendon Zeldler, Bellarmine (6-10 1/2), Eric Neumann, Wilcox (6-9), etc.

Shot put

Table with 2 columns: Name, Distance. Includes Christine Etuale, Jefferson (45-6), Rebecca Morrison, Presentation (43-3/4), etc.

Discus

Table with 2 columns: Name, Distance. Includes Darlene Tulua, Carmel (133-6), Christine Etuale, Jefferson (129-10 1/2), etc.

Pole vault

Table with 2 columns: Name, Height. Includes Brianna Haut, Harbor (9-9), Amandine Consorti, St. Francis (8-6), etc.

Electronic timing is noted by hundredths and is superior to hand-timed marks, which are noted by tenths.

* denotes converted time.

'c' denotes converted time.

Track and field

CCS Top marks

* denotes southern Alameda County leaders

Boys

100 meters

Table with 2 columns: Name, Time. Includes Deltha O'Neal, Milpitas (10.83), Damon Hamm, Milpitas (10.91), etc.

200 meters

Table with 2 columns: Name, Time. Includes Joe Naivalu, Fremont (21.5c), Deltha O'Neal, Milpitas (21.98), etc.

400 meters

Table with 2 columns: Name, Time. Includes Mike Ward, Alisal (48.6), Todd Smith, San Jose (49.18), etc.

800 meters

Table with 2 columns: Name, Time. Includes Dan Sikiric, Leland (1:52.6), Jeremy Riddle, Gunn (1:58.1), etc.

1,600 meters

Table with 2 columns: Name, Time. Includes Dan Sikiric, Leland (4:13.78), Peter Carler, Los Gatos (4:20.6c), etc.

3,200 meters

Table with 2 columns: Name, Time. Includes Jason Balkman, Lynbrook (9:22.45c), Arnold Song, Bellarmine (9:28.83c), etc.

110-meter high hurdles

Table with 2 columns: Name, Time. Includes Joe Naivalu, Fremont (14.1), Dan Nord, Los Altos (14.54), etc.

300-meter hurdles

Table with 2 columns: Name, Time. Includes Joe Naivalu, Fremont (39.16), Jon DaSilva, Hillsdale (39.7), etc.

400-meter relay

Table with 2 columns: Name, Time. Includes Milpitas (42.57), Westmoor (43.3), etc.

1,600-meter relay

Table with 2 columns: Name, Time. Includes Leland (3:26.7c), Alisal (3:29.6c), etc.

Long jump

Table with 2 columns: Name, Distance. Includes Jeff Nord, Los Altos (24-2/2), Fred Jackson, Piedmont Hills (22-11/2), etc.

Triple jump

Table with 2 columns: Name, Distance. Includes Dan Nord, Los Altos (48-1), Saso, Los Gatos (45-3/4), etc.

High jump

Table with 2 columns: Name, Height. Includes Brendon Zeldler, Bellarmine (6-10 1/2), Eric Neumann, Wilcox (6-9), etc.

Shot put

Table with 2 columns: Name, Distance. Includes Christine Etuale, Jefferson (45-6), Rebecca Morrison, Presentation (43-3/4), etc.

Discus

Table with 2 columns: Name, Distance. Includes Darlene Tulua, Carmel (133-6), Christine Etuale, Jefferson (129-10 1/2), etc.

Pole vault

Table with 2 columns: Name, Height. Includes Brianna Haut, Harbor (9-9), Amandine Consorti, St. Francis (8-6), etc.

Electronic timing is noted by hundredths and is superior to hand-timed marks, which are noted by tenths.

* denotes converted time.

'c' denotes converted time.

Track and field

CCS Top marks

* denotes southern Alameda County leaders

Girls

100 meters

Table with 2 columns: Name, Time. Includes Stephanie Chavez, Los Gatos (12.31), Ally Lombardi, Los Gatos (12.61), etc.

200 meters

Table with 2 columns: Name, Time. Includes Ally Lombardi, Los Gatos (25.00), Rose Sczawinski, Los Gatos (25.33), etc.

400 meters

Table with 2 columns: Name, Time. Includes Ally Lombardi, Los Gatos (59.36), Katie Haviland, N. Monterey Co. (59.48), etc.

800 meters

Table with 2 columns: Name, Time. Includes Ashley Holt, Menlo-Atherton (2:19.85), Deborah Bleisch, Silver Creek (2:21.36), etc.

1,600 meters

Table with 2 columns: Name, Time. Includes Nicole Silva, Aptos (5:02.9), Deborah Bleisch, Silver Creek (5:07.36c), etc.

3,200 meters

Table with 2 columns: Name, Time. Includes Maria Pleyte, Hollister (11:01.3), Laura Sandoval, St. Ignatius (11:09.80c), etc.

100-meter high hurdles

Table with 2 columns: Name, Time. Includes Gina Ocegueva, St. Francis (15.16), Mandy Mazik, Capuchino (15.1), etc.

300-meter low hurdles

Table with 2 columns: Name, Time. Includes Leanne Slater, Pioneer (47.55), Michelle Steingart, St. Francis (47.40), etc.

400-meter relay

Table with 2 columns: Name, Time. Includes Los Gatos (49.34), St. Francis (49.68), etc.

1,600-meter relay

Table with 2 columns: Name, Time. Includes Los Gatos (3:59.11), Los Altos (4:06.40c), etc.

Long jump

Table with 2 columns: Name, Distance. Includes Tisha Ponder, Del Mar (19-4/2), Kameelah Elarms, Pied. Hills (17-11 1/4), etc.

Triple jump

Table with 2 columns: Name, Distance. Includes Jessica Burnham, Los Altos (35-9), Tisha Ponder, Del Mar (35-6), etc.

High jump

Table with 2 columns: Name, Height. Includes Lindsey Anderson, Palo Alto (5-6), Erica Larson, Carmel (5-6), etc.

Shot put

Table with 2 columns: Name, Distance. Includes Christine Etuale, Jefferson (45-6), Rebecca Morrison, Presentation (43-3/4), etc.

Discus

Table with 2 columns: Name, Distance. Includes Darlene Tulua, Carmel (133-6), Christine Etuale, Jefferson (129-10 1/2), etc.

Pole vault

Table with 2 columns: Name, Height. Includes Brianna Haut, Harbor (9-9), Amandine Consorti, St. Francis (8-6), etc.

Electronic timing is noted by hundredths and is superior to hand-timed marks, which are noted by tenths.

* denotes converted time.

'c' denotes converted time.

San Jose Mercury News • Spc

1995