

TRACK & FIELD LEADERS

Central Coast Section 5-11-93

Top performances, by event, by CCS track and field athletes.

BOYS

100 meters

Athlete (School)	Time
1. Jack Beloney (Oak Grove)	10.5
1. Rice (Mt. Pleasant)	10.5
3. Stephens (Santa Cruz)	10.6
4. Shon Lewis (Wilcox)	10.76

200 meters

Athlete (School)	Time
1. Jack Beloney (Oak Grove)	20.86
2. Jarren Turner (Mt. Pleasant)	21.65
3. Shon Lewis (Wilcox)	21.70
3. Jason Isaac (Los Gatos)	21.70

400 meters

Athlete (School)	Time
1. Calvin Harrison (North Salinas)	46.32
2. Jack Beloney (Oak Grove)	47.78
3. Neal (Sacred Heart-SF)	49.44
4. Frank Houhe (Palma)	49.51

800 meters

Athlete (School)	Time
1. Scott Cervelli (Santa Teresa)	1:55.37
2. Dan Boehle (Serra)	1:56.06
3. Simon Brown (Aragon)	1:57.2
4. Flores (Fremont)	1:57.2

1,600 meters

Athlete (School)	Time
1. Juan Pinal (Overfelt)	4:19.9
2. Scott Cervelli (Santa Teresa)	4:20.2
3. Jason Balkman (Lynbrook)	4:20.8
4. Cliff Roberts (Leland)	4:23.16

3,200 meters

Athlete (School)	Time
1. Jason Balkman (Lynbrook)	9:06.7
2. Juan Pinal (Overfelt)	9:26.84
3. Mohammed Elmi (Mt. Pleasant)	9:31.8
4. Luis Granado (North Salinas)	9:45.40

400-meter relay

School	Time
1. Mt. Pleasant	42.3
2. North Salinas	42.36
3. Wilcox	42.69
4. Silver Creek	42.7

1,600-meter relay

School	Time
1. North Salinas	3:19.23
2. Wilcox	3:25.2
3. Silver Creek	3:25.28
4. Mt. Pleasant	3:26.11

Shot put

Athlete (School)	Distance
1. Luke Villanueva (King City)	56-4
2. Jason Young (Piedmont Hills)	55-11½
3. Chris DeMartini (St. Ignatius)	55-7
4. Elbert (Yerba Buena)	55-0

Discus

Athlete (School)	Distance
1. Chris Demartini (St. Ignatius)	173-2
2. Scott Bein (St. Francis)	169-5
3. Luke Villanueva (King City)	157-0
4. Jason Young (Piedmont Hills)	154-4

High jump

Athlete (School)	Height
1. Lavalle Beloney (Del Mar)	6-9½
2. Ed McGee (Del Mar)	6-8
3. Donnell Harris (North Salinas)	6-7
3. Brendan Zeidler (Bellarmine)	6-7

Pole vault

Athlete (School)	Height
1. Scott Slover (Leland)	16-7
2. Brandon Vance (Los Gatos)	16-3
3. Jason Hinkin (St. Francis)	15-6
4. Tom Ryan (Bellarmine)	14-8

Long jump

Athlete (School)	Distance
1. Fred Jackson (Piedmont Hills)	22-7
2. Joe Newsum (Los Altos)	22-3
3. Todd Smith (San Jose)	22-1½
4. Chris Byrer (Saratoga)	22-1

Triple jump

Athlete (School)	Distance
1. Doug Brown (Gunderson)	46-9
2. Fred Jackson (Piedmont Hills)	45-2
3. Jaime Higgins (Piedmont Hills)	45-0¾
4. Tuan Tran (Bellarmine)	45-0¾

110-meter high hurdles

Athlete (School)	Time
1. Nam Doung (Silver Creek)	14.20
2. Barnhill (Mountain View)	14.3
3. Coke Edmon (Bellarmine)	14.31
4. James Jackson (Oak Grove)	14.4

300-meter intermediate hurdles

Athlete (School)	Time
1. Ricky Velasco (Bellarmine)	38.88
2. Coke Edmon (Bellarmine)	39.50
3. Nam Doung (Silver Creek)	39.74
4. Barnhill (Mountain View)	40.3

GIRLS

100 meters

Athlete (School)	Time
1. Shawna Jenkins (Del Mar)	11.9
2. Dungy (Mt. Pleasant)	12.1
3. Veronica Woods (Independence)	12.21
4. Lisa Bittner (Leigh)	12.22

200 meters

Athlete (School)	Time
1. Tami Simpson (Overfelt)	24.41
2. Shawna Jenkins (Del Mar)	25.1
3. Veronica Woods (Independence)	25.56
4. Lisa Bittner (Leigh)	26.3
4. Erica Barrgan (Notre Dame-Salinas)	26.8

400 meters

Athlete (School)	Time
1. Sylvia Plestak (Menlo-Atherton)	58.3
2. Veronica Woods (Independence)	58.52
3. Tami Simpson (Overfelt)	58.7
4. Thompson (Santa Cruz)	59.0

800 meters

Athlete (School)	Time
1. Christina Stavalone (Presentation)	2:18.00
2. Lisa Crouch (Aptos)	2:18.80
2. Meg Randall (Aptos)	2:20.7
4. Holly Malander (Los Gatos)	2:21.85

1,600 meters

Athlete (School)	Time
1. Ann Baldelli (St. Ignatius)	5:05.1
2. Christina Stavalone (Presentation)	5:10.76
3. Debra Bleisch (Silver Creek)	5:10.8
4. Nicole Silva (Aptos)	5:11.00

3,200 meters

Athlete (School)	Time
1. Domitilla Torrens (St. Francis)	11:05.06
2. Debra Bleisch (Silver Creek)	11:06.94
3. Nicole Silva (Aptos)	11:11.94
4. Danielle Dekker (St. Ignatius)	11:16.0

400-meter relay

School	Time
1. Independence	49.25
2. Westmoor	49.59
3. Los Gatos	49.62
4. St. Ignatius	49.95

1,600-meter relay

School	Time
1. St. Francis	4:03.89
2. Aptos	4:04.1
3. Independence	4:04.12
4. Santa Cruz	4:04.5

Shot put

Athlete (School)	Distance
1. Christina Etuale (Jefferson)	39-10¾
2. Rebecca Morrison (Presentation)	39-10
3. Charlene Bower (Gunn)	37-2½
4. Johnson (Santa Teresa)	36-9½

Discus

Athlete (School)	Distance
1. Tryenda Stamps (Mt. Pleasant)	143-1½
2. Monica Sullivan (Watsonville)	122-11
3. Lloyd (Santa Teresa)	122-10
4. Rebecca Morrison (Presentation)	120-5

High jump

Athlete (School)	Height
1. Amy Cheli (Los Altos)	5-8
1. Erin Duffy (St. Francis)	5-8
3. Tina Farnady (Los Gatos)	5-7
4. Lindsey Anderson (Palo Alto)	5-6

Long jump

Athlete (School)	Distance
1. Jen Poli (Soquel)	18-11
2. Christine Sherwood (Watsonville)	17-10½
3. Pennywell (Mt. Pleasant)	17-8¾
4. Gina Oceguera (St. Francis)	17-8½

Triple jump

Athlete (School)	Distance
1. Christine Sherwood (Watsonville)	36-1
2. Cindy Pettibon (Gunderson)	36-0½
3. Gina Oceguera (St. Francis)	36-0
4. Lillian Ito (Fremont)	35-0

100-meter hurdles

Athlete (School)	Time
1. Jennifer Odom (Independence)	14.0
2. Gina Oceguera (St. Francis)	15.3
3. Jen Poli (Soquel)	15.0
4. Denita Timberlake (Del Mar)	15.0
4. Kim Veeder (Los Gatos)	15.7

300-meter low hurdles

Athlete (School)	Time
1. Jennifer Odom (Independence)	45.0
2. Kim Veeder (Los Gatos)	45.8
3. Melanie Case (Santa Cruz)	46.0
3. Cathy Rondeau (Lynbrook)	47.0

To report corrections or additions, call Terry Ward at (408) 294-9224, ext. 250.

BOYS STATE TRACK LEADERS

(After meets of May 1)

- 100** — Anthony Volsan (Merced) 10.61; Paul Turner (University City) 10.62.
200 — Anthony Volsan (Merced) 21.20; Andre DeSaussure (Taft, Woodland Hills) 21.2; Lindsay McDonald (Merced) 21.50.
400 — Calvin Harrison (North Salinas) 46.32; Edward Turner (Morningside) 47.01.
800 — Brian Wilkinson (Merced) 1:49.5; Michael Granville (Bell Gardens) 1:51.6; Vondre Armour (Bakersfield) 1:52.0.
1600 — Ryan Wilson (Agoura) 4:13.1; Todd Strahan (Hart) 4:13.9; Nazario Romero (San Pasqual) 4:14.7.
3200 — Matt Farley (Jesuit) 9:05.1; Jason Balkman (Lynbrook) 9:06.9.
110HH — Kyle O'Neill (Bella Vista) 13.9; Gerald Stamps (Muir) 14.0, 14.31.
300IH — Kenny Haslip (Muir) 37.20; Kyle O'Neill (Bella Vista) 37.42.
400 Relay — Muir (Pasadena) 41.43; Merced 41.68; Bakersfield 41.6; Canyon Springs (Moreno Valley) 41.86.
1600 Relay — Muir (Pasadena) 3:17.3; Bakersfield 3:17.5; Foothill (Tustin) 3:17.8; Dorsey (Los Angeles) 3:18.8.
HJ — Jeremy Fischer (Camarillo) 7-2; Todd Kelly (Big Valley, Bieber) 7-0 1/2; Arthur Lloyd (Eisenhower) 7-0 1/4.
LJ — Edward Turner (Morningside) 24-1 3/4; Jackie Frazier (Madera) 23-10.
TJ — Derrick Mitchell (Mt. Eden) 48-2; Xavier Howell (Poly, Long Beach) 48-1; Shamori Walker (Moreno Valley) 48-1; Von Ware (Rancho Buena Vista) 48-6 1/4w.
SP — Tyson Lingenfelter (Upland) 63-11; Chad Peare (Trabuco Hills) 60-7 1/2.
DT — Chad Peare (Trabuco Hills) 191-11; Tyson Lingenfelter (Upland) 179-5.
PV — Scott Slover (Leland) 16-7; Tye Harvey (Sonora) 16-7; Jesse Stern (Harvard-Westlake) 16-4; Brandon Vance (Los Gatos) 16-3.

GIRLS STATE TRACK LEADERS

- 100** — Marion Jones (Thousand Oaks) 11.2, 11.48; Andrea Anderson (Poly, Long Beach) 11.66; Aminah Haddad (Poly, Long Beach) 11.76.
200 — Marion Jones (Thousand Oaks) 23.45; Andrea Anderson (Poly, Long Beach) 23.2 (converted hand time from 220 yards).
400 — Asha Jayasinghe (Arcadia) 55.63; Crystal Miles-Treat (Bishop O'Dowd) 55.20.
800 — Miesha Marzell (Bishop O'Dowd) 2:11.69; Christie Engesser (Ocean View) 2:13.14.
1600 — Amy Skierecz (Agoura) 4:53.97; Milena Glusac (Fallbrook) 4:57.0.
3200 — Milena Glusac (Fallbrook) 10:26.72; Maribella Aparicio (Fillmore) 10:42.39.
100 H — Bisa Grant (Bishop O'Dowd) 14.24; Kim Odom (Independence) 14.46.
300 LH — Angela Harris (Skyline, Oakland) 42.4; Nicole Thomas (Morningside) 43.86.
400 Relay — Poly (Long Beach) 45.80; Morningside (Inglewood) 46.57; Skyline (Oakland) 46.76.
1600 Relay — Morningside (Inglewood) 3:44.97; Poly (Long Beach) 3:45.09; Skyline (Oakland) 3:47.97.
HJ — Shania Edwards (Moreno Valley) 5-10; Tina Bowman (Newport Harbor) 5-9 1/4; Kim Blankenship (Torrance) 5-9.
LJ — Marion Jones (Thousand Oaks) 20-9 1/4; Amy Littlepage (Mt. Miguel) 19-1 1/2; Nikki Lawson (Mira Costa, Manhattan Beach) 19-1.
TJ — Tamiaka Porter (Orange Glen) 40-6 1/4, 40-10 3/4w; Ebony Henderson (Bakersfield) 40-6.
SP — Kristin Heaston (Ygnacio Valley) 51-1 1/2; Lisa Misipeka (Temecula Valley) 45-3; Crystal Brownlee (Westlake) 44-9.
DT — Suzy Powell (Downey, Modesto) 173-2; Kristin Heaston (Ygnacio Valley) 145-9.

TRACK & FIELD LEADERS

Central Coast Section

Top CCS times

1993

GIRLS	
100 meters	
Athlete (School)	Time
1. Shawna Jenkins (Del Mar)	12.21
2. Sommer Washington (St. Ignace)	12.28
3. Hays (Los Gatos)	12.4
200 meters	
Athlete (School)	Time
1. Veronica Woods (Independence)	25.56
2. Shawna Jenkins (Del Mar)	25.6
3. Bittner (Leigh)	26.3
400 meters	
Athlete (School)	Time
1. Sylvia Piestar (Menlo-Atherton)	58.3
2. Veronica Woods (Independence)	1:00.0
2. Nanez (Los Gatos)	1:00.0
800 meters	
Athlete (School)	Time
1. Christina Stavalone (Presentation)	2:18.00
2. Lisa Crouch (Aptos)	2:18.80
3. Nicole Silva (Aptos)	2:20.78
1,600 meters	
Athlete (School)	Time
1. Ann Baldelli (St. Ignace)	5:05.1
2. Bleisch (Silver Creek)	5:10.8
3. Christina Stavalone (Presentation)	5:15.0
3,200 meters	
Athlete (School)	Time
1. Danielle Dekken (St. Ignace)	11:16
2. Nicole Silva (Aptos)	11:24
3. Lis Leigh-Wood (Aptos)	11:44.1
400-meter relay	
School	Time
1. Los Gatos	49.8
2. St. Ignace	49.93
3. St. Francis	50.10
1,600-meter relay	
School	Time
1. Los Gatos	4:05.1
2. St. Francis	4:06.2
3. Del Mar	4:07
Shot put	
Athlete (School)	Distance
1. Christina Estuali (Jefferson)	39-6
2. Charlene Bower (Gunn)	36-0½
3. Rebecca Morrison (Presentation)	36-0½
Discus	
Athlete (School)	Distance
1. Tryenda Stamps (Mt. Pleasant)	135-10
2. Monica Sullivan (Watsonville)	122-11
3. Christina Estuali (Jefferson)	120-0
High jump	
Athlete (School)	Height
1. Erin Duffy (St. Francis)	5-8
1. Amy Cheli (Los Altos)	5-8
3. Farnady (Los Gatos)	5-7
Long jump	
Athlete (School)	Distance
1. Poli (Soquel)	17-11
2. Christine Sherwood (Watsonville)	17-10½
3. Gina Oosguera (St. Francis)	17-8½
Triple jump	
Athlete (School)	Distance
1. Christine Sherwood (Watsonville)	36-11
2. Pettibon (Gunderson)	36-0¼
3. Lillian Ito (Fremont)	35-8
100-meter hurdles	
Athlete (School)	Time
1. Jennifer Odom (Independence)	14.46
2. Poli (Soquel)	15.6
3. Denita Timberlake (Del Mar)	15.7
3. Kim Veeder (Los Gatos)	15.7
300-meter low hurdles	
Athlete (School)	Time
1. Kim Veeder (Los Gatos)	45.9
2. Jennifer Odom (Independence)	46.63
3. Keith Rondaau (Lynbrook)	47.01

BOYS	
100 meters	
Athlete (School)	Time
1. Jack Beloney (Oak Grove)	10.50
2. Jason Issac (Los Gatos)	10.85
3. Malik Moore (Yerba Buena)	10.87
200 meters	
Athlete (School)	Time
1. Jack Beloney (Oak Grove)	21.56
2. Jarren Turner (Mt. Pleasant)	21.65
3. Shon Lewis (Wilcox)	21.70
3. Jason Isaac (Los Gatos)	21.70
400 meters	
Athlete (School)	Time
1. Jack Beloney (Oak Grove)	47.78
2. Calvin Harrison (North Salinas)	48.00
3. Jason Isaac (Los Gatos)	49.8
800 meters	
Athlete (School)	Time
1. Dan Boehie (Serra)	1:57.6
2. Jason Williams (Gunn)	1:58.00
3. Greg Tademy (Silver Creek)	1:58.55
1,600 meters	
Athlete (School)	Time
1. Scott Cervelli (Santa Teresa)	4:20.2
2. Jason Balkman (Lynbrook)	4:20.64
3. Greg Tademy (Silver Creek)	4:23.2
3,200 meters	
Athlete (School)	Time
1. Jason Balkman (Lynbrook)	9:06.7
2. Mohammed Elm (Mt. Pleasant)	9:31.8
3. Juan Pinal (Overfelt)	9:41.1
400-meter relay	
School	Time
1. Mt. Pleasant	42.3
2. North Salinas	42.4
3. Los Gatos	43.2
1,600-meter relay	
School	Time
1. North Salinas	3:25.10
2. Del Mar	3:28.40
3. Bel Air	3:29.07
Shot put	
Athlete (School)	Distance
1. Luke Villanueva (King City)	54-4½
2. Young (Piedmont Hills)	53-7
3. Ebert (Yerba Buena)	53-6
Discus	
Athlete (School)	Distance
1. Chris Demartin (St. Ignace)	173-2
2. Scott Ben (St. Francis)	169-5
3. Luke Villanueva (King City)	157-0
High jump	
Athlete (School)	Height
1. Lavalle Beloney (Del Mar)	6-9
2. Ed McGee (Del Mar)	6-8
3. Donnell Harris (North Salinas)	6-7
Pole vault	
Athlete (School)	Height
1. Scott Slover (Leland)	16-6
2. Brandon Vance (Los Gatos)	16-3
3. Jason Hinkin (St. Francis)	15-6
Long jump	
Athlete (School)	Distance
1. Jackson (Piedmont Hills)	22-7
2. Todd Smith (San Jose)	22-1½
3. Joe Newsum (Los Altos)	22-0¼
Triple jump	
Athlete (School)	Distance
1. Jackson (Piedmont Hills)	45-2
2. Jaime Higgins (Piedmont Hills)	45-0¼
2. Tuan Tran (Bel Air)	45-0¼
110-meter high hurdles	
Athlete (School)	Time
1. Coke Edmon (Bel Air)	14.31
2. Nam Dong (Silver Creek)	14.80
3. James Jackson (Oak Grove)	14.81
300-meter intermediate hurdles	
Athlete (School)	Time
1. Ricky Velasco (Bel Air)	38.88
2. Coke Edmon (Bel Air)	39.52
3. Nam Dong (Silver Creek)	40.46

TRACK & FIELD LEADERS

Central Coast Section

Top performances, by event, by CCS track and field athletes.

BOYS 100 meters

Athlete (School)	Time
1. Jack Beloney (Oak Grove)	10.5
2. Shon Lewis (Wilcox)	10.76
3. Jason Issac (Los Gatos)	10.85
4. Malik Moore (Yerba Buena)	10.87

Athlete (School)	Time
1. Jack Beloney (Oak Grove)	21.59
2. Jarren Turner (Mt. Pleasant)	21.65
3. Shon Lewis (Wilcox)	21.70
3. Jason Isaac (Los Gatos)	21.70

Athlete (School)	Time
1. Calvin Harrison (North Salinas)	46.32
2. Jack Beloney (Oak Grove)	47.78
3. Frank Houhe (Palma)	49.51
4. Jason Isaac (Los Gatos)	49.8

Athlete (School)	Time
1. Scott Cervelli (Santa Teresa)	1:55.37
2. Simon Brown (Aragon)	1:57.2
3. Tom Wallace (King City)	1:57.32
4. Dan Boehle (Serra)	1:57.6

Athlete (School)	Time
1. Jaun Pinal (Overfelt)	4:19.9
2. Scott Cervelli (Santa Teresa)	4:20.2
3. Jason Balkman (Lynbrook)	4:20.8
4. Cliff Roberts (Leland)	4:23.16

Athlete (School)	Time
1. Jason Balkman (Lynbrook)	9:06.7
2. Juan Pinal (Overfelt)	9:26.84
3. Mohammed Elmi (Mt. Pleasant)	9:31.8
4. Luis Granado (North Salinas)	9:45.40

School	Time
1. Mt. Pleasant	42.3
2. North Salinas	42.36
3. Wilcox	42.69
4. Los Gatos	43.29

School	Time
1. North Salinas	3:19.23
2. Wilcox	3:25.7
3. Silver Creek	3:25.8
4. Del Mar	3:28.42

Athlete (School)	Distance
1. Luke Villanueva (King City)	56-4
2. Chris DeMartini (St. Ignatius)	55-7
3. Elbert (Yerba Buena)	55-0
4. Jason Young (Piedmont Hills)	54-6

Athlete (School)	Distance
1. Chris Demartini (St. Ignatius)	173-2
2. Scott Bein (St. Francis)	169-5
3. Luke Villanueva (King City)	157-0
4. Jason Young (Piedmont Hills)	154-4

Athlete (School)	Height
1. Lavelle Beloney (Del Mar)	6-9½
2. Ed McGee (Del Mar)	6-8
3. Donnell Harris (North Salinas)	6-7
3. Brendan Zeidler (Bellarmine)	6-7

Athlete (School)	Height
1. Scott Slover (Leland)	16-7
2. Brandon Vance (Los Gatos)	16-3
3. Jason Hinkin (St. Francis)	15-6
4. Tom Ryan (Bellarmine)	14-8

2. Coke Edmon (Bellarmine)	39.50
3. Nam Doung (Silver Creek)	40.46
4. Dan Race (Soquel)	40.75

GIRLS 100 meters

Athlete (School)	Time
1. Shawna Jenkins (Del Mar)	11.9
2. Veronica Woods (Independence)	12.21
3. Lisa Bittner (Leigh)	12.22
4. Tami Simpson (Overfelt)	12.28

Athlete (School)	Time
1. Shawna Jenkins (Del Mar)	25.1
2. Tami Simpson (Overfelt)	25.4
3. Veronica Woods (Independence)	25.56
4. Lisa Bittner (Leigh)	26.3

Athlete (School)	Time
1. Sylvia Piastak (Menlo-Atherton)	58.3
2. Veronica Woods (Independence)	58.52
3. Lisa Chew (Lynbrook)	59.33
4. Sarah Connell (St. Francis)	59.46

Athlete (School)	Time
1. Christina Stavalone (Presentation)	2:18.00
2. Meg Randell (Aptos)	2:18.80
3. Lisa Crouch (Aptos)	2:19.84
4. Nicole Silva (Aptos)	2:20.78

Athlete (School)	Time
1. Ann Baldelli (St. Ignatius)	5:05.1
2. Christina Stavalone (Presentation)	5:10.76
3. Debra Bleisch (Silver Creek)	5:10.8
4. Emily Allison (Leland)	5:11.69

Athlete (School)	Time
1. Domitilla Torrens (St. Francis)	11:05.06
2. Debra Bleisch (Silver Creek)	11:06.91
3. Nicole Silva (Aptos)	11:11.94
4. Danielle Dekker (St. Ignatius)	11:16.0

School	Time
1. Independence	49.25
2. Westmoor	49.59
3. Los Gatos	49.62
4. St. Ignatius	49.93

Athlete (School)	Distance
1. Jackson (Piedmont Hills)	22-7
	22-1½
	22-1
	22-0¾

Athlete (School)	Distance
	46-9
	45-2
	45-0¾
	45-0¾

Athlete (School)	Time
	14.31
	14.80
	14.81
	15.21

1993

School	Time
1. St. Francis	4:03.89
2. Independence	4:04.12
3. Los Gatos	4:05.1
4. Del Mar	4:06.8

Athlete (School)	Distance
1. Christina Etuale (Jefferson)	39-10¼
2. Charlene Bower (Gunn)	37-2½
3. Rebecca Morrison (Presentation)	36-0½
4. Mary Atoe (Jefferson)	35-7

Athlete (School)	Distance
1. Tryenda Stamps (Mt. Pleasant)	135-10
2. Monica Sullivan (Watsonville)	122-11
3. Christina Etuale (Jefferson)	120-0
4. Jo Ann Chism (N. Monterey County)	119-6

Athlete (School)	Height
1. Erin Duffy (St. Francis)	5-8
1. Amy Cheli (Los Altos)	5-8
3. Tina Farnady (Los Gatos)	5-7
4. Erica Larsen (Carmel)	5-4
4. Ingrid Bekkers (Los Gatos)	5-4

Athlete (School)	Distance
1. Jen Poli (Soquel)	17-11
2. Christine Sherwood (Watsonville)	17-10½
3. Gina Ocaguera (St. Francis)	17-8½
4. Fortenberry (Mitty)	17-1

Athlete (School)	Distance
1. Christine Sherwood (Watsonville)	36-11
2. Cindy Pettibon (Gunderson)	36-0¼
3. Lillian Ito (Fremont)	35-8
4. Nicole Dobrowski (St. Ignatius)	35-5½

Athlete (School)	Time
1. Jennifer Odom (Independence)	14.46
2. Jen Poli (Soquel)	15.6
3. Denita Timberlake (Del Mar)	15.7
3. Kim Veeder (Los Gatos)	15.7

Athlete (School)	Time
1. Jennifer Odom (Independence)	45.05
2. Kim Veeder (Los Gatos)	45.87
3. Melanie Cafe (Santa Cruz)	46.83
4. Cathy Rondeau (Lynbrook)	47.01

For more information call

GIRLS
100 meters

Athlete (School)	Time
1. Shawna Jenkins (Del Mar)	11.90
2. Sommer Washington (St. Ignatius)	12.28
3. Sarah Feinberg (Palo Alto)	12.69
4. Poli (Soquel)	12.70

200 meters

Athlete (School)	Time
1. Veronica Woods (Independence)	25.56
2. Shawna Jenkins (Del Mar)	25.60
3. Kamilla Williams (Sacred Heart Cath.)	26.61
4. Milissa Durkin (Woodside)	26.78

400 meters

Athlete (School)	Time
1. Sylvia Piastak (Menlo-Atherton)	58.30
2. Veronica Woods (Independence)	1:00.50
3. Kamilla Williams (Sacred Heart Cath.)	1:00.63
4. Alex Tavera (Los Gatos)	1:00.87

800 meters

Athlete (School)	Time
1. Christina Stavalone (Presentation)	2:18.00
2. Lisa Crouch (Aptos)	2:18.80
3. Nicole Silva (Independence)	2:20.78
4. Holly Malander (Los Gatos)	2:21.85

1,600 meters

Athlete (School)	Time
1. Ann Baldelli (St. Ignatius)	5:13.1
2. Christina Stavalone (Presentation)	5:15.0
3. Lisa Crouch (Aptos)	5:18.0
4. Meghan Randall (Aptos)	5:20.8

3,200 meters

Athlete (School)	Time
1. Nicole Silva (Aptos)	11:24.0
2. Lis Leigh-Wood (Aptos)	11:44.1
3. Ann Baldelli (St. Ignatius)	11:44.3

400-meter relay

School	Time
1. St. Ignatius	50.10
1. St. Francis	50.10
3. Independence	50.80
4. Mt. Pleasant	51.00

1,600-meter relay

School	Time
1. St. Francis	4:06.20
2. Aptos	4:09.40
3. St. Ignatius	4:15.45
4. Los Gatos	4:16.01

Shot put

Athlete (School)	Distance
1. Christina Estuali (Jefferson)	39-6
2. Charlene Brown (Gunn)	36-0½
3. Rebecca Morrison (Presentation)	36-0½
4. Nancy Maldando (Mt. Pleasant)	35-6

Discus

Athlete (School)	Distance
1. Tryenda Stamps (Mt. Pleasant)	132-0
2. Monica Sullivan (Watsonville)	122-11
3. Christina Estuali (Jefferson)	120-0
4. Chism (N. Monterey County)	111-0

High jump

Athlete (School)	Height
1. Erin Duffy (St. Francis)	5-8
1. Amy Cheli (Los Altos)	5-8
3. Ingrid Beckers (Los Gatos)	5-2

Long jump

Athlete (School)	Distance
1. Poli (Soquel)	17-11
2. Christine Sherwood (Watsonville)	17-10½
3. Gina Oceguera (St. Francis)	17-8½
4. Carol Trauner (St. Ignatius)	16-9

Triple jump

Athlete (School)	Distance
1. Christine Sherwood (Watsonville)	36-11
2. Pettibon (Gunderson)	36-0¼
3. Lillian Ito (Fremont)	35-8
4. Gina Oceguera (St. Francis)	35-4½

100-meter hurdles

Athlete (School)	Time
1. Jennifer Odom (Independence)	14.46
2. Poli (Soquel)	15.60
3. Denita Timberlake (Del Mar)	15.70
4. Gina Oceguera (St. Francis)	15.83

300-meter low hurdles

Athlete (School)	Time
1. Kim Veeder (Los Gatos)	45.90
2. Jennifer Odom (Independence)	46.63
3. Kathy Rondeau (Lynbrook)	47.01
4. Shannon Self (Atherton)	47.01

BOYS
100 meters

Athlete (School)	Time
1. Jack Beloney (Oak Grove)	10.50

2. Jason Issac (Los Gatos)	10.85
3. Malik Moore (Yerba Buena)	10.87
4. Dave Patterson (Mitty)	10.88

200 meters

Athlete (School)	Time
1. Jack Beloney (Oak Grove)	21.59
2. Jarren Turner (Mt. Pleasant)	21.65
3. Shon Lewis (Wilcox)	21.70
4. Stephens (Santa Cruz)	22.30

400 meters

Athlete (School)	Time
1. Jack Beloney (Oak Grove)	47.78
2. Calvin Harrison (North Salinas)	48.00
3. Jason Turner (Mt. Pleasant)	50.19
4. Dominique Neal (Sacred Heart Cath.)	50.13

800 meters

Athlete (School)	Time
1. Jason Williams (Gunn)	1:58.00
2. Greg Tademy (Silver Creek)	1:58.55
3. Robert Stewart (Del Mar)	2:00.20
4. Brendan Mosher (Pioneer)	2:00.39

1,600 meters

Athlete (School)	Time
1. Scott Cervelli (Santa Teresa)	4:20.20
2. Jason Balkman (Lynbrook)	4:20.84
3. Mike Powers (Fremont)	4:27.60
4. Greg Tademy (Silver Creek)	4:28.44

3,200 meters

Athlete (School)	Time
1. Mohammed Elmi (Mt. Pleasant)	9:31.80
2. Brian Billeter (Bellarmine)	9:49.70
3. Luis Granado (North Salinas)	9:56.30
3. Jaime Cannon (Bellarmine)	9:56.30

400-meter relay

School	Time
1. Mt. Pleasant	42.40
1. North Salinas	42.40
3. Wilcox	43.20
4. Menlo-Atherton	43.30

1,600-meter relay

School	Time
1. North Salinas	3:25.10
2. Del Mar	3:28.40
3. Mt. Pleasant	3:29.91
4. Sacred Heart Cathedral	3:29.92

Shot put

Athlete (School)	Distance
1. Luke Villanueva (King City)	54-4½
2. Chris Demartini (St. Ignatius)	52-9
3. Marcus (Los Gatos)	52-9
4. Kevin Berns (Lynbrook)	52-6

Discus

Athlete (School)	Distance
1. Chris Demartini (St. Ignatius)	173-2
2. Scott Bein (St. Francis)	163-5
3. Luke Villanueva (King City)	157-0
4. Hubert Bones (Fremont)	151-1

High jump

Athlete (School)	Height
1. Lavelle Beloney (Del Mar)	6-8
1. Ed McGee (Del Mar)	6-8
3. Donnell Harris (North Salinas)	6-7
4. Chris Shaw (St. Francis)	6-6
4. Brendan Zeidler (Bellarmine)	6-6

Pole vault

Athlete (School)	Height
1. Scott Slover (Leland)	16-6
2. Brandon Vance (Los Gatos)	16-1
3. Jason Hinkin (St. Francis)	14-6
4. Tom Ryan (Bellarmine)	14-0
4. Mike James (N. Monterey County)	14-0

Long jump

Athlete (School)	Distance
1. Joe Newsum (Los Altos)	21-11¼
2. Maurice Eaglin (Yerba Buena)	21-8¼
3. Robinson (Santa Cruz)	21-7
4. Nghin Nguyen (Yerba Buena)	21-5¼

Triple jump

Athlete (School)	Distance
1. Jaime Higgins (Piedmont Hills)	45-0¾
2. Farrell Haman (Homestead)	44-11
3. Dan Nord (Los Altos)	44-8
4. Brown (Gunderson)	44-2½

110-meter high hurdles

Athlete (School)	Time
1. Coke Edmon (Bellarmine)	14.31
2. Nam Doung (Silver Creek)	14.80
3. James Jackson (Oak Grove)	14.81
4. Race (Soquel)	15.00

300-meter intermediate hurdles

Athlete (School)	Time
1. Ricky Velasco (Bellarmine)	38.88
2. Coke Edmon (Bellarmine)	39.52
3. Nam Doung (Silver Creek)	40.46
4. Meyer (Santa Cruz)	40.50

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