

CENTRAL COAST SECTION
REGION 11
TRACK & FIELD CHAMPIONSHIPS
1989

GIRLS RESULTS

TEAM SCORES: St. Francis 88, Leland 64, Fremont 47, Los Altos 45, Los Gatos 40, Palo Alto 34, , Mt. View 26, Gunn 22, Gunderson 21, Presentation 14, , Lynbrook 12, Santa Clara 9, Saratoga 9, Milpitas 8, Monta Vista 8, Lincoln 6, Willow Glen 5, Pioneer 4, Cupertino 2, Homestead 1

400M Relay: 1. St Francis, 48.14; 2. Presentation, 50.23; 3. Los Gatos, 50.40; 4. Palo Alto, 50.68; 5. Saratoga, 51.09; 6. Fremont, 50.9 (H)

1600M: 1. Beth Bartholomew, Fremont, 5:03.3 2. Noel Crockett, Leland, 5:11.43. 3. Jenny Lemes, Los Altos, 5:16 4: Tegan Anderson, Leland, 5:23.5 5. Michelle Ruiz, St Francis, 5:25.4 6. Misty Kaiomiro, Los Gatos, 5:27.1

100MLH: 1. Kristi Paaso, Los Altos, 14.77 2. Stephanie Adams, Gunderson, 14.81, 3. Britt Anderson, Palo Alto, 14.86, 4. Kristi Gabrielson, Mt. View, 15.18, 5. Lisa Collett, Lynbrook, 15.27, 6. Heidi Brink, Los Gatos, 15.41.

400M: 1. Roslyn Mack, St. Francis, 56.1; 2. Michelle Barga, Fremont, 57.0 (H); 3. Lora Weinberg, Los Gatos, 58.7; 4. J. Hamilton, Presentation, 59.2; 5. Meka Dunivan, Saratoga, 60.3; 6. Liz Lynch, St Francis, 60.3

100M: 1. Joslyn Mack, St Francis, 12.3; 2. M. Veltman, Leland, 12.5; 3. Julie Cane, Los Gatos, 12.6; 4. Angie Nurisso, St Francis, 12.6; 5. Cindy McCloskey Lynbrook, 13.0; 6. K. Johnson, Leland, 13.1

800M: 1. Beth Bartholomew, Fremont, 2:17.4, 2. Genevieve Farnady, Los Gatos, 2:20.2; 3. Imma Oosterkamp, Los Gatos, 2:21.8; 3. Jenny Lemes, Los Altos, 2:23.3; 5. Erica Nelson, Fremont, 2:24.9; 6. bridges, Los Altos, 2:26.9

300M LH: 1. Britt Anderson, Palo Alto, 44.76; 2. Kristi Paaso, Los Altos, 44.93, 3. A. Anderson, Lincoln, 45.26; 4. Stephanie Adams, Gunderson, 46.42; 5. Atim Udoffia, Leland, 47.00; 6. Heidi Brink, Los Gatos, 47.15

200M: 1. Roslyn Mack, St Francis, 24.77; 2. Michelle Barga, Fremont, 24.94; 3. Joslyn Mack, St Francis, 25.8, Angie Nurisso, St Francis, 26.31; 5. J. Hamilton, Presentation, 26.83; 6. Heidi Udoffia, Leland, 26.85

3200M: 1. Noel Crockett, Leland, 11:32.7; 2. Tiki Wilcox, Santa Clara, 11:36.4; 3. Janet Roller, Mt. View, 11:39.0; 4. Dina Farage, Gunderson, 11:44.0; 5. Carolyn Yang, Mt. View, 11:53.0; 6. Julia Huff, Fremont, 11:55.0

1600M Relay: 1. Saint Francis, 3:53.69; 2. Leland, 4:00.90; 3. Fremont, 4:01.19; 4. Los Gatos, 4:02.18; 5. Saratoga, 4:07.29; 6. Palo Alto, 4:09.41

Shotput: 1. Shannon Parker Saint Francis, 42' 1"; 2. Jenny Peters Gunn, 39' 9" 3. Mindy Wirtz Leland, 38' 10"; 4. Missy Maloata Pioneer, 38' 8"; 5. Megan McMahon Gunn, 38' 8"; 6. Carnett Crawford Mt. View, 35' 5"

Discus: 1. Jennifer Peters, Gunn, 140' 6 1/4", 2. Jean Rush, Milpitas, 125' 2 1/2", 3. Mindy Wirtz, Leland, 120' 6 1/4", 4. Shannon Parker, St Francis, 115' 7 1/2", 5. Medan McMahon, Gunn, 110' 3 1/2", 6. Lori Grabvan, Saratoga, 98' 0".

Long Jump: 1. M. Veltman, Leland, 18' 11 1/2". 2. Lisa Collet, Lynbrook, 18' 2 1/2". 3. Kristi Paaso, Los Altos, 17' 6 1/4". 4. Elisa Ruegg, Palo Alto, 17' 5". 5. Meka Dunnivan, Saratoga, 16' 10". 6. Tasha Newman, Santa Clara, 16' 9 1/2".

Triple Jump: 1. Kristie Paaso, Los Altos, 36' 10 3/4"; 2. Kathy Baird Monte Vista, 36' 9"; Ann Quinn, St. Francis, 35' 10 1/4"; 4. Robin Campagna Mt. Veiw, 35' 8 1/4"; 5. Sue Peters, Cupertino, 35' 5 1/2"; 6. Ann Lee, Palo Alto, 35' 3"

High Jump: 1. Robin Campana, Mt. View 5' 6"; 2. Elisa Ruegg, Palo Alto 5' 0"
3. Keli Floyd, Gunderson, 5' 0"; 3. Carrie Foster, Willow Glen 5' 0"; 4. Kelly Hanson, St. Francis, 4' 10"; 5. Maike DeRiese, Los Gatos, 4' 10"; 5. Anne Travis, Homestead, 4' 10"

BOYS RESULTS

TEAM SCORES: 1. Los Altos 99, Gunn 78, Los Gatos 50, Cupertino 44, Gunderson 27, Homestead 26, Monta Vista 26, Fremont 24, Mt. View 22, Palo Alto & Willow Glen 20, Leland 18, Milpitas 15, Saratoga 12, Lincoln 7, San Jose 4, Lynbrook 2, Pioneer 1, Wilcox 1

400M RELAY: 1. Los Altos 43.24: 2. Monte Vista 43.37: 3. Milpitas 44.14: 4. Los Gatos 44.22: 5. Homestead, 44.35: 6. Gunn 44.37

1600M: 1. Matt Ringer, Homestead, 4:22.3, 2. Sean Murphy, Leland, 4:29.2, 3. Randy Lang, Homestead, 4:29.6, 4. Doug Wright, Los Altos, 4:30.9, 5. Jeff Rosado, Fremont, 4:31.9, 6. David Chao, Mt. View, 4:32.5

110M HH: 1. Terry Teal, Cupertino, 15.49; 2. John Morgan, Gunn, 15.58; 3. Aaron Green, Gunn, 15.65, 4. Scott Clifford, Los Altos, 15.82; 5. John Fullmer, Los Altos, 16.09; 6. Jon Noble, Los Gatos, 16.45.

400M: 1. Tommy Griffin, Los Altos, 49.1; 2. Alex Bynoe, Gunn, 50.3; 3. Duane Smith, Gunderson, 50.5; 4. Bryan Kent, Leland, 50.5; 5. Chris Owens, Lincoln, 50.6; 6. Erik Rosendahl, Wilcox, 51.7

100M: 1. Eric Worreilm Monte Vista, 11.04; @. Herb Lecornu, Los Altos, 11.29; 3. M. Johnson, Leland, 11.49; 4. Sean Winters, Fremont, 11.50; 5. Jason Newman, 11.52; 6. Jay Mandal, Milpitas, 11.59.

800M: 1. Marcos Cifuentes, Cupertino, 1:57.39; 2. Noah Avalus, Milpitas, 1:57.54, 3. Thomas Blomquist, Los Gatos 1:59.14; 4. Christian Saucedo Saratoga, 2:00.20; 5. Dave Anderson, Gunn, 2:00.25; 6. Qasim Gulfarez, Palo Alto, 2:01.56.

300M LH: 1. Greg Fry, Los Gatos, 39.35; 2. John Morgan, Gunn, 39.39; 3. Craig McCormick, Los Gatos, 39.81; 4. Binkey Greene, Gunn, 40.24; 5. Terry Teal, Cupertino, 40.40 (H); 6. Neal Fanoie, Willow Glen, 42.8 (H).

200M: 1. Tomy Griffin, Los Altos, 21.78; 2. Eric Worrel, Monte Vista, 22.08; 3. Herb Lecornu, Los Altos, 22.80; 4. Chris Owens, Lincoln, 22.82, 5. Duane Smith, Gunderson, 22.84; 6. Greg Yap, Los Gatos, 23.10

3200M: 1. Mike Brown, Gunn, 9:31.1; 2. Matt Ringer, Homestead, 9:31.7; 3. James Joyner, Gunderson, 9:43.8; 4. James Metcalf, Los Gatos, 9:47.8; 5. Doug Wright, Los Altos, 9:51.3; 6. Mike Nixon, Los Altos, 9:52.

1600M Relay: 1. Gunn 3:27.18, 2. Los Altos, 3:27.5(H), 3. Los Gatos, 3:27.6(H), 4. Gunderson 3:28.30, 5. Cupertino, 3:29.26, 6. Palo Alto 3:32.38

Shot: 1. J. Fowler, Los Altos, 54' 9 1/2"; 2. James Wild, Saratoga, 54'8"; 3. Allen Babayan, Mt. View, 53'8"; 4. Jeff Chin, Fremont, 52'4" 5. Mike Gonzales, Gunderson, 51'4"; 6. David Gardener, Lincoln, 51' 1/2"

Disc: 1. John Fowler, Los Altos, 172' 11 3/4", 2. Jamie Presser, Cupertino 171' 11 1/2", 3. Mike Gonzalez, Gunderson 168' 7", 4. Allen Babayan, Mt. View 153' 0", 5. Chris Kirk, Los Altos 146' 8 1/2" 6. John Noble, Gunn 145' 8 1/2", 7. Jeff Chinn, Fremont 142' 5"

Long Jump: 1. Joey Bush, Willow Glen, 22-10 3/4, 2. Marc Days, Palo Alto, 21-10, 3. Rozshaw Miller, Cupertino, 21-8 1/2. 4. Phu Nguyen, Fremont, 21-8, 5. Jay Sobotka, Gunn 21-3, 6. Elton Rodrigues, Willow Glen, 21-1 3/4.

Triple Jump: 1. Phu Nguynen, Fremont 46' 6 1/4", 2. Joey Bush, Willow Glen 43' 3 3/4", 3. Roeshawn Miller, Cupertino 43' 2 1/2", 4. Anthony Liang, Gunn 43' 3/4", 5. Chris Czerwinski, Mt. View 43' 1/4", 6. Ermanno Willis, Gunderson 42' 5 3/4"

High Jump: 1. Marc Days, Palo Alto, 6'4", 2. Mike Gabriel, Mt. View, 6'2", 2. Jim LeVain, Gunn, 6'2", 4. Pierce Jason, San Jose, 6'2", 5. Greg Swiwick, Mt. View, 6'2", 6. Derek Lagerwerff, Gunn, 6'2".

Pole Vault: 1. Jason Yardborough, Los Altos 14': 2. Kent Kappen, Los Gatos 14': 3. Chris Thorson, Los Altos 13'6": 4. Damon Ayers, Gunn 26'6": 5. Brian Emery Gunn 12': 6. S. Oldenbrook, Pioneer 12'