

Prep Notes

Southern Section, continued:

State Meet on the second running, Sherri Smith (Woodbridge) won at 2:13.94, but Sharon Manship (Thousand Oaks) watched her footing better this time and was 2nd at 2:14.86, as did Nancie Long (Mission Viejo) (2:15.06 for 4th after being another falling victim the first time). Nicole Ritchot (Edison, Huntington Beach) took the Masters 1600 .01 slower than her 4A win at 4:56.58 and was the only area girl under 5:00 this year. Maramonte League rivals Melissa Sutton (Newbury Park) and Christy Farrell (Thousand Oaks) battled in the Masters 3200, with Sutton prevailing 10:44.74-10:45.49. Tracey Williams (Mountain View, El Monte) had the fastest Divisional time at 10:48.08, but was sick the next week and could not hang on to the top group during the final 1600m.

Greg Whiteley (University, Irvine) had doubled in 4:13.3-8:57.4 in his League Meet, but came down ill before the Divisional and did not run. Jon Zimmer (Simi) edged Irvine's Jim Olson 4:13.48-4:13.79 in the fastest Divisional race 1600m. A pedestrian 67.7 first 400 in the Masters precluded any fast time there. Surprising Moreno Valley (transfer from Mountain View, El Monte after cross-country) soph Raul Serratos was quickest over the final 100m after 62.8-62.2 2nd and 3rd 400's to win at 4:14.68 over Zimmer's 4:15.55 and Olson's 4:15.92. Darren Stonerock (Saugus) charged a 4:30.2 first 1600 in his 9:16.00 3A 3200m win, than slowed to a 4:34.3 first four laps in his 9:11.38 Masters win over the distance.

At Mt. San Antonio College BOYS

100—1 Burkley (Oxnard), 10.62 (wind 0.8 m.p.s. aiding); 2 Ford (Compton), 10.63; 3 Simmons (Compton soph), 10.77; 4 Cannady (Duarte soph), 10.79; 5 Wellman (Westlake), 10.81; 6 Roberts (LB Poly), 10.87; 7 Davis (Inglewood), 10.91; 8 Cox (Marshall Fundamental), 11.03.

200—1 Marsh (Hawthorne), 20.96 (wind 2.0 m.p.s. aiding); 2 Burkley (Oxnard), 21.09; 3 Ford (Compton), 21.26; 4 Cannady (Duarte), 21.81; 5 Johnson (Katella), 21.82; 6 Silas (Centennial), 22.05.

400 1 Rish (Marina), 47.12; 2 Kelly (Hawthorne), 48.24; 3 Riley (LB Jordan), 48.56; 4 Estwick (Loyola), 48.60; 5 A. Thomas (Pasadena), 48.83; 6 White (San Marcos), 48.84; 7 Callier (LB Poly), 49.07; 8 Adams (West Covina), 49.41.

800—1 Kelly (Hawthorne), 1:51.08; 2 Thompson (Ganesh), 1:52.84; 3 Cronin (Mission Viejo), 1:53.13; 4 Akins (IH Wilson), 1:53.19; 5 Anderson (Mission Viejo), 1:53.27; 6 Cox (Millikan soph), 1:53.35; 7 Trout (Irvine), 1:55.61; 8 Snyder (El Modena), 1:55.66.

1,600—1 Serratos (Moreno Valley), 4:14.68 (4:00.3 for 1,500 meters); 2 Zimmer (Simi Valley), 4:15.55 (3:59.8); 3 Olson (Irvine), 4:15.55 (3:59.8); 4 Feliciano (Cypress), 4:16.03 (4:00.1); 5 Myers (Westlake), 4:20.99; 6 Van Wye (St. Paul), 4:22.04; 7 Toussaint (Norco), 4:24.23.

3,200 1 D Stonerock (Saugus), 9:11.38 (8:37.4 for 3,000 meters); 2 Harvath (Thousand Oaks), 9:15.57 (8:40.3); 3 Inlay (Temple City), 9:15.62 (8:45.3); 4 K Stonerock (Saugus), 9:16.40 (8:44.9); 5 Kelly (Dana Hills), 9:22.64; 6 Godwin (Channel Islands), 9:34.92 (8:57.1); 7 Castaneda (Mountain View), 9:43.69.

100 HIGH HURDLES—1 D Thomas (Pasadena), 13.95 (wind 1.1 m.p.s. aiding); 2 Johnson (Katella), 14.00; 3 Porter (Cabrillo), 14.26; 4 Hall (Ganesh), 14.26; 5 James (San Dimas), 14.27; 6 Triffin (Hawthorne), 14.37; 7 Galama (Domiguez), 14.59; (Porter scratched from the State meet).

300 INTERMEDIATE HURDLES—1. Porter (Cabrillo), 35.32 (National interscholastic federation and Southern section record; old mark, 35.57; Porter, Cabrillo, 1985; betters all-time high school best, 35.3 hand time; Arthur Blake, Haines City, Fla., 1984); 2 Graham (Hawthorne), 36.67; 3 Pontiflet (Esperanza), 37.25; 4 Joyce (Hawthorne), 37.38; 5 Hall (Ganesh), 37.39; 6 Grant (St. Francis), 37.46; 7 Nelson (Simi Valley), 38.61; 8 Knight (Serra), 39.05 (Hurdle stepdown times, 5.8, 3.7, 3.9, 4.0, 4.0, 4.1, 4.2, 4.5, 1.1; timed at 22.8 for first 200 meters).

400 RELAY—1. Compton (Gray, Simmons, Stewart, Ford), 41.39; 2. Muir, 41.51; 3. Hawthorne, 41.69; 4. Oxnard, 41.89; 5. LB Jordan, 41.93; 6. Santa Ana Valley, 42.60; 7. Centennial, 42.62.

1,600 RELAY—1. Hawthorne (Marsh, 48.2; Joyce, 49.7; Graham, 47.6; Kelly, 47.3); 3:12.8; 2. Centennial, 3:13.81; 3. LB Poly, 3:14.35; 4. Muir, 3:15.83; 5. Pasadena, 3:16.16; 6. Temple City, 3:18.68; 7. Simi Valley, 3:21.28; 8. Serra, 3:26.15.

HIGH JUMP—1. Medford (Hawthorne), 6-10; 2. Wheelwright (Edison), 6-8; 3. Murrane (Whittier Christian), 6-8; 4. Robinson (Simi Valley), 6-6; 5. Moebius (Rolling Hills), 6-6; 6. Dorn (Estancia), 6-6; 7. Morrow (Upland), 6-4; 8. Postman (Upland), 6-4.

POLE VAULT—1. Gagnon (Simi Valley), 15-1; 2. Ballard (Cypress), 14-8; 3. Williams (Servite), 14-4; 4. Howser (Newport Harbor), 14-4; 5. Covarubias (LB Jordan), 14-4; 6. Le (West Torrance), 14-0; 7. Cammack (South Hills), 13-8; 8. Pinto (Alemany), 13-8.

LONG JUMP—1. Clamelat (Victor Valley), 24-1½w; 2. Bates (Pasadena), 23-6¼w; 3. Dorn (Estancia), 23-4w; 4. Nelson (Simi Valley), 23-2¾w; 5. Davis (Lynwood), 22-10; 6. Hooks (Lakewood), 22-7½; 7. Spirlin (Dominguez), 22-7; 8. Haynie (Morro Bay), 22-6¾.

TRIPLE JUMP—1. Hooks (Lakewood), 49-11¾; 2. Williams (Rubidoux), 49-5½; 3. Triplett (Marshall Fundamental), 48-7¼; 4. Williams (Muir), 48-2¾; 5. Harper (Santa Fe), 47-7¼w (46-9¼ legal best); 6. Young (Hawthorne), 47-1½; 7. Browne (California), 45-2¾w (45-1½); 8. Barfield (Lynwood), 44-7¾.

SHOTPUT—1. Blutreich (Capistrano Valley), 69-6¼ (Southern Section record, 68-5; Dave Karrasch, Newport Harbor, 1975; All-time California best, old mark, 69-3¾; Jim Niedhart, Newport Harbor, 1973); 2. Khozam (El Modena), 59-5½; 3. Knight (Oak Park), 58-9; 4. Laut (Channel Islands), 57-1½; 5. Riederich (Edison), 57-0; 6. Osbourne (Rancho Alamitos), 54-11; 7. Carter (Edison freshman), 54-9; 8. Harmon (St. Bernard), 53-7½.

GIRLS

100—1. Franklin (Muir), 11.61 (wind 1.9 m.p.s. aiding) (national leader); 2. Stiles (Hawthorne), 11.70; 3. Wheeler (Hawthorne), 11.83; 4. Grant (Hawthorne), 11.87; 5. Miller (Muir), 12.04; 6. Craven (Centennial), 12.21; 7. Garner (Valencia), 12.34; 8. Williams (Marshall Fundamental), 12.53.

200—1. Stiles (Hawthorne), 23.56 (wind 1.6 m.p.s. aiding); 2. Grant (Hawthorne), 24.08; 3. Wheeler (Hawthorne), 24.43; 4. Miller (Muir), 24.67; 5. Garner (Valencia), 24.79; 6. Smith (Quartz Hill), 25.20; 7. Bryant (Morningside), 25.25; 8. Williams (Marshall Fundamental), 25.65.

400—1. Wilson (Muir), 53.81; 2. Vickers (Pomona), 53.83; 3. Bennett (Compton), 53.86; 4. Amy (Hawthorne), 54.37; 5. Aubuchon (Esperanza), 55.80; 6. Rush (Alta Loma), 57.36.

800—1. Smith (Woodbridge), 2:13.94; 2. Manship (Thousand Oaks), 2:14.86; 3. Milligan (Compton), 2:15.04; 4. Long (Mission Viejo), 2:15.06; 5. Rabbitt (Newport Harbor), 2:15.10; 6. McMahon (Redlands), 2:15.38; 7. Oates (Hawthorne), 2:16.30.

1,600 1 Ritchot (Edison), 4:56.58 (4:38.9 for 1,500 meters); 2 Watson (Upland), 5:01.84 (4:46.0); 3 Henson (Newport Harbor), 5:02.72 (4:45.7); 4 McCarty (Buena), 5:07.06 (4:47.7); 5 Plante (Arroyo Grande), 5:08.77 (4:48.3); 6 Unruhe (Nordhoff), 5:15.21.

3,200 1. Sutton (Newbury Park), 10:44.74 (10:09.7 for 3,000 meters); 2. Farrell (Thousand Oaks), 10:45.49 (10:10.9); 3. Wright (Irvine), 10:18.39

(10:13.9); 4. Dabul (Temple City), 10:50.98 (10:51.66); 5. Unruhe (Nordhoff), 10:51.66 (10:14.80); 6. T. Williams (Mountain View), 10:56.55 (10:16.1); 7. Basore (Pasadena), 11:11.35 (10:30.1).

100 LOW HURDLES—1. Franklin (Muir), 13.49w (2.8 m.p.s.); 2. Cantrell (Muir), 13.81; 3. McBride (LB Poly), 13.95; 4. Williams (Riverside Poly), 13.98; 5. Vickers (Pomona), 14.16; 6. Frazier (Morningside), 14.21; 7. Simmons (El Monte), 14.28.

300 LOW HURDLES—1. Cantrell (Muir), 43.09; 2. Wilson (Muir), 43.48; 3. Hall (Millikan), 44.09; 4. Ice (Cajon), 44.12; 5. Edmonds (Hawthorne), 44.31; 6. Moses (Arroyo Grande), 45.43.

400 RELAY—1. Hawthorne (Wheeler, Grant, D. Amy, Stiles), 45.11 (National and Southern Section record, old national mark, 45.13; Berkeley, 1981; old Southern Section mark, 45.36; Hawthorne, 1985); 2. Muir (Cantrell, Miller, Wilson, Franklin), 45.23 (third fastest high school team of all-time); 3. Compton, 47.53; 4. Pomona, 48.01; 5. Morningside, 48.33; 6. Hueneme, 48.58; 7. Ganesh, 48.83; 8. LB Wilson, 49.04.

1,600 RELAY—1. Muir (Cantrell, 55.9; Caddell, 55.9; Franklin, 55.0; Wilson, 54.9), 3:41.65; 2. Hawthorne, 3:46.76; 3. Compton, 3:49.38; 4. Beverly

Hills, 3:53.46; 5. Hueneme, 3:53.47; 6. Esperanza, 3:53.96; 7. LB Poly, 3:55.54.

HIGH JUMP—1. Carrasco (Anaheim), 5-10; 2. McBride (LB Poly), 5-8; 3. Lovely (Kennedy), 5-7; 4. Lee (Los Alamitos), 5-7; 5. Lee (Rolling Hills), 5-6; 6. Maldonado (Hawthorne), 5-6; 7. Bringard (Santa Ynez), 5-4; 8. Gilbert (Norwalk), 5-2.

LONG JUMP—1. Smith (Quartz Hill), 19-8¼w; 2. Mitchell (Diamond Bar), 19-7; 3. Strange (Indio), 18-8w (17-8¼ legal best); 4. Smith (Elsinore), 18-1¼; 5. Knight (La Habra), 18-0¼; 6. Kirvin (Woodbridge), 17-3½; 7. Martinez (Santa Maria St. Joseph), 17-1.

TRIPLE JUMP—1. Kirven (Woodbridge), 38-5¼w (37-0¼ legal best); 2. Taylor (Valencia), 38-3¼w (37-3¼); 3. Orr (Ocean View), 38-1¼; 4. Lamar (Indio), 37-10w (37-3¼); 5. Knight (La Habra), 37-9w (36-10); 6. Ames (El Modena), 37-8¼; 7. Rogers (Yucaipa), 37-1¼w (36-10½).

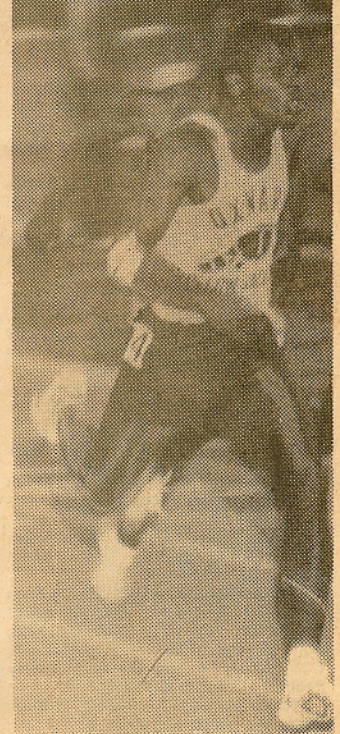
SHOTPUT—1. Oden (Irvine), 43-3¾; 2. Gail (Rowland), 42-1¼; 3. Adams (Mission Viejo), 42-1¼; 4. Paquette (Rancho Alamitos), 41-8¼; 5. Lovati (El Modena), 40.9¼; 6. Gill (Western), 39-9¼; 7. Rehder (Santa Maria St. Joseph), 39-8; 8. Ili (Nogales), 38-3.

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Nicole Ritchot/1600

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