

Tradition status quo in West Valley Relays

By David Woods
Staff Writer

This is track and field's Relays Week — Mt. SAC, Drake, Penn. Add to that the Leigh-West Valley Relays, which contributed tradition, family and short people power to Saturday's relays theme.

Start with tradition. Two schools that usually are at the top of the Central Coast Section, Mt. Pleasant and Carlmont, won the boys and girls team championships in the sixth annual meet at West Valley College. Mt. Pleasant's boys, moreover, had a record score of 56 points. Carlmont's girls had 29.

Carlmont also won the boys' frosh-soph division with 38. Mt. Pleasant was second with 35, thanks to victories in 440-yard, 880-yard and mile relays.

So, Mt. Pleasant coach Bill Frost can plan on having a strong boys team for a while. But he's now more concerned about the dual meet at Independence on May 4. That one figures to decide the Mt. Hamilton League title.

"They (the 76ers) match up with us well," he said. "They'll kill us in our weak events."

Carlmont outscored Independence 32-29 for second in the boys standings.

Mt. Pleasant victories were by Tony Miller in the long jump (22-3/4), Chris Mooring in the triple jump (46-9/2) and the foursomes in the mile (Shawn Curry, Ron Green, Doug Dunbar, John Dickinson) and two-mile (Jimmy LaFuenta, Jose Soto, Don Taylor, Green) relays.

Pole vaulting is a family affair with the Kiborts of Saragota. Mike Kibort finished first at 15-6, tying the meet record, and his step-brother, George Bassett, was second at 14-6. Both are coached by their father, Bob Kibort, who left the meet early so he could see another son, Mark, vault for Cal Poly-San Luis Obispo in a meet at Cal.

Bob claims it's not in the genes, either. "I never vaulted in my life," he said. "I was a 10th-class hurdler in high school."

But his sons are first-class vaulters. Mike, a junior, vaulted 15-8 1/2 Thursday to become No. 3 on the all-time CCS list. George, a sophomore, said it helps the two of them to work together. "Yeah, it is great, except on Wednesday when I look at the paper," joked George, who doesn't get listed among dual-meet winners because he's always finishing second to Mike.

Mike is attempting not only to stay ahead of George but to keep up with state leader Doug Fraley of Clovis West. Fraley, also a junior, has vaulted 15-10. "He'll be good competition both this year and next year," Mike said.

Rod Green of Palo Alto and Tom Mell of Gunn showed their competition that size doesn't matter.

The 5-foot-8 Green, a junior, became the new state leader in the 120-yard high hurdles with a time of 13.7. That puts him No. 2 on the all-time CCS list, just behind the 13.6 by former Palo Alto and Cal hurdler Carl Florant.

Green, who works out with Florant in the summer, has a fast school record to aim at. He thought the bright green tights he wore in warm, sunny weather might help. "It makes me feel like it cuts my wind resistance," he said.

The red-haired, freckled Mell won the 100-yard dash in 9.7 in something of a surprise. "I think it surprises them (his opponents) sometimes when they see me," he said. "I'm kind of short."

At 5-7, he just doesn't impress anybody. "I don't look like I'm fast," he said. "Some sprinters look like they're fast."

Of course, some sprinters see Mell only from the back.

Leigh's Jo Barry saw the back of Gunn's Esther Berndt, who set a hot pace, for most of the girls mile. But Barry finished fast to win in 5:03.1, the best time in the CCS this year. Berndt was second in 5:04.4.

"When I went into the fourth lap, they said it could be a sub-5:00, so that really got me going," Barry said. "I usually don't hear anything during the race, but I heard that."

Maria King, who took a self-enforced vacation from running over the winter, showed she is beginning to return to form by carrying Milpitas to second in the girls distance medley with a 5:09.0 mile anchor leg.

"I've been running since I was 9. I needed the time off," she said. "Taking the time off was good, because it proved to me that this (running) is what I want to do."

In other girls events, sophomore Lannette Davis brought Del Mar victory in the two-mile relay with an 880 anchor of 2:14.7, and Vivian Riley of Mt. Pleasant repeated as winner in the 100-yard dash with a time of 10.8 to move into the No. 4 spot on the all-time CCS list.



High Schools

Leigh-West Valley Relays At West Valley College VARSITY BOYS

Teams — 1, Mt. Pleasant, 56; 2, Carlmont, 32; 3, Independence, 29; 4, Bellarmine, 25; 5, San Ramon, 20; 6, Gunn, 16; 7, Willow Glen, 13; 8, tie, Saratoga, Leigh, Palo Alto, 11.

100 yards — 1, Mell (Gunn) 9.7; 2, Reyes (Ind) 9.9; 3, Hunter (So S.F.) 9.9; 4, Green (Palo Alto) 10.2; 5, Patton (Aragon) 10.3.

Mile steeplechase — 1, Singheo (Prospect) 5:07.3; 2, Bunh (Silver Creek) 5:13.5; 3, Burton (Min. View) 5:19.4; 4, Wells (Los Gatos) 5:24.1; 5, Riley (Silver Creek) 5:28.2.

Three-mile — 1, M. Livingston (W Glen) 14:41.2; 2, Andersen (Santa Teresa) 14:58.7; 3, Craig (Leigh) 15:00.5; 4, Marcondia (Menlo-Atherton) 15:06.7; 5, Malek (Lowell) 15:06.7.

120 HH — 1, Green (Palo Alto) 13.7 (meet record); 2, Montgomery (Ind) 14.1; 3, Dunbar (Mt. P.) 14.3; 4, Tabor (Capuchino) 14.4; 5, Chesarek (Leigh) 14.9.

440 HH — 1, Branson (Serra) 55.1; 2, Greene (Del Mar) 55.4; 3, Chesarek (Leigh) 55.8; 4, McKittrick (Terra Nova) 56.3; 5, Spagnoli (Mills) 56.6.

440 relay — 1, Carlmont, 42.6; 2, Independence, 42.7; 3, Mt. Pleasant, 42.8; 4, Hillsdale, 43.2; 5, tie, Gunn and So. San Francisco, 43.5.

880 relay — 1, Carlmont, 1:29.1; 2, Independence, 1:30.1; 3, Mt. Pleasant, 1:30.3; 4, Palo Alto, 1:30.9; 5, Aragon, 1:31.8.

Sprint medley — 1, Gunn, 3:33.6; 2, Mt. Pleasant, 3:35.4; 3, Bellarmine, 3:37.0; 4, Seaside, 3:39.7; 5, Los Gatos, 3:40.2.

Mile relay — 1, Mt. Pleasant, 3:22.9; 2, Carlmont, 3:23.6; 3, Bellarmine, 3:26.5; 4, Hillsdale, 3:26.7; 5, Del Mar, 3:27.1.

Two-mile relay — 1, Mt. Pleasant, 8:05.7; 2, Santa Clara, 8:06.0; 3, San Ramon, 8:16.0; 4, Prospect, 8:17.8; 5, Los Gatos, 8:22.9.

Four-mile relay — 1, Bellarmine, 18:08.2; 2, Willow Glen, 18:11.1; 3, San Ramon 18:20.3; 4, Leigh, 18:25.2; 5, Saratoga, 18:39.5.

High jump — 1, Sampson (Homestead) 6-6; 2, tie, Andre (Mt. P.), Ross (Riordan), Eckstrom (Bellarmine); 5, Tabor (Capuchino) 6-4.

Pole vault — 1, Kibort (Saratoga) 15-6 (ties meet record); 2, Bassett (Saratoga) 14-6; 3, Wecker (Westmont) 14-0; 4, Creel (Mills) 13-6; 5, Caltarin (Hillsdale) 13-6.

Long jump — 1, Miller (Mt. P.) 22-3/4; 2, Kuwada (Gilroy) 22-1/4; 3, Norwood (Oak Grove) 21-10/2; 4, Gates (Silver Creek) 21-9/2; 5, Rossman (St. Francis) 21-7/4.

Triple jump — 1, Mooring (Mt. P.) 46-9/2; 2, Berry (Carlmont) 46-0; 3, Bostic (Men-Ath) 45-9/2; 4, Scheck (San Ramon) 45-0; 5, Chen (Min. View) 44-3/4.

Shot put — 1, Brown (Ind) 53-8; 2, Usher (Serra) 53-3; 3, Aimonetti (Blackford) 52-4; 4, Finau (San Mateo) 51-1/4; 5, Erick (Mills) 50-8.

Discus — 1, Katches (Mills) 179-4 (meet record); 2, Aimonetti (Blackford) 159-0; 3, Schenck (Men-Ath) 156-0; 4, Wilmer (Leland) 154-7; 5, Evans (Mission San Jose) 151-0.

Shot put — 1, Criser (Gunn) 42-9/2; 2, Durchslag (San Carlos) 42-3/2; 3, Floyd (Oak Grove) 40-5/2; 4, Shaffer (Oak Grove) 38-9/4; 5, Kirchoff (Leigh) 36-10.

Discus — 1, Durchslag (San Carlos) 137-3; 2, Bailey (W Glen) 125-3; 3, Criser (Gunn) 125-0; 4, Foster (San Ramon) 117-9; 5, Westerhold (Fremont) 114-0.

FROSH-SOPH BOYS

Teams — 1, Carlmont, 38; 2, Mt. Pleasant, 35; 3, Overfelt, 16; 4, tie, Gilroy, Hillsdale, 14.

440 relay, Mt. Pleasant, 45.2; 880 relay, Mt. Pleasant, 1:35.0; mile relay, Mt. Pleasant, 3:34.9; two-mile relay, Willow Glen, 8:39.0; distance medley, Overfelt, 1:00.3; high jump, Kellen (Leland) 6-0; long jump, Jones (Mt. P.) 20-8/4; shot put, Creeden (Cupertino) 52-3/4; discus, Aubrey, Fremont, 138-9.

VARSITY GIRLS

Teams — 1, Carlmont, 29; 2, San Ramon, 25; 3, tie, Milby, Mt. Pleasant, Gunn, 12; 6, Lowell, 11; 7, tie, Del Mar, Milpitas, Overfelt, 10; 10, tie, San Carlos, Mills, 9.

100 — 1, Riley (Mt. P.) 10.8 (meet record); 2, Middleton (San Mateo) 10.8; 3, Brewer (Hillsdale) 10.9; 4, Carr (Overfelt) 11.0; 5, Pounds (Live Oak) 11.1.

440 hurdles — 1, B. Miller (Carlmont) 1:04.0; 2, Schalk (San Ramon) 1:04.3; 3, Yaninek (Presentation) 1:06.2; 4, Beste (W Glen) 1:06.7; 5, Ruden (Homestead) 1:06.8.

Mile — 1, Barry (Leigh) 5:03.1; 2, Berndt (Gunn) 5:04.4; 3, Nelson (San Mateo) 5:11.1; 4, Williams (Men-Ath) 5:14.3; 5, Van Housen (Sacred Heart) 5:18.0.

440 relay — 1, Carlmont, 48.5 (meet record); 2, Overfelt, 48.8; 3, Hillsdale, 49.6; 4, tie, Mt. Pleasant and Saratoga, 49.9.

Mile relay — 1, Carlmont, 3:59.1 (ties meet record); 2, Milby, 4:00.8; 3, Homestead, 4:04.6; 4, Leland, 4:08.2; 5, Los Gatos, 4:10.1.

Two-mile relay — 1, Del Mar, 9:43.0; 2, Santa Teresa, 9:44.3; 3, San Ramon, 9:44.5; 4, Milby, 9:49.9; 5, Milpitas, 10:07.9.

Distance medley — 1, San Ramon, 12:52.3; 2, Milpitas, 12:56.7; 3, Lowell, 13:04.1; 4, Carlmont, 13:08.5; 5, St. Francis, 13:10.4.

High jump — 1, Kendall (Mills) 5-6 (ties meet record); 2, Maxie (Mills) 5-6; 3, Bailey (W Glen) 5-4; 4, tie, Bray (Los Altos), Bateman (San Ramon), Vesley (Lynbrook) 5-2.

Long jump — 1, Duckett (Lowell) 18-1/4; 2, Riley (Mt. P.) 17-9/4; 3, Foste (Silver Creek) 17-8/4; 4, Pounds (Liv Oak) 17-7; 5, Brewer (Hillsdale) 17-5/4.