

17th Annual Central Coast Section Championships
 Friday, May 28, 1982, San Jose City College

MEET OFFICIALS

Meet Director	Ken Johnson
Referee	Bob Hernandez
Head Field Judge	Don Bell
Starter	Bob Podkaminer
Clerk of the Course	Mike Gunion
Announcer	Dave Dickerson
Weights and Measure	Don Bell
Awards	Wil Concklin Tom Ryan
CCS Commissioner	Larry Rice
CCS Assistant Commissioner	Joyce Ridgway
CCS Events Coordinator	Dwight Martin
Program	Howard Willman
Hurdle Crew	Willow Glen HS
Scorekeepers	Leland HS

NATIONAL FEDERATION CONVERSION TABLE

(Used for seeding purposes; the second event listed for each conversion is the distance run at this meet.)

100 yards to 100 meters	+ .9 seconds
220 yards to 200 meters	- .1 seconds
440 yards to 400 meters	- .3 seconds
880 yards to 800 meters	- .7 seconds
1600 meters to one mile	+1.6 seconds
3200 meters to two miles	+3.4 seconds
120-yard HH to 110-meter HH	same
110-yard LH to 100-meter LH	- .1 seconds
300-meter LH to 330-yard LH	+ .2 seconds
400-meter relay to 440-yard relay	+ .2 seconds
1600-meter relay to mile relay	+1.2 seconds

TIME SCHEDULE, ORDER OF EVENTS & TABLE OF CONTENTS

<u>Time</u>	<u>Event</u>	<u>Page</u>
<u>Running events -- trials</u>		
4:00	Boys 100 meters (2 heats)	20
4:10	Girls 100 meters (2 heats)	21
4:20	Boys 110-meter high hurdles (2 heats)	16
4:30	Girls 100-meter low hurdles (2 heats)	17
4:40	Boys 200 meters (2 heats)	28
4:50	Girls 200 meters (2 heats)	29
<u>Running events -- finals</u>		
6:30	Boys 440-yard relay (2 slow/fast sections)	14
6:37	Girls 440-yard relay (2 slow/fast sections)	15
6:45	Boys 110-meter high hurdles	16
6:55	Girls 100-meter low hurdles	17
7:10	Boys 800 meters	18
7:15	Girls 800 meters	19
7:20	Boys 100 meters	20
7:25	Girls 100 meters	21
7:30	Boys 400 meters (2 slow/fast sections)	22
7:37	Girls 400 meters (2 slow/fast sections)	23
7:45	Boys 2 miles	24
7:57	Girls 2 miles	25
8:10	Boys 330-yard low hurdles (2 slow/fast sections)	26
8:20	Girls 330-yard low hurdles (2 slow/fast sections)	27
8:30	Boys 200 meters	28
8:35	Girls 200 meters	29
8:40	Boys mile	30
8:50	Girls mile	31
9:00	Girls mile relay (2 slow/fast sections)	32
9:10	Boys mile relay (2 slow/fast sections)	33
<u>Field events -- all finals</u>		
3:30	Boys long jump	3
	Boys shot put	4
	Girls high jump	5
	Girls discus	6
5:00	Boys discus	7
	Girls long jump	8
6:00	Boys pole vault	9
	Boys triple jump	10
	Girls shot put	11
7:30	Boys high jump	12
	Girls triple jump	13
<u>Other features of program</u>		
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BOYS LONG JUMP

National Federation Record: 25-9½, Gerald Hardeman (Edison, Fresno), 1972
 CCS Meet Record: 25-3¼, Johnny Johnson (Pacific Grove), 1964
 All-Time National HS Best: 26-8, Carl Lewis (Willingboro, NJ), 1979
 All-Time State HS Best: 26-2¼, Ken Duncan (McClatchy, Sacramento), 1972
 All-Time NorCal HS Best: 26-2¼, Ken Duncan (McClatchy, Sacramento), 1972

Order	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
<u>Flight I</u>				
1.	12	Curt Stovall (Carlmont)	21-1¼	_____
2.	12	Rick Collett (Hillsdale)	21-¼	_____
3.	11	Jeff Rossman (St. Francis)	21-4½	_____
4.	12	Joe Cequerra (Westmoor)	21-4 3/4	_____
5.	12	Gary LeKander (Palma)	21-6 3/4	_____
<u>Flight II</u>				
1.	12	Allen Christensen (North Monterey County)	21-7	_____
2.	12	John Anderson (Willow Glen)	21-9½	_____
3.	11	Richard Jett (San Mateo)	22-¼	_____
4.	12	Mark Burns (Santa Teresa)	22-½	_____
5.	11	Ken Roberts (Westmont)	22-1	_____
<u>Flight III</u>				
1.	10	Hawkins (Wilcox)	22-1½	_____
2.	11	Cameron Comick (Del Mar)	22-4	_____
3.	10	Steve Fisher (Saratoga)	22-4	_____
4.	12	Tom Kuwada (Gilroy)	22-4½	_____
5.	11	Hilton Hong (Wilcox)	22-5	_____
6.	12	Larry Weldon (Silver Creek)	23-½	_____

PAST CCS CHAMPIONS

1966	22-8½	Bob Jordan (San Mateo)
1967	24-7½	Charlie Johnson (Sequoia)
1968	24-0½	Phil Quinet (Homestead)
1969	22-7	Alonzo Emery (San Mateo)
1970	24-2¼	Lynn Swann (Serra)
1971	23-5	Craig Conway (Cupertino)
1972	22-11¼	* Dennis Holloway (Blackford)
1973	23-2	Mark Thorp (Cupertino)
1974	23-2½	Phil Robinson (Woodside)
1975	23-9½	Nathan Johnson (Seaside)
1976	23-6¼	Ken Vasquez (Millis)
1977	23-5¼	Paul Bates (Menlo-Atherton)
1978	23-8½	* Steve Bruce (Menlo-Atherton)
1979	23-8¼	Steve Bruce (Menlo-Atherton)
1980	22-10½	* Ken Smith (Palo Alto)
1981	22-11¼	Ken Smith (Palo Alto)

ALL-TIME CCS LIST

25-4¼	* Johnny Johnson (Pacific Grove) '68
25-2	Phil Quinet (Homestead) '68
24-10	Lynn Swann (Serra) '70
24-5	* Denny Rogers (Los Altos) '65
24-4¼	Paul Bates (Menlo-Atherton) '77
24-4	Rex White (Camden) '77
24-½	* Vester Robinson (Silver Creek) '72
23-11	Ken Smith (Palo Alto) '81
23-10½	* Rick Miller (Leigh) '70
23-10¼	? Brett Woods (Los Gatos) '77
23-10	Craig Conway (Cupertino) '71
Wind-aided:	
24-7½	Charlie Johnson (Sequoia) '67
24-4	Craig Conway (Cupertino) '71
24-3½	Don Finley (Cupertino) '75
24-2	* Mark Thorp (Cupertino) '71

BOYS SHOT PUT

National Federation Record: 77-0, Mike Carter (Jefferson, Dallas), 1979
 CCS Meet Record: 63-9, Bob Brannen (Los Gatos), 1965
 All-Time National HS Best: 81-3½, Mike Carter (Jefferson, Dallas), 1979
 All-Time State HS Best: 69-3 3/4, Jim Neidhart (Newport Harbor, Newport Beach), 73
 All-Time NorCal HS Best: 68-5½, Steve Montgomery (Lassen, Susanville), 1976

Order	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
<u>Flight I</u>				
1.	12	David Pruitt (Leigh)	49-11	_____
2.	12	Lloyd Brown (Fremont Christian)	50-6	_____
3.	11	Nate Barnreiter (Del Mar)	50-10	_____
4.	11	Robert Henderson (North Salinas)	51-6	_____
5.	11	Ako Poti (Jefferson)	51-8	_____
<u>Flight II</u>				
1.	12	Brian Robinson (Prospect)	51-8	_____
2.	11	John Gatrousis (Bellarmine)	51-9½	_____
3.	10	Ron Creedon (Cupertino)	51-11	_____
4.	12	John Geringer (Soquel)	52-8	_____
5.	12	Mike McCloud (Riordan)	52-10½	_____
<u>Flight III</u>				
1.	12	Phil Levy (Monta Vista)	53-5	_____
2.	12	Dan Usher (Serra)	54-3	_____
3.	12	Jeff Foster (Saratoga)	54-5	_____
4.	12	Cornell Brown (Independence)	55-4	_____
5.	12	John Aimonetti (Blackford)	55-5½	_____
6.	12	Eric Tennyson (Cupertino)	56-8	_____

PAST CCS CHAMPIONS

1966	62-6¼	* Steve Wilhelm (Fremont)
1967	63-8¼	Steve Wilhelm (Fremont)
1968	56-11¼	Ralph Show (Homestead)
1969	59-5	* Chris Adams (Los Altos)
1970	62-4	Chris Adams (Los Altos)
1971	59-5½	Bob Aldrich (Fremont)
1972	62-6½	Bret Mannon (Los Gatos)
1973	56-6½	Lon Sizemore (Lincoln)
1974	59-5½	* Gary Bersano (Los Gatos)
1975	59-5	Craig Watkins (Mitty)
1976	58-2	Mike Smith (San Mateo)
1977	59-7	Pat Graham (Leland)
1978	60-2	Ron McKee (Camden)
1979	60-3	Steve Aimonetti (Campbell)
1980	58-5	Ray Bellantoni (Del Mar)
1981	61-11¼	Tim Sutro (Del Mar)

ALL-TIME CCS LIST

65-10	Steve Wilhelm (Fremont) '67
65-7¼	Don Castle (Cubberley) '61
65-6	Bruce Wilhelm (Fremont) '63
63-11¼	Bret Mannon (Los Gatos) '72
63-9	Bob Brannen (Los Gatos) '64
62-9½	Chris Adams (Los Altos) '70
62-9	Pat Graham (Leland) '77
62-7	Bruce Parker (St. Ignatius) '78
62-2½	Ron Comer (Sunnyvale) '76
62-1¼	Dave Gherardi (St. Ignatius) '72

GIRLS HIGH JUMP

National Federation Record: 6-2¼, Kym Carter (East, Wichita, Ks), 1982

CCS Meet Record: 5-9¼, Trish King (Menlo-Atherton), 1980

All-Time National HS Best: 6-2¼, Kym Carter (East, Wichita, Ks), 1982

All-Time State HS Best: 6-1, Sue McNeal (Carlsbad), 1979

All-Time NorCal HS Best: 6-0, Karen Lysaght (St. Francis, Sacramento), 1980

<u>Order</u>	<u>Yr</u>	<u>Athlete (School)</u>	<u>Reg. Qual. Mark</u>	<u>CCS Finish</u>
<u>Flight I</u>				
1.	12	Terrie Peacock (King City)	5-0	_____
2.	12	Molly Myall (Harbor)	5-0	_____
3.	11	Tara Garaci (Terra Nova)	5-0	_____
4.	9	Kim Becker (North Salinas)	5-1	_____
5.	9	Diana Boyd (Mt. Pleasant)	5-1	_____
<u>Flight II</u>				
1.	11	Lisa Dyer (Branham)	5-1	_____
2.	9	Lisa Brown (Independence)	5-2	_____
3.	11	Heidi Neher (Los Gatos)	5-2	_____
4.	12	Kim Sanders-Jacklich (Capuchino)	5-2¼	_____
5.	10	Rachael Bray (Los Altos)	5-4	_____
<u>Flight III</u>				
1.	11	Carolyn Martinez (Live Oak)	5-4	_____
2.	12	Ingrid Bailey (Willow Glen)	5-4	_____
3.	9	Beth Vidakovits (St. Francis)	5-6	_____
4.	11	Michal Miller (Santa Clara)	5-6	_____
5.	9	Leslie Maxie (Mills)	5-6¼	_____
6.	10	Wendy Brown (Woodside)	5-7	_____

PAST CCS CHAMPIONS

1974	5-5	** Pam Blackburn (Cubberley)
1975	5-6¼	* Pam Blackburn (Cubberley)
1976	5-8	* Pam Blackburn (Cubberley)
1977	5-4	** U'Rainnah Broussard (Independence)
1978	5-7	** Angela Phifer (Independence)
1979	5-6	* Trish King (Menlo-Atherton)
1980	5-9¼	Trish King (Menlo-Atherton)
1981	5-4	Karen Robinson (Fremont)

ALL-TIME CCS LIST

5-10	* Pam Blackburn (Cubberley) '75
5-9¼	Trish King (Menlo-Atherton) '80
5-8½	Denise Cornell (King City) '76
5-8¼	* Karen Robinson (Fremont) '80
5-8	** Cindy Sandberg (Los Gatos) '75
5-8	** Angela Phifer (Independence) '78
5-8	Kathy Raugust (Salinas) '79
5-8	** Yvonne Kendall (Westmoor) '81
5-8	* Michal Miller (Santa Clara) '82
5-7	* U'Rainnah Broussard (Independence) '78
5-7	* Wendy Brown (Woodside) '82

GIRLS DISCUS

National Federation Record: 176-4, Cindy Johnson (Chandler, Az), 1982

CCS Meet Record: 148-5, Sue Springer (Salinas), 1979

All-Time National HS Best: 183-11, Leslie Deniz (Gridley), 1980

All-Time State HS Best: 183-11, Leslie Deniz (Gridley), 1980

All-Time NorCal HS Best: 183-11, Leslie Deniz (Gridley), 1980

Order	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
<u>Flight I</u>				
1.	12	Ulu Mulitano (Jefferson)	102-0	_____
2.	12	Kesaia Uimahi (Mills)	103-8	_____
3.	12	Marie Dyer (Hillsdale)	108-0	_____
4.	10	Cindy Tellez (Gilroy)	110-2	_____
5.	12	Kathy Tauabeci (Branham)	111-10	_____
<u>Flight II</u>				
1.	11	Jackie Hale (San Lorenzo Valley)	114-3	_____
2.	12	Patty Loreda (San Jose)	115-5	_____
3.	12	Kari Tognazzini (Oak Grove)	115-11	_____
4.	10	Gerri Baldwin (Branham)	116-6	_____
5.	12	Margie Beiderman (Santa Clara)	121-10	_____
<u>Flight III</u>				
1.	12	Ingrid Bailey (Willow Glen)	129-5	_____
2.	12	Stephanie Townsel (Silver Creek)	129-9	_____
3.	12	Andrea Markel (Fremont)	130-4	_____
4.	12	Jill Crisler (Gunn)	131-8	134'5"
5.	10	Carol Manaea (Seaside)	140-8	_____
6.	12	Cindi Durchslag (San Carlos)	150-4	_____

ALL-TIME CCS LIST

161-6	Linda Langford (Leigh) '69
155-6	*Cindi Durchslag (San Carlos) '81
148-9	*Sue Springer (Salinas) '78
147-10	Nancy Norberg (Cubberley) '64
144-5	Karen Woodbeck (Cupertino) '79
144-5	Stephanie Townsel (Silver Creek) '82
143-4	Diane Oswalt (Los Gatos) '81
142-7	Carol Knight (Carlmont) '70
141-6	Carolynn Perkins (Westmoor) '80
140-8	*Carol Manaea (Seaside) '82
<u>Stoping field:</u>	
151-2	Nancy Norberg (Cubberley) '64

PAST CCS CHAMPIONS

Event first held in 1975)

'75	118-2	*Kathy Kuchta (King City)
'76	133-5	**Sue Springer (Salinas)
'77	136-7	**Sue Springer (Salinas)
'78	146-5	*Sue Springer (Salinas)
'79	148-5	Sue Springer (Salinas)
'80	136-7	Carolynn Perkins (Westmoor)
'81	147-9	*Cindi Durchslag (San Carlos)

BOYS DISCUS

National Federation Record: 207-8, Scott Crowell (Mason City, Ia), 1978
 CCS Meet Record: 191-0, Scott Overton (Los Altos), 1972
 All-Time National HS Best: 213-6, Clint Johnson (Shwnee Mssn S, Ovrlnrd Pk, Ks), 80
 All-Time State HS Best: 209-6, Dave Porath (Atwater), 1978
 All-Time NorCal HS Best: 209-6, Dave Porath (Atwater), 1978

Order	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
Flight I				
1.	11	Ken Peterson (Salinas)	145-1	_____
2.	12	Jeff Foster (Saratoga)	146-8	_____
3.	11	Casey (Mountain View)	147-4	_____
4.	12	Rob Henderson (North Salinas)	149-9	_____
5.	12	Paul DeMartini (St. Ignatius)	152-11	_____
Flight II				
1.	12	Tony Erlick (Mills)	152-11	_____
2.	12	Roger Campbell (Gunn)	153-0	160'10"
3.	11	Ako Poti (Jefferson)	153-9	_____
4.	11	John Kaitz (Aptos)	159-3	_____
5.	12	Brian Robinson (Prospect)	162-1	150'9"
Flight III				
1.	11	Andy Nagengast (Del Mar)	167-0	_____
2.	11	Rob Shenk (Menlo-Atherton)	169-3	156'
3.	11	Nate Barnreiter (Del Mar)	169-7	_____
4.	12	David Pruitt (Leigh)	171-9	159'7"
5.	12	Dan Katches (Mills)	176-1	181'4"
6.	12	John Aimonetti (Blackford)	182-10	177'8"

PAST CCS CHAMPIONS

1966	171-11	Steve Wilhelm (Fremont)
1967	182-8	Bill Walker (Campbell)
1968	180-11	Jim Penrose (Carlmont)
1969	185-7	Mike Davis (Hillsdale)
1970	189-3	Chris Adams (Los Altos)
1971	184-9	Scott Overton (Los Altos)
1972	191-0	Scott Overton (Los Altos)
1973	189-11	Dave Hickson (Leland)
1974	184-2	Glen Moore (Mt. Pleasant)
1975	179-2	Gary Bersano (Los Gatos)
1976	171-0	Mike Hamm (Soquel)
1977	177-8	John Souza (Piedmont Hills)
1978	185-1	Steve Struble (Sunnyvale)
1979	174-5	Rick Weyers (Avalon)
1980	166-8	Dave Cowell (Gunn)
1981	182-9	Tim Sutro (Del Mar)

ALL-TIME CCS LIST

201-3	Chris Adams (Los Altos) '70
200-1	Scott Overton (Los Altos) '72
195-4	Bob Stoecker (Los Altos) '62
195-4	Tom Birtwhistle (Gunn) '69
194-2	Dave Hickson (Leland) '73
193-0	Jim Penrose (Carlmont) '68
190-8	Dan Katches (Mills) '82
189-2	Steve McEnroe (Seaside) '79
189-1	Tim Sutro (Del Mar) '81
188-8	Tom Peterson (North Salinas) '78
Sloping field:	
204-5	Scott Overton (Los Altos) '72
196-3	Bob Stoecker (Los Altos) '62

GIRLS LONG JUMP

National Federation Record: 22-1 3/4, Kathy McMillan (Hoke County, Raeford, NC), 1976
 CCS Meet Record: 18-5, Sheila Greene (Hill), 1979
 All-Time National HS Best: 22-3, Kathy McMillan (Hoke County, Raeford, NC), 1976
 All-Time State HS Best: 20-8 3/4, Kim Attlesey (Corona del Mar, Nwprt Bch), 1971
 20-8 3/4, Marlene Harmon (Thousand Oaks), 1980
 All-Time NorCal HS Best: 20-4 1/2, Carrie McLaughlin (Davis, Modesto), 1979

Order	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
Flight I				
1.	9	Judy Kurano (Gonzales)	16-1 1/4	_____
2.	12	Nicole Lucey (Burlingame)	16-2 1/2	_____
3.	12	Kelli Abruzzini (Gilroy)	16-3	_____
4.	11	Jackie Hale (San Lorenzo Valley)	16-4	_____
5.	12	Rosaline Broussard (Westmoor)	16-7	_____
Flight II				
1.	9	Debbie Derfelt (Santa Teresa)	16-9	_____
2.	11	Sharon Lynch (Branham)	16-9 3/4	_____
3.	12	Stacey Threadgill (Mitty)	16-10 1/2	_____
4.	10	Rachael Bray (Los Altos)	17-1	_____
5.	11	Katy Caldwell (Piedmont Hills)	17-2	_____
Flight III				
1.	11	Donna Campbell (Overfelt)	17-2 1/2	_____
2.	11	Vivian Riley (Mt. Pleasant)	17-6 3/4	_____
3.	12	Brenda Brewer (Hillsdale)	17-8	_____
4.	12	Sherrill Miller (Fremont)	17-10 1/2	_____
5.	11	Hilary Bray (Los Altos)	18-5	_____
6.	10	Wendy Brown (Woodside)	19-11 3/4	_____

PAST CCS CHAMPIONS

1974	17-7	** Sandy Ferrlera (King City)
1975	18-2 1/2	** Pam Blackburn (Cubberley)
1976	16-6	** Sarita Johnson (Oak Grove)
1977	18-3	** Kim McDonald (St. Francis)
1978	17-7 1/2	** Kristy Campbell (Lynbrook)
1979	18-5	** Sheila Greene (Hill)
1980	17-11 1/2	** Kelli Abruzzini (Gilroy)
1981	17-8	** Vivian Riley (Mt. Pleasant)

ALL-TIME CCS LIST

19-11 1/4	** Wendy Brown (Woodside) '82
19-6 1/2	** Sheila Greene (Hill) '79
19-5 1/4	** Lisa Kinimaka (Oak Grove) '76
19-4 1/4	** Lola Rockwell (Gunn) '79
19-3 1/4	** Pat Daniels (Capuchino) '61
18-10 1/4	** Gurtha Pounds (Live Oak) '82
18-9 1/2	** Lori Costello (El Camino) '79
18-9 1/2	** Tammie Sullivan (Ayer) '80
18-8 1/4	** Vivian Riley (Mt. Pleasant) '81
18-8	** Kris Costello (Lynbrook) '78
18-8	** Kristy Campbell (Lynbrook) '79
Wind-aided:	
18-11	** Tammie Sullivan (Ayer) '80

BOYS POLE VAULT

National Federation Record: 17-9½, Joe Dial (Marlow, Ok), 1981
 CCS Meet Record: 15-6¼, Greg Ellis (Menlo-Atherton), 1980
 All-Time National HS Best: 18-1¼, Joe Dial (Marlow, Ok), 1981
 All-Time State HS Best: 17-4¼, Anthony Curran (Crespi Carmelite, Encino), 1978
 All-Time NorCal HS Best: 16-1 3/4, Bert Tardieu (Del Mar), 1978

Order	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
1.	12	John Tepoorten (Hillsdale)	12-0	_____
2.	12	Robert Cattarin (Hillsdale)	12-0	_____
3.	11	Shawn Lewis (Mills)	12-6	_____
4.	12	Andy Sythe (Los Gatos)	13-0	_____
5.	12	Jeff Powell (Aptos)	13-0	_____

Flight II

1.	12	Albert Morales (North Monterey County)	13-0	_____
2.	12	Rick Galvez (Menlo-Atherton)	13-6	_____
3.	12	David Underwood (Leigh)	13-6	_____
4.	10	Mark Coulter (Gunderson)	13-6	_____
5.	12	Joe Anacleto (Gilroy)	13-6	_____

Flight III

1.	12	Pat Creel (Mills)	13-7	_____
2.	11	Dan Larson (Monta Vista)	14-0	_____
3.	10	George Bassett (Saratoga)	14-0	_____
4.	12	Ken Staal (Live Oak)	14-0	_____
5.	12	Don Weckler (Westmont)	14-0	_____
6.	11	Mike Kibort (Saratoga)	15-7	_____

PAST CCS CHAMPIONS

1966	14-0	Don Wells (King City)
1967	14-4½	Tod Peterson (Los Altos)
1968	14-1½	Sam Albanese (King City)
1969	15-0½	Sam Albanese (King City)
1970	14-10	Carl Goldstone (San Mateo)
1971	15-5¼	Roger Martin (Camden)
1972	14-4	Paul Johnson (Del Mar)
1973	15-0	Scott Turner (Del Mar)
1974	14-4	John Bell (Lynbrook)
1975	14-6	Steve Oravetz (Campbell)
1976	15-0	Todd Lovejoy (Del Mar)
1977	15-3	Jim Westlund (Fremont)
1978	15-6¼	Bert Tardieu (Del Mar)
1979	15-6	Greg Ellis (Menlo-Atherton)
1980	15-6¼	Greg Ellis (Menlo-Atherton)
1981	15-2	Marc Anderson (Buchser)

ALL-TIME CCS LIST

16-1¼	Bert Tardieu (Del Mar) '78
15-9	Roger Martin (Camden) '71
15-8½	Mike Kibort (Saratoga) '82
15-6¾	Mitch Preclado (Homestead) '78
15-6¼	Ross McAlexander (Monta Vista) '7
15-6¼	Greg Ellis (Menlo-Atherton) '80
15-6¼	Larry Hintz (Buchser) '73
15-6¼	D.J. Behl (Awalt) '80
15-6	Jim Lydon (San Mateo) '69
15-6	Blake Fearnside (Del Mar) '77
15-6	Ben Mahoney (St. Francis) '80

BOYS JUMP

National Federation Record: 52-10½, Charles Mayfield (Muir, Pasadena), 1980
 CCS Meet Record: 50-½, Ken Taylor (Yerba Buena), 1981
 All-Time National HS Best: 53-4½, Sanya Owolabi (Slyp Hllw, N Tarrytown, NY), 1978
 All-Time State HS Best: 52-3½, Charles Mayfield (Muir, Pasadena), 1980
 All-Time NorCal HS Best: 52-4 3/4, Ken Frazier (Mission, San Francisco), 1981

Order	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
Flight I				
1.	12	Paul Scaroni (King City)	44-½	
2.	12	Scott Cooper (Terra Nova)	44-4½	
3.	12	Paul Heras (Overfelt)	44-4½	
4.	12	Allen Christensen (North Monterey County)	44-5½	
5.	12	Phil Wheeler (Leland)	44-6½	
Flight II				
1.	11	Richard Jett (San Mateo)	44-6½	
2.	11	Bruce Furukawa (Serra)	44-10½	
3.	12	Reggie Bynum (Independence)	44-11	
4.	11	Jeff Rossman (St. Francis)	45-1	
5.	12	Fred Chen (Mountain View)	45-3	
Flight III				
1.	12	Albert Morales (North Monterey County)	45-9	
2.	12	Jeff Plaskett (Lynbrook)	45-9½	
3.	12	Greg Roy (Gunn)	45-11	
4.	11	Chris Mooring (Mt. Pleasant)	46-5½	
5.	12	Ed Berry (Carlmont)	47-2	
6.	12	Larry Weldon (Silver Creek)	47-4 3/4	

PAST CCS CHAMPIONS

(Event first held in 1968)

1968	46-9¾	Chuck Steffes (Sunnyvale)
1969	45-8	Rod Utley (Cupertino)
1970	48-9½	Craig Conway (Cupertino)
1971	49-5	Craig Conway (Cupertino)
1972	47-5¾	John Triplett (Branham)
1973	48-11½	Kevin McCarthy (Cupertino)
1974	47-7¼	Nathan Johnson (Seaside)
1975	49-8	Myrt Easley (Woodside)
1976	47-9½	Tony Veccheit (Los Altos)
1977	49-2¼	Paul Bates (Menlo-Atherton)
1978	49-6¾	Myron Porter (Willow Glen)
1979	48-8¼	Myron Porter (Willow Glen)
1980	47-8¼	Victor Torres (Silver Creek)
1981	50-0¼	Ken Taylor (Yerba Buena)

ALL-TIME CCS LIST

50-¾	Peter Moreno (Lick) '76
50-½	Ken Taylor (Yerba Buena) '81
49-11½	Craig Conway (Cupertino) '71
49-8	Myrt Easley (Woodside) '75
49-6¾	Myron Porter (Willow Glen) '78
49-4½	Dale Krebs (Gunn) '71
49-4	Kevin McCarthy (Cupertino) '73
49-3½	Harry Freeman (Santa Clara) '69
49-2¾	Paul Bates (Menlo-Atherton) '77
49-¾	Loren Leberherz (Serramonte) '77
Wind-aided:	
50-7¼	Harry Freeman (Santa Clara) '69
50-1¼	Peter Moreno (Lick) '76
50-0	Larry Weldon (Silver Creek) '62
49-5¾	Junior Rojas (Overfelt) '75
49-1¼	John LeGrande (Westmont) '73

GIRLS SHOT PUT

National Federation Record: 52-4½, Natalie Kaaiawahia (Fullerton), 1981
 CCS Meet Record: 42-2½, Cindi Durchslag (San Carlos), 1981
 All-Time National HS Best: 52-4½, Natalie Kaaiawahia (Fullerton), 1981
 All-Time State HS Best: 52-4½, Natalie Kaaiawahia (Fullerton), 1981
 All-Time NorCal HS Best: 45-5 3/4, Denise Holloway (Blackford, San Jose), 1975

Order	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
<u>Flight I</u>				
1.	12	Kesaia Uimahi (Mills)	34-10	_____
2.	12	Janice Louie (Westmoor)	34-10½	_____
3.	10	Joan Scibetta (Marello)	35-1½	_____
4.	10	Danette Vercher (Gunn)	35-9	_____
5.	9	Melinda Beckenhauer (Los Altos)	36-7½	_____
<u>Flight II</u>				
1.	11	Jackie Hale (San Lorenzo Valley)	36-11	_____
2.	12	Felicia Hamilton (Jefferson)	37-7	_____
3.	12	Ingrid Bailey (Willow Glen)	37-8½	_____
4.	11	Jena Wince (Pioneer)	38-1	_____
5.	11	Kari Bowers (Mt. Pleasant)	38-3½	_____
<u>Flight III</u>				
1.	11	Anna Shaffer (Oak Grove)	38-7½	_____
2.	11	Marlene Coulter (Yerba Buena)	39-3½	_____
3.	10	Carol Manaea (Seaside)	40-7	_____
4.	10	Latonia Floyd (Oak Grove)	40-10½	_____
5.	12	Cindi Durchslag (San Carlos)	41-8	_____
6.	12	Jill Crisler (Gunn)	43-3	_____

PAST CCS CHAMPIONS

8-pound shot (1974-79):		
1974	37-2½	* Kathy Kuchta (King City)
1975	39-9½	* Kathy Kuchta (King City)
1976	43-9	Marla Garcia (Harbor)
1977	43-4	* Sue Springer (Salinas)
1978	44-11¼	* Sue Springer (Salinas)
1979	45-2¼	Sue Springer (Salinas)
4-kilogram shot (1980-present):		
1980	39-6	Deanna Ramirez (Hill)
1981	42-2½	* Cindi Durchslag (San Carlos)

ALL-TIME CCS LIST

45-5¼	Denise Holloway (Blackford) '75
44-8	* Carol Manaea (Seaside) '82
43-6	Jill Crisler (Gunn) '82
43-4½	* Cindi Durchslag (San Carlos) '81
42-9	Gia Carrozzi (Carimont) '81
42-7	Ingrid Bailey (Willow Glen) '82
42-6	* Marlene Coulter (Yerba Buena) '82
42-1	* Linda Langford (Leigh) '88
41-5½	* Felicia Hamilton (Jefferson) '82
41-4	*** Latonia Floyd (Oak Grove) '81

GIRLS TRIPLE JUMP

(New event)

<u>Order</u>	<u>Yr</u>	<u>Athlete (School)</u>	<u>Reg. Qual. Mark</u>	<u>CCS Finish</u>
<u>Flight I</u>				
1.	10	Margit Bode (Terra Nova)	33-0	_____
2.	12	Rosaline Broussard (Westmoor)	33-1½	_____
3.	12	Kelley McCullough (Seaside)	33-8	_____
4.	10	Mary Wilkinson (King City)	34-3½	_____
5.	10	Danielle Sharkey (Gunderson)	34-11	_____
<u>Flight II</u>				
1.	12	Stacey Threadgill (Mitty)	34-11	_____
2.	9	Janis Diggs (Salinas)	35-½	_____
3.	10	Elsa Durante (Homestead)	35-1	_____
4.	11	Donna Campbell (Overfelt)	35-6½	_____
5.	11	Lisa Yarbrough (Overfelt)	35-6 ¾	_____
<u>Flight III</u>				
1.	10	Melinda Wendling (Leland)	35-8½	_____
2.	9	Debbie Derfelt (Santa Teresa)	35-10½	_____
3.	9	Leslie Maxie (Mills)	36-1	_____
4.	11	Jane Wood (Cupertino)	36-1½	_____
5.	10	Margaret Ruden (Homestead)	36-8	_____
6.	10	Wendy Brown (Woodside)	39-5½	_____

BOYS 440-YARD RELAY

National Federation Record: 40.2, Lincoln (Dallas), 1970
 CCS Meet Record: 41.6, Woodside, 1975
 All-Time National HS Best: 40.2, Lincoln (Dallas), 1970
 All-Time State HS Best: 41.10+ (40.86m), Berkeley, 1981
 All-Time NorCal HS Best: 41.10+ (40.86m), Berkeley, 1981

TWO SECTIONS -- FINAL PLACINGS DETERMINED BY TIME

<u>Lane</u>	<u>School</u>	<u>Reg. Qual. Mark</u>	<u>CCS Finish</u>
<u>Section I</u>			
1.	North Salinas	43.7	43.95
2.	Westmont	43.6	
3.	Stevenson	43.5	
4.	Hillsdale	43.4	43.38
5.	San Carlos	43.4	43.32
6.	Saratoga	43.5	
7.	Leigh	43.8	45.1
8.	St. Ignatius	44.1	44.11
<u>Section II</u>			
1.	Gunn	43.2	
2.	Silver Creek	42.8	42.48
3.	Seaside	42.8	42.48
4.	Independence	42.2	42.30
5.	Carlmont	42.4	42.0
6.	Westmoor	42.9	42.52
7.	Mt. Pleasant	43.1	43.77
8.	South San Francisco	43.4	42.63

PAST CCS CHAMPIONS

(Event first held in 1968)

1968	42.8	Menlo-Atherton
1969	42.6	Santa Cruz
1970	42.5	Overfelt
1971	42.6	Monterey
1972	42.1	Silver Creek
1973	42.3	Los Altos
1974	42.7	Yerba Buena
1975	41.6	Woodside
1976	41.7	Piedmont Hills
1977	42.40	Silver Creek
1978	42.3	Mt. Pleasant
1979	42.07	Cubberley
1980	42.03	Silver Creek
1981	42.70	Independence

ALL-TIME CCS LIST

+ = converted from 400 meters

41.6	Woodside '75
41.7	Piedmont Hills '76
41.94	Mt. Pleasant '76
42.01+	Silver Creek '80
42.07	Cubberley '79
42.07	Woodside '80
42.0	Silver Creek '72
42.0	Yerba Buena '76
42.21	Silver Creek '77
42.1	Monterey '72

GIRLS 440-YARD RELAY

National Federation Record: 45.13m, Berkeley, 1981
 CCS Meet Record: 47.7, Hill, 1978
 All-Time National HS Best: 45.30+ (45.13m), Berkeley, 1981
 All-Time State HS Best: 45.30+ (45.13m), Berkeley, 1981
 All-Time NorCal HS Best: 45.30+ (45.13m), Berkeley, 1981

TWO SECTIONS -- FINAL PLACINGS DETERMINED BY TIME

Lane	School	Reg. Qual. Mark	CCS Finish
<u>Section I</u>			
1.	King City	50.9	51.56
2.	Gilroy	50.9	
3.	Live Oak	50.7	50.20
4.	Santa Clara	50.4	50.82
5.	San Mateo	50.6	
6.	Independence	50.8	
7.	Mt. Pleasant	50.9	50.90
8.	Del Mar	51.2	51.24
<u>Section II</u>			
1.	San Carlos	49.7	
2.	Carlmont	49.3	48.84
3.	Silver Creek	49.2	48.09
4.	Saratoga	48.3	48.08
5.	Hillsdale	49.1	48.91
6.	Seaside	50.4	N.T.
7.	Overfelt	49.4	48.59
8.	Jefferson	50.4	

PAST CCS CHAMPIONS

1974	50.5	Menlo-Atherton
1975	50.3	Harbor
1976	49.5	Harbor
1977	48.44	Silver Creek
1978	47.7	Hill
1979	48.72	Fremont
1980	48.49	San Carlos
1981	48.53	San Carlos

ALL-TIME CCS LIST

+ = converted from 400 meters

47.15	Hill '78
48.29	Silver Creek '77
48.2	Lynbrook '78
48.49	San Carlos '80
48.53	San Carlos '81
48.3	Saratoga '82
48.4	Overfelt '81
48.4+	Saratoga '81
48.5+	Carlmont '81
48.5	Carlmont '82

BOYS 110-METER HIGH HURDLES

National Federation Record: 12.9y, Renaldo Nehemiah (SP-Fnwd, Sctch Plns, NJ), 1977
 CCS Meet Record: 13.8, Ron Kennedy (Serramonte), 1975
 All-Time National HS Best: 13.60, Thomas Wilcher (Central, Detroit), 1981
 13.3, Rod Wilson (Bartram, Philadelphia), 1979
 12.9y, Renaldo Nehemiah (SP-Fnwd, Sctch Plns, NJ), 1977
 All-Time State HS Best: 13.67, Dave Ashford (West Covina), 1981
 13.2y, Dedy Cooper (Ells, Richmond), 1975
 All-Time NorCal HS Best: 13.73, Don Ward (St. Mary's, Berkeley), 1980
 13.2y, Dedy Cooper (Ells, Richmond), 1975

TWO HEATS -- TOP FOUR (4) IN EACH HEAT QUALIFY FOR FINAL

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
Heat I				
1.	12	Greg Chatman (Leigh)	14.8	_____
2.	12	Doug Dunbar (Mt. Pleasant)	14.7	_____
3.	12	Shawn Curry (Mt. Pleasant)	14.1	_____
4.	11	Erick Montgomery (Independence)	13.9	_____
5.	11	Pat Williams (Seaside)	15.1	_____
6.	12	Tom Kuwada (Gilroy)	15.4	_____
7.	12	John Cockerham (Seaside)	15.6	_____
8.	12	David Chesarek (Leigh)	14.9	_____
Heat II				
1.	11	John Ribera (Carlmont)	15.1	_____
2.	11	Ken Jones (Menlo-Atherton)	14.9	_____
3.	12	Ed Berry (Carlmont)	14.3	_____
4.	11	Rod Green (Palo Alto)	14.3	_____
5.	12	Andre Tabor (Capuchino)	14.9	_____
6.	11	Rob Durkin (St. Francis)	15.2	_____
7.	12	Joe Ceguerra (Westmoor)	15.3	_____
8.	11	Craig Branstrom (Half Moon Bay)	15.4	_____

ALL-TIME CCS LIST

y = hand-timed 120-yard race
 + = converted from 120 yards (auto times only)

13.6y..... Carl Florant (Palo Alto) '73
 13.7y..... Ron Kennedy (Serramonte) '75
 13.8y..... Ike Allmond (Serramonte) '73
 13.8y..... Tom Bobertz (Serramonte) '76
 13.9y..... Tony Hicks (Serramonte) '75
 13.9y..... Rod Green (Palo Alto) '82
 14.18+..... Malcolm Dixon (Sequoia) '78
 14.0y..... Steve Guthrie (Cupertino) '78
 14.34..... Gary Tucker (Sequoia) '81
 14.1..... John Zukowsky (Hillsdale) '80
 14.1..... Ron Seanez (Gilroy) '81
 14.1y..... Don Finley (Cupertino) '75
 14.1y..... Scott Monroy (Overfelt) '75
 14.1y..... Byron Hawkins (Burlingame) '76
 14.1y..... Richard Clark (Menlo-Atherton) '77
 14.1y..... Eric McPherson (Mt. Pleasant) '79
 14.1y..... Reggie Hawkins (Hillsdale) '81
 14.1y..... Erick Montgomery (Independence) '82

Wind-sided:
 13.7..... Erick Montgomery (Independence) '82
 13.8y..... Don Finley (Cupertino) '75

PAST CCS CHAMPIONS

y = 120-yard race

1966 14.2y..... Randy Well (Burlingame)
 1967 14.7y..... Randy White (Mills)
 1968 14.5y..... Jim Miller (Carlmont)
 1969 14.8y..... Chip Hough (Saratoga)
 1970 14.5y..... Vic Brooks (Los Altos)
 1971 14.5y..... Bill Wright (Silver Creek)
 1972 14.1y..... Ike Allmond (Serramonte)
 1973 14.1y..... Carl Florant (Palo Alto)
 1974 14.4y..... Mark Mildbrant (Cupertino)
 1975 13.8y..... Ron Kennedy (Serramonte)
 1976 14.3y..... Tom Bobertz (Serramonte)
 1977 14.37y..... Byron Hawkins (Burlingame)
 1978 14.0y..... Don Guthrie (Cupertino)
 1979 14.56y..... Eric McPherson (Mt. Pleasant)
 1980 14.50..... Reggie Hawkins (Hillsdale)
 1981 14.73..... Ron Seanez (Gilroy)

GIRLS 100-METER LOW HURDLES

National Federation Record: 13.6y, Carol Lewis (Willingboro, NJ), 1980
 13.6, Kim Turner (Mumford, Detroit), 1979
 CCS Meet Record: 13.9, Kim Costello (El Camino), 1978
 All-Time National HS Best: 12.95, Candy Young (Beaver Falls, Pa), 1979
 All-Time State HS Best: 13.71, Marlene Harmon (Thousand Oaks), 1980
 13.71, Sherifa Sanders (Berkeley), 1981
 13.4, Judy Young (Berkeley), 1980
 All-Time NorCal HS Best: 13.71, Sherifa Sanders (Berkeley), 1981
 13.4, Judy Young (Berkeley), 1980

TWO HEATS -- TOP FOUR (4) IN EACH HEAT QUALIFY FOR FINAL

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
<u>Heat I.</u>				
1.	10	Collette Maeder (Mercy)	15.1	
2.	11	Renay Schoenlein (Piedmont Hills)	14.8 ^{15.3}	
3.	12	Linda Luttrell (Sequoia)	14.5 ^{15.11}	15.06
4.	11	Roberta Eccles (Gunderson)	14.1 ^{14.59}	14.45
5.	12	Shawnell Trapp (North Salinas)	16.3	
6.	12	Laura Siefert (Valley Christian)	16.3	
7.	12	Janice Louie (Westmoor)	16.6	
8.	11	Lisa Yarbrough (Overfelt)	15.2	
<u>Heat II</u>				
1.	12	Debbie Beste (Willow Glen)	15.2	
2.	10	Rachael Bray (Los Altos)	15.0 ^{15.31}	
3.	12	Kathleen Bortolussi (Blackford)	14.7 ^{15.27}	15.37
4.	10	Wendy Brown (Woodside)	14.3 ^{15.0}	
5.	9	Leslie Maxie (Mills)	14.6 ^{14.26}	14.26
6.	10	Laura Sullivan (Mills)	15.9 ^{15.12}	15.10
7.	10	Maura Schapper (Notre Dame, Salinas)	16.6	
8.	10	Cynthia Solidarios (Mt. Pleasant)	15.2	

ALL-TIME CCS LIST

y = hand-timed 110-yard race
 + = converted from 110 yards (auto times only)
 13.75+..... Kris Costello (Lynbrook) '78
 13.87+..... Kim Costello (El Camino) '78
 14.18+..... Angel Kellen (Leland) '78
 14.29..... Leslie Maxie (Mills) '82
 14.31+..... Mary Crevelt (St. Francis) '79
 14.2y..... Karen Robinson (Branham) '81
 14.51+..... Veronica Soto (Gilroy) '79
 14.52..... Kathy Yuhas (Independence) '76
 14.52..... Gretchen Mills (Gunn) '80
 14.52..... Kim Horn (Soquel) '81
Wind-aided:
 13.99..... Leslie Maxie (Mills) '82
 13.9y..... Angel Kellen (Leland) '78
 14.0y..... Mary Crevelt (St. Francis) '79
 14.1..... Roberta Eccles (Gunderson) '82
 14.41..... Karen Robinson (Branham) '81
 14.50..... Linda Luttrell (Sequoia) '82

PAST CCS CHAMPIONS

80-yard LH (1974-78):
 1974 11.5..... Kathy Schentrup (Willow Glen)
 1975 11.0..... Kathy Schentrup (Willow Glen)
 1976 10.6..... Kris Costello (Lynbrook)
100-meter LH (1977-present):
y = 110-yard LH
 1977 14.25y..... Kris Costello (Lynbrook)
 1978 13.9y..... Kim Costello (El Camino)
 1979 14.39y..... Mary Crevelt (St. Francis)
 1980 14.52..... Gretchen Mills (Gunn)
 1981 14.52..... Kim Horn (Soquel)

BOYS 800 METERS

National Federation Record: 1:47.31, Pete Richardson (Berkeley), 1981
 CCS Meet Record: 1:50.7y, Rick Brown (Los Altos), 1970
 All-Time National HS Best: 1:47.31, Pete Richardson (Berkeley), 1981
 All-Time State HS Best: 1:47.31, Pete Richardson (Berkeley), 1981
 All-Time NorCal HS Best: 1:47.31, Pete Richardson (Berkeley), 1981

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
1.	12	Rudy Preciado (Santa Clara)	1:54.7	
2.	12	Willie Peggs (Seaside)	1:55.6	
3.	12	Randy Pangelina (Lick)	1:55.7	
4.	11	Rod Sellard (Bellarmine)	1:58.0	
5.	11	Lawrence Haggins (Menlo-Atherton)	1:55.5	
6.	12	Ron Green (Mt. Pleasant)	1:55.9	
7.	11	Jay Avenberg (San Lorenzo Valley)	1:56.3	
8.	12	Christian Hix (Half Moon Bay)	2:00.1	
1A.	12	Gary Lewis (Gunderson)	1:56.0	
2A.	12	Mike Andrews (Monterey)	1:57.3	
3A.	11	Matt Najarian (Homestead)	1:58.0	
4A.	11	Nathan Racine (Westmoor)	2:01.0	
5A.	12	Ed Flores (Prospect)	1:56.2	
6A.	10	Blair Bullock (Carlmont)	1:59.8	
7A.	11	Chris Spurlock (Bellarmine)	2:02.0	
8A.	11	Gregg Skarnas (Westmont)	1:56.4	

PAST CCS CHAMPIONS

y = 550-yard race

1966	1:55.7y	Fred James (Seaside)
1967	1:58.9y	Jerry Thompson (Cupertino)
1968	1:54.2y	* Rick Brown (Los Altos)
1969	1:55.9y	* Rick Brown (Los Altos)
1970	1:50.7y	Rick Brown (Los Altos)
1971	1:52.2y	Mike Tyrell (Saratoga)
1972	1:54.3y	Jack Wandro (Serra)
1973	1:53.2y	Malcolm Cleary (Stevenson)
1974	1:53.4y	Dave Hamilton (Leigh)
1975	1:51.4y	Conrad Suhr (Leigh)
1976	1:52.9y	Tom Light (Pacific Grove)
1977	1:53.2y	Bruce Jensen (Buchser)
1978	1:55.4y	* Benny Trujillo (Gilroy)
1979	1:55.3y	* Benny Trujillo (Gilroy)
1980	1:53.7	Bill Oliver (Los Gatos)
1981	1:53.8	Oran Woods (Milpitas)

ALL-TIME CCS LIST

+ = converted from 880 yards

1:50.0+	Rick Brown (Los Altos) '70
1:50.4+	Conrad Suhr (Leigh) '75
1:51.5+	Ralph Lee (San Mateo) '60
1:51.6+	Mike Tyrell (Saratoga) '71
1:51.6+	Randy Carlson (Westmont) '71
1:51.7+	Don Bowden (Lincoln) '54
1:51.9+	Jerry Tallon (Serra) '66
1:51.9+	Dave Hamilton (Leigh) '74
1:51.9+	Mark Stillman (Willow Glen) '77
1:52.1+	Dale Bennett (Los Altos) '65
1:52.1+	Larry Davis (Los Altos) '70

GIRLS 800 METERS

National Federation Record: 2:04.5, Joetta Clark (Columbia, Maplewood, NJ), 1980
 CCS Meet Record: 2:08.6, Tracy Weber (Lynbrook), 1981
 All-Time National HS Best: 2:01.82, Kim Gallagher (Uppr Dbln, Ft Wshngtn, Pa), 1981
 All-Time State HS Best: 2:02.29, Mary Decker (Orange), 1974
 All-Time NorCal HS Best: 2:04.37, Ann Regan (Camden, San Jose), 1977

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
1.	12	Stacey Threadgill (Mitty)	2:13.2	_____
2.	12	Sherrill Miller (Fremont)	2:15.5	_____
3.	11	Sharon Yaninek (Presentation)	2:19.9	_____
4.	12	Sherri Grijalva (North Salinas)	2:20.5	_____
5.	12	Krista Wendt (Leigh)	2:13.9	_____
6.	12	Maria King (Milpitas)	2:17.2	_____
7.	11	Karen Cantoni (Aptos)	2:22.0	_____
8.	11	Kim Mygatt (Castilleja)	2:25.9	_____
1A.	12	Mary Jo Barry (Leigh)	2:13.9	_____
2A.	9	Winnie Burns (Menlo-Atherton)	2:21.8	_____
3A.	12	Gwen Childs (Seaside)	2:25.8	_____
4A.	11	Michelle Kerley (El Camino)	2:26.3	_____
5A.	9	Karen Dowell (Santa Teresa)	2:15.1	_____
6A.	10	Madeleine Ostertag (Mercy)	2:22.2	_____
7A.	11	Carla Halford (Leland)	2:16.6	_____
8A.	9	Sharlene Rogers (Independence)	2:20.7	_____

20:11
 21:11
 21:11

PAST CCS CHAMPIONS

y = 890-yard race

1974	2:24.7y	Amy Huyck (Aptos)
1975	2:19.9y	Amy Huyck (Aptos)
1976	2:18.9y	Becky Barrett (Branham)
1977	2:11.5y	Ann Regan (Camden)
1978	2:10.3y	Ann Regan (Camden)
1979	2:09.0y	Ann Regan (Camden)
1980	2:09.9	Maria King (Ayer)
1981	2:08.6	Tracy Weber (Lynbrook)

ALL-TIME CCS LIST

+ = converted from 880 yards

2:04.37	** Ann Regan (Camden) '77
2:05.9	Francie Larrieu (Fremont) '70
2:08.6	Tracy Weber (Lynbrook) '81
2:09.4	Maria King (Milpitas) '81
2:09.7	Diana Figliomeni (Saratoga) '78
2:10.3+	Kathy Haughey (Blackford) '73
2:10.9+	Marquita Belk (Silver Creek) '78
2:11.3+	Vicki Eberly (Blackford) '73
2:11.6	Kerry Brogan (Los Altos) '80
2:11.8+	Krista Wendt (Leigh) '82
2:11.8	Sharon Yaninek (Presentation) '82

BOYS 100 METERS

National Federation Record: 10.2, Rod Richardson (Fair Park, Shreveport, La), 1980
 CCS Meet Record: 10.75, Eric Washington (Woodside), 1980
 All-Time National HS Best: 10.16, Houston McTear (Baker, Fl), 1976
 All-Time State HS Best: 10.39, Ken Robinson (Berkeley), 1981
 All-Time NorCal HS Best: 10.39, Ken Robinson (Berkeley), 1981

TWO HEATS -- TOP FOUR (4) IN EACH HEAT QUALIFY FOR FINAL

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
<u>Heat I</u>				
1.	12	Tony Miller (Mt. Pleasant)	11.0	
2.	11	Hilton Hong (Wilcox)	10.8 11.05	<u>11.21</u>
3.	12	Mike Caraway (Gunderson)	10.8	
4.	12	Tim Peoples (Silver Creek)	10.7 11.07	<u>11.06</u>
5.	12	Pat Hunter (South San Francisco)	11.1 11.06	<u>11.12</u>
6.	12	Tony Crayton (Aragon)	11.2	
7.	11	Kirk Smith (St. Ignatius)	11.3	
8.	12	John Anderson (Willow Glen)	11.0 11.22	
<u>Heat II</u>				
1.	11	Jeff Lovelace (Palo Alto)	11.1	
2.	11	Kevin Roberts (Westmont)	10.9 11.13	
3.	12	Buster Jamison (Carlmont)	10.8	<u>11.05</u>
4.	12	Tom Mell (Gunn)	10.8 10.93	<u>11.12</u>
5.	12	Joe Price (Seaside)	11.0 10.94	<u>11.16</u>
6.	12	James Baker (Stevenson)	11.1 11.00	
7.	12	Ulysses Johnson (Seaside)	11.2	
8.	11	Peter Jeter (St. Ignatius)	11.4	

PAST CCS CHAMPIONS

y = 100-yard race

1966	9.9y	Jim Marshall (Ravenswood)
1967	9.7y	* Brad Lyman (Los Altos)
1968	9.9y	Brad Lyman (Los Altos)
1969	10.2y	Al Marshall (Santa Cruz)
1970	9.7y	* Chuck Bommarito (Crestmoor)
1971	9.8y	Chuck Bommarito (Crestmoor)
1972	9.7y	* Millard Hampton (Silver Creek)
1973	9.7y	* Millard Hampton (Silver Creek)
1974	9.8y	Millard Hampton (Silver Creek)
1975	9.6y	* Keith Taylor (Piedmont Hills)
1976	9.8y	Glenn Cannon (Mt. Pleasant)
1977	10.03y	Dwayne Green (Ayer)
1978	9.7y	Dwayne Taylor (Overfelt)
1979	9.56y	Bill Green (Cubberley)
1980	10.75	Eric Washington (Woodside)
1981	10.81	Reggie Grimes (Hill)

ALL-TIME CCS LIST

* = ineligible athlete

10.2	Bill Gaines (San Jose) '68
10.57	Ken Smith (Palo Alto) '81
10.59	Bill Green (Cubberley) '79
10.4	Carl Montgomery (South San Francisco) '80
10.73	Eric Washington (Woodside) '80
10.5	Millard Hampton (Silver Creek) '74
10.5	Glenn Cannon (Mt. Pleasant) '76
10.5	Reggie Grimes (Hill) '81
10.5	Ken Williams (Mt. Pleasant) '82
10.84	* Gregg Chow (Prospect) '81
Wind-aided:	
10.3	Millard Hampton (Silver Creek) '74
10.61	Carl Montgomery (South San Francisco) '80
10.62	Reggie Grimes (Hill) '81
10.78	* Gregg Chow (Prospect) '81

GIRLS 100 METERS

National Federation Record: 11.42, Sharon Ware (Berkeley), 1980
 CCS Meet Record: 11.9, Julie Middleton (San Mateo), 1981
 All-Time National HS Best: 11.13, Chandra Cheeseborough (Rblt, Jcksnl, Fl), 1976
 All-Time State HS Best: 11.34, Sharon Ware (Berkeley), 1980
 All-Time NorCal HS Best: 11.34, Sharon Ware (Berkeley), 1980

TWO HEATS -- TOP FOUR (4) IN EACH HEAT QUALIFY FOR FINAL

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
<u>Heat I</u>				
1.	11	Vivian Riley (Mt. Pleasant)	12.2 12.12	_____
2.	11	Tia Williams (Silver Creek)	12.0 12.46	_____
3.	12	Karen Carr (Overfelt)	12.0 12.06	_____
4.	12	Gurtha Pounds (Live Oak)	11.7 12.00	_____
5.	12	Julie Coy (Gilroy)	12.5	_____
6.	12	Toni Webster (South San Francisco)	12.5x	_____
7.	10	Debbie Dyson (Hillsdale)	12.8x	_____
8.	9	Mina Hutchins (Independence)	12.3	_____
<u>Heat II</u>				
1.	12	Johnetta Clark (Palo Alto)	12.6x	_____
2.	11	Karen Vines (Carlmont)	12.4 12.63	_____
3.	11	Claudia Jordan (San Carlos)	12.3 12.58	_____
4.	12	Liz Chewing (Saratoga)	12.2 12.56	_____
5.	12	Julie Middleton (San Mateo)	12.4 12.16	_____
6.	12	Lisa Morinini (King City)	12.5x	_____
7.	11	Janet Johnson (Seaside)	12.7x	_____
8.	12	Debbie Monk (Prospect)	12.3x	_____

ALL-TIME CCS LIST

11.5.....*** Elaine Parker (Oceana) '75
 11.8.....** Kella Bolton (Oceana) '76
 11.8.....* Gurtha Pounds (Live Oak) '81
 11.8.....* Julie Middleton (San Mateo) '81
 11.9.....* Vivian Riley (Mt. Pleasant) '82
 12.0.....* Ronda Robinson (San Carlos) '80
 12.0.....** Liz Chewing (Saratoga) '80
 12.0..... Karen Carr (Overfelt) '82
 12.27..... Deirdre Donahue (Los Gatos) '81
 12.32.....* Lola Rockwell (Gunn) '79
 12.32.....* Kelli Abruzzini (Gilroy) '81

Wind-aided:

11.63..... Kella Bolton (Hill) '78
 11.65.....** Elaine Parker (Oceana) '76
 11.81.....* Gurtha Pounds (Live Oak) '81
 11.96..... Julie Middleton (San Mateo) '82
 12.04..... Ronda Robinson (San Carlos) '81
 11.8.....* Vivian Riley (Mt. Pleasant) '82
 11.9..... Karen Carr (Overfelt) '82
 12.0..... Felicia Smartt (Silver Creek) '81
 12.0.....* Tia Williams (Silver Creek) '82

PAST CCS CHAMPIONS

y = 100-yard race

1974 11.5y..... Beverly James (Silver Creek)
 1975 11.1y..... Mary Ellis (Yerba Buena)
 1976 11.2y.....** Kris Costello (Lynbrook)
 1977 11.18y.....* Eloise Mallory (Silver Creek)
 1978 10.4y..... Kella Bolton (Hill)
 1979 11.16y.....* Lola Rockwell (Gunn)
 1980 12.38.....** Gurtha Pounds (Live Oak)
 1981 11.9.....* Julie Middleton (San Mateo)

BOYS 400 METERS

National Federation Record: 45.5, Anthony Ketchum (Needville, Tx), 1981
 CCS Meet Record: 46.73y, Bill Green (Cubberley), 1979
 All-Time National HS Best: 45.51, Bill Green (Cubberley, Palo Alto), 1979
 All-Time State HS Best: 45.51, Bill Green (Cubberley, Palo Alto), 1979
 All-Time NorCal HS Best: 45.51, Bill Green (Cubberley, Palo Alto), 1979

TWO SECTIONS -- FINAL PLACINGS DETERMINED BY TIME

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
<u>Section I</u>				
1.	11	Mike Maguire (Monta Vista)	50.2	_____
2.	12	John Dickinson (Mt. Pleasant)	50.0	_____
3.	11	Jim Reyes (Independence)	49.9	_____
4.	12	Mike Caraway (Gunderson)	49.7	_____
5.	11	Ken Pope (Menlo-Atherton)	49.9	_____
6.	11	Ray Farris (San Carlos)	50.0	_____
7.	10	Mike Davidson (Bellamine)	50.0	_____
8.	11	Karl Volk (Branham)	50.6	_____
<u>Section II</u>				
1.	12	Bill Shirley (Aptos)	49.5	_____
2.	12	Michael Green (Hillsdale)	49.4	_____
3.	11	Sheldon Griffith (Santa Clara)	49.0	_____
4.	11	Kerry Threats (Westmoor)	48.8	_____
5.	11	James Cooper (Piedmont Hills)	49.0	_____
6.	12	William Jones (Monterey)	49.2	_____
7.	12	Geoff Norton (Seaside)	49.5	_____
8.	11	Paul Patton (Aragon)	49.7	_____

PAST CCS CHAMPIONS

y = 440-yard race

1966	49.8y	Bill Chapman (Los Altos)
1967	49.6y	Randy White (Mills)
1968	49.5y	Frank Hughes (Cupertino)
1969	48.8y	* Benny Brown (Sunnyvale)
1970	47.1y	Rick Brown (Los Altos)
1971	48.2y	Benny Brown (Sunnyvale)
1972	48.7y	Kenny Williams (Mt. Pleasant)
1973	49.1y	John Strilla (Buchser)
1974	49.5y	Don MacKenzie (Menlo-Atherton)
1975	48.2y	* Don Coulter (Harbor)
1976	47.8y	Keith Taylor (Piedmont Hills)
1977	48.99y	Pat Holcombe (Hill)
1978	47.0y	* Bill Green (Cubberley)
1979	46.73y	Bill Green (Cubberley)
1980	47.79	* Anthony Toney (North Salinas)
1981	48.39	* Kerry Threats (Westmoor)

ALL-TIME CCS LIST

+ = converted from 440 yards	
45.51	Bill Green (Cubberley) '79
46.7+	Lee Evans (Overfelt) '65
46.9+	Rick Brown (Los Altos) '70
47.0+	Benny Brown (Sunnyvale) '71
47.3+	Frank Hughes (Cupertino) '68
47.47+	Art Nicholson (Menlo-Atherton) '79
47.60	Harry Campbell (Mt. Pleasant) '80
47.74	Rod M. Green (Palo Alto) '80
47.6+	Carlos Tan (St. Ignatius) '56
47.6+	Jim Andrew (Los Altos) '70
47.6+	Keith Taylor (Piedmont Hills) '76

GIRLS 400 METERS

National Federation Record: 52.90, Denean Howard (Kennedy, Granada Hills), 1982
 CCS Meet Record: 54.99, Sherrill Miller (Fremont), 1980
 All-Time National HS Best: 50.90, Sheila Ingram (Coolidge, Washington, DC), 1976
 All-Time State HS Best: 51.09, Sherri Howard (San Geronimo, San Bernardino), 1979
 All-Time NorCal HS Best: 53.12, Freida Cobbs (Berkeley), 1978
 52.1, Kathy Hammond (Mira Loma, Sacramento), 1969

TWO SECTIONS -- FINAL PLACINGS DETERMINED BY TIME

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
<u>Section I</u>				
1.	11	Barbara Williams (Seaside)	60.8	_____
2.	12	Lady Dillard (Leland)	59.6	_____
3.	10	Kim Kistler (Mitty)	59.0	_____
4.	10	Lanette Davis (Del Mar)	58.5	_____
5.	12	Eurdell Jackson (Silver Creek)	58.8	_____
6.	12	Janet Corsiglia (Mitty)	59.3	_____
7.	12	Mimi Ballengee (King City)	60.3	_____
8.	9	Kim Williams (Terra Nova)	61.7	_____
<u>Section II</u>				
1.	11	Kate Brew (Los Altos)	57.9	_____
2.	12	Brenda Brewer (Hillsdale)	56.0	_____
3.	9	Kristen Dowell (Santa Teresa)	58.1	_____
4.	9	Leslie Maxie (Mills)	54.9	_____
5.	10	Nora Williams (Menlo-Atherton)	56.2	_____
6.	12	Cathy Dee (Santa Catalina)	60.2	_____
7.	12	Sherrill Miller (Fremont)	57.8	_____
8.	12	Karen Turner (Carlmont)	58.2	_____

PAST CCS CHAMPIONS

y = 440-yard race

1974	59.8y	Sharon Nichols (Menlo-Atherton)
1975	57.4y	Lezli Peterson (Harbor)
1976	56.0y	Marquita Belk (Silver Creek)
1977	56.12y	Marquita Belk (Silver Creek)
1978	55.7y	Marquita Belk (Silver Creek)
1979	56.79y	Sherrill Miller (Fremont)
1980	54.99	Sherrill Miller (Fremont)
1981	55.74	Brenda Brewer (Hillsdale)

ALL-TIME CCS LIST

+ = converted from 440 yards

53.8	Leslie Maxie (Mills) '82
54.2+	Marquita Belk (Silver Creek) '75
54.38	Sherrill Miller (Fremont) '80
54.6	Brenda Brewer (Hillsdale) '82
55.4+	Ann Regan (Camden) '78
55.6+	Lezli Peterson (Harbor) '75
56.0+	Linda Wooten (Mountain View) '71
56.0	Cyndy Poor (Saratoga) '71
56.0	June Bonacich (Monta Vista) '74
56.2	Nora Williams (Menlo-Atherton) '82

BOYS 2 MILES

National Federation Record: 8:41.5, Steve Prefontaine (Mrshfld, Coos Bay, Or), 1969
 CCS Meet Record: 9:01.6, Gordon MacMitchell (Gunn), 1973
 All-Time National HS Best: 8:36.3, Jeff Nelson (Burbank), 1979
 All-Time State HS Best: 8:36.3, Jeff Nelson (Burbank), 1979
 All-Time NorCal HS Best: 8:46.5, Richard Kimball (De La Salle, Concord), 1974

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
1.	12	Robert Andersen (Santa Teresa)	9:25.5	_____
1A.	12	Scott Marconda (Menlo School)	9:38.3	_____
2.	10	Troy Curran (York)	9:45.6	_____
2A.	10	Paul Ghidossi (Capuchino)	9:46.0	_____
3.	11	Mike Livingston (Willow Glen)	9:26.6	_____
3A.	12	Todd Fitchen (Lynbrook)	9:45.6	_____
4.	12	Lian Collopy (Serra)	9:47.7	_____
4A.	11	Mike Rome (San Lorenzo Valley)	9:48.9	_____
5.	12	Brian Bergstrom (Los Gatos)	9:27.3	_____
5A.	10	Shawn Ayers (Bellarmine)	9:48.3	_____
6.	12	Chris Santos (Harbor)	9:49.0	_____
6A.	10	Doug Gollither (Saratoga)	9:49.1	_____
7.	10	Tom Legan (Independence)	9:27.4	_____
7A.	12	Bill Benevento (Bellarmine)	9:50.6	_____
8.	12	Chris McCracken (Los Altos)	9:58.5	_____
8A.	10	Chris Craig (Leigh)	9:28.4	_____

PAST CCS CHAMPIONS

1967	9:30.0	Ted Lydon (San Mateo)
1968	9:13.0	*Chris Carey (Carlmont)
1969	9:24.0	Jack Larson (Fremont)
1970	9:25.0	Bob McCarthy (St. Francis)
1971	9:32.8	*Bob Ebert (Willow Glen)
1972	9:07.8	Steve Brooks (Mt. Pleasant)
1973	8:01.6	Gordon MacMitchell (Gunn)
1974	9:00.8	*Mitch Kingery (San Carlos)
1975	9:05.1	Ron Fritzke (Leigh)
1976	9:13.3	Bob Paulin (Camden)
1977	9:05.4	*Ken Holladay (Gilroy)
1978	9:02.6	*Carlos Carrasco (Mt. Pleasant)
1979	9:15.3	*Fernando Balderas (San Jose)
1980	9:14.3	Jeff Magallanes (Seaside)
1981	9:03.4	Mike McCollum (Palo Alto)

PAST CCS CROSS COUNTRY CHAMPIONS

1966		*Nick Yray (Live Oak)
1968		Bill Mackey (Leigh)
1967		Rich Jurgens (Mills)
1969		Jack Larson (Fremont)
1970		Bob McCarthy (St. Francis)
1971		Hans Templeman (Carlmont)
1972		Jack Bellah (Leigh)
1973		** Mitch Kingery (San Carlos)
1974		* Mitch Kingery (San Carlos)
1975		Ron Fritzke (Leigh)
1976		Bob Paulin (Camden)
1977		* Carlos Carrasco (Mt. Pleasant)
1978		Bob Love (Carlmont)
1979		* Felix Soto (Mt. Pleasant)
1980		Fernando Balderas (San Jose)
1981		Mike McCollum (Palo Alto)
1981		* Grant Foster (Monta Vista)

ALL-TIME CCS LIST

+ = converted from 3200 meters	
8:55.21+	Jesse Torres (Independence) '81
8:57.4	Mitch Kingery (San Carlos) '75
8:57.8	Mike Ryan (Wilcox) '64 (fall)
8:59.25+	Mike McCollum (Palo Alto) '81
9:01.6+	Gordon MacMitchell (Gunn) '73
9:02.6	* Carlos Carrasco (Mt. Pleasant) '78
9:03.0	Jeff Curran (Los Altos) '74 (fall)
9:03.0	Ron Fritzke (Leigh) '75
9:04.82+	Nelson Bernal (Westmont) '81
9:06.0	Jerry Emory (Gunn) '75

GIRLS 2 MILES

National Federation Record: 10:09.8, Cheri Williams (Livermore), 1978
 CCS Meet Record: 10:36.6, Roxanne Bier (Independence), 1978
 All-Time National HS Best: 10:03.5, Mary Shea (Crdnl Gibbons, Raleigh, NC), 1979
 All-Time State HS Best: 10:09.8, Cheri Williams (Livermore), 1978
 All-Time NorCal HS Best: 10:09.8, Cheri Williams (Livermore), 1978

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
1.	12	Gretchen Nelson (San Mateo)	11:04.0	_____
1A.	9	Nanette Garcia (Silver Creek)	11:08.1	_____
2.	12	Esther Berndt (Gunn)	11:11.2	_____
2A.	11	Helen Muth (Soquel)	11:33.9	_____
3.	12	Linda Van Housen (Sacred Heart)	11:13.4	_____
3A.	11	Cory Schubert (Del Mar)	11:22.3	_____
4.	11	Susan Brodie (St. Francis)	11:25.5	_____
4A.	12	Susan Radford (Seaside)	11:51.8	_____
5.	12	Ruth Day (Willow Glen)	11:27.1	_____
5A.	10	Connie Buckler (Saratoga)	11:33.4	_____
6.	11	Karen McGough (Mills)	11:49.6	_____
6A.	11	Mona Lopez (Notre Dame, Salinas)	12:02.0	_____
7.	9	Therese Fisher (Los Gatos)	11:37.7	_____
7A.	10	Laura Burtness (Gunn)	11:44.3	_____
8.	11	Nora Baker (Del Mar)	11:44.7	_____
8A.	11	Andrea Heimbecker (Willow Glen)	11:46.7	_____

PAST CCS CHAMPIONS

(Event first held in 1977)

1977	11:08.6	***Roxanne Bier (Independence)
1978	10:37.8	**Roxanne Bier (Independence)
1979	10:36.6	*Roxanne Bier (Independence)
1980	10:46.8	Roxanne Bier (Independence)
1981	10:39.7	Carol Gleason (Lynbrook)

PAST CCS CROSS COUNTRY CHAMPIONS

1977	Irene Crowley (Overfelt)
1978	Kim Schnurpfell (San Mateo)
1979	*Kerry Brogan (Los Altos)
1980	*Linda Van Housen (Sacred Heart)
1981	Esther Berndt (Gunn)

ALL-TIME CCS LIST

10:33.3	*Roxanne Bier (Independence) '79
10:39.7	Carol Gleason (Lynbrook) '81
10:40.0	*Valerie Eberly (Los Gatos) '73
10:42.2	*Linda Van Housen (Sacred Heart) '81
10:46.2	***Kerry Brogan (Los Altos) '78
10:47.8	Jackie Dixon (Westmont) '72
10:48.0	Irene Crowley (Overfelt) '78
10:50.2	*Kim Schnurpfell (San Mateo) '78
10:51.1	***Estelita Guina (Presentation) '73
10:52.0	Amy Harper (Prospect) '79 (fall)

BOYS 330-YARD LOW HURDLES

National Federation Record: 35.79m, Walter Murray (Berkeley), 1981
 CCS Meet Record: 36.46, Ron Seanez (Gilroy), 1981
 All-Time National HS Best: 35.87, Bill Blessing (Hillcrest, Dallas), 1974
 All-Time State HS Best: 36.00+ (35.79m), Walter Murray (Berkeley), 1981
 All-Time NorCal HS Best: 36.00+ (35.79m), Walter Murray (Berkeley), 1981

TWO SECTIONS -- FINAL PLACINGS DETERMINED BY TIME

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
<u>Section I</u>				
1.	12	Robert Hiseman (North Salinas)	39.9	_____
2.	12	Russ Hauschild (Alisal)	39.5	_____
3.	12	Rick Risano (Palo Alto)	39.3	_____
4.	11	Paul Spagnoli (Mills)	39.2	_____
5.	12	Mike Martin (Jefferson)	39.2	_____
6.	12	Brian McKittrick (Terra Nova)	39.4	_____
7.	11	Tom Hayes (Milpitas)	39.5	_____
8.	12	Tim Mathew (Woodside)	39.9	_____
<u>Section II</u>				
1.	12	Doug Dunbar (Mt. Pleasant)	37.9	_____
2.	12	Shawn Curry (Mt. Pleasant)	37.3	_____
3.	12	Andre Tabor (Capuchino)	39.1	_____
4.	11	Erick Montgomery (Independence)	36.4	_____
5.	12	Geoff Norton (Seaside)	38.9	_____
6.	11	Ken Jones (Menlo-Atherton)	39.2	_____
7.	12	David Chesarek (Leigh)	37.6	_____
8.	12	Joel Greene (Del Mar)	38.6	_____

PAST CCS CHAMPIONS

180-yard LH (1966-74):

w = wind-aided

s = straight course

1966	19.1s	Randy Weil (Burlingame)
1967	18.6ws	Gene Delk (Hill)
1968	19.4	Tom Phillips (Homestead)
1969	19.8	Jim Petralia (Fremont)
1970	19.1	Julian Lucas (Gunn)
1971	18.9	* Scott Skillman (Campbell)
1972	19.1	Bart Pierce (Crestmoor)
1973	19.0	* Bill Napier (Lynbrook)
1974	19.7	* Dave Jakle (Los Altos)

330-yard LH (1975-present):

1975	37.0	Dave Jakle (Los Altos)
1976	37.3	* Andre Phillips (Silver Creek)
1977	36.50	Andre Phillips (Silver Creek)
1978	36.7	Troy Durio (Mt. Pleasant)
1979	37.85	Jim Walker (Aragon)
1980	37.40	* Ron Seanez (Gilroy)
1981	36.46	Ron Seanez (Gilroy)

ALL-TIME CCS LIST

+ = converted from 300 meters

36.43	Andre Phillips (Silver Creek) '77
36.46	Ron Seanez (Gilroy) '81
36.6+	* Erick Montgomery (Independence) '82
36.7	Troy Durio (Mt. Pleasant) '78
37.04	Mark Chapman (Yerba Buena) '77
37.0	Tony Hicks (Serramonte) '75
37.0	Dave Jakle (Los Altos) '75
37.0	Rick Luttrell (San Carlos) '78
37.1	Bill Ribera (Carlmont) '78
37.2	Don Finley (Cupertino) '75

GIRLS 330-YARD LOW HURDLES

National Federation Record: 41.44m, Gayle Kellon (Walnut), 1982
 CCS Meet Record: 44.47, Margaret Demorest (Buchser), 1981
 All-Time National HS Best: 41.69+ (41.44m), Gayle Kellon (Walnut), 1982
 All-Time State HS Best: 41.69+ (41.44m), Gayle Kellon (Walnut), 1982
 All-Time NorCal HS Best: 42.52+ (42.37m), Sherifa Sanders (Berkeley), 1981

*TWO SECTIONS -- FINAL PLACINGS DETERMINED BY TIME***

<u>Lane</u>	<u>Yr</u>	<u>Athlete (School)</u>	<u>Reg. Qual. Mark</u>	<u>CCS Finish</u>
<u>Section I</u>				
1.	10	Gina Starr (Marello)	48.9	_____
2.	12	Lisa Morinini (King City)	48.1	_____
3.	11	Debby Whalen (Saratoga)	47.7	_____
4.	12	Camile McGowan (Westmont)	47.0	_____
5.	10	Laura Sullivan (Mills)	47.4	_____
6.		Newman (Mountain View)	47.8	_____
7.	12	Nicole Lucey (Burlingame)	48.5	_____
8.	11	Renay Schoenlein (Piedmont Hills)	48.8	_____
<u>Section II</u>				
1.	12	Velana Ferro (Santa Teresa)	46.4	_____
2.	11	Heidi Waterfield (Homestead)	45.0	_____
3.	11	Sharon Yaninek (Presentation)	47.3	_____
4.	11	Roberta Eccles (Gunderson)	44.0	_____
5.	10	Margaret Ruden (Homestead)	45.1	_____
6.	11	Tricia Ray (Harbor)	47.5	_____
7.	12	Kathleen Bortolussi (Blackford)	45.4	_____
8.	12	Debbie Beste (Willow Glen)	46.8	_____

PAST CCS CHAMPIONS
 (Event first held in 1981)
 1981 44.47..... Margaret Demorest (Buchser)

ALL-TIME CCS LIST
 + = converted from 300 meters
 43.43+..... Margaret Demorest (Buchser) '81
 44.2+..... Roberta Eccles (Gunderson) '82
 44.5+..... Carolyn Bing (Lynbrook) '76
 45.1..... Margaret Ruden (Homestead) '82
 45.32..... Heidi Waterfield (Homestead) '81
 45.39..... Beth Miller (Carlmont) '81
 45.2+..... Julie Johnson (Monta Vista) '81
 45.5+..... Kim Horn (Soquel) '81
 45.6+..... Kathleen Bortolussi (Blackford) '82
 45.79..... Cindy Lee (Westmoor) '81

BOYS 200 METERS

National Federation Record: 20.5y, Dwayne Evans (S Mountain, Phoenix, Az), 1976
 CCS Meet Record: 20.9y, Millard Hampton (Silver Creek), 1974
 All-Time National HS Best: 20.22, Dwayne Evans (S Mountain, Phoenix, Az), 1976
 All-Time State HS Best: 20.68+ (20.80y), James Sanford (Pasadena), 1977
 All-Time NorCal HS Best: 20.81, Kevin Willhite (Cordova, Rancho Cordova), 1981

TWO HEATS -- TOP FOUR (4) IN EACH HEAT QUALIFY FOR FINAL

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
<u>Heat I</u>				
1.	12	Vernon Norwood (Oak Grove)	22.2	_____
2.	12	Mike Caraway (Gunderson)	22.1 22.09	_____
3.	12	Tim Peoples (Silver Creek)	21.7	_____
4.	11	Jim Reyes (Independence)	21.6	_____
5.	11	Paul Patton (Aragon)	22.4	_____
6.	12	Tony Clayton (Aragon)	22.8	_____
7.	11	Jim Lubbe (Westmoor)	22.8	_____
8.	10	Kyle Haines (Prospect)	22.2	_____
<u>Heat II</u>				
1.	11	Mike Bostic (Menlo-Atherton)	22.6	_____
2.	12	James Baker (Stevenson)	22.3 22.24	_____
3.	12	Buster Jamison (Carlmont)	22.1 22.39	_____
4.	12	Joe Price (Seaside)	21.8 22.11	_____
5.	12	Tom Mell (Gunn)	22.1 21.81	_____
6.	12	William Jones (Monterey)	22.2	_____
7.	11	Jeff Lovelace (Palo Alto)	22.6	_____
8.	11	Kirk Smith (St. Ignatius)	22.9	_____

PAST CCS CHAMPIONS

y = 220-yard race
 s = straight course

1966	21.6ys	*Calvin Robinson (Overfelt)
1967	21.7ys	Byron Wilson (Santa Cruz)
1968	21.7y	Brad Lyman (Los Altos)
1969	22.7y	Al Marshall (Santa Cruz)
1970	21.6y	*Chuck Bommarito (Crestmoor)
1971	21.4y	Chuck Bommarito (Crestmoor)
1972	21.5y	*Millard Hampton (Silver Creek)
1973	21.6y	*Millard Hampton (Silver Creek)
1974	20.9y	Millard Hampton (Silver Creek)
1975	21.5y	*Keith Taylor (Piedmont Hills)
1976	21.6y	Glenn Cannon (Mt. Pleasant)
1977	21.63y	*Mark Stewart (Camden)
1978	21.5y	Bill Green (Cubberley)
1979	21.68y	*Carl Montgomery (South San Francisco)
1980	21.35	Eric Washington (Woodside)
1981	21.52	Reggie Grimes (Hill)

ALL-TIME CCS LIST

+ = converted from 220 yards	
20.8+	Millard Hampton (Silver Creek) '74
21.09	Bill Green (Cubberley) '79
20.9+	Glenn Cannon (Mt. Pleasant) '76
21.1+	Chuck Bommarito (Crestmoor) '71
21.1+	Keith Taylor (Piedmont Hills) '76
21.1+	Dwayne Green (Ayer) '77
21.35	Eric Washington (Woodside) '80
21.40	*Anthony Toney (North Salinas) '80
21.44+	Carl Montgomery (South San Francisco) '80
21.2+	John Figueroa (Sunnyvale) '64
21.2+	Don Coulter (Harbor) '78
21.2+	Andre Phillips (Silver Creek) '77
21.2+	*Dwayne Taylor (Overfelt) '77
<u>Wind-aided:</u>	
20.7	Millard Hampton (Silver Creek) '74
20.8+	Glenn Cannon (Mt. Pleasant) '76
21.0+	Keith Taylor (Piedmont Hills) '76
<u>Wind-aided and no smoke:</u>	
20.9+	Dwayne Green (Ayer) '77

GIRLS 200 METERS

National Federation Record: 23.19, Sherri Howard (Kennedy, Granada Hills), 1980
 CCS Meet Record: 23.9y, Kelia Bolton (Hill), 1978
 All-Time National HS Best: 22.77, Chandra Cheeseborough (Rblt, Jcksnvl, Fl), 1975
 All-Time State HS Best: 23.19, Sherri Howard (Kennedy, Granada Hills), 1980
 All-Time NorCal HS Best: 23.62, Sharon Ware (Berkeley), 1980

TWO HEATS -- TOP FOUR (4) IN EACH HEAT QUALIFY FOR FINAL

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
<u>Heat I</u>				
1.	11	Karen Vines (Carlmont)	25.7	_____
2.	9	Jenfer Clayton (Lynbrook)	25.6	_____
3.	12	Anita Bolton (Silver Creek)	25.0	_____
4.	12	Gurtha Pounds (Live Oak)	24.6	_____
5.	12	Julie Coy (Gilroy)	26.3	_____
6.	11	Janet Johnson (Seaside)	26.3	_____
7.	12	Cathy Dee (Santa Catalina)	26.7	_____
8.	12	Debbie Monk (Prospect)	26.7	_____
<u>Heat II</u>				
1.	12	Renee James (Los Gatos)	25.9	_____
2.	12	Karen Carr (Overfelt)	25.6	_____
3.	11	Claudia Jordan (San Carlos)	25.2	_____
4.	12	Liz Chewing (Saratoga)	24.9	_____
5.	12	Brenda Brewer (Hillsdale)	25.0	_____
6.	12	Julie Middleton (San Mateo)	25.7	_____
7.	12	Toni Webster (South San Francisco)	26.2	_____
8.	9	Yolanda Cunningham (Silver Creek)	26.7	_____

PAST CCS CHAMPIONS

y = 220-yard race
 w = wind-aided

1974	25.6y	Sue Hanley (Pioneer)
1975	25.3y	Mary Ellis (Yerba Buena)
1976	25.4y	* Kris Costello (Lynbrook)
1977	24.79y	* Kris Costello (Lynbrook)
1978	23.9y	Kelia Bolton (Hill)
1979	25.03y	Vanessa Woods (Jefferson)
1980	25.11w	* Gurtha Pounds (Live Oak)
1981	24.54	Ronda Robinson (San Carlos)

ALL-TIME CCS LIST

+ = converted from 220 yards

23.75	Kelia Bolton (Hill) '78
24.1	* Elaine Parker (Oceana) '77
24.2+	* Kris Costello (Lynbrook) '77
24.38+	* Denise Pemberton (San Mateo) '75
24.54	Ronda Robinson (San Carlos) '81
24.4	* Gurtha Pounds (Live Oak) '80
24.73	* Liz Chewing (Saratoga) '81
24.74	* Brenda Brewer (Hillsdale) '81
24.82	* Margaret Demorest (Buchser) '81
24.6+	? Ann Christoff (Sequoia) '70
24.6+	* Eloise Mallory (Silver Creek) '77
24.6+	Julie Middleton (San Mateo) '82
Wind-aided:	
24.4	* Vivian Riley (Mt. Pleasant) '82

BOYS MILE

National Federation Record: 3:58.3, Jim Ryun (East, Wichita, Ks), 1965
 CCS Meet Record: 4:08.7, Mark Stillman (Willow Glen), 1977
 All-Time National HS Best: 3:55.3, Jim Ryun (East, Wichita, Ks), 1965
 All-Time State HS Best: 3:59.4, Tim Danielson (Chula Vista), 1966
 All-Time NorCal HS Best: 4:02.4, Richard Kimball (De La Salle, Concord), 1974

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
1.	12	Gary Lewis (Gunderson)	4:23.0	_____
1A.	12	Brian Bergstrom (Los Gatos)	4:24.5	_____
2.	12	Ken Bunton (Monta Vista)	4:26.0	_____
2A.	12	Mike Norcia (Saratoga)	4:28.2	_____
3.	12	Dan Clemens (Soquel)	4:27.7	_____
3A.	12	Lance Dustin (Soquel)	4:29.5	_____
4.	12	Steve Berry (Half Moon Bay)	4:28.0	_____
4A.	12	Tasos Constantin (Bellarmine)	4:29.6	_____
5.	12	Ed Flores (Prospect)	4:24.0	_____
5A.	10	Sean Crowley (Overfelt)	4:24.9	_____
6.	12	Angelo Sakelarios (Sequoia)	4:27.3	_____
6A.	12	Kent Iglehart (Gunn)	4:29.0	_____
7.	11	Chris Bowe (Pacific Grove)	4:28.5	_____
7A.	12	Rick Masino (Bellarmine)	4:29.6	_____
8.	11	Rod Sellard (Bellarmine)	4:29.1	_____
8A.	11	Jim LaFuenta (Mt. Pleasant)	4:25.6	_____

PAST CCS CHAMPIONS

1966	4:22.6	Jon Enscoe (Palo Alto)
1967	4:24.5	Jon Enscoe (Palo Alto)
1968	4:14.5	Klaus Hoffman (St. Ignatius)
1969	4:19.2	Gregg Coleman (Palo Alto)
1970	4:14.6	Dave Chamness (Awalt)
1971	4:14.2	Dave Chamness (Awalt)
1972	4:12.5	Steve Miller (Carlmont)
1973	4:12.6	Steve Crowley (Gunn)
1974	4:13.8	Conrad Suhr (Leigh)
1975	4:17.6	Todd Baker (Westmont)
1976	4:18.2	Mark Stillman (Willow Glen)
1977	4:08.7	Mark Stillman (Willow Glen)
1978	4:12.0	Kobert Smith (Awalt)
1979	4:16.3	Fernando Balderas (San Jose)
1980	4:19.5	Steve Samario (Leigh)
1981	4:14.3	Jeff Purrington (Willow Glen)

ALL-TIME CCS LIST

+ = converted from 1600 meters

4:06.9	Mark Stillman (Willow Glen) '77
4:08.2	Stan Ross (Serra) '77
4:09.5	Mike Ryan (Wilcox) '65
4:10.7	Steve Miller (Carlmont) '72
4:10.9	Kobert Smith (Awalt) '78
4:11.1	Klaus Hoffman (St. Ignatius) '68
4:11.1	Eugenio Amaya (Burlingame) '69
4:11.3	Steve Crowley (Gunn) '73
4:12.19+	Jeff Purrington (Willow Glen) '81
4:12.1	John Sup (Palma) '77

GIRLS MILE

National Federation Record: 4:42.5, Deanna Coleman (Issaquah, Wa), 1978

CCS Meet Record: 4:52.5, Tracy Weber (Lynbrook), 1981

All-Time National HS Best: 4:35.24, Polly Plumer (University, Irvine), 1982

All-Time State HS Best: 4:35.24, Polly Plumer (University, Irvine), 1982

All-Time NorCal HS Best: 4:40.7, Eileen Claugus (Rio Americano, Sac'to), 1973

Lane	Yr	Athlete (School)	Reg. Qual. Mark	CCS Finish
1.	12	Mary Jo Barry (Leigh)	5:09.1	_____
1A.	9	Nanette Garcia (Silver Creek)	5:10.1	_____
2.	12	Gretchen Nelson (San Mateo)	5:17.2	_____
2A.	9	Karen Himenes (St. Francis)	5:20.7	_____
3.	12	Esther Berndt (Gunn)	5:18.9	_____
3A.	9	Lori Wilson (Terra Nova)	5:30.0	_____
4.	11	Helen Muth (Soquel)	5:24.0	_____
4A.	10	Trish Wilkinson (King City)	5:31.3	_____
5.	12	Krista Wendt (Leigh)	5:09.2	_____
5A.	11	Carla Halford (Leland)	5:11.8	_____
6.	10	Nora Williams (Menlo-Atherton)	5:20.4	_____
6A.	12	Maria King (Milpitas)	5:28.4	_____
7.	12	Linda Van Housen (Sacred Heart)	5:26.7	_____
7A.	11	Cory Schubert (Del Mar)	5:12.6	_____
8.	11	Mona Lopez (Notre Dame, Salinas)	5:31.0	_____
8A.	12	Marcy Estrada (Prospect)	5:20.4	_____

PAST CCS CHAMPIONS

1974	5:28.3	Brenda Dake (Salinas)
1975	5:09.1	* Sue Munday (Lincoln)
1976	5:04.7	Sue Munday (Lincoln)
1977	4:53.0	** Vicky Bray (Los Altos)
1978	4:58.8	*** Tracy Weber (Lynbrook)
1979	4:56.1	** Tracy Weber (Lynbrook)
1980	4:56.9	* Tracy Weber (Lynbrook)
1981	4:52.5	Tracy Weber (Lynbrook)

ALL-TIME CCS LIST

+ = converted from 1600 meters	
4:46.43+	Tracy Weber (Lynbrook) '81
4:50.8	Francie Larrieu (Fremont) '70
4:51.64+	Roxanne Bier (Independence) '80
4:52.8	** Vicky Bray (Los Altos) '77
4:54.6	* Ann Regan (Camden) '78
4:55.2	Kerry Brogan (Los Altos) '81
4:55.2	* Maria King (Milpitas) '81
4:56.4	* Ann Trason (Pacific Grove) '77
4:57.6	*** Nancy Huyck (Aptos) '77
4:58.5	*** Ronell Powell (Buchser) '74

GIRLS MILE RELAY

National Federation Record: 3:37.71m, Kennedy (Granada Hills), 1981
 CCS Meet Record: 3:54.56, Carlmont, 1981
 All-Time National HS Best: 3:38.99+ (3:37.71m), Kennedy (Granada Hills), 1981
 All-Time State HS Best: 3:38.99+ (3:37.71m), Kennedy (Granada Hills), 1981
 All-Time NorCal HS Best: 3:42.63+ (3:41.33m), Berkeley, 1981

TWO SECTIONS -- FINAL PLACINGS DETERMINED BY TIME

Lane	School	Reg. Qual. Mark	CCS Finish
<u>Section I</u>			
1.	Mills	4:15.2	
2.	North Salinas	4:12.0	
3.	Los Altos	4:10.6	
4.	Gunderson	4:07.0	
5.	Los Gatos	4:08.3	
6.	Leland	4:10.9	
7.	Salinas	4:14.7	
8.	San Mateo	4:18.1	
<u>Section II</u>			
1.	Carlmont	4:00.7	
2.	Silver Creek	3:58.8	
3.	Seaside	4:09.0	
4.	Mitty	3:57.9	
5.	Saratoga	3:58.0	
6.	Jefferson	4:12.8	
7.	Santa Teresa	4:00.1	
8.	Homestead	4:02.0	

PAST CCS CHAMPIONS

800-yard medley relay (1974-75):		
1974	1:52.3	Menlo-Atherton
1975	1:50.7	Harbor
Mile relay (1976-present):		
1976	4:05.9	Branham
1977	4:00.5	Harbor
1978	3:58.4	Camden
1979	3:55.96	Carlmont
1980	4:01.4	Carlmont
1981	3:54.56	Carlmont

ALL-TIME CCS LIST

+ = converted from 1000 meters	
3:54.56	Carlmont '81
3:56.0	Carlmont '79
3:57.78+	Carlmont '82
3:58.1+	Mitty '82
3:58.43+	Silver Creek '81
3:58.4	Camden '78
3:58.92+	Carlmont '80
3:58.9	Saratoga '78
3:59.0+	Silver Creek '82
3:59.6	Saratoga '77

BOYS MILE RELAY

National Federation Record: 3:08.94m, Berkeley, 1981
 CCS Meet Record: 3:15.8, Los Altos, 1970
 All-Time National HS Best: 3:10.05+ (3:08.94m), Berkeley, 1981
 All-Time State HS Best: 3:10.05+ (3:08.94m), Berkeley, 1981
 All-Time NorCal HS Best: 3:10.05+ (3:08.94m), Berkeley, 1981

TWO SECTIONS -- FINAL PLACINGS DETERMINED BY TIME

<u>Lane</u>	<u>School</u>	<u>Reg. Qual. Mark</u>	<u>CCS Finish</u>
<u>Section I</u>			
1.	Prospect	3:28.9	_____
2.	Bellarmino	3:28.5	_____
3.	Menlo-Atherton	3:26.6	_____
4.	Santa Clara	3:36.5	_____
5.	Palo Alto	3:26.6	_____
6.	Del Mar	3:28.1	_____
7.	Westmont	3:28.6	_____
8.	San Mateo	3:29.1	_____
<u>Section II</u>			
1.	Aptos	3:24.6	_____
2.	Independence	3:23.9	_____
3.	Seaside	3:23.6	_____
4.	Mt. Pleasant	3:22.1	_____
5.	Carlmont	3:23.3	_____
6.	Westmoor	3:24.6	_____
7.	Gilroy	3:24.0	_____
8.	Hillsdale	3:25.0	_____

PAST CCS CHAMPIONS

800-yard relay (1966-67):

1966 1:30.0.....Ravenswood
 1967 1:29.5.....Capuchino

Mile relay (1966-present):

1966 3:22.5.....Los Altos
 1969 3:23.8.....Crestmoor
 1970 3:15.8.....Los Altos
 1971 3:22.7.....Awalt
 1972 3:22.2.....Mt. Pleasant
 1973 3:23.7.....Buchser
 1974 3:21.2.....Cupertino
 1975 3:20.9.....Serramonte
 1976 3:20.6.....Piedmont Hills
 1977 3:20.6.....San Carlos
 1978 3:20.6.....San Carlos
 1979 3:18.39.....Cubberley
 1980 3:20.5.....Mt. Pleasant
 1981 3:19.23.....Independence

ALL-TIME CCS LIST

3:15.6.....Los Altos '70
 3:17.7.....Cubberley '79
 3:18.3.....Piedmont Hills '76
 3:18.5.....Sequoia '67
 3:18.5.....Silver Creek '76
 3:18.7.....Los Altos '68
 3:19.1.....San Carlos '78
 3:19.23.....Independence '81
 3:19.2.....Serramonte '75
 3:19.6.....Gunn '70

CCS Meet Statistics

PAST CCS TEAM CHAMPIONS (Head Coaches in parentheses)

Boys

Scored 6-4-3-2-1 (1966-74):

1966	17	Burlingame (Karl Gripenburg)
1967	27	Los Altos (Del Dequine)
1968	40	Homestead (Jack Julian)
1969	26	Los Altos (Leo Long)
1970	44	Los Altos (Leo Long)
1971	18	Cupertino (Bill Frost)
1972	22½	Silver Creek (Stan Dowell)
1973	24	Cupertino (Norm Eliason)
1974	29	Cupertino (Norm Eliason)

Scored 10-8-6-4-2-1 (1975-present):

1975	44	Serramonte (Mike Rueda)
1976	44	Mt. Pleasant (Jim deDiego)
1977	48	Silver Creek (Laseen Auka)
1978	52	Mt. Pleasant (Jim deDiego)
1979	52	Cubberley (Ken Preminger)
1980	44	Woodside (Al Smith)
1981	40	Independence (Stan Dowell)

Girls

Scored 6-4-3-2-1 (1974):

1974	19 (tie)	King City (Linda Benway)
		Menlo-Atherton (Ariane Miller)

Scored 10-8-6-4-2-1 (1975-present):

1975	53	Harbor (Ken Peterson)
1976	45	Harbor (Ken Peterson)
1977	59	Silver Creek (Anna Reid)
1978	40	Hill (John Johnigan)
1979	30 (tie)	Fremont (Bill Frost)
		Independence (Sandy Staton)
		Salinas (George Anderson)
1980	40	Fremont (Sue Grigsby)
1981	48	San Carlos (Sarah Miller)

ABOUT THE PROGRAM

Records — At the top of each page is an extended records picture, detailing National Federation and CCS Meet records, along with all-time high school bests by athletes in national, state and Northern California geographical areas. National records and bests differ most often only because the 'best' was established in non-high school competition, which eliminates federation record consideration. Symbols: v — time achieved at the yard equivalent distance; m — time achieved at the metric equivalent distance; + — time converted to distance being run at tonight's meet.

Past CCS Champions — Included in this year's program is a chronology of past CCS champions since the CCS meet began in 1966. Before 1966, the CCS was part of the North Coast Section (and, in fact, some of the meet records are performances from NCS meets before the CCS was formed). As a reference point, though, 1966 was chosen as the first year for sake of it's being the first 'pure' CCS championship. 1974 was the first year of official girls competition.

All-Time CCS Lists — Also included is the all-time CCS list for each event, as compiled by Howard Willman. Important realization of eligibility for the lists is that an athlete need not represent his/her school to appear on the lists; as long as marks can be proven legitimate, they will be included in the lists regardless of affiliation. Fully-automatic times are the only ones carried in hundredths; hand times are carried only to the tenth. To compare hand times to fully-auto times, add 0.24 to the hand time in the 100, 200 and hurdles and 0.14 to the 400. Symbols used which aren't explained on each event page: * — junior; ** — sophomore; *** — freshman; ? — class unknown; all others are seniors. Deeper all-time listings are available upon request from the compiler.

Howard Willman
Sports Department
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PAST CCS MEET SITES & DATES

No. — Date	Site
1 — May 28, 1966	Gunn High School
2 — May 27, 1967	Mt. Pleasant High School
3 — May 25, 1968	Gonzales High School
4 — May 31, 1969	College of San Mateo
5 — May 30, 1970	Foothill College
6 — May 29, 1971	San Jose City College
7 — May 27, 1972	San Jose City College
8 — May 25, 1973	San Jose City College
9 — May 24, 1974	San Jose City College
10 — May 30, 1975	San Jose City College
11 — May 28, 1976	San Jose City College
12 — May 27, 1977	San Jose City College
13 — May 26, 1978	San Jose City College
14 — May 25, 1979	San Jose City College
15 — May 30, 1980	San Jose City College
16 — May 29, 1981	San Jose City College

TEAMS WITH MOST CCS EVENT CHAMPIONS

Boys

1. Los Altos	21
2. Silver Creek	13
3. Cupertino	12
Mt. Pleasant	12
5. Menlo-Atherton	8
6. Del Mar	7
Fremont	7
Palo Alto	7
9. Crestmoor	6
Cubberley	6
Gilroy	6
Piedmont Hills	6
Willow Glen	6
Woodside	6
15. Awaít	5
Campbell	5
Carlmont	5
Hill	5
Leigh	5
San Mateo	5

Girls

1. Lynbrook	12
2. Salinas	8
3. Harbor	6
Independence	6
Silver Creek	6
6. Hill	5
Menlo-Atherton	5
San Carlos	5
9. Camden	4
Cubberley	4
Fremont	4
King City	4
13. Carlmont	3

ATHLETES WITH MOST INDIVIDUAL CHAMPIONSHIPS

Boys

1. Millard Hampton (Silver Creek)	6
2. Chuck Bommarito (Crestmoor)	4
Rick Brown (Los Altos)	4
Bill Green (Cubberley)	4
5. Chris Adams (Los Altos)	3
Craig Conway (Cupertino)	3
Brad Lyman (Los Altos)	3
Ron Seanez (Gilroy)	3
Keith Taylor (Piedmont Hills)	3
Steve Wilhelm (Fremont)	3

Girls

1. Sue Springer (Salinas)	7
2. Kris Costello (Lynbrook)	5
Tracy Weber (Lynbrook)	5
4. Roxanne Bier (Independence)	4
Pam Blackburn (Cubberley)	4
6. Marquita Belk (Silver Creek)	3
Kathy Kuchta (King City)	3
Ann Regan (Camden)	3