

# C.I.F. STATE TRACK CHAMPIONSHIPS



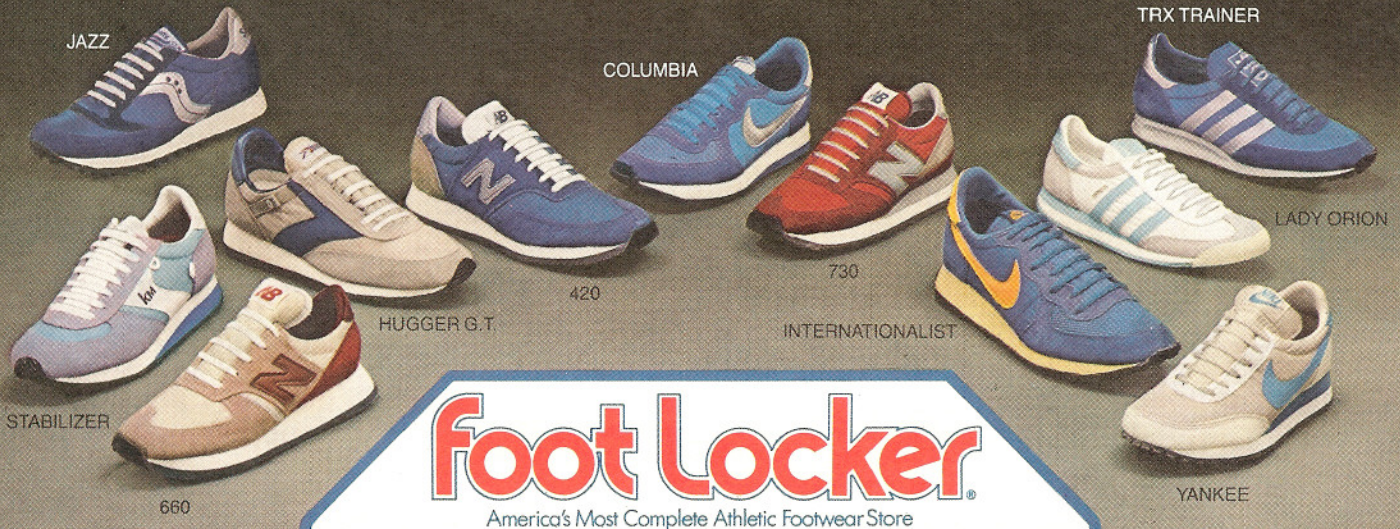
**Cerritos College  
June 5 & 6, 1981**

**OFFICIAL PROGRAM  
\$2.00**





Start. Stride. Kick. Second wind. Peak. Win! Run when it counts. For your favorite big-name running shoes, walk into Foot Locker. Our athletic shoe experts can fit you in Adidas, Nike, Saucony, Puma, New Balance, Brooks, Etonic, Reebok, Tiger, and more. Because whatever your distance, we take it as seriously as you do.



**Foot Locker**  
 America's Most Complete Athletic Footwear Store

FOR THE STORE NEAREST YOU, CALL 800-223-0588.



# Schedule of Events

## TRIALS (Friday)

### FIELD EVENTS

1:00 - Women's Discus  
 4:00 - Men's Discus  
 4:00 - Women's Shot Put  
 4:00 - Men's Long Jump  
 4:00 - Women's High Jump

5:30 - Men's Pole Vault  
 7:00 - Men's Shot Put  
 7:00 - Women's Long Jump  
 7:00 - Men's High Jump  
 7:00 - Men's Triple Jump

### TRACK EVENTS

5:00 - Women's 100 m. Low Hurdles  
 Heat #1  
 5:03 - Women's 100 m. Low Hurdles  
 Heat #2  
 5:06 - Women's 100 m. Low Hurdles  
 Heat #3  
 5:11 - Women's 400 m. Relay  
 Heat #1  
 5:16 - Women's 400 m. Relay  
 Heat #2  
 5:21 - Women's 400 m. Relay  
 Heat #3  
 5:26 - Men's 400 m. Relay  
 Heat #1  
 5:31 - Men's 400 m. Relay  
 Heat #2  
 5:36 - Men's 400 m. Relay  
 Heat #3  
 5:41 - Women's 800 m. Run  
 Heat #1  
 5:46 - Women's 800 m. Run  
 Heat #2  
 5:51 - Women's 800 m. Run  
 Heat #3  
 5:56 - Men's 800 m. Run  
 Heat #1  
 6:01 - Men's 800 m. Run  
 Heat #2  
 6:06 - Men's 800 m. Run  
 Heat #3  
 6:11 - Women's 100 m. Dash  
 Heat #1  
 6:14 - Women's 100 m. Dash  
 Heat #2  
 6:17 - Women's 100 m. Dash  
 Heat #3

6:20 - Men's 100 m. Dash  
 Heat #1  
 6:23 - Men's 100 m. Dash  
 Heat #2  
 6:26 - Men's 100 m. Dash  
 Heat #3  
 6:31 - Men's 110 m. High Hurdles  
 Heat #1  
 6:34 - Men's 110 m. High Hurdles  
 Heat #2  
 6:37 - Men's 110 m. High Hurdles  
 Heat #3  
 6:42 - Women's 400 m. Run  
 Heat #1  
 6:46 - Women's 400 m. Run  
 Heat #2  
 6:50 - Women's 400 m. Run  
 Heat #3  
 6:54 - Men's 400 m. Run  
 Heat #1  
 6:58 - Men's 400 m. Run  
 Heat #2  
 7:02 - Men's 400 m. Run  
 Heat #3  
 7:07 - Women's 200 m. Dash  
 Heat #1  
 7:10 - Women's 200 m. Dash  
 Heat #2  
 7:13 - Women's 200 m. Dash  
 Heat #3  
 7:16 - Men's 200 m. Dash  
 Heat #1  
 7:19 - Men's 200 m. Dash  
 Heat #2  
 7:22 - Men's 200 m. Dash  
 Heat #3

7:27 - Women's 300 m. Low Hurdles  
 Heat #1  
 7:31 - Women's 300 m. Low Hurdles  
 Heat #2  
 7:35 - Women's 300 m. Low Hurdles  
 Heat #3  
 7:39 - Men's 300 m. Low Hurdles  
 Heat #1  
 7:43 - Men's 300 m. Low Hurdles  
 Heat #2  
 7:47 - Men's 300 m. Low Hurdles  
 Heat #3  
 7:52 - Women's 1600 m. Run  
 Heat #1  
 8:00 - Women's 1600 m. Run  
 Heat #2  
 8:08 - Men's 1600 m. Run  
 Heat #1  
 8:15 - Men's 1600 m. Run  
 Heat #2  
 8:22 - Women's 1600 m. Relay  
 Heat #1  
 8:29 - Women's 1600 m. Relay  
 Heat #2  
 8:36 - Women's 1600 m. Relay  
 Heat #3  
 8:43 - Men's 1600 m. Relay  
 Heat #1  
 8:49 - Men's 1600 m. Relay  
 Heat #2  
 8:55 - Men's 1600 m. Relay  
 Heat #3

## FINALS (Saturday)

### FIELD EVENTS

3:30 - Women's Discus  
 4:30 - Men's Long Jump  
 5:00 - Women's High Jump  
 5:30 - Women's Shot Put  
 5:30 - Men's Discus

6:00 - Men's Pole Vault  
 6:15 - Women's Long Jump  
 7:00 - Men's High Jump  
 7:30 - Men's Shot Put  
 8:00 - Men's Triple Jump

### TRACK EVENTS

6:00 - Women's 100 m. Low Hurdles  
 6:06 - Women's 3200 m. Run  
 6:25 - Women's 400 m. Relay  
 6:32 - Men's 400 m. Relay  
 6:39 - Women's 800 m. Run  
 6:47 - Men's 800 m. Run  
 6:55 - Women's 100 m. Dash  
 7:01 - Men's 100 m. Dash  
 7:07 - Men's 110 m. High Hurdles  
 7:13 - Men's 3200 m. Run  
 7:29 - Women's 400 m. Dash

7:36 - Men's 400 m. Dash  
 7:43 - Special Olympics Race  
 7:48 - Special Olympics Race  
 7:53 - Women's 200 m. Dash  
 7:59 - Men's 200 m. Dash  
 8:05 - Women's 300 m. Low Hurdles  
 8:12 - Men's 300 m. Low Hurdles  
 8:19 - Women's 1600 m. Run  
 8:30 - Men's 1600 m. Run  
 8:40 - Women's 1600 m. Relay  
 8:50 - Men's 1600 m. Relay



Instead of one shoe with many purposes...



we made many shoes with one purpose.

# KINNEY NBA'S.



BASKETBALL



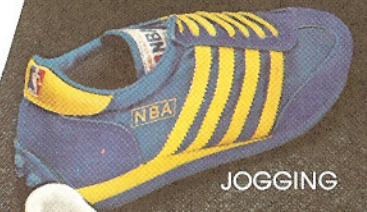
TRAINING



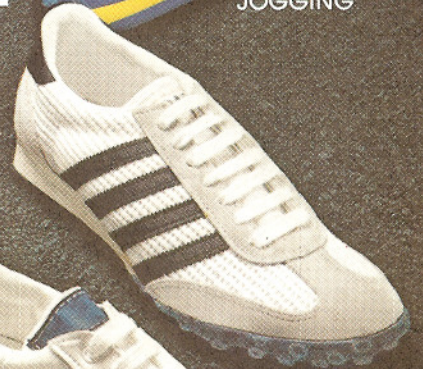
TENNIS



SOCCER



JOGGING



SOFTBALL



BASEBALL



RUNNING

Kinney NBA's are made for every sport with one purpose in mind. To be everything the high-priced athletic shoes are - without the high price.

Kinney NBA's are for athletes who are serious about their sport, whether it's running, tennis, basketball, baseball, soccer, racketball, softball, football - or any sport that moves you. We know that nothing beats winning. But, why play to win at all costs - when you can play to win for less.

Kinney NBA's. For men. For women. For everyone. We play the game your way.

\$15.99-\$32.99

**Kinney**<sup>®</sup>  
The Great American  
Shoe Store<sup>®</sup>

Prices slightly higher outside Continental U.S.



This fall be sure to see "Personal Best," a major motion picture featuring the Naturite Track Club.



**With Naturite,  
you're on  
the right track  
to good health.**

**Naturite**

*All the vitamins and  
nutritional supplements  
you'll ever need, naturally.*



Everybody's "running" today... leading more active lives, working harder, under more stress and pressure, skipping meals. But there's more. Like dieting, smoking, drinking, being pregnant, taking the pill. All these things (and a lot more) are good reasons why vitamins and nutritional supplements are so vital to your good health.

That's why people like Elke Sommer and the record-breaking stars of the Naturite Track Club like Julie Brown, Jodi Anderson and Sandra Myers, rely on Naturite. Naturite formulas contain no sugar, preservatives or artificial ingredients. That's why Elke says, "Who makes all the vitamins and minerals you'll ever need? Why Naturite, naturally."

A TAC / USA TRACK AND FIELD TEAM SUPPLIER





# INSIDE CIF STATE TRACK



Schedule of Events Page 1

1931-1981 Fifty Golden Years Page 5

Exclusive Interview with Steve Scott Pages 9,10



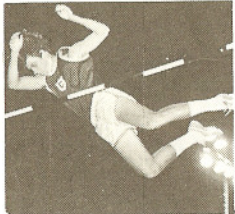
Past State Champions Page 11

A Look at Some of the Nation's Finest Track Competitors Page 12

Photo: Fine Flicks by Don Gosney

1981 State Track Events Pages 15-44

Converting Feet to Meters Page 45



State and National Track Records Page 46

Photo: Dave Shelburne, Glendale News Press

List of Men's Participants Pages 49-50

List of Women's Participants Pages 51,52



CIF Coaches Honored Pages 53,54

Photo By: Fine Flicks By Don Gosney

Scoring Sheet Page 56

Meet Officials Inside Back Cover

ON THE COVER: Vickie Cook of Alemany High School, considered number one in the nation but finished second in the Southern Section to University's Polly Plummer. State meet will prove who really is Number 1.

**PUBLISHER: CIF**  
**EDITOR & ADVERTISING SALES: Larry Zucker**  
**PRINTER: Langdon Press**  
**MEDIA CONSULTANT: Maggi Helms**  
**COVER PHOTO: Fine Flicks by Don Gosney**



# FIFTY YEARS OF GOLDEN MOMENTS IN TRACK

## 1931 — 1981

Recreation Park, Visalia; Saturday, May 23, 1931

The date for the 17th State Meet was moved 2 weeks closer to summer and the site was Visalia, about halfway between Bakersfield and Fresno. At least three records were expected to be broken, the 440, 880 relay, and broad jump. John McCarthy (Fairfax, LA) had run under 49 flat twice this season and had a great shot at the 49.6 State Meet mark. The LA Poly relay team had bettered the National Interscholastic record three different times, winning the Southern meet in 1:28.2, and looked like a cinch. In the broad jump either Floyd Wilson of Riverdale or Melo Almada of Los Angeles High should do the job. Wilson's best effort this season was 23-10½, a new National prep mark, while Almada was improving steadily, leaping more than 23 feet in his last three meets.

There were still other great athletes back from last year's meet. Ashley Burch (Jordan, LA) returned to try to keep his 220 crown. Carl Satterfield (Manual Arts), last year's 440 king, was back but would switch to the 880. Phil Morentin from host Visalia would try to keep his mile title on his home track. In the field events Don Carter (Franklin, LA) returned to try to repeat in the shot and George Theodoratus (Sacramento) would attempt to make his presence felt after placing 3rd in both the shot and discus last year.

The same 14 scoring events contested since 1926 were again on the schedule, but the scoring system was changed to 5-4-3-2-1 for the first time. This took a lot of the sting out of first place points and in retrospect was probably a step backward. Three 2nd places now would easily beat two 1st places, where in the old system the reverse was true. This scoring system would last until 1966. The meet was to start at 1:30 with trial heats in sprints, hurdles, and relay. Visalia had worked hard in preparing for the meet and the track appeared to be in great shape. The 440 would be run around one curve.

### STATE MEET RECORDS

Two new State Meet records were set and one was tied, the new half mile record being the only surprise. John McCarthy (Fairfax, LA) demolished the old 440 record, running a great 48.7. He won by only a foot, however, over LA Poly's Jimmy LuValle. LA Poly, everyone's choice to win the relay in a new record, was forced to use a substitute runner and ended 2nd to Huntington Park's record-equalling 1:29.6. Carl Satterfield

(Manual Arts), last year's 440 champ, moved up to the 880 and, surprising many, brought the State Meet record down to 1:57.6.

440	John McCarthy (Fairfax, LA)	48.7
	(old 49.6, Schiller, 1918 and Warburton, 1929)	
880	Carl Satterfield (Manual Arts, LA)	1:57.6
	(old 1:58.4, Welch, 1929)	
880 Relay	Huntington Park	1:29.6
	(ties old, Los Angeles, 1928)	

### HIGHLIGHTS

The top scorer of the Meet turned out to be George Theodoratus, Sacramento's 240-pound weight tosser, with 9 points. He won the discus at 132-1½ and placed 2nd in the shot put to Don Carter (Franklin, LA) who won his 2nd crown, this time at 52-10. Little Foy Draper of Huntington Park took the 100 in 9.9 over the favorite, Al Fitch of Pasadena, and Ashley Burch of Jordan, LA repeated in the 220 with a 21.5, only 1/10 over the State record. Phil Morentin (Visalia) won his 2nd mile title at 4:32.8. Blankenship's 1915 record of 4:30.0 still remained untouched after all these years.

Floyd Wilson of Riverdale won the broad jump at 23-5 5/8, missing the State Meet record by about 3 inches. Almada of LA was second. About 4000 fans turned out to watch the meet.

### TEAM CHAMPIONSHIP (Meet scored 5-4-3-2-1)

The team title was back on a positive note after last year's tie, LA Poly winning with 19½ points. Their points came from many sources, including Stankovich's tie for first in the pole vault (12-8¼) and the 2nd in the 880 relay. Sacramento, behind Theodoratus's 9 points, finished 2nd at 13. Huntington Park had 11, followed by Manual Arts of LA and Fairfax of LA at 9 and Los Angeles with 8.

LA Poly — 19½ points. 4-2nd in 880 relay; 7-Hopson, 2nd in 220, 3rd in 100; 4½-Stankovich, tie for 1st in PV; 4-LuValle, 2nd in 440.

Sacramento — 13. 1-5th in 880 relay; 9-Theodoratus, 1st in Dis, 2nd in SP; 2-Swanston, 4th in 440; 1-Leman, 5th in Mile.

Huntington Park — 11. 5-1st in 880 relay; 5-Draper, 1st in 100; 1-Heigold, 5th in HJ.



records are made and broken with

**GILL**  
TRACK AND FIELD EQUIPMENT

# Quality, Accuracy, Dependability

Coaches and athletes understand the value and importance of the equipment they use. So does the Harry Gill Co. Since 1918 Gill has used only the most exacting standards in manufacturing official track and field equipment. Gill makes over 200 items for men, women and junior athletes. Gill is also the USA distributor for Sandvik javelins and provides Sky Pole vaulting poles. When you expect the best performance, demand the best equipment.

Write for your free copy of Gill's colorful catalog featuring the finest in official track and field equipment.

Harry Gill Company  
201 Courtesy Road  
Urbana, IL 61801



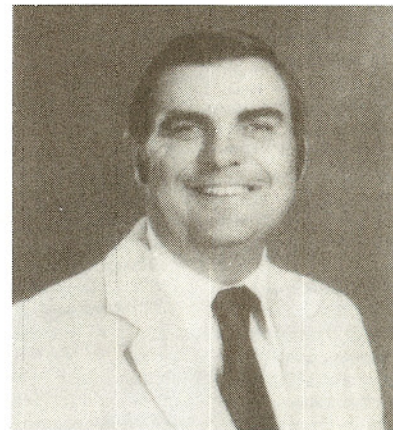
# WELCOME TO THE C.I.F. SOUTHERN SECTION 1981 STATE TRACK MEET

## STATE COMMISSIONER'S MESSAGE

The State CIF Federated Council would like to welcome all of the participants and spectators to the State CIF Track and Field Championships.

The calibre of competition in California is second to none in the United States, and this outstanding activity should set new standards of excellence in the field of high school athletics.

The California Interscholastic Federation is devoted to the promotion and the betterment of athletics in California high schools. Its purpose has been to stimulate uniform procedures in the conducting of athletic contests, promotion of friendly relationships and sportsmanship between schools, and to assure interscholastic athletics will contribute to the educational curriculum of our schools.



**THOMAS E. BYRNES**  
State C.I.F. Commissioner

---

## COMMISSIONER'S MESSAGE

On behalf of the hosting CIF Southern Section and our 500 member schools, I wish to offer a warm welcome to you, the participants, coaches, administrators and spectators in this the 63rd annual State CIF Track and Field Championships.

Some refer to interscholastic athletics as a diversion from the curricular aspects of education, some as the other half of education and still others, as an entity in itself.

Possibly, a more appropriate direction would be to consider interscholastic athletics as the ingredient to the total concept of education.

Few, if any, will debate the values derived from education, but as new demands are being placed on the overall system, there is a need to provide a fresh accountability of the interscholastic program.

At one point — and not too many years distant — values such as "builds character," or "develops sportsmanship" seemed to account for its role in the overall program.

As for today, they simply lack substance.

However, there is hardly a void as evidenced by recent educational research —

Overall, students who participate in extra-curricular activities such as interscholastic athletics, have higher grade point averages; better attendance records; less discipline problems; and find increased opportunities available to them as a result of their participation and achievements.

However, one must also provide accountability in another area of late — finances.

Simply stated, you won't find a better bargain!

Someone once wrote, "Interscholastic athletic programs are not educational frills, but educational staples; money spent on athletics is not an educational extravagance, but an educational bargain."

Considering the average interscholastic athletic program accounts for but a mere 1.5 percent of a school's annual total budget, finances hardly seem a problem.



**RAY PLUTKO**  
Commissioner  
C.I.F. Southern Section

What other program in the school attracts as many students, yet costs so little?

It seems appropriate then that the question should be, "How soon do we add programs," as opposed to, "What do we cut and how much?"

Interscholastic athletics, a key ingredient to the total concept of education indeed.

We trust your brief visit with us will prove to be a rewarding one, and for the participants, both from personal achievement and your involvement with students from other Sections throughout the State who share and foster the ideals of sportsmanship within the arena of interscholastic athletics.



## GOVERNOR'S MESSAGE



State of California  
GOVERNOR'S OFFICE  
SACRAMENTO 95814

EDMUND G. BROWN JR.  
GOVERNOR

916/445-4571

April 27, 1981

TO: THE PARTICIPANTS IN THE CALIFORNIA STATE HIGH  
SCHOOL TRACK AND FIELD CHAMPIONSHIPS

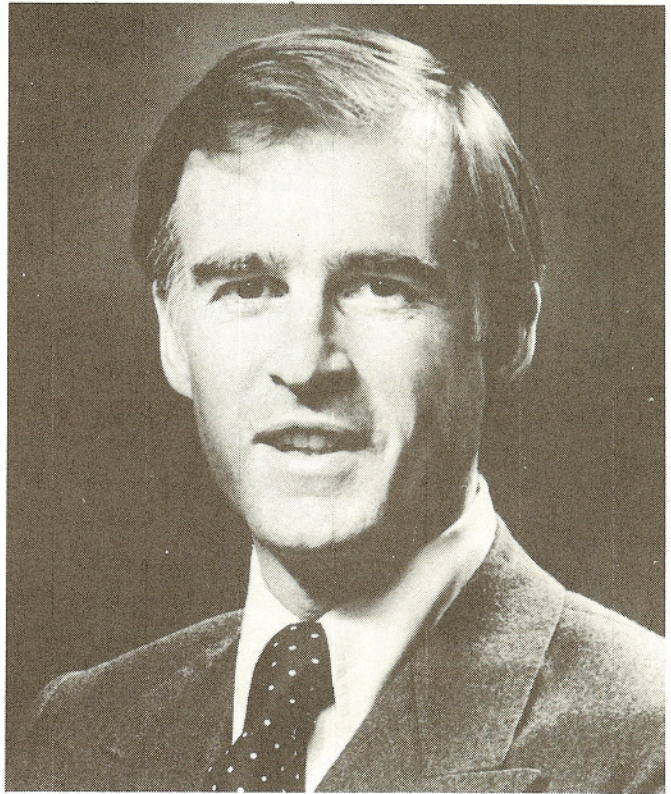
I am pleased to extend my greetings to the participants in the 63rd annual California State High School Track and Field Championships.

The opportunity for our young women and men to participate in this event can have a positive influence on all involved.

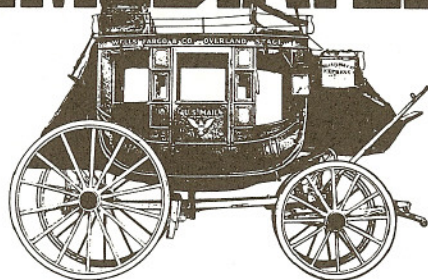
Best wishes for an enjoyable meet.

Sincerely,

*Edmund G. Brown Jr.*  
EDMUND G. BROWN JR.  
Governor



# REPORT TO THE COACH IMMEDIATELY!



Report to your nearest Wells Fargo Bank office whenever you need information on credit --what it is, how to establish it and how to use it. See our personal banking officer in almost every office.





WILLIAM RUSSELL

## C.I.F. State Track Meet Honorary Referee — William Russell

The C.I.F.'s 10 Sections join together in honoring William Russell as the honorary referee for the 1981 State C.I.F. Track and Field Championships. Mr. Russell, former Commissioner of the California Interscholastic Federation and former Commissioner of Athletics for the CIF Southern Section, served the organization for 26 years. Mr. Russell came to the Southern Section in 1950, joining the State organization in 1954. A member of numerous National Federation of State High School Association Committees, Mr. Russell also served as chairman of the Federation's Track and Field Rules Committee for 26 years. The former Santa Barbara High School/UC Santa Barbara star athlete was the first President of the U.S. Track and Field Federation when the organization was formed in 1962 and served as its President until 1965.

William Russell has spent countless hours for the advancement of interscholastic athletics for both young men and women and his many contributions can never be repaid. William Russell, we thank you!

# HUNTER PALLETS!



BILL HUNTER



CARL BOESCH



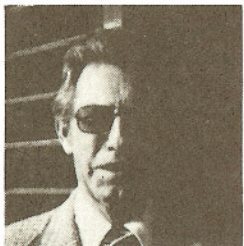
DICK SPEEDMAN



FRANK GOWER



NORM KIGHT



GERALD  
FITZGERALD



TOM THAYER

*We make Pallets when you need them.  
Call your man  
from Hunter!*

(213)

**775-2544**

**835-5671**

HUNTER WOODWORKS, INC., P.O. BOX 4937, CARSON, CA 90749



**HUNTER  
WOODWORKS**





## STEVE SCOTT — AMERICA'S BEST (UNKNOWN) MILER

By Larry Zucker

If Steve Scott, America's best miler, was a European Citizen he almost certainly would be rich and famous. Steve Scott (3:51.1 best time) is considered by many track experts to be the third best miler in the world (behind world-famous Sebastin Coe and Steve Ovette), but only a handful of Americans would recognize the 25-year-old former C.I.F. Southern Section star.

Steve Scott graduated from Upland High School in 1974 with a 3.0 grade point average. A star in high school, he placed 3rd in the Southern Section's 3A Cross Country Meet his senior year, won the section's 3A ½ mile, and placed second in the State's ½ mile (1:54) championship. His best time in the mile was only 4:21 and, consequently, he wasn't heavily recruited by the Country's top track programs. Scott wasn't entirely overlooked as UC Irvine, then a NCAA Division II school, gave the future star a half scholarship.

"Irvine is your basic academic school. Scholarships were at a nill — I received a half scholarship which was worth about a third by the time I graduated because of inflation," said Scott.

It was at UC Irvine that Scott came into his own as a student/athlete. He graduated from the academically-oriented school in four years with a degree in secondary education. Scott stayed at Irvine long enough to be named All-American (numerous times) in both track and cross country as he won the NCAA Division II mile with times of 4:08.8, 3:57.0, and 3:55.0 his

freshman, sophomore and junior years respectively, before winning the Division I mile his senior year with a time of 3:52.9.

"Running in college is a mind-expanding experience. I was used to running 50 miles a week at the most in high school — suddenly I was running 100 miles (a week) over hills."

During Scott's four years at Irvine, he experienced things that the typical student and even the typical athlete doesn't usually experience. After his sophomore year, Scott went to the Olympic Trials (he was the 18th of 18 people invited) and finished 7th (top three qualified for the Olympics). Four years later he again was invited to the trials, but this time he left #1 in the 1500 (metric mile) and qualified for the Olympic Games. Scott, along with the rest of the United States' Olympic Team never attended the Olympic Games because of the country's boycott.

"It's not like I was all alone (in not attending the Olympic Games). There were hundreds of others that also didn't go. The Olympics are very important — I wanted to compete — but . . ."

What motivates a runner like Steve Scott who is one of the best in the world yet goes unnoticed in his own country?

"I've been in athletics since I was nine years old. I've been involved with the world of athletics all my life. I've learned about





## Steve Scott . . .

life through sports — you learn about right and wrong, and about friendships and relationships with people. You can't learn how to relate with people through a text book — you have to live it. It (athletics) has enabled me to grow. All the people that have been around me have cared about me as a human being, not as a runner."

**It was at UC Irvine that Scott came into his own as a student/athlete. He graduated from the academically-oriented school in four years with a degree in secondary education. Scott stayed at Irvine long enough to be named All-American (numerous times) in both track and cross country as he won the NCAA Division II mile with times of 4:08.8, 3:57.0, and 3:55.0 his freshman, sophomore and junior years respectively, before winning the Division I mile his senior year with a time of 3:52.9.**

Steve Scott regularly runs before large 100,000+ crowds when he competes in Europe, but is used to the much smaller crowds in the United States. Scott works to support his track and his family, yet doesn't directly get paid for competing. The world's third best miler will never be signed to million + contracts which has become commonplace for his counterparts in the world of baseball, basketball, football and even hockey, tennis and golf, because there isn't currently such a profes-

sional track. Scott and his family will never become rich. "If we were a professional sport then — but that's not important to me."

---

**. . . he wasn't heavily recruited by the Country's top track programs. Scott wasn't entirely overlooked as UC Irvine, then a NCAA Division II school, gave the future star a half scholarship.**

---

Besides being on his own financially in comparison to professional team sports, Scott also is on his own when he competes. If he wins, it's because he won and if he loses he can't blame anyone besides himself. "There's more pressure in individual sports. It takes a lot more to succeed. If you make a mistake — it's all over — you have no backup. When you are running a race — it's you vs you."

---

**The world's third best miler will never be signed to million + contracts which has become commonplace for counterparts in the world of baseball, basketball, football and even hockey, tennis and golf, because there isn't currently such a thing as professional track.**

---

Scott has some important advice for today's student/athletes. "Have patience. I didn't come into my own (world class) until my junior year in college. If you keep training hard and remain dedicated you'll improve. As long as your time improves and you feel as if you are improving, that's the most important thing. You have to want to be good."

Steve Scott plans on continuing to run and wants to compete in the 1984 Olympics after not being able to go last summer. He and his wife Kim are expecting their first child this summer and are living in Arizona (Scott's former UC Irvine Coach Len Miller still coaches Scott and is Head Coach at Arizona State). Then Scott hopes to run in the Olympics instead of watching them on television.

---

**"Have patience. I didn't come into my own (world class) until my junior year in college. If you keep training hard and remain dedicated you'll improve. As long as your time improves and you feel as if you are improving, that's the most important thing. You have to want to be good."**

---

"I'm in track and field because I enjoy the competition, meeting people, and traveling." Steve Scott won't have too far to travel for the 1984 games, they'll be in his backyard. And winning? Well, that's in his nature too.





# PAST STATE CHAMPIONS

## MEN

Year	School	Points	Coach	Location
1915	Manual Arts (L.A.)	25	Otto Fritsch	Fresno High
1916	Manual Arts (L.A.)	37½	Otto Fritsch	YMCA Field, Los Angeles
1917	Coalinga	25	Charles Geer	UC Berkeley
1918	Pasadena	25	George Main	Sacramento Fairgrounds
1919	Manual Arts (L.A.)	21	Sid Foster	San Bernardino High
1920	Los Angeles	18	Glenn Whittle	Bakersfield Fairgrounds
1921	Lincoln (L.A.)	17	Tommy Davis	UC Berkeley
1922	Huntington Beach	16	Ray Walker	Stockton Fairgrounds
1923	Hollywood	17½	William Paige	Occidental College
1924	Manual Arts (L.A.)	26	Sid Foster	Taft High
1925	Manual Arts (L.A.)	16	Sid Foster	Stanford Stadium
1926	Polytechnic (L.A.)	17	Edward Leahy	Los Angeles Coliseum
1927	Glendale	35	Norman Hayhurst	Modesto High
1928	Poly (Long Beach)	21	Norman Barker	Selma High
1929	San Diego	22¾	Glenn Broderick	Los Angeles Coliseum
1930	Sacramento	11	Glenn Broderick	UC Berkeley
	San Diego	11	Lawrence Janssen	
	Santa Ana	11	G. A. Oliver	
1931	Polytechnic (L.A.)	19½	Edward Leahy	Visalia High
1932	Poly (Long Beach)	22½	Norman Barker	Modesto Junior College
1933	El Centro	18	J. H. Armstrong	Los Angeles Coliseum
1934	Muir (Pasadena)	15½	Albion Walton	Edwards Stadium Berkeley
1935	Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno
1936	Muir (Pasadena)	18	Albion Walton	Gridley High
1937	Jefferson (L.A.)	23½	Harold Edelson	Wilson High, Long Beach
1938	San Diego	18½	Glenn Broderick	San Benito High, Hollister
1939	Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum
1940	Bakersfield	18½	"Cap" Haralson	Visalia High
1941	Edison (Fresno)	22	Harold Bicknell	Spartan Stadium, San Jose
1946	Redondo	21	Harold Grant	Compton College
1947	Washington (L.A.)	24	Gail Wyatt	Visalia High
1948	Jordan (L.A.)	22	Bill Zazueta	Edwards Stadium, Berkeley
1949	Jefferson (L.A.)	28½	Estel Johnson	Los Angeles Coliseum
1950	Jefferson (L.A.)	40	Estel Johnson	Hughes Stadium, Sacramento
1951	Jefferson (L.A.)	16½	Estel Johnson	Edwards Stadium, Berkeley
1952	Jefferson (L.A.)	30½	Estel Johnson	Los Angeles Coliseum
1953	Manual Arts (L.A.)	16½	Charles Toney	Ratcliffe Stadium, Fresno
1954	Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley
1955	Centennial (Compton)	29	Bill Gill	Los Angeles Coliseum
1956	Jefferson (L.A.)	24½	Estel Johnson	Chico State College
1957	Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley
1958	Compton	11	Ernest Hartman	Veterans' Stadium, Long Beach
	Manual Arts (L.A.)	11	Charles Toney	
1959	Poly (Long Beach)	14	Leon Foreman	Memorial Stadium, Bakersfield
1960	Jordan (L.A.)	15	Jesse Flores	Stanford Stadium
1961	Centennial (Compton)	11	Bill Gill	East L.A. College, Los Angeles
1962	Jefferson (L.A.)	14	John Childress	Modesto Junior College
1963	Edison (Fresno)	15	Frank Fletcher	Edwards Stadium, Berkeley
1964	Jefferson (L.A.)	13	Andy Bakjian	Los Angeles Coliseum
	Poly (Long Beach)	13	Leon Foreman	
1965	Poly (Long Beach)	19	Leon Foreman	Memorial Stadium, Bakersfield
1966	Dorsey (L.A.)	22	Rod Richard	Edwards Stadium, Berkeley
1967	Muir (Pasadena)	26	Walter Opp	Balboa Stadium, San Diego
1968	Centennial (Compton)	26	Bill Gill	Edwards Stadium, Berkeley
1969	Los Angeles	22	E. Bravo	UCLA
1970	Los Altos	29	Leo Long	Edwards Stadium, Berkeley
1971	Lompoc	13	Frank Hiatt	UCLA
1972	Sacramento	18	Scotty Bingham	Oroville High
1973	Wilson (S.F.)	20	Adam Banks	Woodland High
1974	Muir (Pasadena)	23	Walter Opp	Memorial Stadium, Bakersfield
1975	Harry Ells (Richmond)	22	Sylvester Greenwood	San Diego
1976	Hamilton (L.A.)	12	Gene Broadwater	UC Berkeley
	San Fernando (L.A.)	12	John Wachtler	
1977	Pasadena	26	Bob Pruitt	UCLA
1978	El Camino (Oceanside)	16	Bill Kovacevich	Memorial Stadium, Bakersfield
1979	Pasadena	16	Art Large	Hughes Stadium, Sacramento
1980	Berkeley	41	Willie White	UC Berkeley

(No meets held, 1942-1945, World War II)

## WOMEN

1974	Berkeley	13	Willie White	Bakersfield
1975	Washington (L.A.)	22	Arnice Reddick	San Diego
1976	Berkeley	20	Willie White	UC Berkeley
1977	Locke (L.A.)	14	Cherie Muller	UCLA
1978	Andrew Hill (San Jose)	16	John Johnigan	Bakersfield
1979	Westchester (L.A.)	24	Pat Nordell	Sacramento
1980	Kennedy (Granada Hills)	48	Dixie Griffen	UC Berkeley



# THE STATE OF CALIFORNIA'S TRACK CHAMPIONSHIPS: A Look at Some of the Nation's Finest.

By Mike Kennedy  
Los Angeles Times

The MAN from Sacramento is here.

The Yellowjackets, led by Ken Robinson and Sharon Ware, have flown in from Berkeley with hopes of winning two team championships.

The lady's from University and Alemany are in attendance and will battle for a third time this season in a race that could well produce a national record.

It's the California Interscholastic Federation State Track and Field Championships, long regarded as the best high school meet in the nation, this weekend at Cerritos College. Qualifying for all events but the 3,200 will be run Friday with an all-finals program scheduled for Saturday.

Last Friday night at Modesto College in the Sacramento Section final Kevin Willhite raced to a 21.01 nation-leading 200 meters despite being totally unpressed. He also won the 100 in 10.46. The multi-talented junior from Cordova High School (a suburb of Sacramento) is 6-0, weighs 190 pounds and last fall gained over 1,800 as a running back. The marks didn't come as a complete surprise since earlier in the season he had wind-aided hand times of 10.2 and 20.4. If Willhite is to become a state champion he will have to defeat Berkeley's Robinson who won the 200 last year and was second in the 100. Earlier this season Robinson ran 10.39 to beat Willhite, but since that time Robinson has been running with a slight injury. Robinson has not run a serious 200 this year, but has a 400 time of 46.8.

If Berkeley's men and women are to win team champions they will need outstanding efforts both from Robinson and Ware. In addition to Robinson, who also runs on the state-leading 400 relay (41.1) and will run on the 1,600 relay (3:11.7), the Yellowjacket men have potential point winners in Pete Richardson and Johnny Langerston in the 800, Walter Murray in the 300 low hurdles and both relays.

In last year's meet Ware won the 100 in 11.42, a state and National Federation record, and finished second in the 200 to Olympian Sherri Howard of Kennedy High School in Granada Hills. This weekend the Berkeley senior is matched against Sherri's sister Denean, another Olympian, who has run 11.77 and 23.40. Ware has run 10.59 and 24.04 this season but has an all-time best of 11.34 and 23.62. Berkeley lost to Kennedy by six points last year but if the Yellowjackets

can hold on to the baton in the 400 and 1,600 relays they stand a good chance of reversing that decision.

Polly Plumer of University High in Irvine and Vickie Cook of Alemany High in the San Fernando Valley are two of the best distance runners in the nation. In last year's state meet Plummer just edged Cook in the 1,600 with a stunning sprint over the final 100 meters. *(Continued on page 13)*



Fine Flicks By Don Cosney

**Livermore High School's Jessica Spies will have plenty of company in the State Finals, Women's 800 Meter race.**



## California's Track Championships . . .

(continued from page 12)

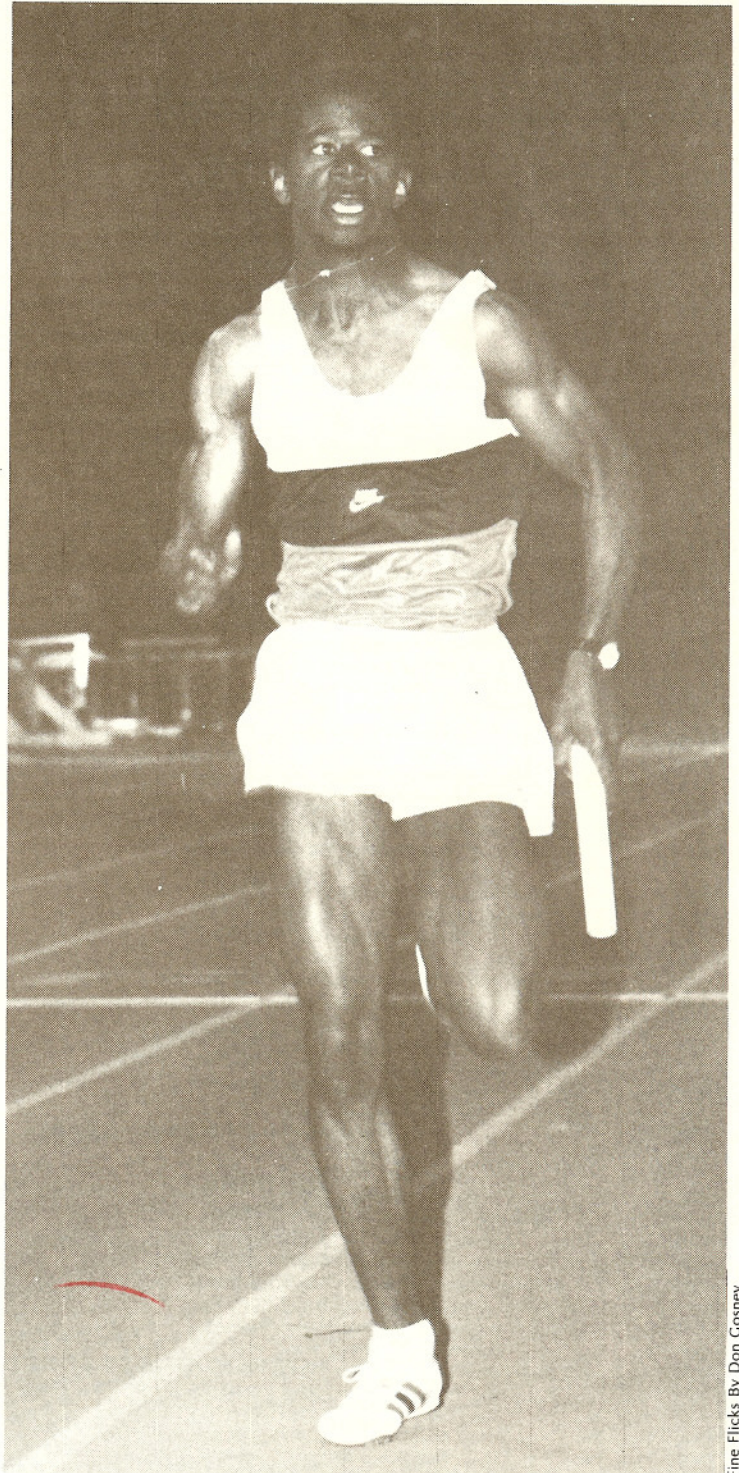
Plummer was timed in 4:46.71 and Cook clocked 4:47.31 for the two best times in the nation. The two have met twice this season with Cook winning over 1,500 at San Jose (both were timed in 4:25.9) and Plumer prevailing over 1,600 in Southern Section final (4:45.06 to 4:45.21). Earlier this year Cook, competing unattached, ran 4:40.2 for 1,600. The pending national record is 4:41.08 set earlier this year by sophomore Kim Gallagher of Upper Dublin in Fort Washington, Pa.

Several other national records could be seriously challenged. In two of the last three state meets the national record has been broken in the four-lap relay. In 1978, at Bakersfield, Los Angeles Banning broke the mile relay record with a 3:11.52 and last year at Berkeley, Centennial shattered that mark with a 3:10.37 for 1,600 with the Yellowjackets just .05 behind running an all-junior team. Berkeley's team is no long intact but the current foresome is potentially even faster. In the North Coast Section finals Berkeley ran 3:11.7 and that was *without* Robinson. Add to a Robinson-anchored quintet, teams from Long Beach Poly (3:12.55), Muir (3:12.61), Centennial (3:12.72), Compton (3:12.96), Pasadena (3:13.12), Crenshaw (3:15.75), Oakland (3:15.9), Locke (3:15.92) and Cordova (3:16.7) and you have the best high school four lap relay race ever assembled.

Two other national interscholastic records that could also be broken are in the men's and women's 800. In the past, in quality women's 800 races, the first lap has been run in 61 or 62 seconds. Last week at Berkeley junior Jessica Spies of Livermore went by 400 meters in 59.3 and 600 meters in 1:31.5 and won unpressed in 2:09.0. Based on the Southern Section final last Thursday Spies will have plenty of company in the state final. Donna Curtis of Culver City had the same time as Spies at 400 and 600 meters and was closely followed by Rennie Durand of Laguna Beach. Curtis just managed to hold off Durrand, 2:06.01 to 2:06.42. The National Federation record is 2:04.5 set by Joetta Clark of Columbia High in Maplewood, N.J. last year. Mary Decker of Orange has the best time ever by a prep (2:02.3).

The men's National Interscholastic Federation 800 record is one of the oldest on the books, a 1:48.8 for 880 yards set by Richard Joyce of Sierra High in Whittier at the California State meet in Bakersfield in 1965. Joyce was unpressed in that race after a 49.2 first lap. Two weeks ago Eddie Davis of Compton won the Southern Section 4-A race in 1:49.43 for the best time in the nation. This weekend Davis is matched against Berkeley's Richardson who was second in last year's

state meet in 1:50.19 losing by .04 to the closing burst of speed from Tulare's Pete Quinonez. A slightly faster opening lap (52 seconds) could result in not only a new Federation record but also challenge the all-time prep best of 1:47.9 set by El Cerritos' Dale Scott in open competition in 1972.



Fine Flicks By Don Gosney

**Berkeley High School's Ken Robinson, will attempt to pace the Yellowjackets to the State Championship.**



# C.I.F. Section Commissioners and C.I.F. Federated Council Members

**THOMAS E. BYRNES**  
State C.I.F. Commissioner  
470 S. Patterson Avenue  
Santa Barbara, CA 93111

**ROBERT E. STEUART**  
Associate Commissioner  
470 S. Patterson Avenue  
Santa Barbara, CA 93111

**CENTRAL**

Carl Berra  
Merritt Gilbert

Art Williams

Joyce Murray

**CENTRAL COAST**

Larry Rice  
George Bergna  
Wilbur Concklin  
Janine Stark

**LOS ANGELES CITY**

Jim Cheffers  
John Sanders  
Gloria Webster

**NORTH COAST**

Paul Gaddini  
Robert Hagler  
Vance Nelson  
Sister Mary Brennan

**NORTHERN**

Gregg LeMaster  
John Riley  
Carol Johnson

**OAKLAND**

Aldo Nelson  
Louis Jones

Mary Reed

**SAC-JOQUIN**

Clarke Coover  
Jug Covich  
Bill Elam  
Eleanor Brown

**SAN DIEGO**

Kendall Webb  
Richard Jackson

Lois A. Nossaman

**SAN FRANCISCO**

Martin Murray  
James Kearney

Vincentine Contrero

**SOUTHERN**

Ray Plutko  
Tony Balsamo  
Robert M. Packer  
Hanford Rants  
Barbara Wilson

Commissioner  
Superintendent/Principal  
Sierra Union High School District  
Administrative Assistant  
Tulare Union High School  
Dean of Students, Hanford High School

Commissioner  
Principal, Buchser High School  
Principal, Mt. Pleasant High School  
Principal, Monta Vista High School

Commissioner  
Principal, Cleveland High School  
Asst. Principal, Marshall High School

Commissioner,  
Principal, Amador Valley Jt. UHS  
Principal, Irvington High School  
St. Elizabeth High School

Commissioner  
Principal, Central Valley High School  
Administrative Assistant,  
Gridley High School

Commissioner  
Director of Athletics/PE/Sex Equity/ROTC  
Oakland Unified School District  
Consultant for PE  
Oakland Unified School District

Commissioner  
Principal, Placer High School  
Principal, Livingston High School  
Principal, Del Campo High School

Commissioner  
Assistant Superintendent,  
San Diego Unified School District  
Assistant Superintendent,  
Grossmont Union High School District

Commissioner  
San Francisco Unified School District  
Assistant Principal,  
Woodrow Wilson High School

Commissioner  
Principal, Apple Valley High School  
Principal, Costa Mesa High School  
Principal, Gahr High School  
Assistant Principal,  
Beverly Hills High School

**REPRESENTATIVE OF STATE DEPARTMENT OF EDUCATION**

John Klumb  
Chief, Bureau of Physical Education,  
Athletics & Recreation  
State Department of Education

**REPRESENTATIVE CAL COACHES' ASSOCIATION**

Doug Pederson  
Acalanes High School District

**PAST PRESIDENT OF C.I.F.**

Dale A. Lacky





# MEN'S POLE VAULT

# #1

## C.I.F. Champions

NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE			
1 Kevin Rehn-451	12	NC	Montgomery	13-0	13-0				1915 Lincoln Hall (Santa Paula)	11-6
2 Tim McEvoy-455	12	NC	Petaluma	13-0	13-0				1916 Lincoln Hall (Santa Paula)	11-9
3 Benci Zapatero-304	12	LA	Huntington Park	13-6	13-6				1917 Vance Wilbur (Sacramento)	11-0
4 Mark Mendoza-275	12	LA	Banning	13-6	13-6				1918 Eric Richardson (Ukiah)	11-6
5 Scott Christensen-420	11	NC	Acalanes	13-6	13-6				1919 Dick Emmons (Manual Arts, L.A.)	10-6
6 David Hyer-540	12	N	Winters	13-6	13-6				1920 Leroy Goodenough (Filmore)	11-10
7 Jay Vavra-782	12	SD	Valhalla	13-9	14-6				1921 Harold Shoebridge (Anaheim)	12-0
8 Pete Marlo-905	12	S	Crespi	14-0	14-1				1922 Harry Smith (San Diego)	11-11 1/2
9 Bryan Anderson-961	12	S	29 Palms	14-0	14-0				1923 Les Barnes (Hollywood)	
10 Wade Nichols-658		S/J	La Sierra	14-0	14-0				Harry Smith (San Diego)	12-3 5/8
11 Marc Rosellini-958	12	S	Simi Valley	14-0	14-6 1/2				1924 Les Barnes (Hollywood)	12-11 1/2
12 Bill Malins-904	12	S	Covina	14-0	14-6				1925 Jack Williams (Inglewood)	12-9 5/8
13 Rob Avant-779	12	SD	Valhalla	14-0	15-0				1926 Marshall Beeman (Armijo, Fairfield)	
14 Mike Skorish-277	12	LA	Chatsworth	14-0	14-1 1/4				Conrad Boye (Manual Arts, L.A.)	
15 Rick Nelson-744	12	SD	Helix	14-0	14-0				Bill Hubbard (San Diego)	
16 James McClanahan-570	11	O/SF	Galileo	14-0	14-2				Jerry Stewart (Los Angeles)	12-4
17 Joe Sullivan-483	12	NC	Washington	14-0	14-5				1927 Bill Miller (San Diego)	12-0
18 Brian Scott-644		SJ	Cordova	14-6	14-6				1928 Bill Miller (San Diego)	12-9 1/2
19 Dien Giuliano-321	12	LA	Sylmar	14-6	14-6				1929 Bill Miller (San Diego)	12-6
20 Don Weckler-208	11	CC	Westmont	14-8	14-9				1930 Dave Crow (Polytechnic, L.B.)	12-6
21 Kevin Camara-171	12	CC	Del Mar	14-8	14-8				1931 Joe Ramsey (Inglewood)	
22 Kelly Rodriguez-85	12	C	Sierra	15-0	15-0				Matt Stankovich (Polytechnic, L.A.)	12-8 1/4
23 Charles Chapman-641		S/J	Cordova	15-0	15-0				1932 Bill Sefton (Polytechnic, L.A.)	
24 Mark Anderson-166	12	CC	Buchser	15-2	15-4				Tom White, Polytechnic, L.B.)	13-0
25 Doug Wicks-91	12	C	South	15-3	15-5 1/2				1933 Ed Harrison (Santa Monica)	12-7
26 Paul Peters-954	12	S	Villa Park	15-3	15-3				1934 Dick Clarke (Hoover, Glendale)	
27 Doug Fraley-53	10	C	Clovis West	15-6	15-6				Eldred Ramos (San Ramon, Danville)	
									Richie Rodriguez (Polytechnic, L.A.)	12-10
									1935 Dick Clarke (Hoover, Glendale)	12-10 1/2
									1936 Dave Bodkin (Inglewood)	12-11
									1937 Baylor Maynard (Belmont, L.A.)	13-1 1/4
									1938 Floyd Doty (Lodi)	
									Lawrence McLanahan (Sacramento)	12-10 1/4
									1939 Frank Ferguson (Inglewood)	
									Clarence "Bud" Humberger (Glendale)	13-3 1/4
									1940 Frank Ferguson (Inglewood)	
									Irving Moore (Piedmont)	13-0
									1941 Chet Hartmann (San Benito, Hollister)	
									Irving Moore (Piedmont)	
									Ernie Sontag (Taft)	12-6
									1946 Bill Mays (Oxnard)	
									Phil Quilter (Pasadena)	12-6 1/2
									1947 George Mattos (Pacific Grove)	12-6
									1948 Don Barnes (Fullerton)	12-6
									1949 Jack Widman (Narbonne, Lomita)	13-4 1/2
									1950 Dick McDonald (Wilson, Long Beach)	
									Harold Red (Lemoore)	13-0 1/2
									1951 Clarke Merrill (Belmont, L.A.)	13-0
									1952 Ronnie Morris (Burrroughs, Burbank)	13-3 1/4
									1953 Ronnie Morris (Burrroughs, Burbank)	13-9 1/8
									1954 Bob McKay (Inglewood)	
									Joe Rose (Glendale)	
									Stan Gaunt (Mt. Diablo, Berkeley)	13-0
									1955 Nathaniel Finney (Jordan, L.A.)	13-4
									1956 Tim Helm (El Dorado)	13-6
									1957 Voyce Hendrix (Riverdale)	13-6
									1958 John Rose (Glendale, Hoover)	14-1
									1959 Bob Looney (Santa Barbara)	13-8 1/4
									1960 Mike Flanagan (Ganesha)	
									Gary Down (Anaheim)	13-3
									1961 Mike Graves (El Cajon)	14-2 1/4
									1962 Eric Berge (Costa Mesa)	
									Bob Richardson (Ganesha)	14-3
									1963 Bill Fosdick (Andrew Hill, San Jose)	14-8 1/4
									1964 Paul Wilson (Warren, Downey)	15-4 1/2
									1965 Paul Wilson (Warren, Downey)	15-4 1/4
									1966 Wayne Meyers (Foothill, Sacramento)	15-0 1/4
									1967 Tom Reynolds (Morningside, Inglewood)	14-10
									1968 Steve Smith (South Torrance)	15-3 1/2
									1969 Steve Smith (South Torrance)	16-0
									1970 Tom Lindsay (La Sierra, Carmichael)	14-10 1/2
									1971 Tim Quinn (Monroe)	15-2
									1972 Hubert Black (Fremont, L.A.)	15-2
									1973 Tim Curran (Crespi, Encino)	16-2 1/4
									1974 Jim Knaub (Lakewood)	16-6
									1975 Keith Schimmel (Villa Park)	15-6
									1976 Tom Hintnaus (Aviation, Manhattan Beach)	15-2
									1977 Anthony Curran (Crespi)	16-0
									1978 Tony Curran (Crespi)	17-0 1/4
									1979 Clark Elliott (Bellflower)	15-6
									1980 Greg Stull (Troy, Fullerton)	15-10

### FINALS

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

### MARK

**STATE RECORD:** 17-0 1/4, Tony Curran, Crespi HS, CA, 1978.  
**NATIONAL RECORD:** 17-5 1/2, Daniel Joe Dial, Marlow HS, OK, 1980.





# WOMEN'S LONG JUMP

# #2

NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE
1 Jenny Stumpf-506	12	N	Esparto	16-11½	16-11½	_____	_____
2 Ruth Lawanson-9	12	C	Clovis West	17-3	18-2½	_____	_____
3 Cathy Dee-159	11	CC	Santa Catalina	17-3	17-5	_____	_____
4 Mona Williams-5	12	C	Central	17-5¼	18-11	_____	_____
5 Lisa Penny-230	12	LA	Dorsey	17-6	17-6	_____	_____
6 Hilary Bray-124	10	CC	Los Altos	17-6	17-6	_____	_____
7 Lynnda Kelley-831	12	S	Irvine	17-7½	18-1	_____	_____
8 Vivian Riley-158	10	CC	Mt. Pleasant	17-8	18-8¼	_____	_____
9 Tammy Bryant-871	9	S	Ventura	17-8¼	18-6¼	_____	_____
10 Marina Laymen-834	10	S	La Habra	17-9½	18-2¼	_____	_____
11 Judy Woods-264	12	LA	San Fernando	17-11	17-11	_____	_____
12 Stacey Green-624		S/J	Valley	18-0¼	18-0¼	_____	_____
13 Natalie Day-585		S/J	Casa Roble	18-1	18-3	_____	_____
14 Janice Padmore-553	12	O/SF	Galileo	18-1	18-1	_____	_____
15 Kim Goodman-260	11	LA	Narbonne	18-2¼	18-2¼	_____	_____
16 Torie Dixon-710	12	SD	Mira Mesa	18-2¼	18-2¼	_____	_____
17 Debbie Blackwell-603		S/J	Fairfield	18-3	18-3	_____	_____
18 Sheila Nicks-36	11	SD	Crawford	18-4¼	18-4¼	_____	_____
19 Shawn Lawson-694	12	SD	El Cajon	18-4¼	18-4¼	_____	_____
20 Chris Mose-697	12	SD	El Cajon	18-4¼	18-4¼	_____	_____
21 Shari Baldomir-855	12	S	San Dimas	18-5	18-5	_____	_____
22 Yvette Bates-370	9	NC	Berkeley	18-6	18-11½	_____	_____
23 Maggie Van Zeeland-364	12	NC	Acalanes	18-7	18-7	_____	_____
24 Brenda Bertillion-416	12	NC	Sunset	18-10¼	18-10¼	_____	_____
25 Yolanda Fletcher-224	12	LA	Crenshaw	18-10½	18-10½	_____	_____
26 Sabrina Williams-870	12	S	Vly Christian	18-11¼	19-2¼	_____	_____
27 Robyne Johnson-373	12	NC	Berkeley	19-9	19-9	_____	_____

### C.I.F. Champions

1974	Jodi Anderson (Washington, L.A.)	19-7
1975	Jodi Anderson (Washington, L.A.)	19-6½
1976	Jodi Anderson (Washington, L.A.)	20-0¼
1977	Lisa Gourdine (El Toro)	19-1
1978	Kathy Haynes (Madera)	19-3
1979	Gwyn Loud (Westchester, L.A.)	20-4¼
1980	Marlene Harmon (Thousand Oaks)	20-8¼



### FINALS

### MARK

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 22-4¼, Gwyn Loud, Westchester HS, CA, 1979.  
**NATIONAL RECORD:** 22-1¼, Kathy McMillan, Hoke City HS, NC, 1978.





# WOMEN'S SHOT PUT

# #3

NAME-NO.	GR	SEC	SCHOOL	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
1 Tina Ellis-546	10	O/SF	Fremont	33-7¼	33-7¼	_____	_____
2 Lupe Robles-39	11	C	Woodlake Union	36-3	36-3	_____	_____
3 Melba Lawrence-257	11	LA	Monroe	37-10¼	37-10¼	_____	_____
4 Jeanne Gallegos-397	12	NC	Liberty	38-3½	41-2½	_____	_____
5 Kristi Hiatt-718	12	SD	Poway	38-4¼	38-4¼	_____	_____
6 Jane Johnson-725	11	SD	Valhalla	38-4¼	38-4¼	_____	_____
7 Lynette Colter-413	12	NC	Rancho Cotate	38-8¼	40-2¼	_____	_____
8 Dorsey Poulin-727	10	SD	Vista	39-8¼	39-8¼	_____	_____
9 Sharon Pierson-33	11	C	Tranquillity	40-2	41-1	_____	_____
10 Gia Carrozzi-114	12	CC	Carlmont	40-8	42-9	_____	_____
11 Michelle Neely-625		S/J	Vanden	40-8½	40-8½	_____	_____
12 Betty Almo-507	12	N	Gridley	40-8½	40-8½	_____	_____
13 Jill Crisler-120	11	CC	Gunn	40-9½	42-2¼	_____	_____
14 Kim Childress-245	12	LA	Locke	41-4½	42-6¼	_____	_____
15 Sonia Yanez-236	11	LA	Garfield	41-7	41-7	_____	_____
16 Ann Phillips-618		S/J	Mira Loma	41-9½	41-9½	_____	_____
17 Loraine Costanzo-858	12	S	Saugus	42-0¼	46-0¼	_____	_____
18 Amy Van Galder-363	12	NC	Acalanes	42-1½	43-9½	_____	_____
19 Dot Jones-607		S/J	Hilmar	42-1½	42-6	_____	_____
20 Cindi Durshlag-138	11	CC	San Carlos	42-2½	43-4½	_____	_____
21 Patty Taylor-939	11	S	West Torrance	42-5½	42-5½	_____	_____
22 Jacque Sheffield-815	11	S	Eisenhower	42-5¼	42-11¼	_____	_____
23 Wendy Bradshaw-857	11	S	Saugus	42-11¼	44-6	_____	_____
24 Laura De Snoo-419	12	NC	Washington	43-6¼	44-0½	_____	_____
25 Yolanda Fletcher-224	12	LA	Crenshaw	44-8¼	45-3	_____	_____
26 Debbie Corley-18	12	C	Garces	45-3¼	46-3	_____	_____
27 Natalie Kaaiwahia-820	10	S	Fullerton	52-4¼	52-4¼	_____	_____

### C.I.F. Champions

1974	Kathy Devine (Mission Bay, S.D.)	47-4½
1975	Kathy Davis (Mission Bay, S.D.)	42-3¼
1976	Becky Daniel (Newport Harbor)	42-9¼
1977	Debra Thorntana (Sacramento)	43-9
1978	Kerry Zwart (Crescenta Valley)	45-11½
1979	Susie Ray (Villa Park)	49-6½
1980	Natalie Kaaiwahia (Fullerton)	48-4¼



### FINALS

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

### MARK

**STATE RECORD:** 49-6½, Susie Ray, Villa Park, HS, CA, 1979.  
**NATIONAL RECORD:** 50-1¼, Elaine Sobansky, Trinity HS, WA, 1980.  
 52-4¼, Natalie Kaaiwahia, Fullerton HS, CA, 1981, pending.

Fullerton High School's National Record Holder Natalie Kaaiwahia





# MEN'S DISCUS

# #4

NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE
1 James Salanoa-571	11	O/SF	Galileo	150-4	150-4	_____	_____
2 Duane Parker-530	12	N	Enterprise	151-9	151-9	_____	_____
3 Keith Kartz-769	12	SD	San Dieguito	157-2	157-2	_____	_____
4 Allen Graves-666		S/J	Oakdale	160-5	166-7	_____	_____
5 Jack Eaton-739	12	SD	Fallbrook	160-8	164-11	_____	_____
6 Sal Mocerri-756	12	SD	Mission Bay	162-2	162-2	_____	_____
7 Ed Hotz-74	12	C	Fresno	163-8	166-10	_____	_____
8 Oscar Garza-79	11	C	Kingsburg	165-4	165-7	_____	_____
9 Wes Muller-646		S/J	Denair	166-6	169-11	_____	_____
10 Mike Ostrum-446	10	NC	Las Lomas	166-10	172-9	_____	_____
11 Chris Sweeney-893	12	S	Capo. Valley	166-11	166-11	_____	_____
12 Nathan Phillips-885	12	S	Beverly Hills	172-3	172-3	_____	_____
13 John Aimonetti-165	11	CC	Blackford	172-11	172-11	_____	_____
14 Brent Martin-80	12	C	Madera	174-5	176-5	_____	_____
15 Dan Katches-189	11	CC	Mills	174-5	181-7	_____	_____
16 Chris Day-450	12	NC	Montgomery	174-9	181-6	_____	_____
17 Dan Westerfield-892	12	S	Capo. Valley	176-1	181-11	_____	_____
18 Dennis De Soto-481	12	NC	Santa Rosa	178-7	178-7	_____	_____
19 Matt Gallo-638		S/J	Central Catholic	178-11	189-0	_____	_____
20 Kevin Jefferies-935	12	S	Newport Harbor	179-1	185-11	_____	_____
21 Tim Sutro-172	12	CC	Del Mar	182-9	182-9	_____	_____
22 John Berry-453	12	NC	North Gate	187-6	189-1	_____	_____
23 Antonio Dobbins-888	12	S	Burroughs (R)	190-11	193-7	_____	_____

### Previous C.I.F. Champions

1959	Ron Snidow (San Rafael)	176-1
1960	Alex Darnes (Polytechnic, S.F.)	178-8
1961	Bob Stoecker (Los Altos)	188-6½
1962	Bob Stoecker (Los Altos)	185-11½
1963	Stan McDonald (Edison, Fresno)	178-1
1964	Bill Staley (Las Lomas)	181-2
1965	Bruce Naglee (Bellarmine)	172-3½
1966	Jim Peters (Piedmont)	189-1
1967	Fred DeBernardi (Hart, Newhall)	178-2
1968	Rory Kenward (San Marcos)	183-11
1969	Chris Adams (Los Altos)	188-0
1970	Chris Adams (Los Altos)	201-3
1971	Bob Otto (Porterville)	184-9
1972	Scott Overton (Los Altos)	185-10
1973	Lonnie Shelton (Foothill, Bakersfield)	195-5
1974	Ray Burton (Vacaville)	193-0
1975	Mike Alberg (Lodi)	171-11
1976	Scott Endler (Hoover, Fresno)	192-10
1977	David Thomson (San Ynez)	190-0
1978	Dave Porath (Atwater)	199-5
1979	Hank Kraychir (San Jacinto)	179-3
1980	Paul Bender (Shafter)	192-9



### FINALS

### MARK

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____



Photo By: Fine Flicks By Don Cosney

Montgomery High School's Chris Day

**STATE RECORD:** 201-3, Chris Adams, Los Altos HS, CA, 1970.  
**NATIONAL RECORD:** 207-8, Scott Crowell, Mason City HS, IA, 1978.





# WOMEN'S DISCUS

# #5

NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE
1 Yolanda Graves-556	10	O/SF	Lincoln	96-4	96-4	_____	_____
2 Elandes Sherrills-327	12	LA	Jordan	105-6	105-6	_____	_____
3 Karen Moore-418	12	NC	Terra Linda	119-10	119-10	_____	_____
4 Sonia Yanez-236	11	LA	Garfield	120-4	120-4	_____	_____
5 Cherie Schaeffer-385	12	NC	Castro Valley	122-7	126-1	_____	_____
6 Vicki Dhont-361	12	NC	Acalanes	124-7	126-8	_____	_____
7 Dorsey Poulin-727	10	SD	Vista	129-3	129-3	_____	_____
8 Cora Manaea-144	10	CC	Seaside	129-6	129-6	_____	_____
9 Cissy Laughlin-724	12	SD	Torrey Pines	131-9	135-9	_____	_____
10 Michelle Schoniger-501	11	N	Anderson	132-6	132-6	_____	_____
11 Janet Whitney-17	11	C	Fresno	135-5	141-5	_____	_____
12 Diana Clements-854	11	S	San Clemente	134-3	134-3	_____	_____
13 Cathy Norton-619		S/J	Oakmont	135-1	135-8	_____	_____
14 Laura Mills-880	12	S	University	135-1	136-11	_____	_____
15 Sharon Pierson-33	11	C	Tranquillity	135-7	135-7	_____	_____
16 Andrea Kriva-806	11	S	Burbank	136-10	138-7	_____	_____
17 Kim Shakir-13	11	C	Clovis West	136-11	136-11	_____	_____
18 Susan Compton-707	12	SD	Marian	137-9	147-7	_____	_____
19 Natalie Kaaiawahia-802	10	S	Fullerton	140-9	147-7	_____	_____
20 Mary Dentinger-602		SJ	El Camino	140-10	140-10	_____	_____
21 Diane Oswald-126	12	CC	Los Gatos	142-6	143-4	_____	_____
22 Karen Nickerson-594		S/J	Cordova	143-9½	152-4	_____	_____
23 Jacque Norton-837	11	S	Mission Viejo	147-6	149-3	_____	_____
24 Cindi Durchslag-138	11	CC	San Carlos	147-9	147-9	_____	_____
25 Laura De Snoo-419	12	NC	Washington	161-8	164-9	_____	_____

### Previous C.I.F. Champions

1975 Betty Smith (Corcoran) .....	126-1
(Exhibition Event)	
1976 Kathy Middleton (Poway) .....	134-5
1977 Karen Stampfli (Lassen) .....	137-8
1978 Christi Pyle (Hoover, Glendale) .....	154-6*
1979 Leslie Deniz (Gridley) .....	167-1
1980 Leslie Deniz (Gridley) .....	172-11

\*Trials. Pyle won finals with 149-3.



FINALS	MARK
1 _____	
2 _____	
3 _____	
4 _____	
5 _____	
6 _____	

**STATE RECORD: 167-1, Leslie Deniz, Gridley, 1979.**  
**NATIONAL RECORD: 167-1, Leslie Deniz, Gridley, CA, 1979.**





# WOMEN'S HIGH JUMP

# #6

NAME-NO.	GR	SEC	SCHOOL	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
1 Amy Brewer-548	10	O/SF	Skyline	5-0	5-0	_____	_____
2 Yvette Maufus-256	11	LA	Marshall	5-1	5-3	_____	_____
3 Michelle, Lowe-252	10	LA	Manual Arts	5-1	5-1	_____	_____
4 Kelly Cummings-161	12	CC	Los Gatos	5-2	5-2	_____	_____
5 Yolanda Fletcher-224	12	LA	Crenshaw	5-2	5-2	_____	_____
6 Carla Johnson-251	11	LA	Manual Arts	5-2	5-3	_____	_____
7 Natalie Irving-692	12	SD	Crawford	5-3	5-3	_____	_____
8 Allison Crist-417	11	NC	Sunset	5-4	5-4	_____	_____
9 Ethel Weaver-38	11	C	Tulare	5-4	5-4	_____	_____
10 Cheryl Bishop-371	11	NC	Berkeley	5-4	5-8	_____	_____
11 Maryanne Baumgardner-111	12	CC	Aragon	5-4	5-6	_____	_____
12 Karen Robinson-711	11	SD	Mission Bay	5-5	5-8	_____	_____
13 Carrie Thomas-711	11	SD	Mission Bay	5-5	5-6	_____	_____
14 Debbie Disbrow-395	11	NC	Granada	5-5	5-9	_____	_____
15 Jill Silva-515	11	N	Pleasant Valley	5-5	5-5	_____	_____
16 Laura Mills-880	12	S	University	5-6	5-8	_____	_____
17 Laura Campbell-869	12	S	Troy	5-6	5-10	_____	_____
18 Katrina Johnson-836	11	S	Marshall	5-6	5-6	_____	_____
19 Jenny Linderman-621		S/J	Sonora	5-6	5-8	_____	_____
20 Sheri Moreford-605		S/J	Foothill	5-6	5-8	_____	_____
21 Tanya Mendonca-23	10	C	Mt. Whitney	5-6	5-8 1/4	_____	_____
22 Karen Lysaght-623		S/J	St. Francis	5-6	5-8	_____	_____
23 Cabrini Leathers-32	11	C	South (B)	5-6	5-6	_____	_____
24 Gabrielle Le Clair-713	11	SD	Monte Vista	5-7	5-7	_____	_____
25 Karen Kramer-850	12	S	Notre Dame (Riv)	5-8	5-8 1/4	_____	_____
26 Alison Walker-830	12	S	Hoover	5-8	5-10	_____	_____
27 Maggie VanZeeland-364	12	NC	Acalanes	5-11	5-11	_____	_____

### Previous C.I.F. Champions

1974	Pam Blackburn (Cubberly)	5-8
1975	Kim Maddox (Los Angeles)	5-8
1976	Kari Gosswiller (Upland)	5-10
1977	Kari Gosswiller (Upland)	5-9
1978	Sue McNeal (Carlsbad)	5-10 1/4
1979	Tonya Alston (Chico)	5-9
1980	Karen Lysaght (St. Francis)	6-0



### FINALS

### MARK

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 6-0, Karen Lysaght, St. Francis HS, CA, 1980.  
**NATIONAL RECORD:** 6-1, Sharon Burrill, John F. Kennedy HS, CO, 1978.





# MEN'S LONG JUMP

# #7

NAME-NO.	GR	SEC	SCHOOL	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
1 Robbie Harnson-443	12	NC	Eureka	21-8½	21-8½	_____	_____
2 Carl Nelson-533	12	N	Las Plumas	21-8½	23-6½	_____	_____
3 Rob McCorkel-454	11	NC	Petaluma	22-3	22-10	_____	_____
4 John Anderson-209	11	CC	Willow Glen	22-5	23-0½	_____	_____
5 Kevin Knight-90	12	C	South	22-6¾	22-10½	_____	_____
6 Jim Peoples-204	11	CC	Silver Creek	22-7½	23-0	_____	_____
7 Avis Jones-928	12	S	Morningside	22-8	23-4	_____	_____
8 Steve Digner-445	11	NC	Las Lomas	22-8	22-8	_____	_____
9 Michael Howe-940	12	S	North Riv.	22-8½	24-5	_____	_____
10 Eric Norman-657		S/J	Johnson	22-8¾	22-8¾	_____	_____
11 Ed Scott-734	12	SD	Clairemont	22-10	23-0¾	_____	_____
12 Brett Henry-887	12	S	Brethren	22-10	23-2¾	_____	_____
13 Vestee Jackson-81	12	C	McLane	22-10½	24-3¼	_____	_____
14 Fred Covington-650		S/J	Fairfield	22-11	22-11	_____	_____
15 Ken Smith-200	12	CC	Palo Alto	22-11¼	23-11	_____	_____
16 Curtis Lockett-751	12	SD	Lincoln	22-11½	23-7½	_____	_____
18 Ronald Young-313	11	LA	Locke	23-2¾	23-4	_____	_____
19 Vincent Cobb-288	12	LA	Dorsey	23-3	23-3	_____	_____
20 Mike Powell-908	12	S	Edgewood	23-3½	23-4	_____	_____
21 Eric Thomas-665		S/J	Norte Del Rio	23-5	23-5	_____	_____
22 Gilbert Lee-278	12	LA	Cleveland	23-6	23-6	_____	_____
23 Anthony McClendon-778	11	SD	University	23-7½	23-7½	_____	_____
24 Roy McCoy-63	12	C	Edison	23-8¾	24-11	_____	_____
25 Darvin Malone-558	12	O/SF	Castlemont	23-11¼	23-11¼	_____	_____
26 Ed Tave-934	12	S	Muir	24-3¼	24-10	_____	_____
27 Paul Jones-306	12	LA	Kennedy	24-6½	24-6½	_____	_____

## Previous C.I.F. Champions

1915 Ernie Plavans (Santa Ana)	21-2
1916 Harry Lamport (Manual Arts, L.A.)	21-5¼
1917 Gene Davis (Polytechnic, L.A.)	21-10½
1918 Roy Hasselbach (Fresno)	20-11¼
1919 Harold Muller (Technical, Oakland)	20-0
1920 Verden Nash (Chino)	21-9½
1921 Verden Nash (Chino)	22-4½
1922 Verden Nash (Chino)	22-5 5/8
1923 Mort Kaer (Red Bluff)	22-2¼
1924 Virgil Elliott (Huntington Beach)	22-3½
1925 Fred Osborne (Fullerton)	21-8½
1926 Walter Rehwald (Lincoln, L.A.)	22-5
1927 Frank Wykoff (Glendale)	22-2
1928 Dick Barber (Polytechnic, L.B.)	23-5¼
1929 Wells Ruby (Hollywood)	22-7¼
1930 George Shehtanian (Tulare)	23-2 5/8
1931 Floyd Wilson (Riverdale)	23-2 5/8
1932 Tom White (Polytechnic, L.B.)	22-10½
1933 Don Skinner (Manual Arts, L.A.)	22-8
1934 Don Skinner (Manual Arts, L.A.)	23-8½
1935 Jimmy Montgomery (El Monte)	23-0¼
1936 Eddie Arnold (Muir, Pasadena)	23-1¼
1937 Bill Bugbee (Montebello)	23-1
1938 Bill Bugbee (Montebello)	23-7 7/8
1939 Jim Jurkovich (Fresno)	24-0¼
1940 Glen Shoop (Jordan, L.B.)	22-2½
1941 Ray Meagher (Bakersfield)	23-5¼
1946 Carl Monser (Alameda)	22-2¼
1947 Hugh McElhenny (Washington, L.A.)	22-10½
1948 George Brown (Jordan, L.A.)	23-2¼
1949 George Brown (Jordan, L.A.)	24-6¼
1950 William Johnson (Jefferson, L.A.)	23-2¾
1951 Bill Holland (Jefferson, L.A.)	22-5¼
1952 Rollin Garrison (Compton)	23-5¼
1953 Monte Upshaw (Piedmont)	23-5
1954 Monte Upshaw (Piedmont)	25-4¼
1955 Bobby Baines (Jordan, L.A.)	23-3½
1956 Oscar Bean (Jefferson, L.A.)	24-9
1957 Luther Hayes (Lincoln, S.D.)	23-8½
1958 Steve Rogers (Brawley)	24-6
1959 Eftten Jones (Delano)	23-5¼
1960 Walt Roberts (Compton)	24-7¼
1961 Robert McKeever (Fremont, L.A.)	24-3
1962 James Kennedy (Lincoln, San Diego)	24-3¼
1963 Jerry Williams (Berkeley)	24-3¼
1964 Bobby Bonds (Riverside Poly)	25-3
1965 Manuel Murrell (Long Beach Poly)	24-9¼
1966 Doyle Steel (San Diego)	25-3¼
1967 Jerry Proctor (Muir, Pasadena)	25-4½
1968 Heulon Hewitt (Merced)	24-7
1969 James McAllister (Blair)	24-2¼
1970 Lynn Swann (Serra, San Mateo)	24-2¼
1971 Randy Williams (Edison)	26-3¼ W
1972 Carl McCullough (Sacramento)	24-7
1973 Jerry Herndon (Cajon, San Bernardino)	25-4½
1974 James Lofton (Washington, L.A.)	24-3½
1975 Paul Wilson (Fontana)	24-8½
1976 Larry Doubly (Manual Arts, L.A.)	25-3¼
1977 Kurt Durham (Oakland)	25-0¼
1978 Dokie Williams (El Camino, Oceanside)	25-1¼
1979 George Gaffney (Lemore)	24-1¼
1980 Charles Mayfield (Muir, Pasadena)	23-4¼

(W - wind-aided)

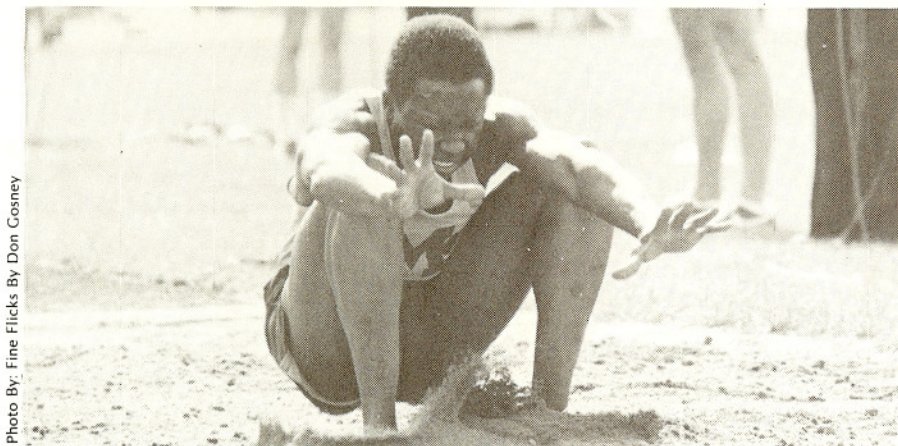


Photo By: Fine Flicks By Don Cosney

Mission High School's (San Jose) Ken Frazier

### FINALS

### MARK

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 25-4½, Jerry Proctor, Muir HS, CA, 1967.  
**NATIONAL RECORD:** 25-9¼, Gerald Hardeman, Edison HS, CA, 1972.





# MEN'S TRIPLE JUMP

# #8

NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE
1 Kevin Holmes-280	11	LA	Cleveland	45-4¼	46-8¼	_____	_____
2 Steve Von Tuwgelin-539	12	N	Weed	45-5½	45-5½	_____	_____
3 Ed Saignes-318	12	LA	Polytechnic	46-0¼	46-3	_____	_____
4 Paul Jones-306	12	LA	Kennedy	46-1½	47-10	_____	_____
5 Anthony Bedell-943	12	S	Pasadena	46-3¼	46-7¼	_____	_____
6 Bill Burbrow-421	12	NC	Acalanes	46-3¼	47-1	_____	_____
7 Heikki Herva-447	12	NC	Marina	46-4¼	46-4¼	_____	_____
8 Alden Henry-47	12	C	Bakersfield	46-7¼	48-0½	_____	_____
9 Anthony McClendon-778	11	SD	University	46-8¼	46-8¼	_____	_____
10 Joe Sterling-188	12	CC	Menlo Atherton	46-11	47-4½	_____	_____
11 Sherman Brooks-953	12	S	Serra	47-1½	47-2½	_____	_____
12 Mike Harris-660		S/J	Marysville	47-2¼	47-2¼	_____	_____
13 Clay Hall-942	11	S	Palm Springs	47-3	47-8	_____	_____
14 Grey Thompson-449	12	NC	Mission San Jose	47-3¼	47-3¼	_____	_____
15 Lionel Johnson-652		S/J	Franklin	47-3¼	47-3¼	_____	_____
16 Vestee Jackson-81	12	C	McLane	47-6½	51-7¼	_____	_____
17 Cornell Archie-72	11	C	Fresno	47-7¼	48-9½	_____	_____
18 Curtis Johnson-669		S/J	Stagg	47-8½	48-11	_____	_____
19 Rob Harrison-443	12	NC	Eureka	47-8¼	47-8¼	_____	_____
20 Richard Osborne-737	12	SD	El Cajon	47-9	47-9	_____	_____
21 Larry Weldon-205	11	CS	Silver Creek	47-10	47-10	_____	_____
22 Byron Gaiter-762	12	SD	Mt. Miguel	47-10¼	47-10¼	_____	_____
23 Phillip Anderson-296	11	LA	Fremont	48-0¼	48-8	_____	_____
24 Ed Tave-934	12	S	Muir	48-1¼	49-7¼	_____	_____
25 Ken Williams-960	11	S	Troy	48-4¼	50-1½	_____	_____
26 Ken Frazier-593	11	O/SF	Mission	49-5	50-6	_____	_____
27 Ken Taylor-213	12	CC	Yerba Buena	50-0¼	50-0¼	_____	_____

## Previous C.I.F. Champions

1973	Willie Banks (Oceanside)	49-7¼
1974	Willie Banks (Oceanside)	50-9
1975	Mike Dobbins (Merced)	49-3
1976	Gregory Caldwell (Fremont, L.A.)	51-8½
1977	Dokie Williams (El Camino)	51-0½
1978	Dokie Williams (El Camino, Oceanside)	50-4¼
1979	Henry Ellard (Hoover)	49-2½
1980	Freeman Miller (Fremont, L.A.)	50-8



Photo By: Paul J. Miller

## FINALS

## MARK

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 51-0½, Dokie Williams, El Camino HS, CA, 1977.  
**NATIONAL RECORD:** 52-6¼, David Tucker, San Joaquin Memorial HS, CA, 1970.

Mission High School's (San Jose)  
 Ken Frazier, A Double Threat





# MEN'S SHOT PUT

# #9

NAME-NO.	GR	SEC	SCHOOL	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
1 Joe Drake-569	12	O/SF	Galileo	54-0	54-0		
2 Ken Fowler-629		S/J	Bella Vista	54-5	54-5		
3 Steve Jones-290	12	LA	Dorsey	54-7	54-7		
4 Bill Cunningham-319	11	LA	Reseda	54-11 1/2	54-11 1/2		
5 Keith Viartz-769	12	SD	San Dieguito	55-1	55-6		
6 Dave Wright-457	12	NC	Petaluma	55-2 1/4	55-2 1/4		
7 John Aimonetti-165	11	CC	Blackford	55-5	56-6 1/4		
8 Josh Johnson-295	11	LA	Fairfax	55-6	55-6		
9 Craig Sutfin-529	12	N	Corning	55-8	57-3 1/2		
10 Brad Erin-740	12	SD	Fallbrook	56-1	56-1		
11 Rodney Robinson-163	12	CC	Awalt	56-5	58-1		
12 Brent Martin-80	12	C	Madera	57-2	60-2 1/4		
13 Tim Dunkin-86	12	C	South	57-6 1/2	58-2		
14 Ron Wolitarsky-906	12	S	Culver City	57-8 1/2	57-8 1/2		
15 Sheldon Mackenzie-950	12	S	San Marcos	57-11 1/4	57-11 1/4		
16 Allen Graves-666		S/J	Oakdale	58-7	58-7		
17 Michale Alo-274	12	LA	Banning	59-0 1/2	61-6 1/4		
18 Mike Cimoli-659		S/J	Manteca	59-0 1/2	59-0 1/2		
19 Kevin Mason-732	12	SD	Castle Park	59-3 1/2	59-3 1/2		
20 Brent Bartz-884	12	S	Arcadia	59-7 1/2	61-2 1/2		
21 Dave Maggard-422	12	NC	Acalanes	59-10 1/4	60-3 1/4		
22 Randy Arieey-92	12	C	West (B)	60-4 1/2	60-4 1/2		
23 Paul Rosati-423	12	NC	Acalanes	60-7 1/4	61-7 1/4		
24 Tim Sutro-172	12	CC	Del Mar	61-11 1/2	61-11 1/2		
25 Junior Ili-936	12	S	Nogales	62-0 1/4	64-9 1/4		
26 John Frazier-883	12	S	Antelope Vllj	63-6 1/2	64-2 1/2		
27 Dennis De Soto-481	12	NC	Santa Rosa	63-5 1/4	63-10 1/2		

### Previous C.I.F. Champions

1915	Wayne Weeks (Santa Rosa)	46-2 3/8
1916	Wayne Weeks (Santa Rosa)	47-4 1/2
1917	Jim Blewett (Manual Arts, L.A.)	47-9 1/4
1918	Jennings Robertson (Sutter City)	44-6
1919	Ernst Hartmann (Polytechnic, L.A.)	42-3
1920	Clarence "Bud" Houser (Oxnard)	49-9
1921	Clarence "Bud" Houser (Oxnard)	52-0
1922	Clarence "Bud" Houser (Oxnard)	55-4 1/4
1923	Cecil White (Modesto)	48-0 1/2
1924	Cecil White (Modesto)	49-7 1/4
1925	Herb Fleishhacker (Menlo)	49-2
1926	Maury Lauterman (Polytechnic, L.A.)	49-0 1/4
1927	Harold Falter (Glendale)	49-9 5/8
1928	Garrett Arbelbide (Huntington Park)	48-10 1/2
1929	Nelson Gray (Chaffey, Ontario)	53-5 1/2
1930	Don Carter (Franklin, L.A.)	52-8 1/4
1931	Don Carter (Franklin, L.A.)	52-10
1932	Bob Pyle (Pasadena)	53-6
1933	Jim Donaldson (Hollywood)	54-3
1934	Ray Young (Riis, Los Angeles)	55-10
1935	John Raitt (Fullerton)	55-5 1/4
1936	Joe Hill (Calif. Deaf, Berkeley)	54-5 1/4
1937	Wilbur Thompson (Modesto)	55-8 1/4
1938	Mario Russo (Pittsburg)	55-5 1/4
1939	Frank Minnini (Paso Robles)	54-1
1940	Ben Steele (Santa Rosa)	54-4 1/2
1941	George Souza (Vallejo)	52-4 1/4
1946	John Helwig (Mount Carmel, L.A.)	59-5 7/8
1947	Bob Cameron (Washington, L.A.)	53-10 7/8
1948	Bob Cameron (Washington, L.A.)	59-7 1/2
1949	Elmer Willhoite (Merced)	57-3 1/4
1950	Hal Norris (Grossmont)	56-5 1/2
1951	Leon Patterson (Taft)	59-2 1/2
1952	Leon Patterson (Taft)	60-9 7/8
1953	Don Vick (Chaffey)	60-7 1/4
1954	Dick Bronson (Grossmont)	59-7 1/8
1955	Duncan Ward (Santa Monica)	59-4 1/2
1956	Homer Robertson (San Bernardino)	63-9 1/2
1957	Clark Branson (Pasadena)	64-0 1/4
1958	Jack Slocumbe (Long Beach)	61-4 1/2
1959	Mike Parker (Turlock)	57-8
1960	Matthew Baggett (Berkeley)	60-7
1961	Bill Pace (El Rancho, Whittier)	64-3 1/2
1962	Jim O'Brien (De Anza, Richmond)	62-2 1/4
1963	Bruce Wilhelm (Fremont, Sunnyvale)	63-4 1/4
1964	Bob Brannan (Los Gatos)	62-7 1/4
1965	Steve Marcus (Palisades)	63-11 1/4
1966	John Hubbell (Poly, Long Beach)	66-11
1967	John Buehler (Whittier)	65-3 1/4
1968	Pete Schmock (San Dieguito)	63-11
1969	Sam Cunningham (Santa Barbara)	61-2
1970	Randy Withrow (Pasadena)	63-8 1/4
1971	Mark Stevens (Newport Harbor)	67-2 1/4
1972	Randy Cross (Crespi, Encino)	65-7 1/4
1973	Jim Niedhart (Newport Harbor)	67-3 1/4
1974	Dave Kurrasch (Santa Ana)	63-10 1/2
1975	Dave Kurrasch (Newport Harbor)	65-9 1/2
1976	Steve Montgomery (Lassen, Susanville)	68-0
1977	Craig Polley (Sunny Hills)	62-4 1/4
1978	Dave Porath (Atwater)	65-10 1/4
1979	Don Mosebar (Mt. Whitney)	62-6 1/4
1980	Scott Garnett (Muir, Pasadena)	64-4 1/4



### FINALS

### MARK

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 68-0, Steven Montgomery, Lassen HS, CA, 1976.  
**NATIONAL RECORD:** 77-0, Michael Carter, Jefferson HS, TX, 1979.





# MEN'S HIGH JUMP

# #10

NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE
1 Eric Sams-736	12	SD	Crawford	6-2	6-2		
2 Mike Macliz-45	12	C	Avenal	6-6	6-4		
3 Marvin Johnson-69	12	C	Foothill	6-4	6-5		
4 Jon Martin-772	11	SD	Serra	6-4	6-4		
5 Paul Weber-538	11	N	Shasta	6-4	6-4		
6 David Swanson-425	11	NC	Analy	6-6	6-6		
7 Dean Young-312	12	LA	Locke	6-6	6-8		
8 Dean Shorno-434	12	NC	Bishop O'Dowd	6-6	6-7 1/2		
9 John Budge-458	11	NC	Piedmont	6-6	6-7		
10 Rick Swenson-49	11	C	Clovis	6-6	6-9 1/4		
11 Reggie Du Pee-187	12	CC	Menlo Atherton	6-7	6-8		
12 Kevin Holmes-280	11	LA	Cleveland	6-7	6-7		
13 Vaughn Raines-212	12	CC	Yerba Buena	6-7	6-7		
14 T. J. Bartel-206	12	CC	Westmont	6-7	6-7		
15 Francel Jones-951	11	S	Santa Ana Villy	6-8	6-10		
16 Everett Woodard-651		S/J	Folsom	6-8	6-10 1/4		
17 Berrett Francis-783	12	SD	Vista	6-8	6-9		
18 Maurice Crumby-568	10	O/SF	Balboa	6-8	7-0		
19 Chris Vandergeest-323	12	LA	Taft	6-8	6-8		
20 Ken Malvino-461	12	NC	Redwood	6-8	6-10		
21 John Atkinson-920	12	S	Long Beach Poly	6-10	6-10 1/2		
22 Mike Powell-908	12	S	Edgewood	6-10	6-10		
23 Phillip Anderson-296	11	LA	Fremont	6-10	6-10		
24 Stanley Farrar-649		S/J	Encina	6-10	6-11		
25 Anthony Caire-948	12	S	Pius X	6-10	7-0		
26 Andy Williams-676		S/J	Vacaville	6-10	6-10		
27 Chris Bonner-915	12	S	Inglewood	6-11	6-11		

## Previous C.I.F. Champions

1915 Millard Webster (Santa Paula)	5-9 1/2
1916 Titus Moore (Pasadena)	5-8 1/2
1917 Lloyd Hill (Coalinga)	5-9 1/4
1918 Harold "Brick" Muller (San Diego)	5-11 1/4
1919 Harold "Brick" Muller (Tech, Oakland)	5-6
1920 Oliver Corey (Chaffey, Ontario)	6-0
1921 Al Fisher (Lincoln, L.A.)	6-0 3/8
1922 Ed Shaw (Monrovia)	5-10 1/4
1923 Henry Coggeshall (Sacramento)	5-11
1924 Henry Coggeshall (Polytechnic, L.A.)	6-1 1/4
1925 Al Bowen (Santa Monica)	6-1 1/2
1926 Olympus Carter (Jordan, L.A.)	
Bob Van Osdel (Compton)	5-11
1927 Lynford Scott (Eureka)	6-0 1/4
1928 Henry Lassalette (Puente)	
Bob Van Osdel (Compton)	6-2 1/8
1929 Walter Marty (Fresno)	6-4 1/4
1930 Kermit Plowman (Sequoia, Redwood City)	6-0 1/2
1931 Paul Jacques (Santa Ana)	6-4 1/8
1932 Cornelius Johnson (Los Angeles)	6-3
1933 Cornelius Johnson (Los Angeles)	6-5 1/4
1934 Delos Thurber (Glendale)	6-5 7/8
1935 Les Steers (Palo Alto)	6-2
1936 Les Steers (Palo Alto)	6-0 1/4
1937 Les Steers (Palo Alto)	6-4
1938 Gil La Cava (Beverly Hills)	6-7 1/8
1939 Bill Stewart (Torrance)	6-4
1940 Jack Newman (Polytechnic, L.B.)	6-4 1/8
1941 Henry Caldwell (Edison, Fresno)	6-1
1946 Wilfred Schlange (Citrus, Azusa)	
Dick Smith (Roosevelt, Fresno)	6-2
1947 Daryl Butts (Excelsior, Norwalk)	
Walter Kirk (Porterville)	
Dick Smith (Roosevelt, Fresno)	
Ed Young (Jefferson, L.A.)	6-0
1948 Dick Brombach (Polytechnic, L.B.)	
Ed Young (Jefferson, Los Angeles)	6-3
1949 Norman Woods (Jefferson, L.A.)	6-3
1950 Ralph Bonham (Pomona)	
Vern Wilson (San Jose)	6-2
1951 Bernie Allard (Fresno)	6-5 3/8
1952 Bernie Allard (Fresno)	6-5 1/2
1953 Bernie Nelson (San Diego)	6-4
1954 Dick Dailey (Hayward)	6-5 1/2
1955 Charles Dumas (Centennial, Compton)	6-9 3/8
1956 Curtis Chappell (Jefferson, L.A.)	
Robert Simms (Jordan, L.A.)	6-3 1/4
1957 Robert Avant (Hart)	6-8
1958 Ray Nickleberry (Oxnard)	
Paul Stuber (Bellflower)	6-8
1959 Paul Stuber (Bellflower)	6-7 1/4
1960 Archie Green (Oakland High)	
Roger Olsen (Willow Glen, San Jose)	6-6 1/4
1961 Richard Jones (Bakersfield)	6-8 1/4
1962 Richard Jones (Bakersfield)	
Otis Burrell (Jefferson, L.A.)	
Bob Channell (McLane, Fresno)	6-7 1/2
1963 Ed Caruthers (Santa Ana Valley)	6-8
1964 Gregg Heet (Lowell, La Habra)	6-7 1/4
1965 Ken Brown (Castlemont, Oakland)	6-8 1/2
1966 Tom Clyburn (Balboa, S.F.)	6-10
1967 Reynaldo Brown (Compton)	6-9 1/4
1968 Reynaldo Brown (Compton)	7-0
1969 Reynaldo Brown (Compton)	7-0
1970 Jerry Culp (Oceanside)	7-0 1/4
1971 Dwight Stones (Glendale)	7-1 1/4
1972 Carl Miles (Polytechnic, L.B.)	6-10
1973 Randy Turner (Wilson, S.F.)	6-6
1974 Charles Hatch (Wilson, S.F.)	7-0
1975 Johnny Washington (Fremont, L.A.)	7-0
1976 John Lane (American, Fremont)	6-11
1977 Dennis Smith (Santa Monica)	7-2
1978 Brad Harris (Los Alamitos)	6-11
1979 Lee Balkin (Glendale)	7-3 1/4
1980 Greg Denby (Crenshaw, Los Angeles)	6-10



## FINALS

## MARK

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 7-3 1/4, Lee Balkin, Glendale HS, CA, 1979.  
**NATIONAL RECORD:** 7-4, Gail Olson, Sycamore HS, IL, 1978.





# WOMEN'S 100 M LOW HURDLES

# #11

NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>							
1 Tracy Phillips-16	10	C	Fresno	15.00	14.86	_____	_____
2 Tracy Scott-695	12	SD	Crawford	14.77	14.5	_____	_____
3 Margaret Demorest-113	12	CC	Buchser	14.64	14.64	_____	_____
4 Kelly Hunt-615		S/J	Lincoln	14.37	14.37	_____	_____
5 Sherifa Sanders-377	12	NC	Berkeley	14.2	13.5	_____	_____
6 Sharri Pendelton-234	12	LA	Fremont	14.27	14.0	_____	_____
7 Natalie Spinks-550	11	O/SF	Skyline	14.6	14.6	_____	_____
8 Katrina Johnson-836	11	S	Marshall	14.74	14.61	_____	_____
9 Lisa Penny-230	12	LA	Dorsey	14.96	14.5	_____	_____
<b>HEAT 2</b>							
1 Christine Karns-31	9	C	Sierra Union	15.20	14.57	_____	_____
2 Angela Rock-817	12	S	El Toro	14.76	14.76	_____	_____
3 Annie King-706	12	SD	La Jolla	14.65	14.65	_____	_____
4 Kim Horn-154	12	CC	Soquel	14.52	14.52	_____	_____
5 Val Flemmings-407	12	NC	Northgate	14.1	13.6	_____	_____
6 Zona Chandler-816	11	S	Elsinore	14.28	13.95	_____	_____
7 Robyne Johnson-373	12	NC	Berkeley	14.6	14.18	_____	_____
8 Donna Moore-593		S/J	Cordova	14.69	14.69	_____	_____
9 Leslyle Tell-235	12	LA	Fremont	14.91	14.83	_____	_____
<b>HEAT 3</b>							
1 Debby Damron-513	11	N	Pierce	15.2	15.2	_____	_____
2 Karen Robinson-112	12	CC	Branham	14.74	14.2	_____	_____
3 Laura Schaefer-589		S/J	Central Catholic	14.66	14.66	_____	_____
4 Yvette Williams-6	12	C	Chowchilla	14.57	14.33	_____	_____
5 Aldrian Hunter-228	12	LA	Dorsey	14.01	14.01	_____	_____
6 Laura Mills-880	12	S	University	14.32	14.13	_____	_____
7 Ruth Whitehead-379	10	NC	Berkeley	14.6	14.1	_____	_____
8 Liz Pew-720	10	SD	San Marcos	14.67	14.67	_____	_____
9 Sharon Hanson-804	10	S	Buena	14.80	14.25	_____	_____

### Previous C.I.F. Champions

- 1974 Yvonne Boone (Fremont, Oakland) ..... 11.1\*
- 1975 Yvonne Boone (Fremont, Oakland) ..... 10.1\*
- 1976 Tuti Lee (Merced) ..... 10.7\*
- 1977 Kris Costello (Lynbrook) ..... 13.97
- 1978 Kris Costello (Lynbrook) ..... 13.83
- \*1979 Janet Yarbrough (Clovis) ..... 14.01
- \*\*1980 Judy Young (Berkeley) ..... 13.52W
- \*80-yard low hurdles
- \*\*First year run in meters.



Chowchilla High School's Yvette Williams

### FINALS

### TIME

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 13.83 (110 yards), Kris Costello, Lynbrook HS, CA, 1978.  
**NATIONAL RECORD:** 13.6 Carol Lewis, Willingboro HS, NJ, 1980





# WOMEN'S 3200 M

# #12

## Previous C.I.F. Champions

1977	Roxanne Bier (Independence)	10:39.7
1978	Cheri Williams (Livermore)	10:17.71
1979	Lisa Scaduto (Santa Monica)	10:34.94
*1980	Vickie Cook (Alemany, Mission Hills)	10:14.78

\*First year run in meters.

NAME-NO.	GR	SEC	SCHOOL	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
<b>ROW 1</b>							
1 Lori Shanoff-410	11	NC	Petaluma	10:47.9	10:47.9	_____	_____
2 Ann Villanueva-819	12	S	Fountain Valley	10:36.40	10:36.40	_____	_____
3 Karin Lambden-383	12	NC	Castro Valley	10:37.7	10:37.7	_____	_____
4 Denise Ball-844	11	S	Newbury Park	10:37.72	10:37.72	_____	_____
5 Michelle Mason-805	12	S	Buena	10:29.56	10:29.56	_____	_____
6 Terrie Brown-721	12	SD	San Pasqual	10:57.48	10:57.48	_____	_____
7 Renee Martin-587		S/J	Casa Roble	10:59	10:46.5	_____	_____
8 Vickie Cook-801	11	S	Alemany	10:19.28	10:19.28	_____	_____
9 Lori Lopez-853	11	S	Sacred Heart	10:21.19	10:21.19	_____	_____
10 Linda Van Housen-156	11	CC	Sacred Heart	10:38.8	10:38.5	_____	_____
11 Marcia White-405	12	NC	Miramonte	10:44.5	10:44.5	_____	_____
12 Carol Gleason-128	12	CC	Lynbrook	10:36.3	10:36.0	_____	_____
13 Sheli Lachel-712	11	SD	Monte Vista	10:58.17	10:44.6	_____	_____
14 Mary Brennan-400	12	NC	Marin Catholic	10:50.3	10:50.3	_____	_____
<b>ROW 2</b>							
15 Karen Wolfe-148	12	CC	Sequoia	11:11.5	11:11.0	_____	_____
16 Betsy Chadwick-709	12	SD	Mira Mesa	11:12.03	10:51.2	_____	_____
17 Pam Ash-25	10	C	North (B)	11:43.15	11:43.15	_____	_____
18 Cathy Adames-19	12	C	Madera	11:54.78	11:54.78	_____	_____
19 Stacey McAfee-597		S/J	Del Oro	11:00.6	11:00.6	_____	_____
20 Joni Mooney-608		S/J	Jepson	11:01.6	11:10.6	_____	_____
21 Marta McLeod-549	11	O/SF	Skyline	12:15.1	12:15.1	_____	_____
22 Heidi Howell-265	12	LA	University	11:22.15	11:20.80	_____	_____
23 Kathy Dolan-517	12	N	Shasta	12:02.7	12:02.7	_____	_____
24 Cynthia Rogers-24	11	C	Mt. Whitney	11:32.09	11:32.09	_____	_____
25 Margaret Garstka-268	12	LA	Westchester	11:36.13	10:59.81	_____	_____
26 Rachael Leibovitch-223	12	LA	Chatsworth	11:40.43	11:40.2	_____	_____
27 Jenny Green	12	LA	Roosevelt	11:41.39	11:41.39	_____	_____



Photo By: Fine Flicks By Don Cosney

## FINALS

## TIME

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 10:14.78 (2 miles), Vickie Cook, Alemany HS, CA, 1980.  
**NATIONAL RECORD:** 10:09.8 (2 miles), Cheri Williams, Livermore HS, CA, 1978.





# WOMEN'S 400 M RELAY

# #13

SCHOOL	SEC	NAME-NO	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>						
1 Chico	N	Snyder-505, Laffins-504, Belvin-503, Atkins-502	50.8	50.8	_____	_____
2 Cordova	S/J	Brown-591, Moore-593, Ballard-590, Smith-596	48.79	48.1	_____	_____
3 Northgate	NC	Flemming-407, Palla-409, Hong-408, Flemmings-406	48.4	48.4	_____	_____
4 Morse	SD	Wade-717, Pippins-716, Cottingham-714, Jackson-715	47.99	47.99	_____	_____
5 Dorsey	LA	Stewart-232, Peterson-229, Hunter-228, Dawkins-226	46.57	46.38	_____	_____
6 Muir	S	Brown-838, Bryant-839, Murray-840, Pullins-841	46.58	46.58	_____	_____
7 West	S	Senter-876, Perry-877, DuPerron-878, Peterson-879	48.25	48.25	_____	_____
8 Overfelt	CC	Anderson-131, Campbell-132, Carr-133, Turner-134	48.59	48.2	_____	_____
9 Edison	C	Wright-43, Johnson-40, Sears-41, Walker-42	48.96	48.96	_____	_____
<b>HEAT 2</b>						
1 Edison	S/J	Thompson-600, Cornelous-598, Jeremiah-599, Wicks-601	49.23	49.23	_____	_____
2 Clovis West	C	Lawanson-9, Aragon-8, Mannig-10, Aragon-7	48.82	48.4	_____	_____
3 Thousand Oaks	S	Harmon-865, Kind-866, Lavendier-867, Prieve-868	48.48	48.40	_____	_____
4 DeAnza	NC	Brandon-386, Flanagan-387, Rogers-388, Ward-389	47.6	47.6	_____	_____
5 Kennedy	LA	Grant, Kim-239, Howard-241, Johnson-242, Howard-240	46.37	36.37	_____	_____
6 Ganesha	S	Killbrew-822, McGraw-823, McNeal-824, Sellers-825	47.45	47.32	_____	_____
7 San Carlos	CC	Barkus-136, Cambron-137, Durchslag-138, Jordan-139	48.33	48.25	_____	_____
8 Westchester	LA	Purnell, Karen-271, DeWitty-267, Evans-266, Walker-269	48.67	48.67	_____	_____
9 Crawford	SD	Johnson-693, Scott-695, Taylor-696, Edelen-691	49.01	48.2	_____	_____
<b>HEAT 3</b>						
1 El Cerrito	NC	Haynes-484, Haynes-393, Samuels-394, Dickson-391	49.4	49.0	_____	_____
2 Vista	SD	Redick-728, Frazor-726, Simunek-729, Thomson-730	48.75	48.75	_____	_____
3 Tulare	C	Adams-34, McGriff-35, Nicks-36, Nicks-37	48.55	48.4	_____	_____
4 Castlemont	O/SF	Lathan-544, Turrentine-545, Flippin-541, Jenkins-543	47.7	47.7	_____	_____
5 Berkeley	NC	King-374, Ware-378, Johnson-373, Rodgers-376	46.3	45.9	_____	_____
6 Manual Arts	LA	Jackson-250, Munns-253, Stewart-254, Holland-249	46.71	46.71	_____	_____
7 Garey	S	Green-826, Johnson-827, Robinson-828, Zuniga-829	48.00	48.00	_____	_____
8 Silver Creek	CC	Bolton-149, Edwards-150, Jackson-157, Smartt-152	48.70	48.4	_____	_____
9 Casa Roble	S/J	Day-584, Gallagher-586, Cave-583, Day-585	49.05	49.05	_____	_____

## Previous C.I.F. Champions

1974	Berkeley	47.5
1975	Muir, Los Angeles	48.0
1976	Muir, Pasadena	47.6
1977	Crawford, San Diego	46.14
1978	Jordan, Los Angeles	47.14
1979	Westchester	47.20
*1980	Kennedy, Granada Hills	45.18

\*First year run in meters.



Garey High School's Eva Zuniga, Hands Off To Pat Green

## FINALS

## TIME

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 45.18 (yards), (Thompson, Howard, Howard, Howard), Kennedy HS, CA, 1980.

**NATIONAL RECORD:** 45.18 (yards), (Thompson, Howard, Howard, Howard), Kennedy HS, CA, 1980.





# MEN'S 400 M RELAY

# #14

SCHOOL HEAT	SEC	NAME-NO	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
1 Burbank	S/J	Bolton-633, Drake-634, Paynes-635, Paxton-636	43.42	43.42	_____	_____
2 East (B)	C	Beverly-155, Henderson-156, Jones-57, McCullum-58	42.52	42.3	_____	_____
3 St. Mary's	NC	White-471, Boyd-467, Joseph-468, Thompson-470	42.5	42.5	_____	_____
4 Washington	LA	Allen-327, Cooper-328, Green-329, Walker-331	41.72	41.72	_____	_____
5 Pasadena	S	Catiman-944, Delemar-945, Dancer-946, Mimms-947	41.45	41.45	_____	_____
6 Oakland	O/SF	Antwine-561, Jones-563, Nails-564, Porter-565	41.5	41.5	_____	_____
7 Long Beach Poly	S	Howard-922, James-923, Person-924, Townsend-925	42.06	41.9	_____	_____
8 Independence	CC	Mills-179, Montgomery-180, O'Neil-181, Reyes-182	42.50	42.3	_____	_____
9 Serra	SD	Martin-773, Martin-772, Wells-776, Robertson-774	43.03	42.6	_____	_____
<b>SCHOOL HEAT 2</b>			<b>QUAL MARK</b>	<b>1981 BEST</b>	<b>TRIAL MARK</b>	<b>PLACE</b>
1 San Rafael	NC	Hamilton-474, Ross-476, Gosling-473, Milani-475	43.2	43.2	_____	_____
2 Norte Del Rio	S/J	Mosley-663, Butler-661, Hankliz-662, Thomas-665	42.8	42.2	_____	_____
3 South	C	Knight-90, Hicks-88, Hailey-87, Hunt-89	42.24	42.24	_____	_____
4 Eisenhower	S	Allen-910, Harris-911, Newton-912, Newton-913	41.71	41.71	_____	_____
5 Fremont	LA	Norse-229, Callahan-298, Beard-297, Stockton-300	41.43	41.36	_____	_____
6 Berkeley	NC	McCree-428, Robinson-431, Walker-432, Murray-429	41.5	41.4	_____	_____
7 Dorsey		Williams-293, Boles-333, Williams-293, Jackson-289	41.87	41.71	_____	_____
8 San Diego	SD	Shields-767, Taylor-768, Pullens-766, Le Blanc-765	42.52	42.52	_____	_____
9 Carlmont	CC	Artist-167, Berry-168, Hester-169, Jamison-170	42.92	42.87	_____	_____
<b>SCHOOL HEAT 3</b>			<b>QUAL MARK</b>	<b>1981 BEST</b>	<b>TRIAL MARK</b>	<b>PLACE</b>
1 Chico	N	Dockendorf-519, Schwartz-522, Schmilller-521, Sherrad-523	43.55	43.55	_____	_____
2 Mira Mesa	SD	Jose-753, Howard-752, Le Prath-754, McCraw-755	42.88	42.88	_____	_____
3 Edison	C	Bland-59, Dixon-60, Tatum-65, McCoy-64	42.17	42.17	_____	_____
4 Cordova	S/J	Harris-642, Callender-640, Wilhite-645, Johnson-643	41.95	41.5	_____	_____
5 Muir	S	Brown-930, Anderson-929, Mills-933, Mathis-932	41.28	41.28	_____	_____
6 Crenshaw	LA	Wheeler-284, Crittenden-281, Ford-283, McVea-282	41.60	41.60	_____	_____
7 Serra	S	Cox-954, Currie-955, Lambert-956, Todd-957	41.91	41.91	_____	_____
8 Hillsdale	CC	Green-175, Hawkins-176, Rodgers-177, Seamen-178	42.59	42.59	_____	_____
9 San Ramon	NC	Gates-479, Bergquist-477, Marvin-480, Buch-478	43.1	43.1	_____	_____

## Previous C.I.F. Champions

1968	Centennial, Compton	41.5
1969	Castlemont, Oakland	41.5
1970	Santa Ana	41.5
1971	El Cerrito	41.1
1972	Wilson, San Francisco	41.3
1973	Wilson, San Francisco	41.5
1974	Kennedy, Richmond	41.4
1975	Harry Ells, Richmond	41.2
1976	Kennedy, Barstow	41.4
1977	Pasadena, Pasadena	41.61
1978	El Cerrito	41.55
1979	Pasadena	41.45
*1980	Washington, Los Angeles	41.51

440 and mile relays replaced 880 relay in 1968.  
\*First year run in meters.



Berkeley High School's Ulysee Walker

Photo By: Fine Flicks By Don Cosney

## FINALS

	TIME
1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 41.0 (440 yards), (Farmer, Whitaker, Kirtman, Walker), Wilson HS, CA, 1973.

**NATIONAL RECORD:** 40.2 (440 yards), (Delley, G. Pouncy, J. Pouncy, Shaw), Lincoln HS, TX, 1970.





# WOMEN'S 800 M

# #15

### Previous C.I.F. Champions

1974	Kathy Costello (Pleasant Hill)	2:10.4
1975	Kathy Costello (Pleasant Hill)	2:09.2
1976	Alice Trumbley (Coalinga)	2:13.3
1977	Ann Regan (Camden)	2:08.0
1978	Ann Regan (Camden)	2:07.93
1979	Ann Regan (Camden)	2:10.21
*1980	Marilyn Davis (Miramonte)	2:09.73

\*First year run in meters.



Miramonte High School's Marilyn Davis

Photo By: Fine Flicks By Don Gosney

NAME-NO.	GR	SEC	SCHOOL	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>							
1 Aida Stearns-153	12	CC	Silver Creek	2:12.5	2:12.3	_____	_____
2 Denise Dibos-703	11	SD	Helix	2:16.7	2:16.7	_____	_____
3 Louise Romo-847	12	S	North Torrance	2:11.16	2:11.16	_____	_____
4 Missy Moore-411	10	NC	Piedmont	2:15.6	2:15.6	_____	_____
5 Linda Morrison-222	11	LA	Carson	2:14.85	2:14.85	_____	_____
6 Tami Anderson-582		S/J	Beyer	2:18.0	2:18.2	_____	_____
7 Linda Hooke-1	10	C	Bullard	2:15.46	2:15.46	_____	_____
8 Trescia Palmer-272	10	LA	Westchester	2:11.64	2:11.46	_____	_____
9 Jessica Spies-399	11	NC	Livermore	2:09.0	2:08.0	_____	_____
<b>HEAT 2</b>							
1 Maria King-130	11	CC	Milpitas	2:10.6	2:09.4	_____	_____
2 Maura Bookout-614		S/J	La Sierra	2:18.0	2:18.0	_____	_____
3 Doniece Johnson-372	9	NC	Berkeley	2:15.2	2:15.2	_____	_____
4 Karen Vanwagenen-14	12	C	Clovis West	2:13.91	2:13.91	_____	_____
5 Michelle Lowe-252	10	LA	Manual Arts	2:11.63	2:11.63	_____	_____
6 Julie Hawks-719	12	SD	San Dieguito	2:16.7	2:16.7	_____	_____
7 Alison Ehlen-856	12	S	Santa Barbara	2:12.37	2:12.37	_____	_____
8 Jenny Ray-547	11	O/SF	Oakland	2:18.3	2:18.3	_____	_____
9 Rennie Durand-833	11	S	Laguna Beach	2:06.42	2:06.42	_____	_____
<b>HEAT 3</b>							
1 Jill Moss-581		S/J	Bella Vista	2:15.5	2:15.5	_____	_____
2 Monica Montanez-30	10	C	San Joaquin	2:15.51	2:15.51	_____	_____
3 Carla Johnson-251	11	LA	Manual Arts	2:10.29	2:10.29	_____	_____
4 Donna Curtis-814	12	S	Culver City	2:06.01	2:06.01	_____	_____
5 Marilyn Davis-402	11	NC	Miramonte	2:11.6	2:09.7	_____	_____
6 Dawn Vance-508	10	N	Modoc	2:19.6	2:19.6	_____	_____
7 Sharon Yaninek-135	10	CC	Presentation	2:12.5	2:12.5	_____	_____
8 Heidi Gartner-699	10	SD	Fallbrook	2:16.8	2:16.8	_____	_____
9 Barbara Gottlieb-803	10	S	Beverly Hills	2:11.64	2:11.64	_____	_____

FINALS	TIME
1 _____	
2 _____	
3 _____	
4 _____	
5 _____	
6 _____	

**STATE RECORD:** 2:07.93 (880 yards), Ann Regan, Camden HS, CA, 1978.  
**NATIONAL RECORD:** 2:04.5, Joetta Clark, Columbia HS, NJ, 1980.





# MEN'S 800 M

# #16

NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>							
1 Steve Papegaay-279	12	LA	Cleveland	1:53.11	1:53.11	_____	_____
2 Daryl Richie-330	12	LA	Washington	1:54.02	1:54.02	_____	_____
3 Brenden Saunders-164	12	CC	Bellarmine	1:54.8	1:54.6	_____	_____
4 Dave Rodriguez-452	12	NC	Montgomery	1:53.4	1:53.4	_____	_____
5 Tim Stevens-670		S/J	Turlock	1:54.7	1:54.7	_____	_____
6 Ed Davis-899	12	S	Compton	1:52.24	1:49.43	_____	_____
7 Lance Sevier-781	12	SD	Valhalla	1:58.01	1:58.01	_____	_____
8 Bill Rossow-907	12	S	Dos Pueblos	1:53.86	1:53.54	_____	_____
9 Bill Sterling-77	12	C	Hoover	1:53.78	1:53.78	_____	_____
<b>HEAT 2</b>							
1 Johnny Langerston-427	12	NC	Berkeley	1:54.3	1:53.5	_____	_____
2 Scott Cox-966	12	S	Wilson	1:52.90	1:50.50	_____	_____
3 Louie Calderon-84	12	C	Sanger	1:51.63	1:51.63	_____	_____
4 Patrick McCrustle-655		S/J	Jesuit	1:53.8	1:53.8	_____	_____
5 Oran Woods-193	12	CC	Milpitas	1:43.8	1:53.8	_____	_____
6 MacArthur Osborne-285	11	LA	Crenshaw	1:53.75	1:53.75	_____	_____
7 Shelby Flowers-562	11	O/SF	Oakland	1:58.3	1:58.3	_____	_____
8 John Kinsfather-741	12	SD	Grossmont	1:56.69	1:56.69	_____	_____
9 Eric Emery-926	12	S	Lynwood	1:54.31	1:54.16	_____	_____
<b>HEAT 3</b>							
1 Davis Robinson-424	12	NC	Amador Valley	1:54.2	1:54.0	_____	_____
2 Erwin Hickman-301	12	LA	Fremont	1:53.28	1:52.17 *	_____	_____
3 Lowell Gibbs-174	12	CC	Gunn	1:54.3	1:54.3	_____	_____
4 David Thoman-763	12	SD	Pt. Loma	1:56.86	1:56.86	_____	_____
5 Eric Behring-917	12	S	La Habra	1:53.58	1:53.58 *	_____	_____
6 Mark Bates-534	12	N	Lassen	1:56.9	1:56.9	_____	_____
7 Ricky McCoy-63	12	C	Edison	1:53.49	1:53.49	_____	_____
8 Pete Richardson-430	12	NC	Berkeley	1:50.15	1:50.2 *	_____	_____
9 John Odell-679		S/J	Vintage	1:53.8	1:53.8	_____	_____

## Previous C.I.F. Champions

1915	Gerald Blankenship (Visalia)	1:59.8
1916	Colin Kilby (Coalinga)	2:02.8
1917	Harleigh Baker (Fillmore)	2:02.0
1918	Ken Saunders (Pasadena)	2:02.8
1919	Jerry Pearce (Berkeley)	2:08.0
1920	Paul Stroud (Perris)	1:59.4
1921	Elmer Boyden (Vallejo)	1:59.2
1922	Irving Thomas (Manual Arts, L.A.)	2:04.6
1923	Earl Lockhart (Sacramento)	1:59.0
1924	Ed Gloege (Covina)	1:59.1
1925	Alex McKinnon (Polytechnic, L.A.)	1:59.8
1926	Doug Knowles (Bakersfield)	2:01.2
1927	Bill McGeagh (Polytechnic, L.A.)	2:02.8
1928	Herb Welch (Visalia)	2:01.2
1929	Herb Welch (Visalia)	1:58.4
1930	Al Hasson (Jefferson, L.A.)	2:00.1
1931	Carl Satterfield (Manual Arts)	1:57.6
1932	Ray Cartwright (Santa Ana)	2:00.6
1933	Bill McCurdy (Tamalpais, Mill Valley)	2:00.1
1934	Mel Nickerson (Polytechnic, L.A.)	1:58.4
1935	Ralph Wood (Carpinteria)	1:57.6
1936	Jerry Lopes (Placer, Auburn)	1:57.1
1937	Jim Lawson (Jordan, L.A.)	1:59.7
1938	Leroy Weed (Coachella)	1:58.8
1939	Paul Christensen (Beverly Hills)	2:01.3
1940	Roger Lane (San Rafael)	1:57.5
1941	Thelmo Knowles (Santa Monica)	1:55.6
1946	Dan Guest (Santa Monica)	2:00.5
1947	Jerome Walters (Compton)	1:57.6
1948	Wilbur Firestone (Compton)	1:57.8
1949	Wilbur Firestone (Compton)	1:58.1
1950	Lang Stanley (Jefferson, L.A.)	1:53.9
1951	Gene Jones (Technical, Oakland)	1:58.4
1952	Jim Briggs (Pittsburg)	1:57.2
1953	Don Bowden (Lincoln, San Jose)	1:57.1
1954	Don Bowden (Lincoln, San Jose)	1:52.9
1955	Leonard Havens (Avenal)	1:57.0
1956	Jerry Siebert (Willits)	1:53.8
1957	Jim Cerveny (Mission Bay, S.D.)	1:52.7
1958	Alfred Gentry (Fremont, L.A.)	1:55.4
1959	Dave Dunbar (Westmoor, Daly City)	1:53.2
1960	Ray Van Asten (Bonita, LaVerne)	1:51.9
1961	Mike Gibeau (Lincoln, San Francisco)	1:53.1
1962	Doug Parker (Chino)	1:52.2
1963	Dennis Carr (Lowell, La Habra)	1:50.9
1964	Bob Hose (Madison, San Diego)	1:51.7
1965	Richard Joyce (Sierra, Whittier)	1:48.8
1966	Terry Rogers (Hilltop, Chula Vista)	1:51.5
1967	Lawrence Banks (Dorsey, L.A.)	1:51.2
1968	George Alfaró (Pittsburg)	1:52.3
1969	Ricco Sanchez (Canoga Park)	1:51.6
1970	Rick Brown (Los Altos)	1:50.6
1971	Percell Keeling (Morningside, Inglewood)	1:51.8
1972	Dale Scott (El Cerrito)	1:49.7
1973	Randy Lopez (Alhambra)	1:52.4
1974	John Musich (Burbank)	1:51.0
1975	Conrad Suhr (Leigh)	1:51.0
1976	Wyatt Bishop (Carlmont, Belmont)	1:54.4
1977	Jim Walters (Estancia)	1:49.4
1978	David Mack (Locke, L.A.)	1:51.83
1979	David Mack (Locke)	1:50.18
*1980	Pete Quinomes (Tulare)	1:50.15

\*First year run in meters.

## FINALS

## TIME

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 1:48.8 (880 yards), Richard Joyce, Sierra HS, CA, 1965.  
**NATIONAL RECORD:** 1:48.8 (880 yards), Richard Joyce, Sierra HS, CA, 1965.

Photo: Sanger High School's Louie Calderon





# WOMEN'S 100 M

# #17

### Previous C.I.F. Champions

1974	Janice Wiser (La Jolla)	10.8
1975	Sandra Howard (Manual Arts, L.A.)	10.7
1976	Pam Waters (Bell, L.A.)	11.0
1977	Jeanette Bolden (Centennial)	10.48
1978	Kelia Bolton (Andrew Hill, L.A.)	10.92
1979	Gwen Loud (Westchester)	10.62
*1980	Sharon Ware (Berkeley)	11.42

\*First year run in meters.

NAME-NO.	GR	SEC	SCHOOL	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>							
1 Diane Osborn-516	12	N	Red Bluff	12.45	12.45	_____	_____
2 Sheila Nicks-36	12	C	Tulare	12.30	12.30	_____	_____
3 Ellen Jones-708	11	SD	Mt. Miguel	12.07	11.6	_____	_____
4 Bridgett Blackburn-807	11	S	Cajon	12.00	11.82	_____	_____
5 LaTanya Dawkins-226	11	LA	Dorsey	11.89	11.80	_____	_____
6 Sharon Ware-378	12	NC	Berkeley	11.9	11.59	_____	_____
7 Ronda Robinson-140	12	CC	San Carlos	12.0	12.0	_____	_____
8 Valerie Spence-414	12	NC	San Lorenzo	12.3	11.8	_____	_____
9 Monica Taylor-606		S/J	Grant	12.34	12.24	_____	_____

<b>HEAT 2</b>							
1 Ruth Lawanson-9	12	C	Clovis West	12.38	12.28	_____	_____
2 Chris Cooksey-705	12	SD	Hoover	12.28	12.28	_____	_____
3 Karen Schaefer-588		S/J	Central Catholic	12.04	11.98	_____	_____
4 Tamela Holland-249	12	LA	Manual Arts	11.98	11.97	_____	_____
5 Zelda Johnson-827	11	S	Garey	11.86	11.58	_____	_____
6 Julie Middleton-141	11	CC	San Mateo	11.9	11.9	_____	_____
7 Cheryl Brown-838	12	S	Muir	12.01	11.88	_____	_____
8 Nedrea Rodgers-376	10	NC	Berkeley	12.1	11.7	_____	_____
9 Estella Jackson-715	12	SD	Morse	12.32	12.16	_____	_____

<b>HEAT 3</b>							
1 Terri Phillips-15	10	C	East (B)	12.48	12.43	_____	_____
2 Tanaya King-374	12	NC	Berkeley	12.3	12.1	_____	_____
3 Gurtha Pounds-123	11	CC	Liveoak	12.0	11.8	_____	_____
4 Lisa Winston-832	10	S	Jordan	11.99	11.99	_____	_____
5 Denean Howard-240	11	LA	Kennedy	11.77	11.77	_____	_____
6 Sheridan Jenkins-543		O/SF	Castlemont	11.9	11.9	_____	_____
7 Debra James-233	12	LA	Fremont	12.00	11.82	_____	_____
8 Annette Rogers-882	9	S	University	12.12	12.12	_____	_____
9 Brenda Thompson-622		S/J	Stagg	12.38	12.28	_____	_____

FINALS	TIME
1 _____	
2 _____	
3 _____	
4 _____	
5 _____	
6 _____	

**STATE RECORD:** 11.42 Sharon Ware, Berkeley HS, CA, 1980  
**NATIONAL RECORD:** 11.42, Sharon Ware, Berkeley HS, CA, 1980.



Berkeley High School's Sharon Ware

Photo By: Fine Flicks By Don Gosney





# MEN'S 100 M

# #18

NAME-NO.	GR	SEC	SCHOOL	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>							
1 Stoney McCree-428	11	NC	Berkeley	11.0	10.6	_____	_____
2 Reggie Rodgers-177	12	CC	Hillsdale	10.87	10.87	_____	_____
3 Tyrone Henderson-56	12	C	East (B)	10.81	10.81	_____	_____
4 Troy Delemar-945	11	S	Pasadena	10.71	10.57	_____	_____
5 Calvin Jackson-289	12	LA	Dorsey	10.67	10.67	_____	_____
6 Kevin Shields-767	12	SD	San Diego	10.67	10.4	_____	_____
7 Bryhan Browne-668		S/J	San Juan	10.8	10.8	_____	_____
8 Jimmie Crittendon-281	12	LA	Crenshaw	10.87	10.75	_____	_____
9 Carl Nelson-533	12	N	Las Plumas	10.97	10.97	_____	_____

<b>HEAT 2</b>							
1 Lenny Davis-459	11	NC	Pittsburg	11.0	10.6	_____	_____
2 Kenny Butler-661		S/J	Notre De Rio	10.92	10.92	_____	_____
3 Horace Beard-297	12	LA	Fremont	10.80	10.80	_____	_____
4 Ken Robinson-431	12	NC	Berkeley	10.7	10.39	_____	_____
5 George Ervin-557	12	O/SF	Castlemont	10.6	10.77	_____	_____
6 Leonard Graham-894	12	S	Centennial	10.68	10.52	_____	_____
7 Ron Brown-930	12	S	Muir	10.72	10.68	_____	_____
8 Greg Chow-201	11	CC	Prospect	10.84	10.84	_____	_____
9 Bill Prindle-75	12	C	Fresno	10.95	10.79	_____	_____

<b>HEAT 3</b>							
1 Joel Davis-761	11	SD	Mt. Miguel	11.03	11.03	_____	_____
2 Walter Murray-429	12	NC	Berkeley	10.9	10.5	_____	_____
3 Reggie Grimes-162	12	CC	Andrew Hill	10.81	10.5	_____	_____
4 Antonio Manning-303	10	LA	Hamilton	10.68	10.68	_____	_____
5 Kevin Willhite-645		S/J	Cordova	10.46	10.46	_____	_____
6 Bernard Mathis-932	11	S	Muir	10.68	10.52	_____	_____
7 Rex Brown-941	11	S	Ocean View	10.79	10.63	_____	_____
8 Paul Day-750	11	SD	Kearny	10.85	10.85	_____	_____
9 Leevil Tatum-65	11	C	Edison	10.93	10.93	_____	_____

## FINALS

## TIME

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

## Previous C.I.F. Champions

1915	Roy Brown (Sacramento)	10.2
1916	Charley Paddock (Pasadena)	10.4
1917	Jack Melville (Berkeley)	10.0
1918	Charley Paddock (Pasadena)	10.2
1919	Al Wright (Lincoln, L.A.)	10.4
1920	Eddie Sudden (Lick-Wilmerding, S.F.)	10.0
1921	Vernon Blenkiron (Compton)	10.2
1922	Herschel Smith (San Fernando)	10.4
1923	Eddie Pollock (Pasadena)	10.0
1924	Vic Klein (Hollywood)	10.1
1925	Vernon Hanford (Manual Arts)	10.1
1926	Dick Wehner (Brawley)	9.8
1927	Frank Wykoff (Glendale)	9.8
1928	Frank Lombardi (Los Angeles)	9.6
1929	Jim Willson (San Diego)	9.8
1930	Al Koenig (Huntington Beach)	10.1
1931	Foy Draper (Huntington Park)	9.9
1932	Milton Holt (Hoover, Glendale)	9.8
1933	Dave Siegel (Polytechnic, L.A.)	10.0
1934	Mack Robinson (Muir, Pasadena)	10.0
1935	Bob Frick (San Ramon-Danville)	9.6
1936	Mickey Anderson (Muir, Pasadena)	9.7
1937	Bryant Allen (Jefferson, L.A.)	9.8
1938	Bill Van Leuven (Wilson, Long Beach)	9.8
1939	Jack Trout (Bakersfield)	9.9
1940	Eddie Morris (Huntington Beach)	9.7
1941	Al Jackson (Edison, Fresno)	9.8
1946	Art Williams (Riverside)	10.0
1947	John Bradley (Hoover, Glendale)	9.9
1948	Bill Fell (Compton)	9.7
1949	Erbie Schopper (Lincoln, L.A.)	9.9
1950	Gary Green (Jefferson, L.A.)	9.9
1951	Bob Cunning (Hoover, Glendale)	9.7
1952	Herb Turner (Alameda)	9.9
1953	Leamon King (Delano)	9.6
1954	James Jackson (Alameda)	9.6
1955	Ken Dennis (Centennial, Compton)	10.0
1956	Willie White (Jefferson, L.A.)	9.5
1957	Preston Griffin (Centennial, Compton)	9.6
1958	Hubie Watson (Jordan, L.A.)	9.6
1959	Hubie Watson (Jordan, L.A.)	9.8
1960	Bill Cowings (Fowler)	9.7
1961	Forrest Beaty (Hoover, Glendale)	9.5
1962	Forrest Beaty (Hoover, Glendale)	9.5
1963	Alvin Mann (Edison, Fresno)	9.6
1964	James Hines (McClymonds, Oakland)	9.7
1965	Harold Busby (Muir, Pasadena)	9.5
1966	Phillip Underwood (Dorsey, L.A.)	9.6
1967	Mel Cray, Montgomery, (Santa Rosa)	9.4
1968	Bob Ballard (Bellflower)	9.6
1969	Willie Robinson (El Centro)	9.6
1970	Allen Carter (Bonita, LaVerne)	9.8
1971	George Reddick (Hamilton, L.A.)	9.6
1972	Carl McCullough (Sacramento)	9.5
1973	Elijah Jefferson (Crawford, San Diego)	9.6W
1974	Elijah Jefferson (Crawford, San Diego)	9.8
1975	Kevin Williams (San Fernando)	9.4
1976	Billy Mullins (Hamilton, L.A.)	10.0
1977	David Russell (Patrick Henry)	9.61
1978	Mikel Sanford (Pasadena)	9.85
1979	Bill Green (Cubberly)	9.59
*1980	Howard Hawkins (Warren, Downey)	10.55

\*First year run in meters.

Photo: Cordova High School's Kevin Willhite

**STATE RECORD:** 10.4, Darren Walker, Mead HS, MD, 1980.  
**NATIONAL RECORD:** 10.4, Darren Walker, Mead HS, MD, 1980.





# MEN'S 110 M HIGH HURDLES

# #19

## Previous C.I.F. Champions

1915	Earl Thomson (Polytechnic, Long Beach)	15.2
1916	Harry Lampont (Manual Arts, L.A.)	16.4
1917	Earl Johnston (Fullerton)	16.2
1918	Larry Rice (Compton)	16.0
1919	Charley Daggs (Claremont)	16.6
1920	Otto Anderson (Pomona)	15.8
1921	Jack Houston (Lincoln, L.A.)	16.0
1922	Dick Blewett (Manual Arts, L.A.)	16.6
1923	Ross Nichols (Huntington Beach)	15.4
1924	Ross Nichols (Huntington Beach)	15.3
1925	Les Eades (Hollywood)	15.4
1926	Jim Meeks (Hollywood)	15.1
1927	Jeddy Welch (Pasadena)	14.8
1928	Joe Bills (Polytechnic, L.B.)	15.6
1929	Bernie Miller (Hollywood)	15.4
1930	Bill Du Puy (Inglewood)	15.4
1931	Art Fisher (Redlands)	15.5
1932	Jack Ward (Selma)	15.0
1933	Roy Staley (Santa Monica)	15.2
1934	Roy Kirkpatrick (El Centro)	14.7
1935	Johnny Lindell (Monrovia)	15.0
1936	Doug Busby (Sacramento)	15.7
1937	Ray Seares (Wilson, Long Beach)	15.5
1938	John Biewener (San Diego)	15.3
1939	Phil Diez (Lincoln, L.A.)	
	Sam Johnson (Fillmore)	14.9
1940	Keith Hale (Bakersfield)	
	Don Reiss (Burlingame)	14.7
1941	Omar Cowles (Palo Alto)	14.3
1946	Bob Bacon (Redondo)	14.5
1947	Hugh McElhenny (Washington, L.A.)	14.5
1948	Bob Mathias (Tulare)	14.5
1949	Jack Davis (Hoover, Glendale)	14.4
1950	Steve Turner (Glendale)	14.1
1951	Don Brinker (Fresno)	14.5
1952	ANCEL Robinson (Selma)	14.7
1953	Harry Healey (Keppel, Alhambra)	14.4
1954	Rafer Johnson (Kingsburg)	14.3
1955	Ken Thompson (Centennial, Compton)	14.3
1956	Dale Messer (Lemoore)	14.2
1957	Ken Overholser (Glendale)	14.3
1958	Floyd James (Centennial, Compton)	14.1
1959	Bob Pierce (Burbank)	14.3
1960	Robert Bonds (Polytechnic, Riverside)	13.9
1961	Abe Johnson (McClymonds, Oakland)	14.2W
1962	Ron White (Dorsey, L.A.)	14.0
1963	Carl Davis (Compton)	13.9
1964	Earl McCullouch (Polytechnic, Long Beach)	14.1
1965	Bill Persons (San Fernando)	
	Rich Miller (Monrovia)	13.8
1966	Donald Parish (Dorsey, L.A.)	13.9
1967	Jerry Proctor (Muir, Pasadena)	13.7
1968	Kerry Hampton (Polytechnic, S.F.)	14.0
1969	Jerry Wilson (Roosevelt, Fresno)	13.7
1970	Alfonzo Hall (Morningside, Inglewood)	13.9
1971	Charles Jackson (Lompoc)	13.6W
1972	Daniel Jones (Palo Verde Valley)	13.6
1973	Mike Johnson (Pasadena)	13.6W
1974	Fred Shaw (Muir, Pasadena)	13.7
1975	Robert Gaines (Kennedy, Richmond)	13.3
1976	Lloyd Jones (Ganesha, Pomona)	14.5
1977	Phillip Johnson (Gardena)	13.66
1978	Milan Stewart (W. Covina)	13.97
1979	Jim Scannella (San Ramon)	13.87
*1980	Don Ward (St. Mary's, Berkeley)	13.73

From 1915 to 1938, inclusive, the hurdles measured 42 inches. In 1939 they were shortened to 39 inches.  
\*First year run in meters.

NAME-NO.	GR	SEC	SCHOOL	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>							
1 Neil Hazelton-536	12	N	Oroville	14.89	14.89	_____	_____
2 Vaughn Raines-212	12	CC	Yerba Buena	14.76	14.5	_____	_____
3 Terry Brisco-308	12	LA	Locke	14.53	14.53	_____	_____
4 Russell Johnson-574	12	O/SF	Mission	14.2	14.2	_____	_____
5 Ronnie McCoy-64	12	C	Edison	13.93	13.6	_____	_____
6 Cris Crisman-949	12	S	Riverside Poly	14.01	14.01	_____	_____
7 Bruce Mitchell-738	12	SD	El Camino	14.43	14.43	_____	_____
8 John Ayres-472	12	NC	Salesian	14.7	14.7	_____	_____
9 Stuart Taylor-653		S/J	Grace Davis	14.76	14.76	_____	_____
<b>HEAT 2</b>							
1 Ken Brajevich-764	12	SD	Poway	14.87	14.3	_____	_____
2 Ron Seanez-173	12	CC	Gilroy	14.73	14.1	_____	_____
3 Mark Boyd-467	10	NC	St. Mary's	14.6	14.2	_____	_____
4 Mark Hale-916	12	S	Katella	14.24	14.24	_____	_____
5 David Ashford-965	12	S	West Covina	13.91	13.74	_____	_____
6 Bryan Bolton-633		S/J	Burbank	14.06	14.06	_____	_____
7 Matt Simmons-95	11	C	West (B)	14.46	14.46	_____	_____
8 Dave Cross-316	12	LA	No. Hollywood	14.65	14.65	_____	_____
9 Rob Harrison-443	12	NC	Eureka	14.8	14.8	_____	_____
<b>HEAT 3</b>							
1 Jeff Johnson-456	12	NC	Petaluma	14.8	14.3	_____	_____
2 Terrence Collins-325	11	LA	University	14.75	14.5	_____	_____
3 Jeff Smith-775	11	SD	Serra	14.53	14.53	_____	_____
4 Robert Budwig-51	11	C	Clovis West	14.30	14.0	_____	_____
5 Steve Kerho-927	11	S	Mission Viejo	13.91	13.91	_____	_____
6 Brian Bradshaw-918	12	S	Lakewood	14.18	14.18	_____	_____
7 Scott Stephens-314	11	LA	Manual Arts	14.52	14.52	_____	_____
8 John Brunell-628		S/J	Bella Vista	14.65	14.3	_____	_____
9 Gary Tucker-203	12	CC	Sequoia	14.79	14.3	_____	_____

## FINALS

## TIME

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 13.2 (120 yds. HH), Dedy Cooper, Ells HS, CA, 1975 (Trials).  
**NATIONAL RECORD:** 12.9 (120 yds.), Renaldo Nehemiah, Fanwood HS, NJ, 1977.





# MEN'S 3200 M

# #20

NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE
<b>ROW 1</b>							
1 Shawn Smallwood-54	12	C	Corcoran	9:09.56	9:09.56	_____	_____
2 Eric Reynolds-891	10	S	Camarillo	9:02.79	9:02.79	_____	_____
3 Dave Shea-435	12	NC	Castro Valley	9:05.7	9:05.7	_____	_____
4 Jesse Torres-184	12	CC	Independence	9:01.2	8:59.7	_____	_____
5 Jon Butler-909	12	S	Edison	8:53.96	8:52.2	_____	_____
6 Nelson Bernal-207	12	CC	Westmont	9:02.4	9:02.4	_____	_____
7 Harold Kuphaldt-630		S/J	Bella Vista	9:12.2	9:12.2	_____	_____
8 Aubrey Wilson-433	12	NC	Berkeley	9:14.2	9:14.2	_____	_____
9 Mike Carlton-938	12	S	North View	8:56.45	8:56.45	_____	_____
10 Jay Marden-448	12	NC	Mission	8:58.6	8:58.6	_____	_____
11 Brian Abshire-436	11	NC	De Anza	9:12.1	9:12.0	_____	_____
12 Mike McCollum-199	12	CC	Palo Alto	9:00.0	9:00.0	_____	_____
13 Steve Valen-914	12	S	El Modena	8:55.73	8:55.73	_____	_____
14 Shawn Gallagher-903	12	S	Corona Del Mar	9:00.23	9:00.23	_____	_____
<b>ROW 2</b>							
15 Daniel Arteaga-376	12	LA	Banning	9:30.99	9:30.99	_____	_____
16 Jose Luis Garcia-307	10	LA	Lincoln	9:23.72	9:23.72	_____	_____
17 Cesario Marquez-315	12	LA	Monroe	9:15.86	9:15.86	_____	_____
18 Tyrus Deminter	12	LA	Jefferson	9:17.30	9:17.30	_____	_____
19 Gary Whaler-667		S/J	Placer	9:19.6	9:19.6	_____	_____
20 Rich Brownsberger-780	12	SD	Valhalla	9:30.87	9:30.87	_____	_____
21 Michael Sowell-572	12	O/SF	Lowell	9:40.1	9:40.1	_____	_____
22 Stan Aguilar-742	12	SD	Helix	9:25.81	9:19.5	_____	_____
23 Don Merwin, Jr.-532	11	N	Hayfork	9:37.3	9:37.3	_____	_____
24 John Hansen-648		S/J	El Dorado	9:24.1	9:24.1	_____	_____
25 Jose Vega-733	11	SD	Chula Vista	9:26.75	9:26.75	_____	_____
26 Todd Hill-82	10	C	Monache	9:28.99	9:28.99	_____	_____
27 Dean Walker-78	11	C	Hoover	9:29.98	9:29.98	_____	_____

### Previous C.I.F. Champions

1965	Ralph Gamez (Berkeley)	9:12.9
1966	Ralph Gamez (Berkeley)	9:01.6
1967	Pete Romero (Reedley)	9:00.5
1968	Ruben Chappins (Excelsior)	9:05.7
1969	Ruben Chappins (Excelsior)	8:57.0
1970	Ron Johnson (West, Torrance)	8:55.6
1971	Dale Fleet (Clairemont, San Diego)	8:53.8
1972	Curtis Beck (Santa Monica)	8:52.3
1973	Terry Williams (Lompoc)	8:54.8
1974	Rich Kimball (De La Salle, North Coast)	8:46.5
1975	Eric Hulst (Laguna Beach)	8:44.9
1976	Eric Hulst (Laguna Beach)	8:57.3
1977	Frank Assumma (Eisenhower)	8:52.9
1978	Jeff Nelson (Burbank)	8:59.3
1979	Jeff Nelson (Burbank)	8:47.4
*1980	Andy DiConti (La Canada)	8:55.79

\*First year run in meters.

### FINALS

### TIME

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 8:44.9 (2 miles), Eric Hulst, Laguna Beach HS, CA, 1975.  
**NATIONAL RECORD:** 8:41.5 (2 miles), Steve Prefontaine, Marshfield HS, OR, 1969.



Mission High School's (San Jose) Jay Marden

Photo By: Fine Flicks By Don Cosney





# WOMEN'S 400 M

# #21

### Previous C.I.F. Champions

- 1974 Veronica Venezis (Terra Linda) ..... 56.4
- 1975 Jodi Anderson (Washington, L.A.) ..... 55.3
- 1976 Marquite Belk (Silver Creek, San Jose) ..... 55.2
- 1977 Valerie Brisco (Locke) ..... 55.1
- 1978 Arlise Emerson (Westminster) ..... 54.3
- 1979 Shari Howard (San Geronio) ..... 53.7
- \*1980 Denean Howard (Kennedy, Granada Hills) ... 53:04

\*First year run in meters.

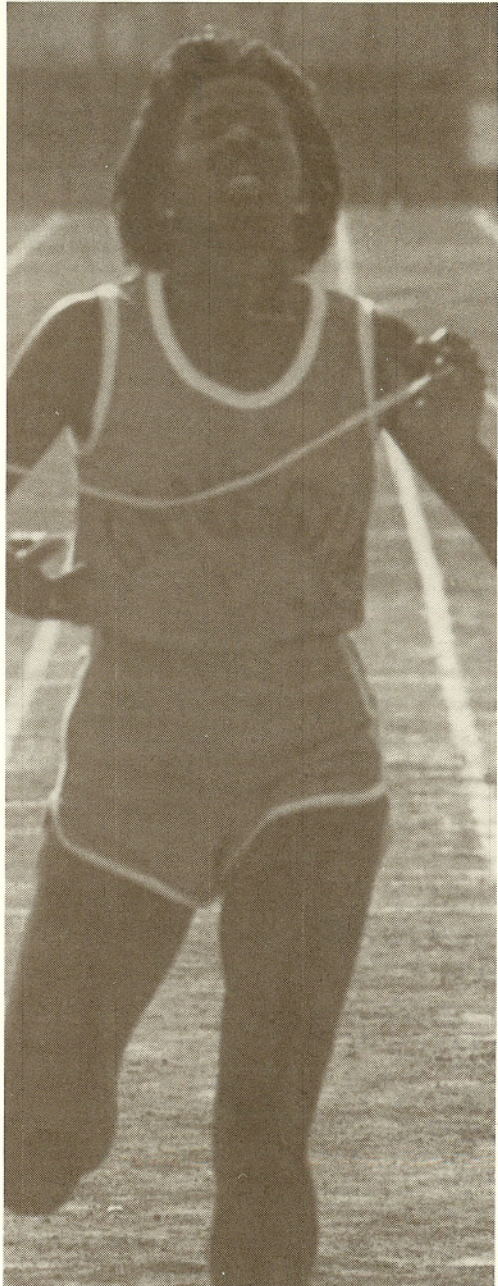
NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>							
1 Donna Martin-511	9	N	Nova	59.0	59.0	_____	_____
2 Lisa Lofton-604		S/J	Foothill	57.89	57.89	_____	_____
3 Deanna White-44	10	C	Bakersfield	57.26	57.26	_____	_____
4 Scharlette Stewart-254	12	LA	Manual Arts	56.21	56.21	_____	_____
5 Gervaise McCraw-823	11	S	Ganesha	55.19	55.19	_____	_____
6 Lana Rice-375	10	NC	Berkeley	55.7	55.5	_____	_____
7 Lanette Davis-119	9	CC	Del Mar	56.80	56.80	_____	_____
8 Kelly Churchman-852	11	S	Rio Mesa	57.26	56.6	_____	_____
9 Alma Jones-704	12	SD	Henry	57.97	56.0	_____	_____
<b>HEAT 2</b>							
1 Kelly Panno-722	11	SD	San Pasqual	59.00	59.00	_____	_____
2 Kim Donaldson-616		S/J	Merced	57.65	57.65	_____	_____
3 Bridgette Steens-20	9	C	Madera	56.95	56.95	_____	_____
4 Sheryl Miller-155	12	CC	Fremont	55.88	55.88	_____	_____
5 Valerie Spence-414	12	NC	San Lorenzo	55.1	55.1	_____	_____
6 Annette Johnson-242	11	LA	Kennedy	55.36	55.36	_____	_____
7 Toi Lark-813	11	S	Compton	56.63	56.13	_____	_____
8 Nay Nay Guss-835	10	S	Long Beach Poly	57.36	57.36	_____	_____
9 Nadine Bent-396	9	NC	James Logan	58.4	58.4	_____	_____
<b>HEAT 3</b>							
1 Donna Graham-554	9	O/SF	Lowell	58.7	58.7	_____	_____
2 Kim Overall-11	11	C	Clovis West	57.76	57.76	_____	_____
3 Debbie Arthur-818	11	S	Esperanza	57.06	57.06	_____	_____
4 Jeannie Arnold-243	11	LA	Locke	55.84	55.84	_____	_____
5 Carla Johnson-251	11	LA	Manual Arts	54.80	54.80	_____	_____
6 Brenda Brewer-121	11	CC	Hillsdale	55.74	55.74	_____	_____
7 Tanaya King-374	12	NC	Berkeley	56.9	56.8	_____	_____
8 Basheba Gilmore-609		S/J	Johnson	57.56	57.56	_____	_____
9 Jennifer Cottingham-714	11	SD	Morse	58.64	57.4	_____	_____

**FINALS**

**TIME**

1	
2	
3	
4	
5	
6	

**STATE RECORD:** 53.04, Denean Howard, Kennedy HS, CA, 1980.  
**NATIONAL RECORD:** 53.04, Denean Howard, Kennedy HS, CA, 1980.



Ganesha High School's Gervaise McGrain

Photo By: Pomona Progress Bulletin





# MEN'S 400 M

# #22

## Previous C.I.F. Champions

1915	George "Tuffy" Conn (Pasadena)	50.0
1916	Mark Kellogg (Fresno)	51.4
1917	Dick Seltzer (Redlands)	53.0
1918	George Schiller (Polytechnic, L.A.)	49.6
1919	Jeff Wilcox (Harvard, No. Hollywood)	54.2
1920	Thurmond Clarke (Los Angeles)	50.2
1921	Ed Shaw (Monrovia)	52.2
1922	Ed Shaw (Monrovia)	54.4
1923	Vernon Hanford (Manual Arts, L.A.)	52.6
1924	Wilburn Talbot (Analay, Sebastopol)	51.6
1925	Walter Hanson (Mount Diablo, Concord)	51.0
1926	Cliff Gantt (Polytechnic, L.A.)	50.0
1927	Percy McArthur (Huntington Park)	51.0
1928	Carl Childreth (Polytechnic, L.B.)	50.2
1929	Irvine Warburton (San Diego)	49.6
1930	Carl Satterfield (Manual Arts, L.A.)	50.3
1931	John McCarthy (Fairfax, L.A.)	48.7
1932	John Rout (Jefferson, L.A.)	50.1
1933	Myrel Gillett (El Centro)	48.4
1934	Doug Hammond (Hollywood)	50.3
1935	Howard Upton (Turlock)	48.9
1936	George Gray (Wilson, Long Beach)	49.9
1937	Wilbur Miller (Jefferson, L.A.)	49.7
1938	Bob Hogan (Piedmont)	50.4
1939	Ken Horn (Fowler)	50.5
1940	Duane Lewis (Compton)	48.8
1941	O. B. Hughes (Whittier)	49.9
1946	Norm Stocks (San Diego)	49.3
1947	Luther Butler (Jefferson, L.A.)	49.4
1948	Fred Thompson (Jordan, L.A.)	49.2
	Luther Butler (Jefferson, L.A.)	49.8
	(Two heats)	
1949	George Adrian (Hollywood)	49.3
1950	Sherman Miller (Napa)	48.8
1951	Jack North (Jordan, Long Beach)	49.7
1952	Lanny Carter (Orange)	48.8
1953	X. L. Emerson (Richmond)	49.2
1954	Bruce Kitchen (Riverside)	48.7
1955	Jerry White (Corcoran)	48.7
1956	Jerry White (Corcoran)	46.7
1957	Fred Dewitt (Berkeley)	47.9
1958	Dixon Farmer (Miramonte, Orinda)	48.6
1959	Dixon Farmer (Miramonte, Orinda)	48.6
1960	Ulis Williams (Compton)	47.2
1961	Ulis Williams (Compton)	47.8
1962	Manual Diaz (Keppel, Alhambra)	48.1
1963	Tom Smith (Lemoore)	47.3
1964	Fred Banks (Jefferson, L.A.)	47.5
1965	Randy Julian (Bolsa Grande)	47.4
1966	Wayne Collett (Gardena)	47.8
1967	Mike Newton (Whittier)	47.2
1968	Edesel Garrison (Centennial, Compton)	46.7
1969	Larance Jones (Lemoore)	46.6
1970	Rick Brown (Los Altos)	47.8
1971	Tony Krizyosiak (Garden Grove)	46.7
1972	Robert Harrell (Santa Ana)	47.4
1973	Ron Whitaker (Wilson, S.F.)	47.0
1974	Rod Connors (Cordova)	47.7
1975	John Ware (Sacramento)	47.2
1976	Dereid Harris (Pittsburg)	47.6
1977	Jim Sanford (Pasadena)	46.60
1978	Bill Green (Cubberly, Palo Alto)	46.77
1979	Tony Banks (Morse, S.D.)	47.30
*1980	Mike Turner (Centennial, Compton)	47.51

\*First year run in meters.

NAME-NO.	GR	SEC	SCHOOL	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>							
1 C. J. Robertson-774	12	SD	Serra	49.80	49.13	_____	_____
2 Eric Thomas-665		S/J	Norte Del Rio	49.25	49.25	_____	_____
3 MacArthur Osborne	11	LA	Crenshaw	48.50	48.21	_____	_____
4 John Zunino-462	12	NC	Redwood	48.0	48.0	_____	_____
5 David Timmons-566	12	O/SF	Oakland	47.2	46.5	_____	_____
6 Vic Townsend-925	12	S	Long Beach Poly	47.44	47.44	_____	_____
7 Tommy Barbar-46	11	C	Bakersfield	48.36	47.64	_____	_____
8 Chris Hall-194	12	CC	Oceana	49.07	49.07	_____	_____
9 Monty Hansen-526	12	N	Corning	49.75	49.75	_____	_____

<b>HEAT 2</b>							
1 Davis Lane-760	11	SD	Mt. Carmel	49.87	49.87	_____	_____
2 Ricky McCoy-63	12	C	Edison	49.01	49.01	_____	_____
3 Kerry Threets-214	12	CC	Westmoor	48.39	48.2	_____	_____
4 Fabian Cooper-328	11	LA	Washington	48.13	48.03	_____	_____
5 Leonard Graham-894	12	S	Centennial	47.08	47.08	_____	_____
6 Ulysee Walker-432	12	NC	Berkeley	47.9	47.7	_____	_____
7 Paul Jones-889	12	S	Cabrillo	48.20	48.19	_____	_____
8 Erwin Hickman-301	12	LA	Fremont	48.74	47.1	_____	_____
9 Andre Calvin-656		S/J	Johnson	49.55	49.2	_____	_____

<b>HEAT 3</b>							
1 Joe Phelps-735	12	SD	Crawford	50.25	50.25	_____	_____
2 Eugene King-677		S/J	Vallejo	49.28	48.5	_____	_____
3 Allen Weaver-215	12	CC	Hollister	48.64	48.64	_____	_____
4 Chris Prietto-438	12	NC	De La Salle	47.9	47.9	_____	_____
5 Ron Brown-930	12	S	Muir	46.98	46.98	_____	_____
6 Darrell Willis-937	12	S	Norco	47.56	57.56	_____	_____
7 Johnny Langerston-427	12	NC	Berkeley	48.3	47.7	_____	_____
8 Daryl Richie-330	12	LA	Washington	48.66	48.66	_____	_____
9 Adam Weber-98	12	C	Yosemite	49.30	49.30	_____	_____

## FINALS

## TIME

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 46.6 (440 yds.), Larance Jones, Lemoore HS, CA, 1966.  
**NATIONAL RECORD:** 45.8, Ronald Ray, Ferguson HS, VA, 1972.





# WOMEN'S 200 M

# #23

### Previous C.I.F. Champions

1974	Janice Wiser (La Jolla)	24.2
1975	Pam Waters (Bell, L.A.)	24.4
1976	Pam Walters (Bell, L.A.)	24.8
1977	Kim Robinson (Westchester, L.A.)	23.97
1978	Kelia Bolton (Andrew Hill, San Jose)	23.99
1979	Gwen Loud (Westchester)	23.54
*1980	Sherri Howard (Kennedy, Granada Hills)	23.19

\*First year run in meters.

NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>							
1 Julie Hansen-362	12	NC	Acalanes	25.7	25.4	_____	_____
2 Alycia Wright-43	10	C	Edison	25.34	25.24	_____	_____
3 Karen Schaefer-588		S/J	Central Catholic	24.83	24.83	_____	_____
4 Lisa Winston-832	10	S	Jordon	24.60	24.50	_____	_____
5 Latanya Dawkins-226	11	LA	Dorsey	24.26	23.97	_____	_____
8 Sabrina Williams-870	12	S	Valley Christian	24.41	24.19	_____	_____
7 Gurtha Pounds-123	11	CC	Live Oak	24.73	24.1	_____	_____
8 Estelle Jackson-715	12	SD	Morse	24.87	24.87	_____	_____
9 Dori Parker-518	12	N	Shasta	25.65	25.65	_____	_____

<b>HEAT 2</b>							
1 Diann Robinson-369	10	NC	Amador	25.9	25.9	_____	_____
2 Ruth Lawanson-9	12	C	Clovis West	25.19	24.6	_____	_____
3 Sharon Ware-378	12	NC	Berkeley	24.8	24.04	_____	_____
4 April Bryant-839	12	S	Muir	24.57	24.57	_____	_____
5 Zelda Johnson-827	11	S	Garey	24.15	23.77	_____	_____
6 Rhonda Robinson-140	12	CC	San Carlos	24.54	24.54	_____	_____
7 Antionette Munns-253	11	LA	Manual Arts	24.72	24.72	_____	_____
8 Tracy Scott-695	12	SD	Crawford	24.98	24.98	_____	_____
9 Yolanda King-620		S/J	Roseville	25.37	25.37	_____	_____

<b>HEAT 3</b>							
1 Eugenia Walker-42	12	C	Edison	25.93	25.93	_____	_____
2 Monica Taylor-606		S/J	Grant	25.14	25.14	_____	_____
3 Delisa Lynch-551	10	O/SF	Oakland Tech.	24.8	24.4	_____	_____
4 Ellen Jones-708	11	SD	Mt. Miguel	24.64	24.64	_____	_____
5 Denean Howard-240	11	LA	Kennedy	23.40	23.40	_____	_____
6 Diane Pullins-841	10	S	Muir	24.47	24.03	_____	_____
7 Liz Chewning-142	11	CC	Saratoga	24.73	24.73	_____	_____
8 Jeanette Brandon-386	11	NC	De Anza	25.1	24.62	_____	_____
9 Lori Robins-262	12	LA	No. Hollywood	25.38	25.38	_____	_____

FINALS	TIME
1 _____	
2 _____	
3 _____	
4 _____	
5 _____	
6 _____	



Photo By: Fine Flicks By Don Cosney

Berkeley High School's Dedra Rodgers

**STATE RECORD:** 23.19, Sherri Howard, Kennedy HS, CA, 1980.  
**NATIONAL RECORD:** 23.19, Sherri Howard, Kennedy HS, CA, 1980.





# MEN'S 200 M

# #24

NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>							
1 Eric Josephson-83	10	C	Porterville	22.83	22.83	_____	_____
2 Stoney McCree-428	11	NC	Berkeley	22.1	22.1	_____	_____
3 Maurice White-216	12	CC	Gunderson	21.90	21.65	_____	_____
4 Kevin Shields-767	12	SD	San Diego	21.53	21.53	_____	_____
5 Calvin Jackson-289	12	LA	Dorsey	21.23	21.23	_____	_____
6 Bernard Mathis-932	11	S	Muir	21.30	21.29	_____	_____
7 Rex Brown-941	11	S	Oceanview	21.68	21.40	_____	_____
8 Andre Ford-283	12	LA	Crenshaw	22.07	21.8	_____	_____
9 Kenny Butler-661		S/J	Norte Del Rio	22.25	22.25	_____	_____

<b>HEAT 2</b>							
1 Brad Walker-96	12	C	West (B)	22.79	22.79	_____	_____
2 Joe Ellis-654		S/J	Grant	22.07	22.07	_____	_____
3 Jimmie Crittenden-281	12	LA	Crenshaw	21.89	21.6	_____	_____
4 Reggie Grimes-162	12	CC	Andrew Hill	21.52	21.52	_____	_____
5 Gerald White-560	12	O/SF	McClymonds	21.1	20.9	_____	_____
6 Harold Todd-957	12	S	Serra	21.39	21.39	_____	_____
7 Larry Jackson-919	12	S	La Mirada	21.73	21.40	_____	_____
8 Tony Joseph-468	12	NC	St. Mary's	22.0	21.7	_____	_____
9 Gerald Johnson-777	11	SD	Sweetwater	22.15	22.15	_____	_____

<b>HEAT 3</b>							
1 David Pulice-537	12	N	Shasta	22.85	22.85	_____	_____
2 Reggie Rodgers-177	12	CC	Hillsdale	22.17	22.17	_____	_____
3 Ken Robinson-431	12	NC	Berkeley	21.9	21.3	_____	_____
4 Troy Delemar-945	11	S	Pasadena	21.55	21.43	_____	_____
5 Kevin Willhite-645		S/J	Cordova	21.07	20.4	_____	_____
6 Antonio Manning-303	10	LA	Hamilton	21.45	21.45	_____	_____
7 Paul Day-750	11	SD	Kearny	21.88	21.88	_____	_____
8 Tyrone Henderson-56	12	C	East (B)	21.97	21.97	_____	_____
9 David Hart-460	11	NC	Pittsburg	22.4	22.4	_____	_____

## FINALS

## TIME

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

## Previous C.I.F. Champions

1915	Les Wark (Polytechnic, Long Beach)	22.0
1916	Charley Paddock (Pasadena)	22.4
1917	Charley Paddock (Pasadena)	22.0
1918	Charley Paddock (Pasadena)	22.4
1919	Bob Allen (Redlands)	23.8
1920	Eddie Sudden (Lick-Wilmerding, S.F.)	21.8
1921	Bob Allen (Redlands)	22.6
1922	Walter Wickersham (Bakersfield)	24.2
1923	Bob Lee (Franklin, L.A.)	22.2
1924	Archie Woodyard (Jefferson, L.A.)	22.5**
1925	Walter Floyd (Lincoln, L.A.)	22.6
1926	Elam Kirks (El Monte)	22.1
1927	Frank Wykoff (Glendale)	21.0*
1928	Frank Lombardi (Los Angeles)	
	Frank Wykoff (Glendale)	21.4
1929	Jimmy Wilson (San Diego)	21.4
1930	Ashley Burch (Jordan, L.A.)	21.8
1931	Ashley Burch (Jordan, L.A.)	21.5
1932	George Anderson (Muir, Pasadena)	21.8
1933	George Anderson (Muir, Pasadena)	21.2
1934	Brainard Worrill (Muir, Pasadena)	21.8
1935	Burt Price (Excelsior, Norwalk)	21.2*
1936	Burt Grady (Gridley)	21.6
1937	Bryant Allen (Jefferson, L.A.)	21.2
1938	Eddie Morris (Huntington Beach)	21.6
1939	Eddie Morris (Huntington Beach)	21.4
1940	Eddie Morris (Huntington Beach)	21.3
1941	Glen Willis (San Diego)	21.7
1946	Ray Gregg (El Monte)	21.9
1947	John Bradley (Hoover, Glendale)	21.8
1948	John Bradley (Hoover, Glendale)	21.5
1949	Eddie Schopper (Lincoln, L.A.)	21.6
1950	Guy Blackburn (Jefferson, L.A.)	21.3
1951	Leamon King (Delano)	21.4
1952	Herb Turner (Alameda)	21.6
1953	Leamon King (Delano)	21.4
1954	James Jackson (Alameda)	21.2
1955	Bob Poynter (Pasadena)	21.6
1956	Bob Poynter (Pasadena)	21.0
1957	Preston Griffin (Centennial, Compton)	21.3
1958	Mel Clipper (Pasadena)	20.7
1959	Hubie Watson (Jordan, L.A.)	21.6
1960	Bill Cowings (Fowler)	21.0
1961	Forrest Beaty (Hoover, Glendale)	21.5
1962	Richard Stebbins (Fremont, L.A.)	20.9
1963	John House (Muir, Pasadena)	21.3
1964	James Hines (McClymonds, Oakland)	21.5**
1965	Harold Busby (Muir, Pasadena)	21.0
1966	Phillip Underwood (Dorsey, L.A.)	21.2
1967	Mel Gray (Montgomery, Santa Rosa)	20.7**
1968	Willie Deckard (Dorsey, L.A.)	21.7**
1969	Willie Robinson (El Centro)	21.7**
1970	Jackie White (Santa Ana)	21.5**
1971	Chuck Bommarito (Crestmoor, San Bruno)	21.2**
1972	Mike Shavers (Albany)	21.0**
1973	Clarence Edwards (Santa Ana)	21.2**
1974	Millard Hampton (Silver Creek, San Jose)	21.1**
1975	Billy Mullins (Hamilton, L.A.)	21.2
1976	Billy Mullins (Hamilton, L.A.)	21.6
1977	David Russell (Patrick Henry)	20.97
1978	Mike Sanford (Pasadena)	21.42
1979	Mike Sanford (Pasadena)	21.00
***1980	Kenny Robinson (Berkely)	21.21

From 1967 forward, the 220 was run exclusively around one turn.

\*Record Disallowed

\*\*Turn

\*\*\*First year run in meters.

**STATE RECORD:** 20.7 (200 yds. turn), Mel Gray, Montgomery HS, CA, 1967.  
**NATIONAL RECORD:** 20.5 (yds. turn), Dwayne Evans, South Mountain HS, AZ, 1976.





# WOMEN'S 300 M LOW HURDLES

# #25

## FIRST YEAR OF EVENT

NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>							
1 Jill Silva-515	11	N	Pleasant Valley	47.05	47.05	_____	_____
2 Heidi Waterfield-122	10	CC	Homestead	45.12	45.12	_____	_____
3 Sharon Hanson-804	10	S	Buena	44.71	44.53	_____	_____
4 Lynn Bevan-401	12	NC	Miramonte	44.2	44.2	_____	_____
5 Gail Kellon-874	10	S	Walnut	43.05	41.91	_____	_____
6 Laura Day-584		S/J	Casa Roble	44.0	44.0	_____	_____
7 Karen Bonty-248	11	LA	Manual Arts	44.45	44.1	_____	_____
8 Wendy Edelen-691	11	SD	Crawford	44.77	44.77	_____	_____
9 Veronica Nicks-37	11	C	Tulare	45.3	45.3	_____	_____
<b>HEAT 2</b>							
1 Christine Karns-31	9	C	Sierra	46.0	46.0	_____	_____
2 Angelique Rush-552	11	O/SF	Balboa	45.0	45.0	_____	_____
3 Courtney Hudson-861	11	S	South Pasadena	44.46	44.46	_____	_____
4 Margaret Demorest-113	12	CC	Buchser	44.27	43.91	_____	_____
5 Audrey Williams-860	12	S	Saugus	42.98	42.98	_____	_____
6 Val Flemmings-407	12	NC	Northgate	44.0	44.0	_____	_____
7 Natalie Day-585		S/J	Casa Roble	44.4	44.1	_____	_____
8 Annie King-706	12	SD	La Jolla	44.91	44.77	_____	_____
9 Marjorie Johnson-258	10	LA	Monroe	45.68	45.68	_____	_____
<b>HEAT 3</b>							
1 Penny Williams-270	10	LA	Westchester	47.13	47.13	_____	_____
2 Liz Pew-720	10	SD	San Marcos	45.29	45.29	_____	_____
3 Kelly Hunt-615		S/J	Lincoln	44.7	44.7	_____	_____
4 Kathy Halpin-398	12	NC	Livermore	44.2	44.2	_____	_____
5 Sherifa Sanders-377	12	NC	Berkeley	42.9	42.9	_____	_____
6 Cynthia Cooper-246	12	LA	Locke	43.21	42.9	_____	_____
7 Jerri Baker-812	12	S	Capistrano Valley	44.32	44.32	_____	_____
8 Roberta Eccles-157		CC	Gunderson	44.80	44.71	_____	_____
9 Tracey Phillips-16	10	C	Fresno	45.9	45.9	_____	_____

### FINALS

### TIME

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**STATE RECORD:** New Event

**NATIONAL RECORD:** 41.91 Gayle Kellon, Walnut, CA, 1981, Pending.





# MEN'S 300 M LOW HURDLES

# #26

## Previous C.I.F. Champions

1915	Jud House (Riverside)	23.8*
1916	Harry Lampont (Manual Arts, L.A.)	25.8
1917	Colin Kilby (Coalinga)	25.6
1919	Charley Dags (Claremont)	27.4
1920	Jim Fulkerson (Ventura)	26.4
1921	Jack Houston (Lincoln, L.A.)	25.4
1922	Mort Kaer (Red Bluff)	26.4
1923	Mort Kaer (Red Bluff)	24.9
1924	DeWolfe Requa (Manual Arts, L.A.)	25.4
1925	Clarence Norris (Santa Maria)	25.1
1926	Jimmy Payne (San Bernardino)	23.9
1927	Jeddy Welch (Pasadena)	24.0
1928	Joe Bills (Polytechnic, Long Beach)	24.8
1929	Norman Paul (Santa Ana)	24.0
1930	Norman Paul (Santa Ana)	24.2
1931	Plato Smart (Compton)	24.2
1932	Ben Siegel (Polytechnic, L.A.)	24.3
1933	Roy Kirkpatrick (El Centro)	24.0
1934	Roy Kirkpatrick (El Centro)	23.9
1935	Joe Davis (Inglewood)	24.2
1936	Jack Russell (Fillmore)	24.2
1937	George Sangster (Muir, Pasadena)	23.8
1938	Tom Whitney (Roseville)	24.6
1939	Herbert Duke (Jordan, L.A.)	24.2
1940	Glenn Shoop (Jordan, L.B.)	24.7
1941	Ray Meagher (Bakersfield)	24.3
1946	Bob Bacon (Redondo)	24.2
1947	Hugh McElhenny (Washington, L.A.)	19.9
1948	Bob Mathias (Tulare)	19.6
1949	Jack Davis (Hoover, Glendale)	19.5
1950	Steve Turner (Glendale)	19.0
1951	Dick Clarke (Glendale)	19.5
1952	Ancel Robinson (Selma)	19.4
1953	Don Armstrong (Manual Arts, L.A.)	19.3
1954	Monte Upshaw (Piedmont)	19.0
1955	Paul Lowe (Centennial, Compton)	19.2
1956	Jerry White (Jefferson, L.A.)	19.0
1957	Jesse Bradford (Shafter)	19.0
1958	David Douglas (East Bakersfield)	19.0
1959	Dixon Farmer (Miramonte, Orinda)	19.2
1960	Robert Bonds (Polytechnic, Riverside)	18.8
1961	Bill Mackey (East Bakersfield)	18.1
1962	Edward Moody (McClymonds, Oakland)	18.3
1963	Alvin Mann (Edison, Fresno)	18.9
1964	Earl McCullouch (Polytechnic, L.B.)	18.4
1965	Manuel Murrell (Polytechnic, Long Beach)	18.2*
1966	George Farmer (La Puente)	18.7
1967	Jerry Proctor (Muir, Pasadena)	18.7**
1968	Roy Hamley (Lowell, Whittier)	18.8
1969	Jerry Wilson (Roosevelt, Fresno)	18.3
1970	Milton Turner (Castlemont, Oakland)	18.6
1971	Charles Jackson (Lompoc)	18.5
1972	Daniel Jones (Palo Verde Valley)	18.7
1973	Randall Jeffrey (Los Angeles)	18.4
1974	Fred Shaw (Muir, Pasadena)	18.9**
1975	Dedy Cooper (Harry Ellis, Richmond)	36.5
1976	Charles White (San Fernando, L.A.)	36.7
1977	Andre Phillips (Silver Creek)	36.43
1978	Gary Lee (Poly, Long Beach)	36.58
1979	Gary Lee (Poly, Long Beach)	36.22
***1980	Don Ward (St. Mary's Berkeley)	36.57

NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>							
1 Bill Hornbeck-320	12	LA	San Fernando	38.04	38.04	_____	_____
2 Pete Lango-76	12	C	Garces	37.8	37.8	_____	_____
3 Tim Hoban-444	12	NC	Foothill	37.3	37.3	_____	_____
4 Brian Bradshaw-918	12	S	Lakewood	36.84	36.84	_____	_____
5 James Knowles-886	12	S	Blair	36.31	36.31	_____	_____
6 Walter Murray-429	12	NC	Berkeley	36.8	36.7	_____	_____
7 Tim Redick-211	12	CC	Woodside	37.20	37.20	_____	_____
8 Malcolm Hardy-678		S/J	Vanden	37.5	36.4	_____	_____
9 Allen Durden-743	11	SD	Helix	37.89	37.89	_____	_____

<b>HEAT 2</b>							
1 Jeff Bray-324	12	LA	University	37.73	37.73	_____	_____
2 Robert Howard-559	12	O/SF	Fremont	37.5	37.3	_____	_____
3 Bruce Mitchell-738	12	SD	El Camino	37.16	37.16	_____	_____
4 Eddie Mayes-671		S/J	Vacaville	36.9	36.9	_____	_____
5 Ron Seanez-173	12	CC	Gilroy	36.26	36.25	_____	_____
6 Steve Kerho-927	11	S	Mission Viejo	36.73	36.73	_____	_____
7 Jeff Johnson-456	12	NC	Petaluma	37.3	37.3	_____	_____
8 Bill Prindle-75	12	C	Fresno	37.5	37.47	_____	_____
9 Dave Cross-316	12	LA	North Hollywood	37.96	37.96	_____	_____

<b>HEAT 3</b>							
1 Darren Semore-531	12	N	Enterprise	38.9	38.9	_____	_____
2 Kenney Allen-327		LA	Washington	37.81	37.5	_____	_____
3 Erick Montgomery-180	10	CC	Independence	37.3	37.3	_____	_____
4 Jeff Cox-632		S/J	Bret Hart	37.0	37.0	_____	_____
5 Cris Crisman-949	12	S	Riverside Poly	36.25	36.25	_____	_____
6 Wayne Carroll-931	12	S	Muir	36.81	36.81	_____	_____
7 John Ayres-472	12	NC	Salesian	37.3	37.2	_____	_____
8 Kevin Knight-90	12	C	South (B)	37.6	37.6	_____	_____
9 Ken Brajevich-764	12	SD	Poway	37.94	37.2	_____	_____

## FINALS

## TIME

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 36.2 (330 yds. LH), Dedy Cooper, Ells HS, CA, 1975.  
**NATIONAL RECORD:** 35.9 (yds.), William Blessing, Hillcrest HS, TX, 1974.

\*\*\*First year run in meters.  
 \*Record disallowed  
 \*\*Curve  
 From 1915 to 1946, inclusive, the distance run was 220 yards. In 1947, it was shortened to 180 yards.  
 1974 marked the final year for the 180-yd. low hurdles.

Photo: Gilroy High School's Ron Seanez





# WOMEN'S 1600 M

# #27

NAME-NO.	GR	SEC	SCHOOL	QUAL. MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>							
1 Margaret Garstka-268	12	LA	Westchester	5:16.53	5:16.53	_____	_____
2 Debbie Morris-127	12	CC	Los Gatos	5:03.6	5:03.5	_____	_____
3 Lyrae Rowlett-698	12	SD	El Capitan	5:12.72	5:12.72	_____	_____
4 Margaret Spotts-851	12	S	Redondo	4:50.19	4:50.19	_____	_____
5 Tina Allen-723	11	SD	Santana	5:05.55	5:05.55	_____	_____
6 Kathy Isham-22	11	C	Mt. Whitney	5:18.16	5:18.16	_____	_____
7 Marilyn Davis-402	11	NC	Miramonte	5:00.2	4:53.89	_____	_____
8 Laurie Hollingsworth-412	11	NC	Piper	5:02.0	4:57.55	_____	_____
9 Jennifer Korte-514	10	N	Pleasant Valley	5:21.78	5:21.78	_____	_____
10 Vickie Cook-801	11	S	Alemany	4:45.21	4:40.2	_____	_____
11 Laurie Bushling-626		S/J	Yuba City	5:07.7	5:06.5	_____	_____
12 Tracy Weber-129	12	CC	Lynbrook	4:50.9	4:50.9	_____	_____
13 Cathy Pedroza-221	12	LA	Bell	5:12.83	5:12.83	_____	_____
<b>HEAT 2</b>							
1 Kerri Brogan-125	12	CC	Los Altos	5:01.0	4:53.5	_____	_____
2 Shelley Hazlett-859	12	S	Saugus	4:50.01	4:50.01	_____	_____
3 Jenny Green-263	12	LA	Roosevelt	5:15.91	5:15.91	_____	_____
4 Karmen Stickney-21	12	C	Monache	5:18.76	5:18.76	_____	_____
5 Marianne Gurtler-261	11	LA	No. Hollywood	5:18.83	5:18.83	_____	_____
6 Polly Plummer-881	11	S	University	4:45.06	4:45.06	_____	_____
7 Kelly Buzza-802	12	S	Arroyo Grande	4:58.92	4:58.92	_____	_____
8 Cindy Wo-555	12	O/SF	Lowell	5:29.2	5:29.2	_____	_____
9 Julie Von Horn-613		S/J	Kennedy	5:09.9	5:09.9	_____	_____
10 Sandy Blakeslee-709	10	SD	Vista	5:13.47	5:13.47	_____	_____
11 Karen Vanwagenen-14	12	C	Clovis West	5:13.00	5:06.75	_____	_____
12 Katy Dykstra-415	11	NC	Sir Francis Drake	5:01.1	5:01.1	_____	_____
13 Shelly Nieto-617		S/J	Merced	5:07.0	5:07.0	_____	_____
14 Mary Gaffield-392	12	NC	El Cerrito	5:04.2	5:04.2	_____	_____

### Previous C.I.F. Champions

- 1974 Jill Caldwell (Westminster) ..... 5:02.2
  - 1975 Kathy Costello (Pleasant Hill) ..... 4:53.5
  - 1976 Linda Broderick (Tamalpais, Mill Valley) ..... 4:56.8
  - 1977 Linda Goen (North Bakersfield) ..... 4:47.8
  - 1978 Cheri Williams (Livermore) ..... 4:44.95
  - 1979 Linda Goen (North Bakersfield) ..... 4:51.09
  - \*1980 Polly Plummer (University, Irvine) ..... 4:46.71
- \*First year run in meters.



Photo By: Fine Flicks By Don Gosney

FINALS	TIME
1 _____	
2 _____	
3 _____	
4 _____	
5 _____	
6 _____	

**STATE RECORD:** 4:44.95 (mile), Cheri Williams, Livermore HS, CA, 1978.  
**NATIONAL RECORD:** 4:42.5 (mile), Deanna Coleman, Issaquah HS, WA, 1978.





# MEN'S 1600 M

# #28

NAME-NO.	GR	SEC	SCHOOL	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>							
1 Troy Palmer-332	12	LA	Westchester	4:19.22	4:19.22	_____	_____
2 Jim Fischer-437	12	NC	De La Salle	4:23.2	4:20.1	_____	_____
3 Steve Dietch-294	11	LA	El Camino Real	4:19.82	4:19.82	_____	_____
4 Dan Morse-631		S/J	Bella Vista	4:20.5	4:20.5	_____	_____
5 Mark Beebe-73	11	C	Fresno	4:23.62	4:23.62	_____	_____
6 Jeff Scott-647		S/J	El Camino	4:15.0	4:14.0	_____	_____
7 Phil Orr-963	12	S	Upland	4:12.58	4:12.58	_____	_____
8 Gary Gonzales-48	12	C	Clovis	4:12.51	4:12.51	_____	_____
9 Octavio Morales-890	12	S	Camarillo	4:12.05	4:12.05	_____	_____
10 Michael Sowell-572	12	O/SF	Lowell	4:26.0	4:26.0	_____	_____
11 Paul Cox-186	12	CC	Los Gatos	4:13.1	4:12.0	_____	_____
12 Jay Marden-448	12	NC	Mission San Jose	4:17.6	4:10.4	_____	_____
13 Andy Morabe-731	12	SD	Bonita Vista	4:20.61	4:20.61	_____	_____

<b>HEAT 2</b>							
1 Brian Butterfield-535	11	N	Lassen	4:24.75	4:24.75	_____	_____
2 Don Orr-962	12	S	Upland	4:12.48	4:12.48	_____	_____
3 Todd Pearsons-322	12	LA	Taft	4:21.06	4:21.06	_____	_____
4 Rob Russell-770	12	SD	San Pasqual	4:25.87	4:25.87	_____	_____
5 Tim Berry-485	11	NC	Ygnacio Valley	4:25.8	4:25.8	_____	_____
6 Leon Jackson-68	12	C	Foothill	4:19.47	4:19.47	_____	_____
7 Dan Caldwell-482	12	NC	Sir Francis Drake	4:22.2	4:22.2	_____	_____
8 Brian Dulin-185	12	CC	Leigh	4:13.1	4:12.8	_____	_____
9 Steve Gilbert-326	12	LA	University	4:19.47	4:19.47	_____	_____
10 Hector Romero-959	12	S	Thousand Oaks	4:13.40	4:13.40	_____	_____
11 John Seeman-745	12	SD	Helix	4:18.09	4:18.09	_____	_____
12 Jeff Purrington-210	12	CC	Willow Glen	4:12.7	4:12.9	_____	_____
13 Thomas Barasa-952	12	S	Santa Barbara	4:11.04	4:07.59	_____	_____
14 Rusty Knowles-673		S/J	Vacaville	4:16.5	4:16.0	_____	_____

## FINALS

## TIME

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 4:05.4 (mile), Mark Schilling, Garden Grove HS, CA, 1972.  
**NATIONAL RECORD:** 3:58.4 (mile), James Ryan, Wichita East HS, KS, 1965.

## Previous C.I.F. Champions

1915	Gerald Blankenship (Visalia)	4:30.0
1916	Andy Silvas (Technical, Oakland)	4:40.6
1917	Whitney Reeve (Pasadena)	4:37.4
1918	Jerry Pearce (Berkeley)	4:44.4
1919	Atwood Scovel (San Bernardino)	4:47.0
1920	Charley Watts (Berkeley)	4:36.2
1921	Bill Kerr (Huntington Beach)	4:30.4
1922	Les Schwobeda (Petaluma)	4:40.0
1923	Earl Lockhart (Sacramento)	4:31.6
1924	Lee Hansen (Manual Arts, L.A.)	4:37.1
1925	Chesley Unruh (El Monte)	4:35.2
1926	Jack Ferguson (Inglewood)	4:35.7
1927	Cliff Halstead (Sacramento)	4:33.6
1928	Dick Brooks (Redlands)	no time*
1929	John Baker (Huntington Park)	4:31.1
1930	Phil Morentin (Visalia)	4:31.0
1931	Phil Morentin (Visalia)	4:32.8
1932	Virgil Hooper (Antelope Valley)	4:32.3
1933	Virgil Hooper (Antelope Valley)	4:29.2
1934	Louis Zamperini (Torrance)	4:27.8
1935	Elmer Bayer (Paso Robles)	4:30.4
1936	Simon Scott (Tamalpais, Mill Valley)	4:31.2
1937	Brice Hammack (Yreka)	4:30.4
1938	Jack Moore (Stockton)	4:26.9
1939	John Hall (Torrance)	4:26.8
1940	Kellen Ramirez (Edison, Fresno)	4:31.5
1941	Bob Ingram (San Jose)	4:32.8
1946	Bob McMillen (Cathedral, L.A.)	4:24.0
1947	Chuck Kohl (Compton)	4:29.2
1948	John Woolley (Marshall, L.A.)	4:29.1
1949	Ellwyn Stribling (Commerce, S.F.)	4:25.1
1950	Ron Bauer (Washington, S.F.)	4:23.7
1951	Allie Cage (McClymonds, Oakland)	4:30.7
1952	Fernando Ledesma (Compton)	4:32.2
1953	Bob Seaman (Reedley)	4:21.0
1954	Ty Hadley (Bellflower)	4:25.8
1955	Tod White (Newport Harbor)	4:20.0
1956	Ron Larrieu (Palo Alto)	4:20.1
1957	Tim Roelen (San Fernando)	4:20.2
1958	Woody Covington (Compton)	4:23.7
1959	Dale Story (Orange)	4:11.0
1960	Ben Tucker (Polytechnic, S.F.)	4:14.3
1961	Bruce Bess (La Habra)	4:18.8
1962	Dennis Carr (Lowell, La Habra)	4:08.7
1963	Tracy Smith (Arcadia)	4:14.4
1964	Mike Ryan (Wilcox, Santa Clara)	4:11.2
1965	Tim Danielson (Chula Vista)	4:08.0
1966	Tim Danielson (Chula Vista)	4:07.0
1967	Mike Solomon (Westminster)	4:11.4
1968	Clifton West (Kennedy, Sacramento)	4:09.0
1969	Decker Underwood (South Torrance)	4:12.1
1970	Brant Tubb (Cleveland, Reseda)	4:12.9
1971	Brent Tubb (Cleveland, Reseda)	4:09.6
1972	Mark Schilling (Garden Grove)	4:05.4
1973	Alvin Gilmore (Lompoc)	4:11.4
1974	Rich Kimball (De La Salle, Concord)	4:06.6
1975	John Johnson (Skyline, Oakland)	4:09.5
1976	Jim Arriola (Gahr, Artesia)	4:14.6
1977	Mark Stillman (Willow Glen)	4:06.9
1978	Paul Medvin (University, L.A.)	4:08.91
1979	Paul Mevin (University, L.A.)	4:12.82
**1980	Larry Guinee (Castro Valley)	4:06.18

\*First year run in meters.

\*Wally Minch of Inglewood won race in 4:39.0, but was disqualified for cutting in.





# WOMEN'S 1600 M RELAY

# #29

SCHOOL	SEC	NAME-NO	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>						
1 Berkeley	NC	Rice-375, King-374, Johnson-372, Rodgers-376	3:49.0	3:49.0	_____	_____
2 Thousand Oaks	S	Fairman-862, French-863, Gosser-864, Harmon-865	3:52.33	3:52.33	_____	_____
3 Seaside	CC	Manaea-144, Simmons-145, Wyer-146, Webb-147	3:59.23	3:59.23	_____	_____
4 Nova	N	Ball-509, Carter-510, Schreder-512, Martin-511	4:07.25	4:07.25	_____	_____
5 Clovis West	C	Vanwagenen-14, Overall-11, Savala-12, Aragon-7	3:55.96	3:55.69	_____	_____
6 Fallbrook	SD	Keegan-700, Turner-702, Gartner-699, Reno-701	3:58.95	5:58.66	_____	_____
7 Castro Valley	NC	Cunningham-382, Lambden-384, Cunningham-381, Cole-380	3:57.3	3:57.3	_____	_____
8 Casa Roble	S/J	Day-584, Day-585, Gallagher-586, Cave-583	3:53.7	3:53.7	_____	_____
9 Locke	LA	West-247, Cooper-246, Bell-244, Arnold-243	3:52.04	3:52.04	_____	_____
<b>HEAT 2</b>						
1 Silver Creek	CC	Barkus-136, Cambron-137, Durchslag-138, Jordan-139	3:58.44	3:58.25	_____	_____
2 Ganesha	S	Hull-821, Killebrew-822, McCraw-823, McNeal-824	3:59.29	3:49.28	_____	_____
3 Crawford	SD	Lawson-694, Taylor-696, Johnson-693, Scott-695	3:54.58	3:53.1	_____	_____
4 Cordova	S/J	Brown-591, Smith-595, Moore-593, Cook-592	3:57.37	3:57.37	_____	_____
5 Miramonte	NC	Slakey-404, Erber-403, Bevan-401, Davis-402	3:54.6	3:54.6	_____	_____
6 Manual Arts	LA	Holland-249, Wright-255, Jackson-250, Bonty-248	3:47.35	3:43.13	_____	_____
7 Camarillo	S	Fullerton-808, Gibson-809, Jordon-810, Lee-811	3:52.75	3:52.75	_____	_____
8 Bullard	C	Smith-4, Hooke-1, Kemp-2, Netzley-3	4:00.08	3:59.78	_____	_____
9 Castlemont	O/SF	Flippin-541, Jackson-542, Jenkins-543, Lathan-544	4:05.0	4:05.0	_____	_____
<b>HEAT 3</b>						
1 Johnson	S/F	Greene-611, Gilmore-610, Tindall-612, Gilmore-609	3:37.94	3:57.94	_____	_____
2 North (B)	C	Smith-27, Swisher-28, Tillett-29, Ragland-26	4:00.18	3:59.88	_____	_____
3 Alhambra	NC	Swicegood-367, Twily-368, Hopkins-366, Hansen-365	3:57.1	3:57.1	_____	_____
4 Walnut	S	Michelle Hill-872, Jackson-873, Kellon-874, Smith-875	3:53.45	3:53.45	_____	_____
5 Morse	SD	Jackson-715, Pippins-716, Cottingham-714, Wade-717	4:00.69	3:55.3	_____	_____
6 Westchester	LA	Palmer-272, Drake-273, Evans-266, Purnell-271	3:55.79	3:55.79	_____	_____
7 Kennedy	LA	Howard-241, Cook-238, Johnson-242, Howard-240	3:42.40	3:42.38	_____	_____
8 North Torrance	S	Gomez-845, Kishiyama-846, Romo-847, Saito-848	3:50.5	3:50.5	_____	_____
9 Carlmont	CC	Carrozzi-114, Foianini-115, Miller-116, Miller-117	3:53.36	3:53.20	_____	_____

## Previous C.I.F. Champions

1974	Berkeley	1:46.4*
1975	Washington, L.A.	1:44.5*
1976	Fremont, L.A.	3:55.9
1977	Locke, L.A.	3:52.1
1978	Fremont, L.A.	3:51.93
1979	San Geronio	3:44.06
**1980	unknown	_____
**First year run in meters.		
*880 Medley Relay		



Photo By: Fine Flicks By Don Cooney

FINALS	TIME
1 _____	_____
2 _____	_____
3 _____	_____
4 _____	_____
5 _____	_____
6 _____	_____

**STATE RECORD:** 3:37.98, (Cook, Howard, Howard, Howard), Kennedy HS, CA, 1980.  
**NATIONAL RECORD:** 3:37.98, (Cook, Howard, Howard, Howard), Kennedy HS, CA, 1980.

Kennedy High School's (Granada Hills) National Record Holder Denean Howard





# MEN'S 1600 M RELAY

# #30

SCHOOL	SEC	NAME-NO	QUAL MARK	1981 BEST	TRIAL MARK	PLACE
<b>HEAT 1</b>						
1 Milpitas	CC	Hayes-190, Hopkins-191, King-192, Woods-193	3:19.78	3:19.78	_____	_____
2 Norte De Rio	S/J	Mosley-663, Butler-661, Richardson-664, Thomas-665	3:19.1	3:19.1	_____	_____
3 Washington	LA	Green-329, Richie-330, Allen-327, Cooper-328	3:16.67	3:16.67	_____	_____
4 Richmond	NC	James-464, Evans-463, Thierry-466, Moran-465	3:21.0	3:21.0	_____	_____
5 Oakland	O/SF	Flowers-562, Nails-564, Timmons-566, Williams-567	3:16.2	3:15.9	_____	_____
6 West (B)	C	Warren-97, Walker-96, Green-94, Dye-93	3:21.37	3:21.2	_____	_____
7 Compton	S	Davis-899, McMurray-900, Riley-901, Wesley-902	3:14.05	3:12.96	_____	_____
8 Muir	S	Brown-930, Carroll-931, Mathis-932, Anderson-929	3:12.61	3:12.61	_____	_____
9 Serra	SD	Lunduall-771, Wells-776, Martin-773, Robertson-774	3:24.87	3:24.80	_____	_____
<b>HEAT 2</b>						
1 Patrick Henry	SD	Payne-748, Robinson-748, Carter-747, Brown-746	3:24.11	3:22.8	_____	_____
2 Cordova	S/J	Harris-642, Black-639, Willhite-645, Callender-640	3:17.4	3:16.7	_____	_____
3 Pasadena	S	Catiman-944, Delemar-945, Dancer-946, Mimms-947	3:13.16	3:13.12	_____	_____
4 St. Mary's	NC	White-471, Boyd-476, Lawson-469, Joseph-468	3:17.9	3:17.9	_____	_____
5 Locke	LA	Young-313, Moutra-310, Clark-309, Washington-311	3:15.92	3:15.92	_____	_____
6 Long Beach Poly	S	Atkinson-920, Howard-922, Person-924, Townsend-925	3:12.55	3:12.55	_____	_____
7 Corning	N	Nicholls-528, Boyd-524, Lacy-527, Hansen-526	3:27.25	3:27.25	_____	_____
8 Palma	CC	Coleman-195, Miller-197, Huntington-196, Roth-198	3:20.78	3:20.78	_____	_____
9 Foothill	C	Stancil-71, Dyles-66, Fulmer-67, Kelley-70	3:19.56	3:19.14	_____	_____
<b>HEAT 3</b>						
1 Vacaville	S/J	Robinson-674, Mayes-671, Tatum-675, Nicholson-672	3:19.5	3:19.5	_____	_____
2 Berkeley	NC	Murray-429, Walker-432, Langerston-527, Richardson-430	3:11.7	3:11.7	_____	_____
3 Centennial	S	Graham-894, Jones-895, Pinchback-896, Ware-897	3:12.72	3:12.72	_____	_____
4 El Cerrito	NC	Mouton-441, Evans-440, Reed-442, Dorsey-439	3:21.1	3:21.1	_____	_____
5 Edison	C	Ireland-62, McCoy-64, Hudson-61, McCoy-63	3:17.50	3:17.45	_____	_____
6 Mt. Carmel	SD	Abutin-757, Edler-759, Bromma-758, Lane-760	3:24.97	3:24.87	_____	_____
7 Fremont	LA	Williams-302, Callahan-298, Norse-299, Hichman-301	3:20.22	3:19.2	_____	_____
8 Independence	CC	Mills-179, Montgomery-180, O'Neil-181, Sumpter-183	3:18.03	3:18.03	_____	_____
9 Crenshaw	LA	Taylor-287, Osborne-285, Gardner-286, Crittenden-281	3:15.75	3:15.75	_____	_____

## FINALS

## TIME

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

**STATE RECORD:** 3:10.37, (Graham, Ware, Jackson, Turner), Centennial HS, CA, 1980.  
**NATIONAL RECORD:** 3:10.37, (Graham, Ware, Jackson, Turner), Centennial HS, CA, 1980.

## Previous C.I.F. Champions

1968	Centennial, Compton	3:14.3
1969	Los Angeles	3:15.2
1970	Los Altos	3:15.6
1971	Castlemont, Oakland	3:13.2
1972	El Cerrito	3:17.6
1973	Rancho Cordova	3:17.4
1974	Muir, Pasadena	3:13.8
1975	Harry Ells, Richmond	3:15.7
1976	Pasadena	3:18.2
1977	Pasadena	3:13.7
1978	Banning, L.A.	3:11.57
1979	Locke, L.A.	3:14.05
*1980	Centennial, Compton	3:10.37

\*First year run in meters.

440 and mile relays replaced 880 relay in 1978.



Photo By: Fine Flicks By Don Cosney

Berkeley High School's Pete Richardson Hands Off To Ulysee Walker



# Converting Feet to Meters

Feet	Meters	Feet	Meters	Feet	Meters	Feet	Meters	Inches	Meters
1	.3048	51	15.5448	101	30.7848	151	46.0248	1/4	.0063
2	.6096	52	15.8496	102	31.0896	152	46.3296	1/2	.0127
3	.9144	53	16.1544	103	31.3944	153	46.6344	3/4	.0190
4	1.2192	54	16.4592	104	31.6992	154	46.9392	1	.0254
5	1.5240	55	16.7640	105	32.0040	155	47.2440	1/4	.0317
6	1.8288	56	17.0688	106	32.3088	156	47.5488	1/2	.0381
7	2.1336	57	17.3736	107	32.6136	157	47.8536	3/4	.0444
8	2.4384	58	17.6784	108	32.9184	158	48.1584	2	.0508
9	2.7432	59	17.9832	109	33.2232	159	48.4632	1/4	.0571
10	3.0480	60	18.2880	110	33.5280	160	48.7680	1/2	.0635
11	3.3528	61	18.5928	111	33.8328	161	49.0728	3/4	.0698
12	3.6576	62	18.8976	112	34.1376	162	49.3776	3	.0762
13	3.9624	63	19.2024	113	34.4424	163	49.6824	1/4	.0825
14	4.2672	64	19.5072	114	34.7472	164	49.9872	1/2	.0889
15	4.5720	65	19.8120	115	35.0520	165	50.2920	3/4	.0952
16	4.8768	66	20.1168	116	35.3568	166	50.5968	4	.1016
17	5.1816	67	20.4216	117	35.6616	167	50.9016	1/4	.1079
18	5.4864	68	20.7264	118	35.9664	168	51.2064	1/2	.1143
19	5.7912	69	21.0312	119	36.2712	169	51.5112	3/4	.1206
20	6.0960	70	21.3360	120	36.5760	170	51.8160	5	.1270
21	6.4008	71	21.6408	121	36.8808	171	52.1208	1/4	.1333
22	6.7056	72	21.9456	122	37.1856	172	52.4256	1/2	.1397
23	7.0104	73	22.2504	123	37.4904	173	52.7304	3/4	.1460
24	7.3152	74	22.5552	124	37.7952	174	53.0352	6	.1524
25	7.6200	75	22.8600	125	38.1000	175	53.3400	1/4	.1587
26	7.9248	76	23.1648	126	38.4048	176	53.6448	1/2	.1651
27	8.2296	77	23.4696	127	38.7096	177	53.9496	3/4	.1714
28	8.5344	78	23.7744	128	39.0144	178	54.2544	7	.1778
29	8.8392	79	24.0792	129	39.3192	179	54.5592	1/4	.1841
30	9.1440	80	24.3840	130	39.6240	180	54.8640	1/2	.1905
31	9.4488	81	24.6888	131	39.9288	181	55.1688	3/4	.1968
32	9.7536	82	24.9936	132	40.2336	182	55.4736	8	.2032
33	10.0584	83	25.2984	133	40.5384	183	55.7784	1/4	.2095
34	10.3632	84	25.6032	134	40.8432	184	56.0832	1/2	.2159
35	10.6680	85	25.9080	135	41.1480	185	56.3880	3/4	.2222
36	10.9728	86	26.2128	136	41.4528	186	56.6928	9	.2286
37	11.2776	87	26.5176	137	41.7576	187	56.9976	1/4	.2349
38	11.5824	88	26.8224	138	42.0624	188	57.3024	1/2	.2413
39	11.8872	89	27.1272	139	42.3672	189	57.6072	3/4	.2476
40	12.1920	90	27.4320	140	42.6720	190	57.9120	10	.2540
41	12.4968	91	27.7368	141	42.9768	191	58.2168	1/4	.2603
42	12.8016	92	28.0416	142	43.2816	192	58.5216	1/2	.2667
43	13.1064	93	28.3464	143	43.5864	193	58.8264	3/4	.2730
44	13.4112	94	28.6512	144	43.8912	194	59.1312	11	.2794
45	13.7160	95	28.9560	145	44.1960	195	59.4360	1/4	.2857
46	14.0208	96	29.2608	146	44.5008	196	59.7408	1/2	.2921
47	14.3256	97	29.5656	147	44.8056	197	60.0456	3/4	.2984
48	14.6304	98	29.8704	148	45.1104	198	60.3504	12	.3048
49	14.9352	99	30.1752	149	45.4152	199	60.6552		
50	15.2400	100	30.4800	150	45.7200	200	60.9600		

## APPROXIMATE METRIC EQUIVALENTS IN YARDAGE SYSTEM

1 Meter — 39.37 Inch	3000 Meters — 1 Mile, 1520 Yd., 2 1/2 Ft.
100 Meters — 109 Yd., 1 Ft., 1 In.	3200 Meters — 1 Mile, 1739 Yd., 1 Ft. 8 In.
110 Meters — 120 Yd., 11 In.	5000 Meters — 3 Miles, 188 Yd., 2 In.
200 Meters — 218 Yd., 2 Ft., 2 In.	10000 Meters — 6 Miles, 376 Yd., 4 In.
400 Meters — 437 Yd., 1 Ft., 4 In.	1 Inch — 2.54 Centimeters
800 Meters — 874 Yd., 2 Ft., 8 In.	1 Foot — .3048 Meters
1500 Meters — 1640 Yd., 1 Ft., 3 In.	1 Yard — .9144 Meters
1600 Meters — 1749 Yd., 2 Ft., 4 In.	1 Mile — 1609.3 Meters



## STATE RECORDS

Event	Mark	Name	School	Year
Men's Pole Vault	17-0¼	Tony Curran	Crespi High School	1978
Men's Discus	201-3	Chris Adams	Los Altos High School	1970
Men's Long Jump	25-4½	Jerry Proctor	Muir High School	1967
Men's Triple Jump	51-0½	Dokie Williams	El Camino High School	1977
Men's Shot Put	68-0	Steven Montgomery	Lessen High School	1976
Men's High Jump	7-¾	Lee Balkin	Glendale High School	1979
Men's 400 M Relay	41.0	Farmer, Whitaker, Kirtman, Walker	Camden High School	1978
Men's 800 M	1:48.8	Richard Joyce	Sierra High School	1965
Men's 100 M	9.4	Kevin Williams	San Fernando High School	1975
Men's 110 M High Hurdles	13.2	Dedy Cooper	Ells High School	1975
Men's 3200 M	8:44.9	Eric Hulst	Laguna Beach High School	1975
Men's 400 M	46.6	Larance Jones	Lemoore High School	1966
Men's 200 M	20.7	Mel Gray	Montgomery High School	1967
Men's 300 M Low Hurdles	36.2	Dedy Cooper	Ells High School	1975
Men's 1600 M	4:05.4	Mark Schilling	Garden Grove High School	1972
Men's 1600 M Relay	3:10.37	Graham, Ware, Jackson, Turner	Centennial High School	1980
Women's Long Jump	22-4¼	Gwyn Loud	Westchester High School	1979
Women's Shot Put	49-6½	Susie Ray	Villa Park High School	1979
Women's Discus	172-11	Leslie Deniz	Gridley High School	1980
Women's High Jump	5-9 5/8	Karen Lysaght	St. Francis High School	1980
Women's 100 M Low Hurdles	13.83	Kris Costello	Lynbrook High School	1978
Women's 3200 M	10:27.45	Vicki Cook	Alemany High School	1980
Women's 400 M Relay	45.28	Thompson, Howard, Howard, Howard	Kennedy High School	1980
Women's 800 M	2:07.93	Ann Regan	Camden High School	1978
Women's 100 M	10.6	Sandra Howard	Manual Arts High School	1975
Women's 400 M	53.04	Denean Howard	Kennedy High School	1980
Women's 200 M	23.19	Sherri Howard	Kennedy High School	1980
Women's 1600 M	4:44.95	Cheri Williams	Livermore High School	1978
Women's 1600 M Relay	3:37.98	Cook, Howard, Howard, Howard	Kennedy High School	1980

## NATIONAL RECORDS

Event	Mark	Name	School	Year
Men's Pole Vault	17-5½	Daniel Joe Dial	Marlow High School, OK	1980
Men's Discus	207-8	Scott Crowell	Mason City High School, IA	1978
Men's Long Jump	25-9½	Gerald Hardeman	Edison High School, CA	1972
Men's Triple Jump	52-6¼	David Tucker	San Joaquin Memorial High School, CA	1970
Men's Shot Put	77-0	Michael Carter	Jefferson High School, TX	1979
Men's High Jump	7-4	Gail Olson	Sycamore High School, IL	1978
Men's 400 M Relay	40.2	Delley, Pouncy, Pouncy, Shaw	Lincoln High School, TX	1970
Men's 800 M	1:48.8	Richard Joyce	Sierra High School, CA	1965
Men's 100 M	10.4	Darren Walker	Mead High School, MD	1980
Men's 110 M High Hurdles	12.9	Renaldo Nehemiah	Fanwood High School, NJ	1977
Men's 3200 M	8:14.5	Steve Prefontaine	Marshfield High School, OR	1969
Men's 400 M	45.8	Ronald Ray	Ferguson High School, VA	1972
Men's 200 M	20.5	Dwayne Evans	South Mountain High School, AZ	1976
Men's 300 M Low Hurdles	35.9	William Blessing	Hillcrest High School, TX	1974
Men's 1600 M	3:58.4	James Ryan	Wichita East High School, KS	1965
Men's 1600 M Relay	3:10.37	Graham, Ware, Jackson, Turner	Centennial High School, CA	1980
Women's Long Jump	22-1¾	Kathy McMillan	Hoke City High School, NC	1978
Women's Shot Put	52-6½	Ann Turbyn	Winslow High School, ME	1975
Women's Discus	172-11	Leslie Deniz	Gridley High School, CA	1980
Women's High Jump	6-1	Sharon Burrill	John F. Kennedy High School, CO	1978
Women's 100 M Low Hurdles	13.6	Kim Turner	Mumford High School, MI	1979
Women's 3200 M	10:09.8	Cheri Williams	Livermore High School, CA	1978
Women's 400 M Relay	45.18	Thompson, Howard, Howard, Howard	Kennedy High School, CA	1980
Women's 800 M	2:04.5	Joetta Clark	Columbia High School, NJ	1980
Women's 100 M	11:42	Sharon Ware	Berkeley High School, CA	1980
Women's 400 M	53.04	Denean Howard	Kennedy High School, CA	1980
Women's 200 M	23.9	Sherri Howard	Kennedy High School, CA	1980
Women's 1600 M	4:42.5	Deanna Coleman	Issaquah High School, WA	1978
Women's 1600 M Relay	3:37.98	Cook, Howard, Howard, Howard	Kennedy High School, CA	1980



# WE'RE WINNING THE WEST WITH OUR STYLE.



If you fly a lot, you've seen it a million times. The airline that takes you for granted.

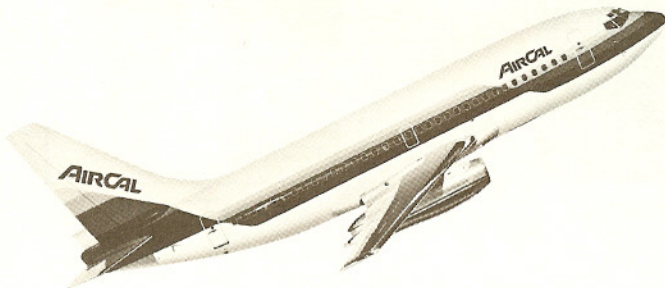
At AirCal, that's not our style.

We're out to win the West with friendly people, low fares, seat selection and more convenient schedules.

We're going to win you over by doing the little things that make flying comfortable and fun.

The bottom line is we're going to get you there in style.

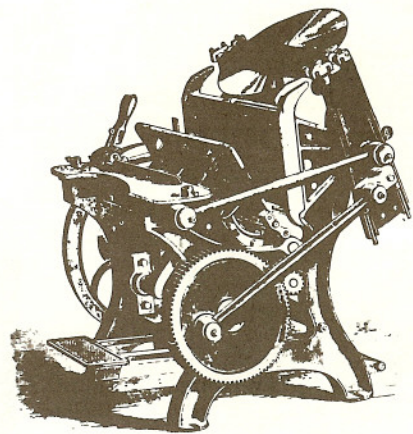
So call your Travel Agent or AirCal.



# AIRCAL

You'll like our style

# Langdon Press



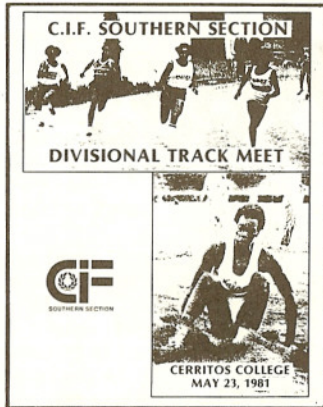
**The Most Complete Printing  
Service Company In The Area**

**2500 E. Fender Ave., Suite E,  
Fullerton, California 92631**

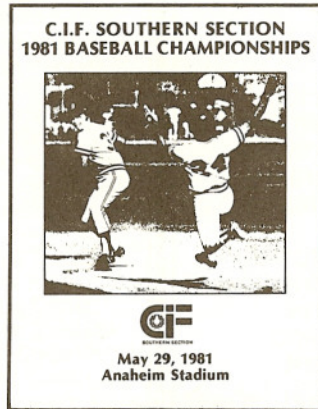
**528-5115**



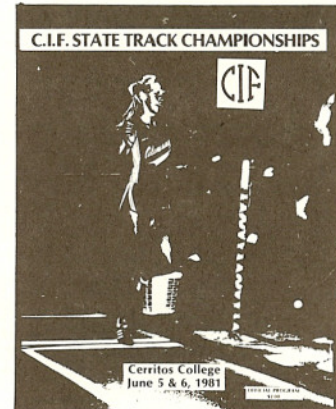
# IT'S NOT TOO LATE TO GET COPIES OF THESE CIF-SS SOUVENIR PROGRAMS



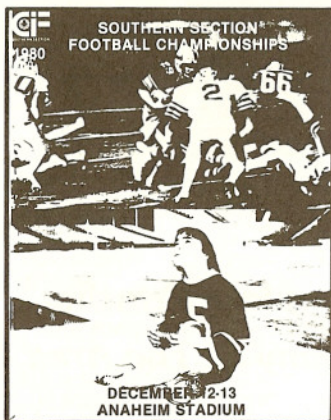
**TRACK  
DIVISIONAL FINALS**



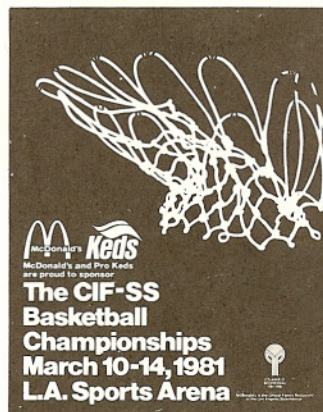
**BASEBALL  
FINALS**



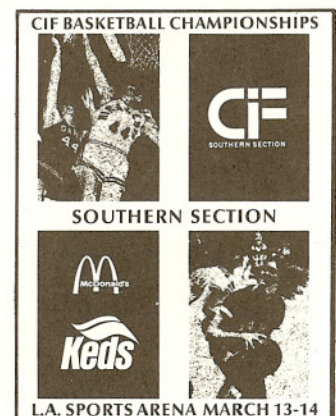
**TRACK  
STATE FINALS**



**FOOTBALL  
FINALS**



**BASKETBALL  
SEMIFINALS**



**BASKETBALL  
FINALS**

Send your check, or money order  
(includes postage, program & handling)

To:

CIF Programs  
P.O. Box 488  
Cerritos, CA 90701

Please send me \_\_\_\_\_ copies of  
 \_\_\_\_\_ CIF Football \_\_\_\_\_ CIF Track  
 \_\_\_\_\_ CIF Basketball Semifinals \_\_\_\_\_ CIF Baseball  
 \_\_\_\_\_ CIF Basketball Finals \_\_\_\_\_ CIF State Track  
 Finals

Enclosed is my  check  money order  
for \$2.50 per program, any three  
for \$6.00 or all 6 for \$11.00



# 1981 C.I.F. TRACK CHAMPIONSHIPS

## MEN'S ENTRIES

### Central Section

NAME	NO.	GR
AVENAL HIGH SCHOOL		
Mike MacIz	45	12
BAKERSFIELD HIGH SCHOOL		
Tommy Baber	46	11
Alton Henry	47	12
CLOVIS HIGH SCHOOL		
Gary Gonzales	48	12
Rick Swenson	49	11
CLOVIS WEST HIGH SCHOOL		
Jim Barretti	50	11
Robert Budwig	51	11
Brook Edmunds	52	12
Doug Fraley	53	10
CORCORAN HIGH SCHOOL		
Shawn Smallwood	54	12
EAST HIGH SCHOOL		
Donald Beverly	55	11
Tyrone Henderson	56	12
Randy Jones	57	10
James McCullum	58	11
EDISON HIGH SCHOOL		
Marvin Bland	59	12
Michael Dixon	60	11
Ricky Hudson	61	12
Jerome Ireland	62	11
Ricky McCoy	63	12
Ronnie McCoy	64	12
Leavel Tatum	65	11
FOOTHILL HIGH SCHOOL		
Larry Dyles	66	12
Landon Fulmer	67	12
Leon Jackson	68	12
Marvin Johnson	69	12
Terry Kelley	70	12
Ernie Stancil	71	11
FRESNO HIGH SCHOOL		
Cornell Archie	72	11
Mark Beebee	73	11
Ed Hotz	74	12
Bill Prindle	75	12
GARCES MEMORIAL HIGH SCHOOL		
Pete Lango	76	12
HOOVER HIGH SCHOOL		
Bill Sterling	77	12
Dean Walker	78	11
KINGSBURY HIGH SCHOOL		
Oscar Garza	79	11
MADERA HIGH SCHOOL		
Brent Martin	80	12
McLANE HIGH SCHOOL		
Vestee Jackson	81	12
MONACHE HIGH SCHOOL		
Todd Hill	82	10
PORTERVILLE HIGH SCHOOL		
Erik Josephson	83	10
SANGER HIGH SCHOOL		
Louie Calderon	84	12
SIERRA HIGH SCHOOL		
Kelly Rodrigues	85	12
SOUTH HIGH SCHOOL		
Jim Dunkin	86	12
David Hailley	87	12
J. J. Hicks	88	11
Alfred Hunt	89	10
Kevin Knight	90	12
Doug Wicks	91	12
WEST HIGH SCHOOL		
Randy Aricy	92	12
John Dye	93	11
Barry Green	94	10
Matt Simmons	95	11
Brad Walker	96	12
Harvey Warren	97	12
YOSEMITE HIGH SCHOOL		
Adam Weber	98	12

### Central Coast Section

NAME	NO.	GR
ANDREW HILL HIGH SCHOOL		
Reggie Grimes	162	12
AWALT HIGH SCHOOL		
Rodney Robinson	163	12
BELLARMINE HIGH SCHOOL		
Brendan Saunders	164	12
BLACKFORD HIGH SCHOOL		
John Aimonetti	165	11
BUCHSER HIGH SCHOOL		
Mark Anderson	166	12
CARLMONT HIGH SCHOOL		
Brian Artist	167	11
Ed Berry	168	11
Charles Hester	169	12
Robray Jamison	170	11
DEL MAR HIGH SCHOOL		
Kevin Camara	171	12
Tim Sutru	172	12
GILROY HIGH SCHOOL		
Ron Seanez	173	12
GUNN HIGH SCHOOL		
Lowell Gibbs	174	12

### HILLSDALE HIGH SCHOOL

Michael Green	175	11
Reggie Hawkins	176	12
Reggie Rodgers	177	12
Alan Seamen	178	11
INDEPENDENCE HIGH SCHOOL		
Rick Mills	179	12
Erick Montgomery	180	10
Michael O'Neil	181	12
Jim Reyes	182	10
Ken Sumpter	183	12
Jessie Torres	184	12
LEIGH HIGH SCHOOL		
Brian Dulin	185	12
LOS GATOS HIGH SCHOOL		
Paul Cox	186	12
MENLO ATHERTON HIGH SCHOOL		
Reggie Dupee	187	12
Joe Sterling	188	12
MILLS HIGH SCHOOL		
Dan Katches	189	11
MILPITAS HIGH SCHOOL		
Alan Hayes	190	10
Ken Hopkins	191	12
Tim King	192	12
Oran Woods	193	12
OCEANA HIGH SCHOOL		
Chris Hall	194	12
PALMA HIGH SCHOOL		
Daniel Coleman	195	12
Chris Huntington	196	11
Al Miller	197	12
Steve Roth	198	12
PALO ALTO HIGH SCHOOL		
Mike McCollum	199	12
Ken Smith	200	12
PROSPECT HIGH SCHOOL		
Greg Chow	201	11
SAN BENITO HIGH SCHOOL		
Allen Weaver	202	12
SEQUOIA HIGH SCHOOL		
Gary Tucker	203	12
SILVER CREEK HIGH SCHOOL		
Tim Peoples	204	11
Larry Weldon	205	11
WESTMONT HIGH SCHOOL		
T. J. Bartel	206	12
Nelson Bernal	207	12
Don Weckler	208	11
WILLOW GLEN HIGH SCHOOL		
John Anderson	209	11
Jeff Purrington	210	12
WOODSIDE HIGH SCHOOL		
Tim Redick	211	12
YERBA BUENA HIGH SCHOOL		
Vaughn Raines	212	12
Kenny Taylor	213	12
WESTMOOR HIGH SCHOOL		
Kerry Threers	214	12
HOLLISTER HIGH SCHOOL		
Allen Weaver	215	12
GUNDERSON HIGH SCHOOL		
Maurice White	216	12

### L.A. City Section

NAME	NO.	GR
BANNING HIGH SCHOOL		
Michael Alo	274	12
Mark Mendoza	275	12
Daniel Arteaga	276	12
CHATSWORTH HIGH SCHOOL		
Mike Skoris	277	12
CLEVELAND HIGH SCHOOL		
Hilbert Lee	278	12
Steve Papegaay	279	12
Kevin Holmes	280	11
CRENSHAW HIGH SCHOOL		
Jimme Crittenden	281	12
Damon McVea	282	11
Andre Ford	283	12
Brandon Wheeler	284	11
MacArthur Osborne	285	11
Howard Gardner	286	12
Kevin Taylor	287	11
DORSEY HIGH SCHOOL		
Vincent Cobb	288	12
Kelvin Jackson	289	12
Steve Jones	290	12
Darren Turner	291	12
Fred Williams	292	12
Kirk Williams	293	12
Gerald Boles	333	10
EL CAMINO REAL		
Steven Dietch	294	11
FAIRFAX HIGH SCHOOL		
Josh Johnson	295	11
FREMONT HIGH SCHOOL		
Phil Anderson	296	11
Horace Beard	297	12
Henry Callahan	298	12
Andre Norris	299	11
Andre Stockton	300	12
Erwin Hickman	301	12
Chauncey Williams	302	11

### HAMILTON HIGH SCHOOL

Antonio Manning	303	10
HUNTINGTON PARK HIGH SCHOOL		
Benci Zapatero	304	12
JEFFERSON HIGH SCHOOL		
Tyrus Deminter	305	12
KENNEDY HIGH SCHOOL		
Paul Jones	306	12
LINCOLN HIGH SCHOOL		
Jose Luis Garcia	307	10
LOCKE HIGH SCHOOL		
Terry Brisco	308	12
Nathan Clark	309	12
Earl Moutra	310	11
Greg Washington	311	12
Dean Young	312	12
Ronald Young	313	11
MANUAL ARTS HIGH SCHOOL		
Scott Stephens	314	11
MONROE HIGH SCHOOL		
Cesario Marquez	315	12
NORTH HOLLYWOOD HIGH SCHOOL		
Dave Cross	316	12
Eugenio Cruz	317	10
POLYTECHNIC HIGH SCHOOL		
Edmund Saignes	318	12
RESEDA HIGH SCHOOL		
Bill Cunningham	319	11
SAN FERNANDO HIGH SCHOOL		
William Hornbeck	320	12
SYLMAR HIGH SCHOOL		
Dion Giuliano	321	12
TAFT HIGH SCHOOL		
Todd Pearsons	322	12
Chris Van Der Geest	323	12
UNIVERSITY HIGH SCHOOL		
Jeff Bray	324	12
Terrence Collins	325	11
Steve Gilbert	326	12
WASHINGTON HIGH SCHOOL		
Kenneth Allen	327	12
Fabian Cooper	328	11
Tyrel Green	329	11
Darryl Richie	330	12
Randal Walker	331	11
WESTCHESTER HIGH SCHOOL		
Troy Palmer	332	12

### North Coast Section

NAME	NO.	GR
ACALANES HIGH SCHOOL		
Scott Christensen	420	11
Bill Durbrow	421	12
Dave Maggard	422	12
Paul Rosati	423	12
AMADOR VALLEY HIGH SCHOOL		
David Robinson	424	12
ANALY HIGH SCHOOL		
David Swanson	425	11
BERKELEY HIGH SCHOOL		
Charles Clewis	426	12
Johnny Langerston	427	12
Stoney McCree	428	11
Walter Murray	429	12
Pete Richardson	430	12
Kenny Robinson	431	12
Ulysee Walker	432	12
Aubrey Wilson	433	12
BISHOP O'DOWD HIGH SCHOOL		
Dean Schorno	434	12
CASTRO VALLEY HIGH SCHOOL		
Dave Shea	435	12
DE ANZA HIGH SCHOOL		
Brian Abshire	436	11
DE LA SALLE HIGH SCHOOL		
Jim Fischer	437	12
Chris Prietto	438	12
EL CERRITO HIGH SCHOOL		
Rodney Dorsey	439	10
Chris Evans	440	10
Kevin Mouton	441	12
Curtis Reed	442	11
EUREKA HIGH SCHOOL		
Robbie Harrison	443	12
FOOTHILL HIGH SCHOOL		
Tom Hoban	444	12
LAS LOMAS HIGH SCHOOL		
Steve Degner	445	11
Mike Ostrom	446	10
MARINA HIGH SCHOOL		
Heikki Herva	447	12
MISSION SAN JOSE HIGH SCHOOL		
Jay Marden	448	12
Greg Thompson	449	12
MONTGOMERY HIGH SCHOOL		
Chris Day	450	12
Kevin Rehn	451	12
David Rodriguez	452	12
NORTHGATE HIGH SCHOOL		
John Berry	453	12
PETALUMA HIGH SCHOOL		
Rob McCorkel	454	11
Tim McEvoy	455	12
Jeff Johnson	456	12

Dave Wright	457	12
PIEDMONT HIGH SCHOOL		
John Budge	458	11
PITTSBURG HIGH SCHOOL		
Lenny Davis	459	11
David Hart	460	11
REDWOOD HIGH SCHOOL		
Ken Malvino	461	12
John Zunino	462	12
RICHMOND HIGH SCHOOL		
Josh Evans	463	11
Kimmie James	464	10
Tyrone Morgan	465	10
Richard Thierry	466	12
SAINT MARY'S HIGH SCHOOL		
Mark Boyd	467	10
Tony Joseph	468	12
Jay Lawson	469	12
Ron Thompson	470	12
Dave White	471	12
SALESIAN HIGH SCHOOL		
John Ayres	472	12
SAN RAFAEL HIGH SCHOOL		
Dan Gosling	473	12
Darryl Hamilton	474	11
Joe Milani	475	11
A. J. Ross	476	11
SAN RAMON HIGH SCHOOL		
Jay Berquist	477	12
Dan Buch	478	11
Trae Gates	479	11
Dave Marvin	480	12
SANTA ROSA HIGH SCHOOL		
Dennis De Soto	481	12
SIR FRANCIS DRAKE HIGH SCHOOL		
Dan Caldwell	482	12
WASHINGTON HIGH SCHOOL		
Joe Sullivan	483	12
YGNACIO VALLEY		
Tim Berry	485	11

### Northern Section

NAME	NO.	GR
CHICO HIGH SCHOOL		
Marty Dockendorf	519	10
Dave Schmillen	521	12
Paul Schwartz	522	11
Mike Sherrard	523	12
CORNING HIGH SCHOOL		
Brent Boyd	524	12
Monty Hansen	526	12
John Lacy	527	12
Dave Nicholls	528	11
Craig Sutfin	529	12
ENTERPRISE HIGH SCHOOL		
Duane Parker	530	12
Darren Semore	531	12
HAYFORK HIGH SCHOOL		
Don Merwin, Jr.	532	11
LAS PLUMAS HIGH SCHOOL		
Carl Nelson	533	12
LASSEN HIGH SCHOOL		
Mark Bates	534	12
Brian Butterfield	535	11
OROVILLE HIGH SCHOOL		
Neil Hazelhom	536	12
SHASTA HIGH SCHOOL		
David Pulice	537	12
Paul Weber	538	11
WEED HIGH SCHOOL		
Steve Von Tuweln	539	12
WINTERS HIGH SCHOOL		
David Hyer	540	12

### Oakland-S.F. Section

NAME	NO.	GR
CASTLEMONT HIGH SCHOOL		
George Ervin	557	12
Darvin Malone	558	12
FREMONT HIGH SCHOOL		
Robert Howard	559	12
McCLYMONDS HIGH SCHOOL		
Gerald White	560	12
OAKLAND HIGH SCHOOL		
Trent Antwine	561	11
Shelby Flowers	562	11
John Jones	563	12
Gerald Nails	564	12
Dwayne Porter	565	11
Dave Timmons	566	12
Anre Williams	567	11
BALBOA HIGH SCHOOL		
Maurice Crumby	568	10
GALILEO HIGH SCHOOL		
Joe Drake	569	12
James McClanahan	570	11
James Salanoa	571	11
LOWELL HIGH SCHOOL		
Michael Sowell	572	12
MISSION HIGH SCHOOL		
Ken Frazier	573	11
Russell Johnson	574	12

continued on page 50



# Men's Entries . .

continued from page 49

## Sac-Joaquin Section

NAME	NO.	GR
BELLA VISTA HIGH SCHOOL		
John Brunnel	628	
Ken Fowler	629	
Harold Kuphaldt	630	
Dan Morse	631	
BRET HART HIGH SCHOOL		
Jeff Cox	632	
BURBANK HIGH SCHOOL		
Bryan Bolton	633	
Dante Drake	634	
John Paynes	635	
Greg Paxton	636	
CENTRAL CATHOLIC HIGH SCHOOL		
Matt Gallo	638	
CORDOVA HIGH SCHOOL		
David Black	639	
Bentley Callender	640	
Charles Chapman	641	
Kirk Mathis	642	
Tracy Johnson	643	
Brian Scott	644	
Kevin Willhite	645	
DENAIR HIGH SCHOOL		
Wes Muller	646	
EL CAMINO HIGH SCHOOL		
Jeff Scott	647	
EL DORADO HIGH SCHOOL		
John Hansen	648	
ENCINA HIGH SCHOOL		
Stanley Farrar	649	
FAIRFIELD HIGH SCHOOL		
Fred Covington	650	
FOLSOM HIGH SCHOOL		
Everett Woodard	651	
FRANKLIN HIGH SCHOOL		
Lionel Johnson	652	
GRACE DAVIS HIGH SCHOOL		
Stuart Taylor	653	
GRANT HIGH SCHOOL		
Joe Ellis	654	
JESUIT HIGH SCHOOL		
Patrick McCrastle	655	
JOHNSON HIGH SCHOOL		
Andre Calvin	656	
Eric Norman	657	
LA SIERRA HIGH SCHOOL		
Wade Nichols	658	
MANTECA HIGH SCHOOL		
Mike Cimoli	659	
MARYSVILLE HIGH SCHOOL		
Mike Harris	660	
NORTE DEL RIO		
Kenny Butler	661	
Sutton Hanklitz	662	
Larry Mosley	663	
Gerald Richardson	664	
Eric Thomas	665	
OAKDALE HIGH SCHOOL		
Allen Graves	666	
PLACER HIGH SCHOOL		
Gary Whaler	667	
SAN JUAN HIGH SCHOOL		
Bryhan Browne	668	
STAGG HIGH SCHOOL		
Curtis Johnson	669	
TURLOCK HIGH SCHOOL		
Tim Stevens	670	
VACAVILLE HIGH SCHOOL		
Eddie Mayes	671	
Kevin Nicholson	672	
Rusty Knowles	673	
Bryan Robinson	674	
Doug Tatum	675	
Andy Williams	676	
VALLEJO HIGH SCHOOL		
Eugene King	677	
VANDEN HIGH SCHOOL		
Malcolm Hardy	678	
VINTAGE HIGH SCHOOL		
John Odell	679	
<b>San Diego Section</b>		
<b>NAME</b>	<b>NO.</b>	<b>GR</b>
BONITA VISTA HIGH SCHOOL		
Andy Morabe	731	12
CASTLE PARK HIGH SCHOOL		
Kevin Mason	732	12
CHULA VISTA HIGH SCHOOL		
Jose Vega	733	11
CLAIREMONT HIGH SCHOOL		
Ed Scott	734	12
CRAWFORD HIGH SCHOOL		
Joe Phelps	735	12
Eric Sams	736	12
EL CAJON HIGH SCHOOL		
Richard Osborne	737	12
EL CAMINO HIGH SCHOOL		
Bruce Mitchell	738	12
FALLBROOK HIGH SCHOOL		
Jack Eaton	739	12
Brad Ervin	740	12

GROSSMONT HIGH SCHOOL		
John Kinsfather	741	12
HELIX HIGH SCHOOL		
Stan Aguilar	742	12
Allen Durden	743	11
Rick Nelson	744	12
John Seeman	745	12
HENRY HIGH SCHOOL		
Steve Brown	746	12
William Carter	747	12
Maurice Payne	748	12
Gary Robinson	749	12
KEARNY HIGH SCHOOL		
Paul Day	750	11
LINCOLN HIGH SCHOOL		
Curtis Lockett	751	12
MIRA MESA HIGH SCHOOL		
Maurice Howard	752	11
Dennis Jose	753	11
Scott Le Prath	754	12
Mike McGraw	755	11
MISSION BAY HIGH SCHOOL		
Sal Mocerri	756	12
MT. CARMEL HIGH SCHOOL		
Myron Abutin	757	12
John Bromma	758	12
Gene Edler	759	12
David Lane	760	11
MT. MIGUEL HIGH SCHOOL		
Joel Davis	761	11
Byron Gaiter	762	12
PT. LOMA HIGH SCHOOL		
David Thoman	763	12
POWAY HIGH SCHOOL		
Ken Brajevich	764	12
SAN DIEGO HIGH SCHOOL		
Ken Le Blanc	765	11
Regi Pullens	766	12
Kevin Shields	767	12
Keith Taylor	768	10
SAN DIEGUITO HIGH SCHOOL		
Keith Kartz	769	12
SAN PASQUAL HIGH SCHOOL		
Rob Russell	770	12
SERRA HIGH SCHOOL		
Anthony Lunduall	771	12
Jon Martin	772	11
Mike Martin	773	10
C. J. Robertson	774	12
Jeff Smith	775	12
David Wells	776	10
SWEETWATER HIGH SCHOOL		
Gerald Johnson	777	11
UNIVERSITY HIGH SCHOOL		
Anthony McClendon	778	11
VALHALLA HIGH SCHOOL		
Rob Avant	779	12
Rich Brownsberger	780	12
Lance Sevier	781	12
Jay Vavra	782	12
VISTA HIGH SCHOOL		
Berrett Francis	783	12

## Southern Section

NAME	NO.	GR
ANTELOPE VALLEY HIGH SCHOOL		
John Frazier	883	12
ARCADIA HIGH SCHOOL		
Brent Bartz	884	12
BEVERLY HILLS HIGH SCHOOL		
Nathan Phillips	885	12
BLAIR HIGH SCHOOL		
James Knowles	886	12
BRETHREN HIGH SCHOOL		
Brett Henry	887	12
BURROUGHS HIGH SCHOOL		
Antonio Dobbins	888	12
CABRILLO HIGH SCHOOL		
Paul Jones	889	12
CAMARILLO HIGH SCHOOL		
Octavio Morales	890	12
Eric Reynolds	891	10
CAPISTRANO VALLEY HIGH SCHOOL		
Dan Westerfield	892	12
Chris Sweeney	893	12
CENTENNIAL HIGH SCHOOL		
Leonard Graham	894	12
Robert Jones	895	12
Ricky Pinchback	896	12
Tim Ware	897	12
COMPTON HIGH SCHOOL		
Ramon Bennett	898	12
Ed Davis	899	12
Blair McMurray	900	11
Ed Riley	901	12
Keith Wesley	902	11
CORONA DEL MAR HIGH SCHOOL		
Shawn Gallagher	903	12
COVINA HIGH SCHOOL		
Bill Malins	904	12
CRESPI HIGH SCHOOL		
Peter Marlow	905	12

CULVER CITY HIGH SCHOOL		
John Wolitarsky	906	12
DOS PUEBLOS HIGH SCHOOL		
William Rossow	907	12
EDGEWOOD HIGH SCHOOL		
Mike Powell	908	12
EDISON HIGH SCHOOL		
Jon Butler	909	12
EISENHOWER HIGH SCHOOL		
Darryl Allen	910	12
Sam Harris	911	12
Kevin Newton	912	12
Ray Newton	913	11
EL MODENA HIGH SCHOOL		
Steve Valen	914	12
INGLEWOOD HIGH SCHOOL		
Chris Bonner	915	12
KATELLA HIGH SCHOOL		
Mark Hale	916	12
LA HABRA HIGH SCHOOL		
Eric Behring	917	12
LAKEWOOD HIGH SCHOOL		
Brian Bradshaw	918	12
LA MIRADA HIGH SCHOOL		
Larry Jackson	919	12
LONG BEACH POLY HIGH SCHOOL		
John Atkinson	920	12
Mark Callier	921	12
Mark Howard	922	10
Ernie James	923	11
Joe Person	924	12
Victor Townsend	925	12
LYNWOOD HIGH SCHOOL		
Eric Emery	926	12
MISSION VIEJO HIGH SCHOOL		
Steve Kerho	927	11
MORNINGSIDE HIGH SCHOOL		
Avis Jones	928	12
MUIR HIGH SCHOOL		
Tom Anderson	929	11
Ronald Brown	930	12
Wayne Carroll	931	12
Bernard Mathis	932	11
Ron Mills	933	12
Ed Tave	934	12
NEWPORT HARBOR HIGH SCHOOL		
Kevin Jeffries	935	12
NOGALES HIGH SCHOOL		
J. R. Ili	936	12
NORCO HIGH SCHOOL		
Darrell Willis	937	12
NORTH VIEW HIGH SCHOOL		
Mike Carlton	938	12
NORTH RIVERSIDE HIGH SCHOOL		
Mike Howe	940	12
OCEAN VIEW HIGH SCHOOL		
Rex Brown	941	11
PALM SPRINGS HIGH SCHOOL		
Clay Hall	942	11
PASADENA HIGH SCHOOL		
Anthony Bedell	943	12
David Caltiman	944	12
Troy Delemar	945	11
Travis Dancer	946	11
Pentice Mims	947	12
PIUS X HIGH SCHOOL		
Anthony Caire	948	12
RIVERSIDE POLY		
Chris Crisman	949	12
SAN MARCOS HIGH SCHOOL		
Sheldon MacKenzie	950	12
SANTA ANA VALLEY HIGH SCHOOL		
Francel Jones	951	11
SANTA BARBARA HIGH SCHOOL		
Barasa Thomas	952	12
SERRA HIGH SCHOOL		
Sherman Brooks	953	12
Blair Cox	954	12
Robert Currie	955	11
Duprie Lambert	956	10
Harold Todd	957	12
SIMI VALLEY HIGH SCHOOL		
Marc Rosellini	958	12
THOUSAND OAKS HIGH SCHOOL		
Hector Romero	959	12
TROY HIGH SCHOOL		
Ken Williams	960	11
TWENTY-NINE PALMS HIGH SCHOOL		
Bryan Anderson	961	12
UPLAND HIGH SCHOOL		
Don Orr	962	12
Phil Orr	963	12
VILLA PARK HIGH SCHOOL		
Paul Peters	964	12
WEST COVINA HIGH SCHOOL		
David Ashford	965	12
WILSON (LONG BEACH) HIGH SCHOOL		
Scott Cox	966	12



# 1981 C.I.F. TRACK CHAMPIONSHIPS

## WOMEN'S ENTRIES

### Central Section

NAME	NO.	GR
BULLARD HIGH SCHOOL		
Linda Hooke	1	10
Laura Kemp	2	12
Valarie Netzey	3	12
Andriette Smith	4	10
CENTRAL HIGH SCHOOL		
Mona Williams	5	12
CHOWCHILLA HIGH SCHOOL		
Yvette Williams	6	12
CLOVIS WEST HIGH SCHOOL		
Irene Aragon	7	11
Loretta Aragon	8	12
Ruth Lawanson		12
Pat Manning	10	10
Kim Overall	11	11
Kathy Savala	12	12
Kim Shakir	13	11
Karen Van Wegenen	14	12
EAST HIGH SCHOOL		
Terri Phillips	15	10
FRESNO HIGH SCHOOL		
Tracy Phillips	16	10
Janet Whitney	17	11
GARCES MEMORIAL HIGH SCHOOL		
Deborah Corley	18	12
MADERA HIGH SCHOOL		
Cathy Adames	19	12
Bridgette Steens	20	9
MONACHE HIGH SCHOOL		
Karmen Stickney	21	12
MT. WHITNEY HIGH SCHOOL		
Cathi Isham	22	12
Tonya Mendonca	23	10
Cynthia Rogers	24	11
NORTH HIGH SCHOOL		
Pam Ash	25	10
Kara Ragland	26	12
Dana Smith	27	11
Cheri Swisher	28	10
Carrie Tillet	29	12
SAN JOAQUIN HIGH SCHOOL		
Monica Montanez	30	10
SIERRA UNION HIGH SCHOOL		
Christine Karns	31	9
SOUTH HIGH SCHOOL		
Cabrini Leathers	32	11
TRANQUILITY HIGH SCHOOL		
Sharon Pierson	33	11
TULARE HIGH SCHOOL		
Leann Adams	34	10
Linda McGriff	35	9
Sheila Nicks	36	12
Veronica Nicks	37	11
Ethel Weaver	38	11
WOODLAKE UNION HIGH SCHOOL		
Lupe Robles	39	11
EDISON HIGH SCHOOL		
Louisa Johnson	40	12
Zezette Sears	41	11
Eugenia Walker	42	12
Alycia Wright	43	10
BAKERSFIELD HIGH SCHOOL		
Deanna White	44	10
CENTRAL COAST SECTION		
ARAGON HIGH SCHOOL		
Maryanne Baumgardner	111	12
BRANHAM HIGH SCHOOL		
Karen Robinson	112	12
BUCHSER HIGH SCHOOL		
Margaret Demorest	113	12
CARLMONT HIGH SCHOOL		
Gia Carrozzi	114	12
Paula Foinani	115	12
Beth Miller	116	11
Julia Miller	117	11
Karen Turner	118	11
DELMAR HIGH SCHOOL		
Lanette Davis	119	9
FREMONT HIGH SCHOOL		
Sheryl Miller	155	12
Karen Robinson	160	12
CUNDERSON HIGH SCHOOL		
Roberta Eccles	157	
GUNN HIGH SCHOOL		
Jill Crisler	120	11
HILLSDALE HIGH SCHOOL		
Brenda Brewer	121	11
HOMESTEAD HIGH SCHOOL		
Heidi Waterfield	122	10
LIVE OAK HIGH SCHOOL		
Gurtha Pounds	123	11
LOS ALTOS HIGH SCHOOL		
Hilary Bray	124	10
Kerry Brogan	125	12

### LOS GATOS HIGH SCHOOL

Kelly Cummings	161	12
Diane Oswald	126	12
Debbie Morris	127	12
LYNBROOK HIGH SCHOOL		
Carol Gleason	128	12
Tracy Weber	129	12
MILPITAS HIGH SCHOOL		
Maria King	130	11
MT. PLEASANT HIGH SCHOOL		
Vivian Riley	158	10
OVERFELT HIGH SCHOOL		
Wendy Anderson	131	10
Donna Campbell	132	10
Karen Carr	133	11
Glenda Turner	134	11
PRESENTATION HIGH SCHOOL		
Sharon Yaninek	135	10
SACRED HEART HIGH SCHOOL		
Linda Van Housen	156	11
SAN CARLOS HIGH SCHOOL		
Cynthia Barkus	136	11
Carrie Cambron	137	9
Cindi Durchslag	138	11
Claudia Jordan	139	10
Ronda Robinson	140	12
SAN MATEO HIGH SCHOOL		
Julie Middleton	141	11
SANTA CATALINA HIGH SCHOOL		
Cathy Dee	159	11
SARATOGA HIGH SCHOOL		
Liz Cheuning	142	11
SEASIDE HIGH SCHOOL		
Claudette Carroll	143	12
Cora Manaea	144	10
Wanda Simmons	145	12
Drucilla Wyer	146	12
Yvette Weldo	147	12
SEQUOIA HIGH SCHOOL		
Karen Wolfe	148	12
SILVER CREEK HIGH SCHOOL		
Anita Bolton	149	11
Dana Edwards	150	11
Eurdell Jackson	151	11
Felecia Smartt	152	12
Aida Stearns	153	12
SOQUEL HIGH SCHOOL		
Kim Horn	154	12

### L.A. City Section

NAME	NO.	GR
BELL HIGH SCHOOL		
Cathy Pedroza	221	12
CARSON HIGH SCHOOL		
Linda Morrison	222	11
CHATSWORTH HIGH SCHOOL		
Rachel Leibovitch	223	11
CRENSHAW HIGH SCHOOL		
Yolanda Fletcher	224	12
DORSEY HIGH SCHOOL		
Cynthia Daniels	225	12
LaTanya Dawkins	226	11
Tamara Fatherree	227	10
Aladrian Hunter	228	12
Inger Peterson	229	11
Lisa Penny	230	12
Annette Rolfe	231	11
Michell Stewart	232	11
FREMONT HIGH SCHOOL		
Debra James	233	12
Sharri Pendleton	234	12
Leslye Tell	235	12
GARFIELD HIGH SCHOOL		
Sonia Yanez	236	11
JORDAN HIGH SCHOOL		
Elandes Sherrils	237	12
KENNEDY HIGH SCHOOL		
Kelley Cook	238	11
Kim Grant	239	10
Denean Howard	240	11
Tina Howard	241	12
Annette Johnson	242	11
LOCKE HIGH SCHOOL		
Jeannie Arnold	243	11
Linda Bell	244	11
Kim Childress	245	12
Cynthia Cooper	246	12
Janelrol West	247	12
MANUAL ARTS HIGH SCHOOL		
Karen Bonty	248	11
Tamela Holland	249	12
Debbie Jackson-	250	11
Carla Johnson	251	11
Michelle Lowe	252	10
Antoinette Munns	253	11
Scharlette Stewart	254	12
Annazette Wright	255	11
MARSHALL HIGH SCHOOL		
Yvette Maufas	256	11

### MONROE HIGH SCHOOL

Melba Lawrence	257	11
Marjorie Johnson	258	10
Christine Murphy	259	11
NARBONNE HIGH SCHOOL		
Kimberly Goodman	260	11
NORTH HOLLYWOOD HIGH SCHOOL		
Marianne Gurtler	261	11
Lori Robbins	262	12
ROOSEVELT HIGH SCHOOL		
Jenny Green	263	12
SAN FERNANDO HIGH SCHOOL		
Judy Woods	264	12
UNIVERSITY HIGH SCHOOL		
Heidi Howell	265	12
WESTCHESTER HIGH SCHOOL		
Stacey Evans	266	11
Janine DeWitty	267	12
Margaret Garstka	268	12
Lisa Walker	269	12
Penny Williams	270	10
Karen Purnell	271	10
Trescia Palmer	272	10
Lori Drake	273	12

### North Coast Section

NAME	NO.	GR
ACALANES HIGH SCHOOL		
Vicki Dhont	361	12
Julie Hansen	362	12
Amy Van Galder	363	12
Maggie VanZeeland	364	12
ALHAMBRA HIGH SCHOOL		
Maree Hansen	365	12
Danelle Hopkins	366	12
Pam Swicegood	367	10
Paige Tully	368	10
AMADOR VALLEY HIGH SCHOOL		
Diann Robinson	369	10
BERKELEY HIGH SCHOOL		
Yvette Bates	370	9
Cheryl Bishop	371	11
Doniece Johnson	372	9
Robyne Johnson	373	12
Tanaya King	374	12
Lana Rice	375	10
Nedrea Rodgers	376	10
Sherifa Sanders	377	12
Sharon Ware	378	12
Ruth Whitehead	379	10
CASTRO VALLEY HIGH SCHOOL		
Pam Cole	380	12
Bridget Cunningham	381	11
Eileen Cunningham	382	11
Karin Lambden	383	12
Kristi Lambden	384	12
Cherie Schaeffer	385	12
DE ANZA HIGH SCHOOL		
Jeanette Brandon	386	11
Loudiesia Flanagan	387	9
Jackie Rogers	388	10
Qwendolyn Ward	389	12
EL CERRITO HIGH SCHOOL		
Deborah Barrett	390	9
Ione Dickson	391	11
Mary Garfield	392	12
Ellen Hayes	393	12
Veronica Samuels	394	10
Terri Hayes	484	12
GRANADA HIGH SCHOOL		
Debbie Disbrow	395	11
JAMES LOGAN HIGH SCHOOL		
Nadine Bent	396	9
LIBERTY UNION HIGH SCHOOL		
Jeanne Gallegos	397	12
LIVERMORE HIGH SCHOOL		
Kathy Halpin	398	12
Jessica Spies	399	11
MARIN CATHOLIC HIGH SCHOOL		
Mary Brennan	400	12
MIRAMONTE HIGH SCHOOL		
Lynn Bevan	401	12
Marilyn Davis	402	11
Erber Erber	403	10
Karen Slakey	404	12
Marcia White	405	12
NORTHGATE HIGH SCHOOL		
Tracey Flemmings	406	9
Val Flemmings	407	12
Michelle Hong	408	12
Lissa Palla	409	11
PETALUMA HIGH SCHOOL		
Lori Shanoff	410	11
PIEDMONT HIGH SCHOOL		
Missy Moore	411	10
PINER HIGH SCHOOL		
Laurie Hollingworth	412	11

### RANCHO COTATE HIGH SCHOOL

Lynette Colter	413	12
SAN LORENZO HIGH SCHOOL		
Valerie Spence	414	12
SIR FRANCIS DRAKE HIGH SCHOOL		
Katy Dykstra	415	11
SUNSET HIGH SCHOOL		
Brenda Bertillion	416	12
Allison Crist	417	11
TENA LINDA HIGH SCHOOL		
Karen Moore	418	12
WASHINGTON HIGH SCHOOL		
Laura Desnoo	419	12

### Northern Section

NAME	NO.	GR
ANDERSON HIGH SCHOOL		
Michelle Schoniger	501	11
CHICO HIGH SCHOOL		
Karen Atkins	502	12
Pat Belvin	503	12
Lisa Laffins	504	11
Vicki Snyder	505	12
ESPARTO HIGH SCHOOL		
Jenny Stumpf	506	12
GRIDLEY HIGH SCHOOL		
Betty Almo	507	12
MODOC HIGH SCHOOL		
Dawn Vance	508	10
NOVA HIGH SCHOOL		
Kim Ball	509	9
Kim Carter	510	9
Donna Martin	511	9
Sabrina Schreder	512	9
PIERCE HIGH SCHOOL		
Debby Damron	513	11
PLEASANT VALLEY HIGH SCHOOL		
Jennifer Korte	514	10
Jill Silva	515	11
RED BLUFF HIGH SCHOOL		
Diane Osborn	516	12
SHASTA HIGH SCHOOL		
Kathy Dolan	517	12
Dori Parker	518	12

### Oakland-S.F. Section

NAME	NO.	GR
CASTLEMONT HIGH SCHOOL		
Theresa Flippin	541	12
Lillian Jackson	542	11
Sheridan Jenkins	543	12
LaTanya Lathan	544	10
Carol Turrentine	545	12
FREMONT HIGH SCHOOL		
Tina Ellis	546	10
OAKLAND HIGH SCHOOL		
Jenny Ray	547	11
SKYLINE HIGH SCHOOL		
Amy Brewer	548	10
Marta McLeod	549	11
Natalie Spinks	550	11
TECHNICAL HIGH SCHOOL		
Delisa Lynch	551	10
BALBOA HIGH SCHOOL		
Angelique Rush	552	11
GALILEO HIGH SCHOOL		
Janice Padmore	553	12
LOWELL HIGH SCHOOL		
Donna Graham	554	9
Cindy Wo	555	12
LINCOLN HIGH SCHOOL		
Yolanda Graves	556	10

### Sac-Joaquin Section

NAME	NO.	GR
BELLA VISTA HIGH SCHOOL		
Jill Moss	581	12
BEYER HIGH SCHOOL		
Tami Anderson	582	11
CASA ROBLE HIGH SCHOOL		
Traci Cave	583	12
Laura Day	584	12
Natalie Day	585	11
Michelle Gallagher	586	10
Renee Martin	587	12
CENTRAL CATHOLIC HIGH SCHOOL		
Karen Schaefer	588	12
Laura Schaefer	589	9
CORDOVA HIGH SCHOOL		
Barbara Ballard	590	12
Laura Brown	591	11
Lynn Cook	592	12
Donna More	593	11
Karen Nickerson	594	11
Aileen Smith	595	10
Michelle Smith	596	11

continued on page 52



# Women's Entries . .

continued from page 51

DEL ORO HIGH SCHOOL	
Stacey McAfee	597
EDISON HIGH SCHOOL	
Charolette Cornelous	598
Charassi Jeremiah	599
Rochelle Thompson	600
Jackie Wicks	601
EL CAMINO HIGH SCHOOL	
Mary Dentinger	602
FAIRFIELD HIGH SCHOOL	
Debbie Blackwell	603
FOOTHILL HIGH SCHOOL	
Lisa Lofton	604
Sheri Morsford	605
GRANT HIGH SCHOOL	
Monica Taylor	606
HILMAR HIGH SCHOOL	
Dot Jones	607
JEPSON HIGH SCHOOL	
Joni Mooney	608
JOHNSON HIGH SCHOOL	
Basheba Gilmore	609
Dicol Gilmore	610
Sherri Greene	611
Renetta Tindall	612
KENNEDY HIGH SCHOOL	
Julie Van Horn	613
LA SIERRA HIGH SCHOOL	
Maura Bookout	614
LINCOLN HIGH SCHOOL	
Kelly Hunt	615
MERCED HIGH SCHOOL	
Kim Donaldson	616
Shelly Nieto	617
MIRA LOMA HIGH SCHOOL	
Ann Phillips	618
OAKMONT HIGH SCHOOL	
Cathy Norton	619
ROSEVILLE HIGH SCHOOL	
Yolanda King	620
SONORA HIGH SCHOOL	
Jenny Linderman	621
STAGG HIGH SCHOOL	
Brenda Thompson	622
ST. FRANCIS HIGH SCHOOL	
Karen Lysaght	623
VALLEY HIGH SCHOOL	
Stacey Green	624
VANDEN HIGH SCHOOL	
Michelle Neely	625
YUBA CITY HIGH SCHOOL	
Laurie Bushling	626

## San Diego Section

NAME	NO.	GR
CRAWFORD HIGH SCHOOL		
Wendy Edelen	691	11
Natalie Irving	692	12
Leslie Johnson	693	11
Shawn Lawson	694	11
Tracy Scott	695	12
Raenell Taylor	696	12
EL CAJON HIGH SCHOOL		
Chris Mose	697	12
EL CAPITAN HIGH SCHOOL		
Lyrae Rowlett	698	12
FALLBROOK HIGH SCHOOL		
Heidi Gartner	699	10
Monica Keegan	700	11
Mary Reno	701	10
Diana Turner	702	11
HELIX HIGH SCHOOL		
Denise Dibos	703	11
PATRICK HENRY HIGH SCHOOL		
Alma Jones	704	12
HOOVER HIGH SCHOOL		
Chris Cooksey	705	12
LA JOLLA HIGH SCHOOL		
Annie King	706	12
MARIAN HIGH SCHOOL		
Susan Compton	707	12
MT. MIGUEL HIGH SCHOOL		
Ellen Jones	708	11
MIRA MESA HIGH SCHOOL		
Betsy Chadwick	709	12
Torie Dixon	710	12
MISSION BAY HIGH SCHOOL		
Carrie Thomas	711	11
MONTE VISTA HIGH SCHOOL		
Sheli Lachel	712	11
Gabrelle LeClair	713	11
MORSE HIGH SCHOOL		
Jennifer Cottingham	714	11
Estella Jackson	715	12
Iris Pippins	716	11
Michelle Wade	717	11
POWAY HIGH SCHOOL		
Kristi Hiatt	718	12

SAN DIEGUITO HIGH SCHOOL		
Julie Hawks	719	12
SAN MARCOS HIGH SCHOOL		
Liz Pew	720	10
SAN PASQUAL HIGH SCHOOL		
Terri Brown	721	12
Kelly Panno	722	11
SANTANA HIGH SCHOOL		
Tina Allen	723	11
TORREY PINES HIGH SCHOOL		
Cissy Laughlin	724	12
VALHALLA HIGH SCHOOL		
Jane Johnson	725	11
VISTA HIGH SCHOOL		
Lydia Frazor	726	10
Dorsey Poulin	727	10
Laura Redick	728	9
Janese Simunek	729	12
Mary Thomson	730	11

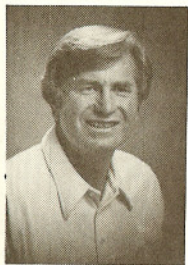
## Southern Section

NAME	NO.	GR
ALEMANY HIGH SCHOOL		
Vickie Cook	801	11
ARROYO GRANDE HIGH SCHOOL		
Kelly Buzza	802	12
BEVERLY HILLS HIGH SCHOOL		
Barbara Gottlieb	803	10
BUENA HIGH SCHOOL		
Sharon Hanson	804	10
Michelle Mason	805	12
BURBANK HIGH SCHOOL		
Andres Kriva	806	11
CAJON HIGH SCHOOL		
Bridgett Blackburn	807	11
CAMARILLO HIGH SCHOOL		
Christine Fullerton	808	10
Jackie Gibson	809	11
Melissa Jordan	810	10
Pam Lee	811	11
CAPISTRANO VALLEY HIGH SCHOOL		
Jerri Baker	812	12
COMPTON HIGH SCHOOL		
Toi Lark	813	11
CULVER CITY HIGH SCHOOL		
Donna Curtis	814	12
EISENHÖWER HIGH SCHOOL		
Jacque Sheffield	815	11
ELSINORE HIGH SCHOOL		
Zona Chandler	816	11
EL TORO HIGH SCHOOL		
Angela Rock	817	12
ESPERANZA HIGH SCHOOL		
Debbie Arthur	818	11
FOUNTAIN VALLEY HIGH SCHOOL		
Annabelle Villanueva	819	12
FULLERTON HIGH SCHOOL		
Natalie Kaawahia	820	10
GANESHA HIGH SCHOOL		
Annette Hall	821	12
Patricia Killebrew	822	11
Gervaise McCraw	823	11
Nancy McNeal	824	9
Brette Sellers	825	9
GAREY HIGH SCHOOL		
Zelda Johnson	826	11
Pat Green	827	9
Faye Robinson	828	9
Eva Zuniga	829	12
HOOVER HIGH SCHOOL		
Alison Walker	830	12
IRVINE HIGH SCHOOL		
Lynnda Kelley	831	12
JORDAN (LONG BEACH) HIGH SCHOOL		
Lisa Winston	832	10
LAGUNA BEACH HIGH SCHOOL		
Rennie Durand	833	11
LA HABRA HIGH SCHOOL		
Marina Laymen	834	10
LONG BEACH POLY HIGH SCHOOL		
Nay Nay Guss	835	10
MARSHALL HIGH SCHOOL		
Katrena Johnson	836	11
MISSION VIEJO HIGH SCHOOL		
Jacque Norton	837	11
MUIR HIGH SCHOOL		
Cheryl Brown	838	12
April Bryant	839	12
Toni Murray	840	11
Diana Prellins	841	10
Kim Snow	842	11
Cathy Young	843	10
NEWBURY PARK HIGH SCHOOL		
Denise Ball	844	11
NORTH TORRANCE HIGH SCHOOL		
City Gomez	845	11
Shari Kishiyama	846	12
Louise Romo	847	12

Carrie Saito	848	10
Leslie Saito	849	10
NOTRE DAME HIGH SCHOOL		
Karen Kraemer	850	12
REDONDO HIGH SCHOOL		
Margaret Spotts	851	12
RIO MESA HIGH SCHOOL		
Kelly Churchman	852	11
SACRED HEART HIGH SCHOOL		
Lori Lopez	853	11
SAN CLEMENTE HIGH SCHOOL		
Diana Clements	854	11
SAN DIMAS HIGH SCHOOL		
Shari Baldomir	855	12
SANTA BARBARA HIGH SCHOOL		
Alison Ehlen	856	12
SAUGUS HIGH SCHOOL		
Wendy Bradshaw	857	11
Lorraine Costanzo	858	12
Shelly Hazlett	859	12
Audry Williams	860	12
SOUTH PASADENA HIGH SCHOOL		
Courtney Hudson	861	11
THOUSAND OAKS HIGH SCHOOL		
Dianne Fairman	862	11
Jennifer French	863	11
Katie Gosser	864	10
Jeanne Harmon	865	9
Marilyn Kind	866	12
Sue Lavendier	867	12
Kathy Prievie	868	11
TROY HIGH SCHOOL		
Laura Campbell	869	12
VALLEY CHRISTIAN HIGH SCHOOL		
Sabrina Williams	870	12
VENTURA HIGH SCHOOL		
Tammy Bryant	871	9
WALNUT HIGH SCHOOL		
Michelle Hill	872	11
Kim Jackson	873	12
Gayle Kellon	874	10
Lynn Smith	875	11
WEST HIGH SCHOOL		
Angela Senter	876	11
Susie Perry	877	12
Dania Duperron	878	10
Kati Petersen	879	11
Patty Taylor	880	11
UNIVERSITY HIGH SCHOOL		
Laura Mills	880	12
Polly Plumer	881	11
Annette Rogers	882	9



# COACHES HONORED



**BOB FRALEY**  
CENTRAL SECTION  
Lemoore High School

After 18 years of coaching at the high school level, one of the C.I.F. Central Section's most successful coaches, Bob Fraley has moved on to the college level at his alma mater, Fresno State this year. In 15 previous years at Lemoore High School, Fraley's track teams have lost a total of two dual meets. He has coached teams that have won 12 league championships and one of his teams won the West Coast Relays. In addition to his service and dedication as a coach, Fraley has served high school track and field as Central Section Track Advisory Committee Chairman for many years. Although high school athletics will not have Bob Fraley as one of their coaches anymore, he surely won't be apart from the sport he so loves.



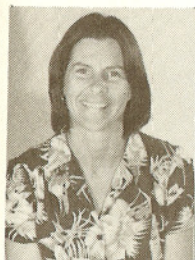
**ROBERT WECKERLE**  
NORTHERN SECTION  
Trinity High School

Robert Weckerle has coached track and field for 19 years with the last 15 being at Trinity High School. Although a small school (350 students) Trinity won the Shasta Cascade League Championship eight out of ten years they were members of the league. Coach Weckerle has served for several years on the Northern Section C.I.F. Track Committee and was instrumental in bringing about the Northern Section C.I.F. Small Schools Track Meet.



**JOHN TRIOLO**  
NORTHERN SECTION  
Durham High School

Born and raised in Northern California, John Triolo has been active in athletics since grade school. In 1971 he began his teaching and coaching at Durham High School as head football and track coach. Durham High School is located in the small farming community of Durham and has an enrollment of 260. Coach Triolo's boys' track teams have captured league championships in 1971, 1972, 1973, 1976, 1977, and the Northern Section's Small School crowns in 1971 and 1976. Since Coach Triolo took over the girls' track program in 1977 they have yet to lose a league championship. In 1978 and 1979 his girls' teams captured the Northern Section Small School crown. In 1972 Coach Triolo became a member of the Northern Section Track Committee and served as its President from 1976-78.



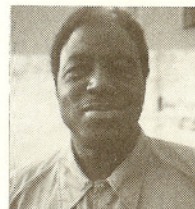
**BEVERLY MARTIN**  
CENTRAL SECTION  
South High School

Beverly Martin, a native of the Bakersfield area has stayed in her backyard to become one of the finest girls' track coaches in the Central Section, and in the State of California. Martin has been the head girls' track coach ever since the sport officially was recognized by the Kern High School District in 1974. Her teams have compiled an impressive 26-7 record in dual meets, and Martin has coached 17 state qualifiers during that time. A graduate of the University of Oregon (History/Philosophy) she is presently working on her Masters during the summer at Cal Poly, San Luis Obispo (Guidance and Counseling).



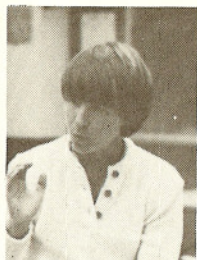
**WALTER OPP**  
SOUTHERN SECTION  
Muir High School

This year marks the 35th year that Walter Opp has coached track and field. The Muir High School Mentor has won 321 times in his coaching career and has only tasted 18 losses. His 95% winning record is one of the best marks in the Southern Section, State, and even in the Nation. Coach Opp's teams have won two state championships, seven C.I.F. championships, and have finished as the runner-ups on five occasions in the section and four in the state. 1977's "California Coach of the Year" has also won 19 league championships.



**ERNIE McNEALY**  
SAN FRANCISCO SECTION  
Mission High School

Ernie McNealy was a football and basketball star in high school but would later make a name for himself in coaching track and field at Mission High School for the past 18 years. Coach McNealy has coached many outstanding performers during his career, but this year he has a junior (Ken Frazier) who has two national records. Coach McNealy's 1963 team won San Francisco's 3A Championship.



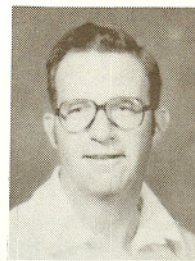
**JERRA ROWLAND**  
CENTRAL COAST SECTION  
Lynbrook High School

Having coached track at Lynbrook High School for 10 years, Jerra Rowland has sent at least two athletes every year to the C.I.F. State Track Meet. After being the four-time defending DeAnza Athletic League Champions, Lynbrook's athletes have placed in the Central Coast Section finals eight of the ten years Coach Rowland has been coach. Under her direction, Lynbrook has established a record of 63-13.



**STEVE SPRAKER**  
SOUTHERN SECTION  
Saugus High School

Steve Spraker has been Saugus High School's head cross country and track coach since the school's opening in 1975, and his girl's cross country team has never failed to finish in the C.I.F.'s top 10 during that time. Under Coach Spraker, Saugus has compiled a record of 44-2 and has won four consecutive League Championships in Cross Country including C.I.F. (3A-Southern Section) Championships in 1978 and 1979. Coach Spraker's track program is equally successful as its record is 53-1 and has also won four straight league championships as well as winning its last 40 dual track meets. Steve Spraker, besides coaching is a member of the C.I.F. Southern Section Cross Country Advisory Committee.



**DONALD DOOLEY**  
CENTRAL COAST SECTION  
San Mateo High School

Donald Dooley has been involved with high school athletics at San Mateo High School for the past 17 years as a cross country and track coach. Coach Dooley's teams have won numerous league championships and have done well in both regional and state competitions. Coach Dooley, a Wisconsin native, and former high school and college track star is involved in many committees at the Central Coast Section.



# COACHES HONORED



**DENNIS  
McCLANAHAN**  
**SAN DIEGO  
SECTION**  
Mount Carmel  
High School

Although he has been in the coaching game relatively few years, Dennis McClanahan has distinguished himself as a highly successful coach at Mount Carmel High School. In five years of competition, his girls' cross country team has won three San Diego Section Championships and his track and field record shows 52 wins and only 17 losses along with four league titles. Coach McClanahan has served on the San Diego Section Track and Field Advisory Committee for three years and is currently the Meet Director for the Jack-In-The-Box/Indoor Track and Field Invitational.



**HANK WELCH**  
**SAC-JOAQUIN  
SECTION**  
Tracy High School

Hank Welch began his coaching at Tracy High School in 1956 after serving in the Army in Korea, and has gained the respect of Sac-Joaquin Section coaches through his skillful coaching, positive influence on athletes and co-workers, and his dedication to the sport of track and field. Coach Welch like so many of California's track coaches has gone beyond his high school commitments by staging track clinics for elementary school youths, directing a "Junior Olympic" type meet for 22 consecutive years, and has directed as well as assisted in all-comers and invitational meets.



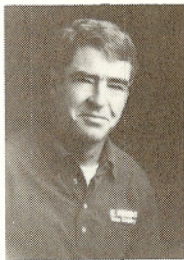
**BOB BUUM**  
**NORTH COAST  
SECTION**  
Irvington High School

Bob Buum, a 26-year veteran of coaching track and field has only lost one dual meet during the past five years during which his Irvington Team has won five straight league championships. The Meet Director for the North Coast Section's 4A Championships has served as Head Coach at Irvington High School for the past 19 years. Coach Buum has coached numerous State Qualifiers during his long and successful coaching career.



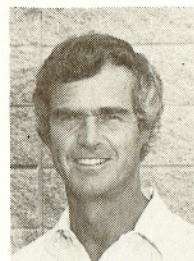
**PENNY DEZEN**  
**LOS ANGELES CITY  
SECTION**  
Jordan High School

Penny Dezen has been coaching the track team at Jordan High School for the past five years and in 1978 her girls' 440 relay team won the State Championship. Coach Dezen's track team was the league champion in 1980 and has never finished lower than second in league competition. Coach Dezen has been Assistant Athletic Director at Jordan for five years and this year she coached both the boys' and girls' cross country teams. Coach Dezen has also been a member of the Interscholastic Athletics Committee for the past two years.



**JIM MEYERS**  
**SAC-JOAQUIN SECTION**  
Placerville High School

Jim Meyers started his coaching career at Williams High School where he had 45 of the 90 boys enrolled in the school competing for him. In 1973 he took over the track program at El Dorado High School and increased the number of participants from 28 to over 100. Coach Meyers has sent eight athletes to the State Track Meet in eight different events. Coach Meyers track and cross country teams have won numerous league, sun-section and invitational titles. Coach Meyers has also hosted five league championship meets and one sub-section meet.



**PETE NELSON**  
**LOS ANGELES  
SECTION**  
Kennedy High School

For the past 18 years Pete Nelson has coached successful teams in the Los Angeles City Section. At Palisades High School his Varsity Swimming Team went undefeated in dual meets for seven years, compiling a 42-0, and his Varsity Cross Country teams at Palisades and for the past 10 years at Kennedy High School have compiled a dual meet record of 105-36. Coach Nelson's track teams at Kennedy High School have won three League Championships in the past five years. Coach Nelson is a graduate of UCLA where he was a pole vaulter on the 1956 NCAA Championship Track Team.



**JANE SEYBERT**  
**SAN DIEGO SECTION**  
Carlsbad High School

Jane Seybert is synonymous with girls' track and field at Carlsbad High School. After starting Carlsbad's program in 1976, Coach Seybert has watched many of her athletes go on to do well in state competition. Coach Seybert received her bachelor's and master's degrees from USIU and is presently working on her administrative credential at San Diego State. She also currently serves on the San Diego Section Track and Field Advisory Committee.



# HANDS DOWN. LAURA SCUDDER'S BEATS THE COMPETITION.



*Laura Scudder's*®



# C.I.F. Scoring

To keep a running account of the meet, score it 10-8-6-4-2-1. Write in name of school in place box. Total score in box at left.

MEN	1st—10 Pts.	2nd—8 Pts.	3rd—6 Pts.	4th—4 Pts.	5th—2 Pts.	6th—1 Pt.	FINAL TEAM STANDINGS MEN
400 M							1.
400 M							
200 M							2.
800 M							
100 M							3.
110 M							
300 M LH							4.
1600 M							
1600 M							5.
DISCUS							
LONG JUMP							6.
POLE VAULT							
SHOT PUT							7.
HIGH JUMP							
TRIPLE JUMP							8.
							9.
							10.

WOMEN	1st—10 Pts.	2nd—8 Pts.	3rd—6 Pts.	4th—4 Pts.	5th—2 Pts.	6th—1 Pt.	FINAL TEAM STANDINGS WOMEN
100 M LH							1.
400 M							
200 M							2.
800 M							
100 M							3.
400 M							
300 M							4.
1600 M							
1600 M							5.
DISCUS							
SHOT PUT							6.
HIGH JUMP							
LONG JUMP							7.
							8.
							9.
							10.



# MEET OFFICIALS

## 1981 State Track Meet

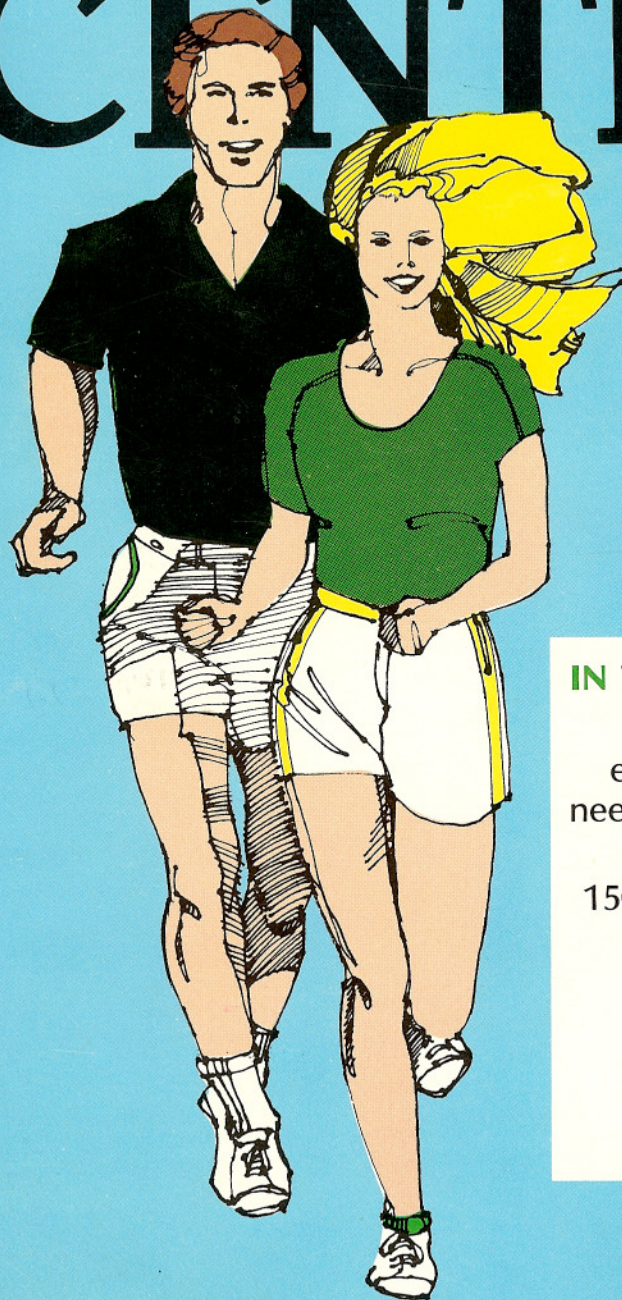
<b>MEET DIRECTOR</b>	Dean Crowley
<b>MEET MANAGER</b>	Doug Smith
<b>DIRECTOR OF OFFICIALS</b>	Earl Engman
<b>DIRECTOR OF PUBLICITY</b>	Maggi Helms
<b>HONORARY REFEREE</b>	William Russell
<b>STARTER (BOYS)</b>	Walt Smith
<b>STARTER (GIRLS)</b>	Larry Arason
<b>CLERK</b>	Bob Jackson
<b>ASSISTANT CLERK</b>	Bruce Nelson
<b>ANNOUNCER</b>	Dwayne Esper
<b>SEEDER</b>	Dave Hurlburt
<b>ACCUTRAC</b>	Don Chadez Bryan Springer Joe Raya Pat Raya
<b>HEAD FINISH JUDGE</b>	Ralph Neighbour
<b>HEAD FIELD JUDGE</b>	Ed Austin
<b>HEAD TIMER</b>	S. R. Meyer
<b>HEAD INSPECTOR</b>	Herman Moreno
<b>HEAD MARSHALL</b>	Bob McGuire
<b>COACHES TABLE</b>	Lanny Carter
<b>RECORDERS</b>	Julie Bellah Mickey Bellah
<b>SECRETARIES</b>	Lynn Downing Jeanette Coutee Sharon Plutko
<b>AWARDS</b>	Tom Mew
<b>SCOREKEEPER</b>	Doug Speck
<b>HURDLE CREW</b>	Arcadia High School Mike Gordon-Director
<b>WIND GAUGE</b>	Dr. Leon Glover, Jr.
<b>SHOT PUT OFFICIALS</b>	Jack Hedges Manuel Penafior
<b>HIGH JUMP OFFICIALS</b>	Ralph Clarkson Stan Gordon
<b>LONG JUMP OFFICIALS</b>	Carl Bowman Jack Savage

<b>TRIPLE JUMP OFFICIALS</b>	Jeff Watts Wylie Carlyle
<b>POLE VAULT OFFICIALS</b>	Frank Alvarado George Payan
<b>DISCUS OFFICIALS</b>	Steve Bruhns George Guccione
<b>TRAINER</b>	Tony Russo
<b>ASSISTANT TRAINER</b>	Steve Handy
<b>HOSTS</b>	Dave Kamanski Head Track Coach Cerritos College
<b>TIMERS/PLACE PICKERS</b>	Paul Mahoney Cliff Niedhaus Bernard Boomer Dave Shirley Joe Cenoz Don Skinner Ruebin Harrison Mike Taylor Ron Hoar Darrell Mandscheid Tom Mew
<b>INSPECTORS</b>	Dick Morton Leon Forman Dan Reinstein Valesta Muzik Domingo Pina Joe Kelly Ralph Ayala Gabe Randolph Jacque Osborn James Campbell Jack Brisacker Connie Corn Percy Nersbach Robert Marcus Ron Battle Don Dunn
<b>JURY OF APPEALS</b>	Starter Recall Starter Head Finish Judge Head Inspector Head Field Event Judge
<b>GAMES COMMITTEE</b>	Earl Engman Brian Springer Bob Dugard Marge Fulton Walt Smith Don Chadez Bob McGuire Doug Smith Ernie Prentice



# LOS CERRITOS CENTER

605 FREEWAY AT SOUTH ST., CERRITOS



## IN THE LONG RUN

you'll find  
everything you  
need at Los Cerritos  
Center.

150 exciting stores  
including  
Broadway  
Nordstrom  
Ohrbachs  
Robinson  
Sears

We Make the Good Life Even Better than Before.