

All-Time CCS Track Bests

Tino = 

(Best marks through last season)
c — converted mark
y — yards
m — meters
NR (after school) — ineligible athlete
NR — national record
Times in 100ths are fully-auto
Anyone with additions, corrections or questions should call 289-5354.

BOYS TRACK & FIELD

100y — Bill Green (Cubberley 79) 9.56; Bill Gaines (San Jose 68) 9.4; Millard Hampton (Silver Creek 74) and Glenn Cannon (Mt. Pleasant 76) 9.5; Carl Montgomery (South San Francisco 80) 9.76; Hal Davis (Live Oak 39), Jim Peterson (San Jose 39), Dick Brown (Lincoln 56), John Figueroa (Sunnyvale 64) Joe Richards (Walstonville 65), Jim Marshall (Ravenswood 66), Brad Lyman (Los Altos 68), Chuck Bommarito (Crestmoor 71), Keith Taylor (Piedmont Hills 79), Ken Meriweather (Mt. Pleasant 76), Andre Wilkes (Santa Cruz 77) and Mark Stewart (Camden 78) all 9.6. **Wind-aided:** K. Taylor (75) 9.4; Figueroa (64) and Rod Dawkins (Mt. Pleasant 77) 9.5; Mike Skinner (Santa Clara 76), Ken Terrell (Serramonte 76), Dwayne Green (Ayer 77) and Ken Smith (Palo Alto 80) all 9.6. **NR:** Houston McTeer (Baker, Fla.) 9.0, 1975.

200m — Millard Hampton (Silver Creek 74) 20.8c; Bill Green (Cubberley 79) 21.09; Glenn Cannon (Mt. Pleasant 76) 20.9c; Chuck Bommarito (Crestmoor 71), Keith Taylor (Piedmont Hills 76) and Dwayne Green (Ayer 77) all 21.1c; Eric Washington (Woodside 80) 21.35; Anthony Toney (North Salinas 80) 21.40; Carl Montgomery (South San Francisco 80) 21.44c; John Figueroa (Sunnyvale 64), Don Coulter (Harbor 76), Andre Phillips (Silver Creek 77) and Dwayne Taylor (Overfelf 77) all 21.2c. **Wind-aided:** Hampton (74) 20.7; Cannon (76) 20.9; K. Taylor (76) 21.0c. **No smoke:** D. Green (77) 20.9c. **NR:** Dwayne Evans (South Mountain, Phoenix, Ariz.) 20.22, 1976.

400m — Bill Green (Cubberley 79) 45.51 (NR); Lee Evans (Overfelf 65) 46.7c; Rick Brown (Los Altos 70) 46.9c; **Benny Brown (Sunnyvale 71) 47.0c; Frank Hughes (Cupertino 68) 47.3c; Art Nicholson (Menlo-Atherton 79) 47.47c; Harry Campbell (Mt. Pleasant 80) 47.60; Carlos Tan (St. Ignatius 56), Jim Andrew (Los Altos 70) and Keith Taylor (Piedmont Hills 76) all 47.6c.**

800m — Rick Brown (Los Altos 70) 1:50.0c; Conrad Suhr (Leigh 75) 1:50.4c; Ralph Lee (San Mateo 60) 1:51.5c; Mike Tyrrell (Saratoga 71) and Randy Carlson (Westmont 71) 1:51.6c; Don Bowden (Lincoln 54) 1:51.7c; Jerry Tallon (Serra 66), Dave Hamilton (Leigh 74) and Mark Stillman (Willow Glen 77) 1:51.9c; Dale Bennett (Los Altos 65) and Larry Davis (Los Altos 70) 1:52.1c. **NR:** Dale Scott (El Cerrito) 1:47.9c, 1972.

1 mile — Mark Stillman (Willow Glen 77) 4:06.9; Stan Ross (Serra 77) 4:08.2; Mike Ryan (Wilcox 65) 4:09.5; Steve Miller (Carlmont 72) 4:10.7; Robert Smith (Awall 78) 4:10.9; Klaus Hoffman (St. Ignatius 68) and Eugenio Amaya (Burlingame 69) 4:11.1; Steve Crowley (Gunn 73) 4:11.3; John Spu (Palma 74) 4:12.1; Manny Mahon (Lynbrook 68) 4:12.3. **NR:** Jim Ryun (East, Wichita, Kan.) 3:55.3, 1965.

2-mile — Mitch Kingery (San Carlos 75) 8:57.4; Mike Ryan (Wilcox 64) 8:57.8; Gordon MacMitchell (Gunn 73) 9:01.6; Carlos Carrasco (Mt. Pleasant 78) 9:02.6; Jeff Curran (Los Altos 74) and Ron Fritzsche (Leigh 75) 9:03.0; Jerry Emory (Gunn 75) 9:06.0; Steve Brooks (Mt. Pleasant 72) 9:07.8; Bob Love (Carlmont 78) 9:08.3; Ken Holladay (Gilroy 78) 9:08.7. **NR:** Jeff Nelson (Burbank) 8:36.3, 1979.

110m HH — Carl Florant (Palo Alto 73) 13.6; Ron Kennedy (Serramonte 75) 13.7; Ike Almond (Serramonte 73) and Tom Boberitz (Serramonte 76) 13.8; Tony Hicks (Serramonte 75) 13.9; **Malcolm Dixon (Sequoia 78) 14.18c; Steve Gultrie (Cupertino 76) 14.0; Don Finley (Cupertino 75); Scott Monroy (Overfelf 75); Byron Hawkins (Burlingame 76); Richard Clark (Menlo-Atherton 77); Eric McPherson (Mt. Pleasant 79) and John Zukowsky (Hillsdale 80) all 14.1. Wind-aided: Finley (75) 13.8. NR:** Renaldo Nehemiah (Scotch Plains-Fanwood, Scotch Plains, N.J.) 12.9c, 1978.

300m LH — Andre Phillips (Silver Creek 77) 36.22c; Troy Durio (Mt. Pleasant 78) 36.5c; Mark Chapman (Yerba Buena 77) 36.83c; Ronnie Seanez (Gilroy 80) 36.8; Tony Hicks (Serramonte 75), Dave Jackie (Los Altos 75) and Rick Luttrell (San Carlos 78) 36.8c; Brian Motooka (Gunn 77) 37.14c; Rick Ribera (Carlmont 78) 36.9c; Harold Ross (Hillsdale 77) 37.16c. **NR:** Darin Hill (Middletown, Ohio) 35.6, 1978.

400m relay — Woodside 75 (Tim Doyle,

Mike Gregans, Eric Hill, Robert Sweet) 41.4c; Piedmont Hills 76 41.5c; Mt. Pleasant 76 41.70c; Silver Creek 80 41.76c; Cubberley 79 41.83c; Silver Creek 72 and Yerba Buena 76 41.8c; Silver Creek 77 41.97c; Monterey 72 41.9c; Mt. Pleasant 80 42.05. **NR:** Lincoln (Dallas, Tex.) 40.0c, 1970.

1 mile relay — Los Altos 70 (Bob Thompson 52.5, Larry Davis 48.1, Jim Andrew 48.0, Rick Brown 47.0) 3:15.6; Cubberley 79 3:17.68; Piedmont Hills 76 3:18.3; Sequoia 67 and Silver Creek 76 3:18.5; Los Altos 68 3:18.7; San Carlos 73 3:19.1; Serramonte 75 3:19.2; Gunn 70 and Mt. Pleasant 75 3:19.6. **NR:** Centennial (Compton) 3:11.49c, 1980.

High jump — Dave Bush (Campbell 72) 6-11; Max Lowe (Awall 64), Kirk Collins (Monterey 75) and Joel Wyrick (Mt. Pleasant 78) 6-10½; Mervyn Fernandez (Hill 78) and Joe Hicks (North Salinas 78) 6-10¼; Thurlis Gibbs (Hill 76), Doug Wright (Live Oak 78), Mesha Spivey (Woodside 78, 79) and Dan Iliff (Palma 79) 6-10. **NR:** Gail Olson (Sycamore, Ill.) 7-4¼, 1978.

Pole vault — Bert Tardieu (Del Mar 78) 16-13¼; Roger Martin (Camden 71) 15-9; Mitch Preciado (Homestead 78) and Ross McAlexander (Monta Vista 78) 15-6¾; Larry Hintz (Buchser 73) and Greg Ellis (Menlo-Atherton 80) 15-6½; D.J. Bahl (Awall 80) 15-6¼; Jim Lydon (San Mateo 69), Blake Fearnside (Del Mar 77) and Ben Mahoney (St. Francis 80) 15-6. **NR:** Steve Stubbfield (Wyandotte, Kansas City, Kan.) 17-6, 1981.

Long jump — Johnny Johnson (Pacific Grove 65) 25-4¾; Phil Quinell (Homestead 68) 25-2; Lynn Swann (Serra 70) 24-10; Denny Rogers (Los Altos 65) 24-5; Paul Bates (Menlo-Atherton 77) 24-4¾; Rex White (Camden 77) 24-4; Vester Robinson (Silver Creek 72) 24-0½; Rick Miller (Leigh 70) and Brett Woods (Los Gatos 77) 23-10½; **Craig Conway (Cupertino 71) 23-10; Wind-aided: Charlie Johnson (Sequoia 67) 24-7½; Conway (71) 24-4; Mark Thorp (Cupertino 71) 24-2. NR:** Carl Lewis (Willingboro, N.J.) 26-8, 1979.

Triple jump — Peter Moreno (Lick 76) 50-0¾; **Craig Conway (Cupertino 71) 49-11½;** Myrt Easley (Woodside 75) 49-8; Myron Porter (Willow Glen 78) 49-6¾; Dale Krebs (Gunn 71) 49-4¼; **Kevin McCarthy (Cupertino 73) 49-4;** Harry Freeman (Santa Clara 69) 49-3½; Paul Bates (Menlo-Atherton 77) 49-2¾; Loren Leberz (Serramonte 77) 49-0¾; Junior Rojas (Overfelf 75) 49-0½. **Wind-**

aided: Freeman (69) 50-7¾; Moreno (76) 50-1¼; Rojas (75) 49-5; John LeGrande (Westmont 73) 49-1½. **NR:** Sanya Owolabi (Sleepy Hollow, North Tarrytown, N.Y.) 53-4¼, 1978.

Shot put — Steve Wilhelm (Fremont 67) 65-10; Don Castle (Cubberley 61) 65-7¾; Bruce Wilhelm (Fremont 63) 65-6; Bret Mannon (Los Gatos 72) 63-11½; Bob Brannen (Los Gatos 64) 63-9; Chris Adams (Los Altos 70) 62-9¼; Pat Graham (Leland 77) 62-9; Bruce Parker (St. Ignatius 78) 62-7; Ron Comer (Sunnyvale 76) 62-2½; Dave Gherardi (St. Ignatius 72) 62-1¼. **NR:** Mike Carter (Jefferson, Dallas, Tex.) 81-3½, 1979.

Discus — Chris Adams (Los Altos 70) 201-3; Scott Overton (Los Altos 72) 200-1; Bob Stoecker (Los Altos 62) and Tom Birtwhistle (Gunn 69) 195-4; Dave Hickson (Leland 73) 194-2; Jim Penrose (Carlmont 68) 193-0; Steve McEnroe (Seaside 79) 189-2; Tom Peterson (North Salinas 78) 188-8; Jay Pushkin (Los Altos 72) 187-9; Ron Allen (Lynbrook 73) 185-10. **Sloping field:** Overton (72) 204-5; Stoecker (62) 196-3. **NR:** Clint Johnson (Shawnee Mission South, Overland Park, Kan.) 213-6, 1980.

GIRLS TRACK & FIELD

100y — Kelia Bolton (Hill 78) 10.5; Elaine Parker (Oceana 78) 10.87; Leticia Sherrill (Milpitas 77) 11.10; Lola Rockwell (Gunn 79) 10.9; Sheila Greene (Hill 79) 11.19; Tina Lawson (Hill 78), Eloise Mallory (Silver Creek 78), Tammie Sullivan (Ayer 78) and Joanne Jacobs (Lick 79) all 11.0; Rhonda Robinson (San Carlos 79) 11.29. **Wind-aided:** Bolton (78) 10.4; Parker (78) and Vanessa Woods (Jefferson 79) 10.5; Mallory (77) 10.8. **NR:** Michele Glover (Willingboro, NJ) 10.2, 1980.

200m — Kelia Bolton (Hill 78) 23.75; Kris Costello (Lynbrook 77) 24.2c; Elaine Parker (Oceana 78) 24.52c; Gurtha Pounds (Live Oak 80) 24.4; Eloise Mallory (Silver Creek 77) 24.6c; Vanessa Woods (Jefferson 79) 24.89c; Paula Phillips (Seaside 78) 24.7c; Tammie Sullivan (Ayer 78) 24.8c; Rhonda Robinson (San Carlos 80) 25.06; Mary Ellis (Yerba Buena 75), Angel Kellen (Leland 78), Tina Lawson (Hill 78) and Marquita Belk (Silver Creek 77) all 24.9c. **NR:** Chandra Cheeseborough (Ribaull, Jacksonville, Fla.) 22.77, 1975.

400m — Sherrill Miller (Fremont 80) 54.38; Marquita Belk (Silver Creek 78) 54.8; Ann Regan (Camden 78) 55.4c; Lezli Peterson (Harbor 75) 55.5c; Vanessa Woods (Jefferson

79) 56.52c; Margaret Demorest (Buchser 80) 56.55; Paula Phillips (Seaside 78) 56.5c; Karen Taylor (Independence 78) 57.0c; Kim Maclay (Wilcox 78) 57.2c; Crystal Preisser (Sequoia 80) 57.38. **NR:** Sheila Ingram (Coolidge, Washington, D.C.) 50.90, 1976.

800m — Ann Regan (Camden 77) 2:04.4; Francie Larrieu (Fremont 70) 2:05.9; Diane Figliomeni (Saratoga 78) 2:09.7; Maria King (Ayer 80) 2:09.9; Marquita Belk (Silver Creek 78) 2:10.9c; Tracy Weber (Lynbrook 79) 2:11.2c; Kerry Brogan (Los Altos 80) 2:11.6; Nancy Huyc (Aptos 79) 2:13.0c; Roxanne Bier (Independence 78) 2:13.9; Sharon Yaninek (Presentation 80) 2:14.4. **NR:** Mary Decker (Orange) 2:02.3, 1974.

1 mile — Roxanne Bier (Independence 80) 4:51.64c; Tracy Weber (Lynbrook 79) 4:51.68; Vicki Bray (Los Altos 77) 4:52.8; Ann Regan (Camden 78) 4:54.6; Nancy Huyc (Aptos 79) 4:57.6; Maria King (Ayer 80) 4:58.3; Kerry Brogan (Los Altos 79) 4:58.5; Sue Munday (Lincoln 76) 5:03.7; Amy Harper (Prospect 79) 5:05.2; Paula Jackson (Live Oak 76) 5:05.5. **NR:** Eileen Claugus (Rio Americano, Sacramento) 4:40.7, 1973.

2-mile — Roxanne Bier (Independence 79) 10:33.3; Kerry Brogan (Los Altos 78) 10:46.2; Irene Crowley (Overfelf 78) 10:48.0; Kim Schnurpfeil (San Mateo 78) 10:50.2; Amy Harper (Prospect 80) 10:52.0; Tiffany Choy (Salinas 78) 10:56.7; Becky Schmidt (Half Moon Bay 78) 11:00.2; Cathy Demmelmaier (Lynbrook 80) 11:01.7; Anne Hamilton (Capuchino 79) 11:03.1; Karen Devine (Westmont 79) 11:03.8. **NR:** Mary Shea (Cardinal Gibbons, Raleigh, N.C.) 10:03.5.

100m LH — Kris Costello (Lynbrook 78) 13.75c; Kim Costello (El Camino 78) 13.87c; Angel Kellen (Leland 78) 14.18c; Mary Crevelt (St. Francis 79) 14.31c; Veronica Soto (Gilroy 79) 14.51c; Gretchen Mills (Gunn 80) 14.52; Terri Bowlds (Peterson 79) 14.58c; Rochelle Oliver (San Carlos 78) 14.4; Kathy Hohmann (Peterson 78) 14.5; Kathy Yuhas (Independence 77) and Kathy Reimann (Saratoga 80) 14.6. **Wind-aided:** Kellen (78) 13.9; Crevelt (79) 14.0; Reimann (80) 14.73. **NR:** Candy Young (Beaver Falls, Pa.) 12.95, 1979.

400m relay — Hill 78 (Kim Thompson, Tina Lawson, Nancy Reynolds, Kelia Bolton) 46.88c; Silver Creek 77 48.01c; Lynbrook 78 48.0c; San Carlos 80 48.37; Fremont 79 48.44c; Silver Creek 80 48.76; Fremont 80 48.79; Sara-

toga 80 and Overfelf 80 48.84; Ayer 77 and Carlmont 78 48.8c. **NR:** Kennedy (Granada Hills) 45.81, 1980.

1 mile relay — Carlmont 70 (Linda Jungsten 58.2, Beth Miller 59.6, Liz Otto 59.4, Paula Fojanini 58.8) 3:56.0; Camden 78 3:58.4; Saratoga 78 3:58.9; Carlmont 80 3:58.92c; Saratoga 77 3:59.6; Carlmont 78 3:59.9; Sequoia 79 4:00.0; Sequoia 78 and Camden 79 4:00.2; Harbor 77 4:00.5. **NR:** Kennedy (Granada Hills) 3:39.26c, 1980.

High jump — Pam Blackburn (Cubberley 75) 5-10; Trish King (Menlo-Atherton 80) 5-9¼; Karen Robinson (Fremont 80) 5-8¼; Angela Phifer (Independence 78) and Kathy Raugust (Salinas 79) 5-8; U'Rainnah Broussard (Independence 78) 5-7; Joni Martin (San Lorenzo Valley 77, 78), Wendy Craig (Monta Vista 79), Dana Davidson (Lynbrook 79, 80) and Kathy Barry (Leigh 80) all 5-6. **NR:** Paula Girven (Gar-Field, Woodbridge, Va.) 6-1¾, 1976.

Long jump — Sheila Greene (Hill 79) 19-6½; Lola Rockwell (Gunn 79) 19-4¼; Lori Costello (El Camino 79) and Tammie Sullivan (Ayer 80) 18-9½; Kris Costello (Lynbrook 78) and Kristy Campbell (Lynbrook 79) 18-8; Angela Phifer (Independence 79) 18-5; Kim McDonald (St. Francis 77) 18-4½; Melanie Campbell (Del Mar 79) 18-4; Connie Paul (Leland 77) 18-3¾. **Wind-aided:** Sullivan (80) 18-11; M. Campbell (80) 18-5¼. **NR:** Kathy McMillan (Hoke County, Raeford, N.C.) 22-3, 1976.

Shot put (8 lbs.) — Sue Springer (Salinas 79) 45-2¾; Gale Zaphiropoulos (Homestead 77) 45-1; Jodie Barker (Sequoia 79) 44-7¼; Maria Garcia (Harbor 76) 43-9; Wendi Michelli (Gunderson 78) 42-1½; Kathy Kuchit (King City 76) 41-8½; Geraldine Thompson (Campbell 79) 41-8; Tammy Williams (Hill 77) 41-7; Sheila Pannell (Leland 76) 41-6¼; Cini Durschlag (San Carlos 80) 41-3¾. **NR:** Aft Turbyne (Winslow, Maine) 52-6½, 1975.

Discus — Linda Langford (Leigh 69) 155; Sue Springer (Salinas 78) 148-9; Nancy Nberg (Cubberley 64) 147-10; **Karen Woodbe (Cupertino 79) 144-5;** Carolyn Per (Westmoor 80) 141-6; Julia Bergman (Monta Vista 79) 135-1; Stephanie Townsel (Silver Creek 80) 134-10; Jane Hambleton (Bur ar 80) 133-2; Gale Zaphiropoulos (Home ad 77) 131-8; Diane Stasio (Homestead 78) 30-6. **Sloping field:** Norberg (64) 151-2. **NR:** Leslie Deniz (Gridley) 183-11, 1980.