

CARLMONT INVITATIONAL 18th

AT CARLMONT  
Condition of Track : Fair

3/29/80  
Weather: Perfect

VARSITY DIVISION

		CARL.	El Cer.	Los A.	Gunn	St. Francis	Piner
		Avg.					
480 Yd High Hurdles Shuttles							
Carlmont	1:07.0	8					
St. Francis	1:11.2					5	
Two Mile Relay							
Gunn	8:17.3				8		
Carlmont	8:19.7	5					
Piner	8:20.9						3
St. Francis	8:21.5					2	
El Cerrito	8:40.0		1				
Los Altos	9:01.5						
		13	1	0	8	7	3
440 Yd Relay							
Carlmont	:43.9	8					
El Cerrito	:45.6		5				
Gunn	:46.1				3		
St. Francis	:46.7					2	
Los Altos	:47.0			1			
Piner	:47.5						
		21	6	1	11	9	3
Eight Mile Relay							
Piner	40:15.0						8
Carlmont	40:27.0	5					
St. Francis	41:22.0					3	
El Cerrito	41:31.0		2				
		26	8	1	11	12	11
1372 Low Hurdle Shuttles							
Carlmont	2:43.3	8					
St. Francis	2:48.8					5	
Piner	2:58.1						3
Gunn	2:55.2				2		
Los Altos	2:57.4			1			
El Cerrito	2:57.5						
		34	8	2	13	17	14
880 Yd Relay							
El Cerrito	1:31.0		8				
Carlmont	1:31.8	5					
Gunn	1:35.1				3		
Piner	1:37.0						2
St. Francis	1:38.2					1	
Los Altos	1:40.7						
		39	16	2	16	18	16
Four Mile Relay							
St. Francis	18:40.0					8	
Piner	18:54.0						5
Carlmont	19:08.3	3					
Gunn	19:12.5				2		
El Cerrito	19:54.5		1				
Los Altos	20:03.4						
		42	17	2	18	26	21

		C	E	LA	G	SF	P
One Mile Relay							
El Cerrito	3:27.7		8				
Carlmont	3:28.0	5					
Gunn	3:31.0				3		
Piner	3:35.4						2
St. Francis	3:35.5					1	
Los Altos	3:56.4						
		47	25	2	21	27	23

Shot Put Relay							
Los Altos	185'10-1/4"			8			
St. Francis	160'-1/4"					5	
Carlmont	154'11-3/4"	3					
Piner	139'9-3/4"						2
		50	25	10	21	32	25

Discus Realy							
Los Altos	528'4-1/4"			8			
Piner	493'4"						5
Carlmont	419'7-3/4"	3					
St. Francis	409'6-1/2"					2	
		53	25	18	21	34	30

High Jump Relay							
Carlmont	22'6"	8					
St. Francis	21'					5	
Piner	15'9"						3
Gunn	11'6"				2		
		61	25	18	25	39	13

Pole Vault Relay							
Los Altos	42'6"			8			
Carlmont	41'	5					
St. Francis	31'					3	
Piner	21'						2
Gunn	10'				1		
		66	25	26	24	42	35

Long Jump Relay							
Carlmont	78'5"	8					
Piner	73'11-1/2"						5
St. Francis	22'7-1/2"					3	
Los Altos	70'11"			2			
Gunn	69'7"				1		
El Cerrito	64'2"						
		74	25	28	25	45	35

Triple Jump Relay							
Carlmont	162'3-1/2"	8					
Piner	146'9-1/2"						5
St. Francis	113'9-1/2"					3	
Los Altos	110'3-1/2"			2			
El Cerrito	42'11"				1		
Gunn	41'3"						
		82	26	30	25	48	40

	FINAL SCORE		82	26	30	25	48	40
	1st	2nds	3rds	4ths	5ths	6ths		
CARLMONT	6	5	3	0	0	0		
EL CERRITO	2	1	0	1	3	2		
GUNN	1	0	3	2	2	1		
LOS ALTOS	2	0	0	2	2	4		
PINER	1	4	3	4	0	1		
ST. FRANCIS	1	4	4	2	2	0		



GIRLS DIVISION

Carl. El Cer Los A. Gunn St. Francis Piner

Low Hurdles

St. Francis	1:11.3
Los Altos	1:12.2
El Cerrito	1:13.2
Carlmont	1:14.6

Meet Record				8	
		5			
	3				
2					

Two Mile Relay

Carlmont	9:52.6
Gunn	9:53.5
Piner	10:37.8
Los Altos	11:09.3

8	Meet Record			5	
					3
		2			
10	3	7	5	8	3

440 Yd Realy .

El Cerrito	:51.2
Carlmont	:51.2
Los Altos	:53.6
Gunn	:33.4
Piner	:56.3

		8			
5					
		3			
			2		
15	11	10	7	8	4

Eight Mile Relay

Los Altos	49:12.0
Carlmont	49:46.0
St. Francis	50:53.0
El Cerrito	51:27.0

Meet Record		8			
5					
				3	
	2				
20	13	18	7	11	4

1372 Shuttle Hurdles

Carlmont	3:33.4
El Cerrito	3:41.3
Los Altos	3:53.4

8	Meet Record				
		5			
			3		
28	18	21	7	11	4

880 Ysd Relay

El Cerrito	1:48.5
Carlmont	1:49.6
Gunn	1:58.7
Los Altos	1:56.2

		8			
5					
			3		
		2			
33	26	23	10	11	4

Four Mile Relay

Carlmont	23:21.4
St. Francis	23:24.5
Los Altos	23:33.7
Piner	23:48.0
El Cerrito	23:48.6
Gunn	23:51.8

8					
				5	
		3			
					2
	1				
41	27	26	10	16	6

One Mile Relay

Carlmont	4:09.2
Gunn	4:09.7
Los Altos	4:11.6
El Cerrito	4:13.6
Piner	4:40.0

8			5		
		3			
	2				
49	29	29	15	16	7

High Jump Relay

Carlmont	17'4"
Los Altos	17'4"

8		5			
	29		15	16	7

Girls Division

Shot Put Relay

Carlmont 132'2-3/4"  
 Gunn 120'5-1/4"  
 Piner 115'10-3/4"  
 El Cerrito 112'1-3/4"  
 Los Altos 97'3-1/2"

	C	E	LA	G	SF	P
Carlmont	8					
Gunn				5		
Piner						3
El Cerrito		2				
Los Altos			1			
<b>Total</b>	<b>63 1/2</b>	<b>31</b>	<b>36 1/2</b>	<b>20</b>	<b>16</b>	<b>10</b>

Discus Relay

Gunn 400'7-1/2"  
 El Cerrito 336'3-1/2"  
 Carlmont 324' 1/2"  
 Los Altos 280' 11"  
 Piner 254'8-1/4"

	C	E	LA	G	SF	P
Gunn				8		
El Cerrito		5				
Carlmont	3					
Los Altos			2			
Piner						1
<b>Total</b>	<b>66 1/2</b>	<b>36</b>	<b>38 1/2</b>	<b>28</b>	<b>16</b>	<b>11</b>

Long Jump Relay

El Cerrito 60'4"  
 Carlmont 60'3"  
 St. Francis 53'11"  
 Piner 42'3-1/2"  
 Los Altos 28'

	C	E	LA	G	SF	P
El Cerrito				8		
Carlmont	5					
St. Francis					3	
Piner						2
Los Altos			1			
<b>Total</b>	<b>71 1/2</b>	<b>44</b>	<b>39 1/2</b>	<b>28</b>	<b>19</b>	<b>13</b>

FINAL SCORE

	1st	2nds	3rds	4ths	5ths	6ths
CARLMONT	6	4	1	1	0	0
El Cerrito	3	2	1	3	1	0
Gunn	1	3	1	1	0	1
Los Altos	2	1	4	3	2	0
Piner	0	0	2	2	2	0
St. Francis	0	1	2	0	0	0

## CARLMONT RELAYS

### Boys

#### Team scores

Carlmont 82, St. Francis 49, Piner (Santa Rosa) 45, Los Altos 30, El Cerrito 26, Gunn 23.

#### Relay results

440 — Carlmont 43.9, El Cerrito 45.6, Gunn 46.1; 880 — El Cerrito 1:31.0, Carlmont 1:31.8, Gunn 1:35.1; mile — El Cerrito 3:27.7, Carlmont 3:28.0, Gunn 3:31.0; 2-mile — Gunn 8:17.3, Carlmont 8:19.7, Piner 8:20.9; 4-mile — St. Francis 18:40.0, Piner 18:54.0, Carlmont 19:08.3; 8-mile — Piner 40:15.0, Carlmont 40:27.0, St. Francis 41:22.0 (individual: Kaspari, St. Francis, 9:32.0); 480 shuttle HH — Carlmont 67.0, St. Francis 71.2, no third; 1320 shuttle LH — Carlmont 2:44.3, St. Francis 2:48.8, Piner 2:54.1.

Shot put — Los Altos 185-10 $\frac{1}{4}$ , St. Francis 160- $\frac{1}{4}$ , Carlmont 154-

11 $\frac{3}{4}$  (individual: Wangsness, Los Altos, 52-8 $\frac{1}{2}$ ); discus — Los Altos 528-4, Piner 493-4, Carlmont 419-7 (individual: Mather, Los Altos, 145-1); high jump — Carlmont 22-6, St. Francis 21-0, Piner 15-9 (individual: Norman, St. Francis, 6-0); long jump — Carlmont 78-5, Piner 73-11 $\frac{1}{2}$ , St. Francis 72-7 $\frac{1}{2}$  (individual: Dietrich, Carlmont, 20-9); triple jump — Carlmont 162-3 $\frac{1}{2}$ , Piner 146-9 $\frac{1}{2}$ , St. Francis 113-9 $\frac{1}{2}$  (individual: Criddle, El Cerrito, 42-11); pole vault — Los Altos 42-6, Carlmont 41-0, St. Francis 31-0 (individual: Brooks, Los Altos, 13-6).

### Girls

#### Team scores

Carlmont 71 $\frac{1}{2}$ , El Cerrito 44, Los Altos 39 $\frac{1}{2}$ , Gunn 28, St. Francis 19, Piner (Santa Rosa) 13.

#### Relay results

440 — El Cerrito 51.2, Carlmont 51.2, Los Altos 52.6; 880 — El Cerrito 1:48.5, Carlmont 1:49.6, Gunn 1:58.7; mile — Carlmont 4:09.2, Gunn 4:09.7, Los Altos 4:11.6; 2-mile — Carlmont 9:56.0 (meet record; old record 10:06.8 by Carlmont, 1979), Gunn 9:58.5, Piner 10:37.8; 4-mile — Carlmont 23:21.4, St. Francis 23:24.5, Los Altos 23:36.7; 8-mile — Los Altos 49:12.0, Carlmont 49:46.0, St. Francis 50:53.0 (individual: Brogan, Los Altos, 11:09.0); 440 shuttle LH — St. Francis 71.3 (meet record; old record 73.9 by El Cerrito, 9179); 1320 shuttle LH — Carlmont 3:33.4 (meet record; old record 3:40.1 by Carlmont, 1979).

Shot put — Carlmont 133-2 (meet record; old record 113-4 $\frac{1}{2}$  by Carlmont, 1979), Gunn 120-5 $\frac{1}{4}$ , Piner 115-10 $\frac{3}{4}$  (individual: Carrozzi, Carlmont, 40-5); discus — Gunn 400-7 (meet record; old record 328-5 by El Cerrito, 1979), El Cerrito 336-3, Carlmont 325-0 (individual: Crisler, Gunn, 110-11); high jump — Carlmont and Los Altos 17-4, no third (individual: B. Miller, Carlmont; Sanchez, Carlmont; and Brodie, Los Altos, 4-8); long jump — El Cerrito 60-4 (meet record; old record 57-3 by El Cerrito, 1979), Carlmont 60-3, St. Francis 53-11 (individual: Sanchez, Carlmont, 16-1 $\frac{1}{2}$ ).