

# SPAL Track Leaders

## VARSITY

100—Reese (M) 9.9, Ryan (W) 9.9,  
Feibusch (M) 10.0, O'Connor (S) 10.0.

220 — Reese (M) 22.4, O'Connor (S)  
22.9, Stell (P) 22.8.

440 — Wood (C) 51.7, Coleman (P)  
52.2, Norberg (G) 52.5, Stamper (M)  
52.6.

880 — Coleman (P) 1:58.6, Shaw (Ca)  
2:00.4, Lawson (SC) 2:01.1.

Mile — Carey (Ca) 4:17.2, Coleman  
(P) 4:20.6, Ashford (SC) 4:31.7.

2 mile — Carey (Ca) 9:36.2, Ashford  
(SC) 9:51.6, Bales (S) 9:54.0.

120 HH — Peters (G) 15.1, Lane (S)  
15.4, Nominni (Ca) 15.5.

180 LH — Peters (G) 19.9, Christoff  
(S) 20.4, Peck (P) 20.5.

HJ — Wihl (Cu) 6-2, Washington (R)  
5-11, Loftus (P) 5-11.

LJ — Pina (SC) 22-1, Peck (P) 21-8,  
Law (P) 21-0¾

TJ — Pina (SC) 43-8, Lucas (G) 42-  
10½, Hughes (S) 42-3.

PV — Reich (Ca) 14-4¼, Ogren (W)  
13-2¼, Smith (Cu) 13-0.

SP — Nevin (M) 52-7½, Curry (S) 51-  
7, Norberg (G) 50-5.

Dis — Birtwhistle (G) 195-4, Douglas  
(S) 164-11, Irlwin (SC) 161-7.

440 rel — M-A 44.5, Sequoia 44.7, Palo  
Alto 44.8.

Mile rel — M-A 3:31.2, Palo Alto  
3:32.5, Carlmont 3:34.1.

## CLASS B

100 — Thomas (R) 10.1; 220 —  
Thomas (R) 23.2; 440 — Shirley (R)

53.0; 880 — Hill (R) 2:04.0; Mile — Dern  
(SC) 4:49.9; 2 mile — Rowntree (M)

10:25.3; 70 HH — Hughes (S) 9.5; 180  
LH — Everhardt (M) 21.9; HJ — Muir

(S) 5-10¾; LJ — Jackson (R) 20-2; TJ  
— Hughes (S) 41-7; PV — Ahrens (Cu)

12-0; SP — Cantwell (S) 49-4; Dis —  
Cauley (S) 130-9; 440 rel — Ravenswood

45.1; Mile rel — Ravenswood 3:35.0.

## CLASS C

100 — Puckett (R) 10.5; 220 — Gian-  
nini (S) 23.9; 440 — Fuller (W) 55.0; 880

— Ichelson (W) 2:10.7; Mile — Furnari  
(Ca) 4:45.5; 2 mile — Black (Ca)

10:42.0; 180 LH — Viglietti (SC) 23.2;  
HJ — Willis (S) 5-3; LJ — Wilkenson

(S) 18-10; TJ — Lindley (S) 37-0½; SP  
— Nagayama (SC) 49-5½; 440 rel —

Ravenswood 47.2; Mile rel — Woodside  
3:51.3.

# Four SPAL track stars regular double winners

There are four consistent double winners according to statistics denoting the best track and field marks in the South Peninsula Athletic League this season.

Gunn's Keith Peters claimed the best times in both the 120 high and 180 low hurdles with respective and respectable times of 14.7 and 19.9.

Menlo-Atherton's Ernie Reese shared honors in the 100 yard

dash at 9.9 with two others and was one of two sprinters recording a league best of 22.4 in the 220.

Carlmont's Chris Carey dominated the mile and two mile with 4:17.2 and 9:18.5 times.

And Gunn's Jim Anderson was the top man in the high jump at 6-3 and the long jump at 22-7.

The SPAL best marks:

## VARSITY

440 relay — Sequoia (O'Neill, Hurst, Martinelli, O'Connor) 43.5, Menlo-Atherton (Stamper, Gordon, Feibusch, Reese) 43.9n, Woodside (Burke, Vreburg, Bedell, Ryan) 44.2n.

120 HH — Peters (G) 14.7, Christoff (S) 15.0, Currier (P) 15.1, Lane (S) 15.3n, Nominni (Ca) 15.5, Morris (SC) 15.5.

100 — Reese (M) 9.9, Ryan (W) 9.9, Martinelli (S) 9.9, O'Connor (S) 10.0, Feibusch (M) 10.0n.

880 — Coleman (P) 1:58.6, Shaw (Ca) 2:00.4, Lawson (SC) 2:00.9, Carey (Ca) 2:01.6, Swinford (M) 2:01.8, Mitchell (P) 2:01.9, Flatland (W) 2:01.9.

440 — Wood (Ca) 51.7, Norberg (G) 51.9, Curry (S) 51.9n, Coleman (P) 52.0, Stamper (M) 52.4n, Hurst (S) 52.4n.

180 LH — Peters (G) 19.9, Christoff (S) 19.9, Peck (P) 20.3, Nominni (Ca) 20.3n, Currier (P) 20.4.

2 mile — Carey (Ca) 9:18.5, Coleman (P) 9:44.1, Wells (W) 9:51.0n, Ashford (SC) 9:51.6, Bales (S) 9:54.0, Templeman (Ca) 9:58.0.

220 — Reese (M) 22.4, Martinelli (S) 22.4, Stell (P) 22.8, O'Connor (S) 22.9, Feibusch (M) 22.9n.

Mile — Carey (Ca) 4:17.2, Coleman (P) 4:17.5, Anderson (S) 4:31.4n, Ashford (SC) 4:31.7n, Templeman (Ca) 4:36.4, Phillippe (SC) 4:36.5.

High Jump — Anderson (G) 6-3, Wihfal (Cu) 6-2, Hughes (S) 6-2, Washington (R) 6-2, May (S) 6-2, Loftus (P) 6-1.

Pole Vault — Reich (Ca) 14-4/4, Smith (Cu) 13-6, Ogren (W) 13-2 1/4, Diederichsen (M) 13-0-6, J. Holland (Ca) 12-6, Raasch (G) 12-6, J. Holland (Ca) 12-6.

Shot put — Nevin (M) 52-7 1/2, Cox (R)

52-6 1/2, Curry (S) 51-7, Norberg (G) 50-5, Douglas (S) 50-3.

Discus — Birtwhistle (G) 195-4, Douglas (S) 181-1, Irwin (SC) 161-7.

Long jump — Anderson (G) 22-7, Pina (SC) 22-3, Law (P) 21-9 3/4, K. Murphy (M) 21-8 1/4, Peck (P) 21-8, Jones (W) 21-6.

Triple jump — Lucas (G) 44-6 1/2, Washington (R) 44-4, Hughes (S) 44-1 1/2, Law (P) 43-8, Pina (SC) 43-8.

## CLASS B

440 relay — Woodside 45.0, Sequoia 45.0n; 70 HH — Hughes (S) 9.5, Solari (SC) 9.5; 880 — Lawson (SC) 2:01.1; 100 — Thomas (R) 10.1, Martinelli (S) 10.1n; 440 — Shirley (R) 53.0, Conway (M) 53.0; 2 mile — Gieser (SC) 10:13.8; 180 LH — Everheardt (M) 21.9; 220 — Thomas (R) 22.9; Mile — Patrick (S) 4:34.0n; Mile relay — Ravenswood 3:35.0; SP — Cantwell (S) 52:0 1/2; HJ — Oravillo (R) 6-0; LJ — Jackson (R) 20-3; DS — Cauley (S) 143-0; PV — Ahrens (Cu) 12-0; T — Hughes (S) 41.7.

## CLASS C

440 relay — Woodside 46.7; 880 — Chiles (R) 2:08.9; 100 — Puckett (R) 10.3; 440 — Fuller (W) 54.9; 2 mile — Black (Ca) 10:34.0; 180 LH — Hall (Ca) 23.1; 220 — Giannini (S) 23.9; Mile — Patrick (S) 4:49.9; SP — Nagayama (SC) 49-4; HK — Swift (M) 5-4, Puckett (R) 5-4; LJ — Wilkenson (S) 19-0; TJ — Meub (M) 38-7; Mile relay — Woodside 3:47.1.

u—Undeclared in dual meets. n—non-winning time.

# 1969 SPAL Track Bests

## VARSITY

100 — Reese (M) 9.9, Ryan (W) 9.9, Feibusch (M) 10.0, O'Connor (S) 10.0.

220 — Reese (M) 22.4, Stell (P) 22.8, O'Connor (S) 22.9.

440 — Wood (C) 51.7, Norberg (G) 51.9, Coleman (P) 52.2.

880 — Coleman (P) 1:58.6, Shaw (Ca) 2:00.4, Lawson (SC) 2:01.1.

Mile — Carey (Ca) 4:17.2, Coleman (P) 4:17.5, Ashford (SC) 4:31.7.

2 mile — Carey (Ca) 9:18.5, Ashford (SC) 9:51.6, Bales (S) 9:54.0.

120 HH — Peters (G) 14.7, Currier (P) 15.1, Lane (S) 15.5.

180 LH — Peters (G) 19.9, Peck (P) 20.3, Christoff (S) 20.4.

440 rel — M-A 44.5, Sequoia 44.6, Palo Alto 44.8.

Mile rel — Gunn 3:29.2, M-A 3:31.2, Palo Alto 3:32.5, Carlmont 3:34.1.

Dis — Birtwhistle (G) 195-4, Douglas (S) 172-11, Irwin (SC) 161-7.

SP — Nevin (M) 52-7½, Cox (R) 52-6½, Curry (S) 51-7.

PV — Reich (Ca) 14-4¼, Ogren (W) 13-2½, Smith (Cu) 13-0.

TJ — Lucas (G) 44-6½, Hughes (S) 44-1½, Pina (SC) 43-8.

LJ — Anderson (G) 22-3, Pina (SC) 22-3, Peck (P) 21-8.

HJ — Wihtol (Cu), Loftus (P) 6-1 Washington (R) 5-11.

## CLASS B

100 — Thomas (R) 10.1; 220 — Thomas (R) 23.2; 440 — Shirley (R) 53.0; 880 — Hill (R) 2:04.0; Mile — Dern (SC) 4:49.9; 2 mile — Rountree (M) 10:25.3; 70 HH — Hughes (S) 9.5; 180 LH — Everheardt (M) 21.9; HJ — May (S) 5-10¾; LJ — Jackson (R) 20-2; TJ — Hughes (S) 41-7; PV — Ahrens (Cu) 12-0; Dis — Cauley (S) 134-7; SP — Cantwell (S) 49-4; 440 rel — Ravenswood 45.1; Mile rel — Ravenswood 3:35.0.

## CLASS C

100 — Puckett (R) 10.5; 220 — Gianini (S) 23.9; 440 — Fuller (W) 55.0; 880 — Ichelson (W) 2:10.7; Mile — Furnari (Ca) 4:45.5; 2 mile — Black (Ca) 10:42.0; 180 — Viglietti (SC) 23.2; HJ — Willis (S) 5-3; LJ — Wilkenson (S) 18-10; TJ — Meub 38-7; SP — Nagayama (SC) 49-5½; Mile rel — Woodside 3:51.2; 440 rel — Ravenswood 47.2.