

Knights Back On Top

By CHET WOOD

Mercury-News Sports Writer

LOS ALTOS HILLS — You can't keep a good man down and the same appears true of the Central Coast Section's top track and field team.

After a brief one-year absence, Los Altos came roaring back to the top of the CCS heap with a convincing victory in the eighth annual Hill-Kiwanis Invitational meet at Foothill College Saturday.

"But I have to admit they had me scared when they scored 20 points in the discus," Los Altos coach Del Dequine said of second place finisher Homestead. Los Altos scored 70 points to capture the all-day event while the Mustangs had 63 points. Fremont made it a sweep for the Santa Clara Valley League with 34.4 points.

It was Homestead which ousted Los Altos last year, but the Mustangs couldn't compete with the Knights' talented trio of Rick Brown, Chris Adams and Jim Andrew. Brown was named the outstanding track athlete of the meet and Adams snared the award for field participants.

Homestead got off fast, scoring early and had a 25-point lead, 45-20. But Brown provided the impetus for the Knights' comeback as he clocked a 1:56.5 in the 880. The time was only three-tenths of a second off his own meet record, and is the fastest half-mile in the CCS this season.

Oddly enough, it was a Homestead runner who pushed Brown to his win and started the Los Altos ball rolling.

"I was dead before the race started," a tired but happy Brown reported. "I thought I would have a better time in this meet but the hard Awalt track Thursday took a lot out of me." Brown credited the Mustangs'

John Hanes, who finished second in 1:56.7, with pushing him to the mark. "I certainly wasn't ready for that fast a time."

Despite being "dead before the race started," Brown came back to run a strong 440 race and also anchored the Knights' winning mile relay team with a 49.5 leg. In the open 440, Brown ran a 49.4 to take third.

Sunnyvale's Benny Brown took the quarter-mile in 49.1, also a CCS best.

The Knights' relay team, with Jim Andrew opening with a 49.0, blazed to a 3:25.1 clocking—bettering their own CCS leading mark.

Adams performed his usual double for the Knights as he won both the shot and discus to help offset Homestead's strong showing with the platter.

Adams, who took third in the 100 in 10.3, heaved the shot 56-8/4 after firing the discus 171-5/4. Despite looking like a quarter-miler rather than a weightman, Adams' showed how he has dominated both events in every meet this year. With his speed and agility, Adams explodes out of the rings in both events, leaving onlookers amazed.

Adams' double in the field events over-shadowed a fine duel in the triple jump. Chris Moulton of host Hill took an early lead with a leap of 46-7/4.

Then Moulton watched as the next to last contestant, Harry Freeman of Santa Clara, came down the pit. "Harry is like lightning," Moulton said, "he can come through at any time."

Before Moulton had time to finish his statement, Freeman was hitting the pit with a 46-7/4 effort. Moulton, however, was not to be denied as he reached out and recorded a 46-10 leap—to break the meet record of 46-9 set last year by Chuck

Steffes of Sunnyvale.

Although times were not earth-shaking, one mark which did raise a response from the crowd was the two-mile effort by Jack Larson of Fremont with a time of 9:27.8.

VARSITY

2-Mile Run — Larson (Fremont) 9:27.8; Mork (Washington) 9:36.3; Flynn (Homestead) 9:37.4; Davis (Prospect) 9:39.7; Ferguson (Homestead) 9:42.1.

Distance Medley — St. Francis 10:41.8; Wilcox 10:47.2; Blackford 11:06.1; Cupertino 11:08.5; Washington 11:12.6.

Discus — Adams (Los Altos) 171-5/4; Couey (Homestead) 159-7/4; Waller (Homestead) 155-8/4; Miranda (Homestead) 134.2; Bour (Homestead) 153-7/4.

120 Yard HH — Hough (Saratoga) 15.1; Martin (Ayer) 15.4; LaGasse (Cupertino) 15.4; Petralia (Fremont) 15.4; Tawney (Mt. Pleasant) 15.5.

880 Yard Run — Brown (Los Altos) 1:56.5; Hanes (Homestead) 1:56.7; Tyrrell (Saratoga) 1:58.9; Gaesser (Homestead) 2:00.0; Tobar (Leland) 2:00.6.

Triple Jump — Moulton (Hill) 46-10; Freeman (Santa Clara) 46-7/4; Denardo (Avalon) 45.9; Miller (Leigh) 44.8; Bourdeau (Westmont) 44.6.

100-Yard Dash — Reese (Menlo-Atherton) 10.2; Andrew (Los Altos) 10.3; Adams (Los Altos) 10.3; Pike (Lick) 10.3; Avery (Piedmont Hills) 10.3; Adamo (St. Francis) 10.3; Fowler (Cupertino) 10.3; Raccinelli (Fremont) 10.3; Gillick (Bellarmine) 10.3.

800 Yard Relay — Menlo-Atherton 3:27.0; Saratoga 3:27.3; Westmont 3:27.5; Lynbrook 3:28.0.

Shot Put — Adams (Los Altos) 56-8/4; Himan (Leigh) 56-4/2; Nevin (Menlo-Atherton) 52-7/2; Follett (Branham) 52-6/4; Himan (Leigh) 52-5/4.

440 Yard Dash — Brown (Sunnyvale) 49.1; Orlando (Branham) 49.1; Brown (Los Altos) 49.4; Kessel (Avalon) 49.9; Bremer (Mt. Pleasant) 50.4.

180 Yard L.H. — Petralia (Fremont) 20.2; Toler (Buchser) 20.4; Tawney (Mt. Pleasant) 20.5; Hough (Saratoga) 20.5; LaGasse (Cupertino) 20.9.

220 Yard Dash — Andrew (Los Altos) 22.3; Reese (Menlo-Atherton) 22.4; Orlando (Branham) 22.5; Brown (Sunnyvale) 22.6; Bailev (Salinas) 22.7.

Pole Vault — Royal (Fremont) 13; Smith (Cubberly) 13; Keogh (Del Mar) 13; Luckett (Loban) 13; Caglia (Homestead) 12-6.

880 Yard Relay — Menlo-Atherton 1:31.9; Sunnyvale 1:32.5; Avalon 1:32.7; Lynbrook 1:32.9; Lick 1:33.0.

2 Mile Relay — Los Altos 8:08.2; Woodside 8:23.4; Homestead 8:26.7; Palo Alto 8:33.0; Awalt 8:34.3.

Broad Jump — Vasquez (Del Mar) 21-10-1/2; Buser (Leigh) 21-10-1/2; Moulton (Hill) 21-8 3/4; Pike (Lick) 21-6-1/4; Martin (Ayer) 21-6.

Mile Run — Coleman (Palo Alto) 4:20.6; Christianson (Homestead) 4:20.8; Brassell (Homestead) 4:23.9; Franssch (Los Gatos) 4:24.8; Tirado (Live Oak) 4:26.4.

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440 Relay — Woodside 45.2; Irvington 45.8; Cupertino 45.8; Salinas 45.9; Homestead 44.3.

1 1/2 Mile Relay — Leland 5:55.0; Woodside 6:02.4; Homestead 6:03.0; Willow Glen 6:03.6; Ayer 6:05.3.

Distance Medley — Willow Glen 6:08.9; Santa Clara 6:10.7; Westmont 6:12.8; Cupertino 6:13.2; Homestead 6:13.4.

Reese Wins Relay Sprint

By LARRY STRAWTHER
B.T. Sports Editor

Ernie Reese proved himself to be the top sprinter in the area as he captured the 100 yard dash in a relatively slow time of 10.2 at the annual Andrew Hill Relays in Los Altos Hills two weeks ago tomorrow.

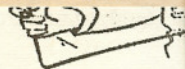
Reese's win came against some very tough competition (five sub-10.0 sprinters) and his time of 22.4 in the 220 was good enough for second in that event.

Ernie also added legs on the winning M-A 880 relay squad and the second-place eight-man mile relay team.

Bear shot-putter Jack Nevin took third in the Varsity shot put with a heave of 52 feet 7-inches.

In the over-all score, Los Altos took first, edging defending champion Homestead 70-63. M-A placed in the top ten with a score of 32 1/2.

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Los Altos Spikers Favored In 'Hill'

By JEFF STOCKTON
Mercury Sports Writer

It's not often that Los Altos loses the Hill Invitational Track meet.

Last year was one of the rare off seasons for the Knight spike contingent and Del Dequine's tracksters plan to make the Hill

meet a perennial title for Los Altos once again.

The Knights will be favored to capture their sixth Hill Invitational championship Saturday at Foothill College. Only Homestead and Wilcox have broken the Knights' clamp on the title in seven years.

Homestead again should supply the Knights with their stiffest competition. It will be the first head-to-head battle for the Mustangs and Knights this season but won't be the last.

The two teams also are expected to battle for the Santa Clara Valley and Central Coast Section championships.

Los Altos will base most of its strength on outstanding individuals while Homestead hopes to garner most of its points in the relays.

The Knights' Chris Adams, who has a best of 185-1 and 59-6½ in the discus and shot put, respectively, this season, probably is the only spiker in the meet who has a strong shot at a double.

Last year Los Altos' Brad Lyman, Homestead's Tom Phillips and Carlmont's Jim Penrose registered double victories in a meet dominated by the Knights and Mustangs. Penrose scored his double in the shot and discus.

Joining Adams in Los Altos' attempt to reclaim the crown is half-miler Rick Brown who is the top seed in the quarter-mile. He captured the 880 last year as a sophomore in the record-breaking time of 1:56.2.

Brown, along with Jim Andrew, Tom Allen and Adams should give the Knights several strong relay quartets.

But Homestead, with two teams entered in some of the distance relays, could take its second straight championship.

Mike Ferguson and Steve Flynn are the first and third seeds in the two-mile run and the Mustangs' John Hanes and Paul Gaesser ranked one-two in the half-mile. Homestead also appears strong in the distance medley and mile relays.

The meet will be run in heats with the best times winning. Field events will be slated in flights.

The meet has 51 teams (1400 athletes) coming from as far south as Salinas and north as Palo Alto. Newark, Washington and Mission San Jose of the Mission Valley League represent the East Bay.

Los Altos captures track title

Los Altos High School dominated the scene in the eighth annual Andrew Hill-Kiwanis invitational track and field meet held Saturday at Foothill College.

The Knights scored 70 points to win the team trophy, followed by Homestead with 63 and Fremont with 34.

The summary:

VARSIITY

2-Mile Run—Larson (Fremont) 9:27.8; Mork (Washington) 9:36.3; Flynn (Homestead) 9:37.4; Davis (Prospect) 9:39.7; Ferguson (Homestead) 9:42.1.

Distance Medley — St. Francis 10:41.8; Wilcox 10:47.2; Blackford 11:06.1; Cupertino 11:08.5; Washington 11:12.6.

Discus — Adams (Los Altos) 171-5¼; Couey (Homestead) 159-7¼; Waller (Homestead) 155-86; Miranda (Homestead) 154-2; Bour (Homestead) 153-7¼.

120 Yard HH — Hough (Saratoga) 15.1; Martin (Ayer) 15.4; LaGasse (Cupertino) 15.4; Petralia (Fremont) 15.4; Tawney (Mt. Pleasant) 15.5.

Eight-Man Mile Relay—Salinas 3:08.4; Awalt 3:09.3; Menlo-Atherton 3:09.3; Cupertino 3:10.2; Woodside 3:11.6.

880 Yard Run — Brown (Los Altos) 1:56.5; Hanes (Homestead) 1:56.7; Tyrrell (Saratoga) 1:58.9; Gaesser (Homestead) 2:00.0; Tober (Leland) 2:00.6.

Triple Jump — Moulton (Hill) 46-10; Freeman (Santa Clara) 46-7¼; Dendard (Awalt) 45.9; Miller (Leigh) 44.8; Bourdeau (Westmont) 44.6.

100-Yard Dash—Reese (Menlo-Atherton) 10.2; Andrew (Los Altos) 10.3; Adams (Los Altos) 10.3; Pike (Lick) 10.3; Avery (Piedmont Hills) 10.3; Adamo (St. Francis) 10.3; Fowler (Cupertino) 10.3; Raccinelli (Fremont) 10.3; Gillick (Bellarmine) 10.3.

High Jump—Withol (Cubberley) 6-2; Wyrick (Mt. Pleasant) 6-0; Ross (Overfelt) 6-0; Goecker (Camden) 6-0; McFetridge (Lynbrook) 5-10.

Mile Relay—Los Altos 3:25.1; Homestead 3:27.0; Saratoga 3:27.3; Westmont 3:27.5; Lynbrook 3:28.0.

Shot Put — Adams (Los Altos) 56-8¼; Himan (Leigh) 56-4½; Nevin (Menlo-Atherton) 52-7½; Follett (Branham) 52-6¼; Himan (Leigh) 52-5¼.

440 Yard Dash — Brown (Sunnyvale) 49.1; Orlando (Branham) 49.1; Brown (Los Altos) 49.4; Kessel (Awalt) 49.9; Bremer (Mt. Pleasant) 50.4.

180 Yard L.H.—Petralia (Fremont) 20.2; Toler (Buchser) 20.4; Tawney (Mt. Pleasant) 20.5; Hough (Saratoga) 20.5; LaGasse (Cupertino) 20.9.

220 Yard Dash—Andrew (Los Altos) 22.3; Reese (Menlo-Atherton) 22.4; Orlando (Branham) 22.5; Brown (Sunnyvale) 22.6; Bailey (Salinas) 22.7.

Pole Vault—Royal (Fremont) 13; Smith (Cubberley) 13; Keogh (Del Mar) 13; Lucket (Loun) 13; Cegila (Homestead) 12-6.

880 Yard Relay—Menlo-Atherton 1:31.5; Sunnyvale 1:32.5; Swalt 1:32.7; Lynbrook 1:32.9; Lick 1:33.0.

2 Mile Relay—Los Altos 8:08.2; Woodside 8:23.4; Homestead 8:26.7; Palo Alto 8:33.0; Awalt 8:34.3.

Broad Jump—Vasquez (Del Mar) 21-10½; Buser (Leigh) 21-10¼; Moulton (Hill) 21-8¾; Pike (Lick) 21-6¼; Martin (Ayer) 21-6.

Mile Run—Coleman (Palo Alto) 4:20.6; Christianson (Homestead) 4:20.8; Brassell (Homestead) 4:23.9; Frannsch (Los Altos) 4:24.8; Tirado (Live Oak) 4:26.4.

M-A Places High in Hill Track Tourney:

Menlo-Atherton proved itself a top track school last week when it placed high in the Andrew Hill-Kiwanis International Invitational track meet at Foothill.

Ernie Reese of the Bears won the 100-yard run in a race which included five runners who have done better than ten seconds. The race, however, was slow with the best time being Reese's, winning 10.2. He also took a close second in the 220, and ran with M-A's winning 880 relay team and second-place eight-man mile relay team. Another Bear, Jack Nevin, a senior, placed third in the varsity shot put. He made a 52-7 heave.

Los Altos, however, was the big winner, getting nearly twice as many meet points as did the Bears. The team scores were as follows: Los Altos 70, Homestead 63, Fremont 34 4/10,

Menlo-Atherton 32 1/2, Cubberley 18, Palo Alto 12, St. Francis 5 1/5, Woodside 5 and Bellarmine 5 1/5. These are just scores for local clubs participating in the tourney.

The next SPAL meet for the Bears is Thursday, April 10, against Woodside on the Woodside oval. Woodside is not really a threat for the Bears in this meet; M-A is in fourth place in the official standings while Woodside is tied with three other teams for fifth.

M-A's Reese Wins Hill 100

By PHIL ASHFORD
Tribune Correspondent

LOS ALTOS HILLS — SPAL track men served notice that the league must be contended with in sectional competition as the eighth annual Andrew Hill-Kawanis Invitational meet kicked off major invitational high school track action here Saturday.

Top SPAL performer was Menlo-Atherton's Ernie Reese, who rolled down Foothill's all-weather track in a relatively slow 10.2 to beat an impressive 100-yard dash field which included five sub-10.0 sprinters.

Reese followed his century with a 22.4 effort in winning his heat of the 220. Jim Andrews of Los Altos pushed him back to second overall with a 22.3 in a different heat.

To round out his day, Reese added legs on his school's winning 880 relay and second place eight-man mile relay teams.

Another SPAL runner who proved he will be tough when it comes time for the sectional meets was Palo Alto's Greg Coleman. The defending SPAL mile titlist outkicked a good field in his specialty to win in a personal best of 4:20.6.

Cubberley showed its field strength with a win in the high jump from Jeff Wihtol at 6-2 and a second from Greg Smith in the pole vault with 13-0.

Woodside placed in two relays — second in the two-mile

relay at 8:23.4 and fifth in the eight-man mile relay in 3:11.6.

The Wildcats also won the team championship in the three-event Class B division by taking first in the 440 relay at 45.2 and second in the 1½ mile relay in 6:02.4.

Tom Burke, Jerry Brown, Duncan Ray and Jim Bedell combined for the 'Cat B's winning effort.

Menlo-Atherton's Jack Nevin placed third in the varisty shot put with a 52-7 heave to round out the SPAL's point-getters.

Los Altos took the team title by edging defending champion Homestead by a 70-63 count.

The Knights made a clean sweep of the varsity honors by having state meet veteran Rick Brown named outstanding track competitor and Chris Adams outstanding field man.

Brown captured the 880 in a seasonal CCS best of 1:56.5, added a third in the 440 in 49.4 and anchored Los Altos' mile relay team to a CCS best of 3:25.1.

Adams won the discus at 171-5 and shotput at 56-8¾ and placed third in the 100 at 10.3.

VARSITY

Winners and placers of local note: 2 Mile — Larson (Fre) 9:27.8; Distance medley rel — St. Francis 10:41.8; 120 HH — Hough (Saratoga) 15.1; 8-man mile rel — Salinas 3:08.4, 2, tie between M-A and Awalt 3:09.3, 5. Woodside 3:11.6; 880 — Brown (LA) 1:56.5; 100 — Reese (MA) 10.2, 5, tie among Adamo (SF), Gillick (Bell) and three others 10.3; 440 — Brown (Sunny) 49.1; Mile rel — Los Altos 3:25.1; 180 LH — Petralia (Fre) 20.2; 220 — Andrews (LA) 22.3, 2. Reese (M-A) 22.4; 2 mile rel — Los Altos 8:08.2, 2. Woodside 8:23.4, 4. Palo Alto 8:33.0; Mile — Coleman (PA) 4:20.6; 880 rel — M-A 1:31.9; Dis — Adams (LA) 171-5; PV — Royal (Fre) 13-0, 2. Smith (Gub) 13-0; TJ — Moulton (Hill) 46-10 mr; HJ — Wihtol (Cub) 6-2; SP — Adams (LA) 56-8¾, 3. Nevin (M-A) 52-7½; LJ — Vasquez (DelM) 21-10½.

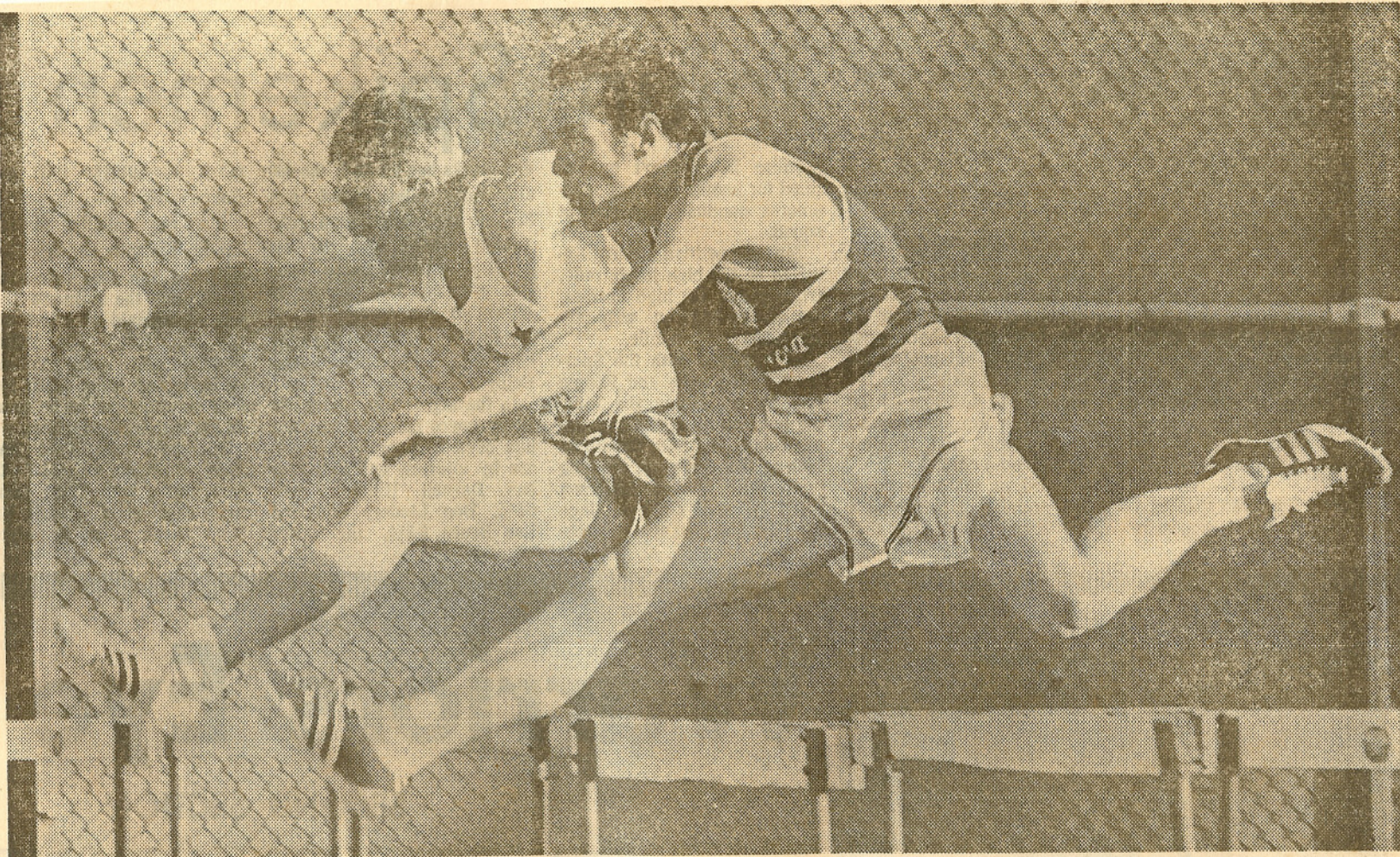
TEAM SCORES (leaders and local scores): Los Altos 70, Homestead 63, Fremont 34 4/10, Menlo-Atherton 32½, Cubberley 18, Palo Alto 12, St. Francis 5 1/5, Woodside 5, Bellarmine 5 1/5.

CLASS B

440 Rel — Woodside 45.2; 1½ mile rel — Leland 5:55.0, 2. Woodside 6:02.4; Distance medley rel — Willow Glen 6:08.0.

B SCORES: Woodside 9, Willow Glen 7, Cupertino 5½.

mr—meet record



— Tribune Photo by Reynolds Crutchfield

Nip and Tuck in the 180 Lows

San Carlos' Blair Morris (left) trailed Sequoia's Alec Christoff slightly at this juncture in the 180 low hurdles, but came on to

win in 20.7. Sequoia won the key SPAL meet, however, 79-57, to remain tied with Carlmont for the league lead.