

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS 1963

RESULTS OF C.I.F. SOUTHERN SECTION TRACK AND FIELD MEET CHAMPIONSHIPS
HELD AT CERRITOS COLLEGE ON MAY 24, 1963

100-Yard Dash:	John House (Muir) 2. Armstrong (Compton) 3. James (Perris) 4. Higgenbotham (Ventura) 5. Trippe (Centennial)	9.6
220-Yard Dash:	John House (Muir) 2. Buford (Cathedral) 3. James (Perris) 4. Cox (Redlands) 5. Stanton (Pomona)	21.3
440-Yard Dash:	McGowan (Centennial) 2. Oswald (Palos Verdes) 3. Williams (Chaffey) 4. Buck (Brea) 5. Rangel (Santa Ana)	48.8
880-Yard Dash:	Carr (Lowell) 2. Arnett (Pasadena) 3. Coley (Santa Maria) 4. Channels (Colton) 5. Venge (San Marino)	1:52.2*
One Mile Run:	Smith (Arcadia) 2. Daughtry (Glendale) 3. Jordan (Crescenta Valley) 4. Delaney (Orange) 5. Cockerham (Duarte)	4:12.6*
120-Yard H.H.	Davis (Compton) 2. Shy (Ganesha) 3. Moody (Corona) 4. Everett (Chino) 5. Foster (Centennial)	14.0**
180-Yard L.H.	Miles (Poly, L.B.) 2. Davis (Compton) 3. McCullough (Poly, L.B.) 4. Foster (Centennial) 5. Moody (Corona)	19.1
High Jump:	Caruthers (Santa Ana Valley) 6'8" 2. Heet (Lowell) 6'5" 3. Carr (Muir) 6'5" 4. Gaston (Oxnard) 6'4" 5. Mason (El Monte) 6-4	
Pole Vault:	Hendrix (Downey) 14' 2. Seagren (Pomona) 13'9" 3. Hergenrather (Arcadia) 13'9" 4. Savage (Claremont) 13'6" 5. Dullan (Buena) 13-6	
Broad Jump:	Motley (Poly, L.B.) 23' 10 3/4" 2. James House (Muir) 23' 6 3/4" 3. Appleton (San Gabriel) 23' 4" 4. Howard (San Bernardino) 22' 11 1/2" 5. Grisby (Centennial) 22' 5 1/2"	
Shot Put:	Thurman (Western) 59' 6 1/2" 2. Henke (Ventura) 58' 11 1/2" 3. Crane (Colton) 58' 2" 4. Kearin (Muir) 57' 10 1/4" 5. Bagby (Poly, L.B.) 57' 3 3/4"	
880-Yard Relay:	Centennial 2. Poly, L.B. 3. Palos Verdes 4. Compton 5. Pomona	1:27.1

* New C.I.F. Southern Section Meet Record

** Ties C.I.F. Southern Section Meet Record

Scoring (First Six) Muir, Pasadena (19) 2. Poly, L.B. (17) 3. Centennial (16)
4. Compton (15) 5. Lowell, Whittier (9) 6. Arcadia (8)

C.I.F. SOUTHERN SECTION HIGH SCHOOL TRACK & FIELD MEET RECORDS

100-Yard Dash	Preston Griffin	Centennial	9.5 (Semis)	1957
	Forrest Beaty	Hoover, Glendale	9.5	1962
220-Yard Dash	Forrest Beaty	Hoover, Glendale	20.2	1961
440-Yard Dash (1 curve)	Myrel Gillet	El Centro	48.3	1933
(2 curves)	Ulis Williams	Compton	46.1	1961
880-Yard Dash	Dennis Carr	Lowell, Whittier	1:52.2	1963
One Mile Run	Tracy Smith	Arcadia	4:12.6	1963
High Hurdles (39")	Charles Piggee	Pasadena	14.0	1956
	Carl Davis	Compton	14.0	1963
High Hurdles (42")	Roy Kirkpatrick	El Centro	14.5	1934
Low Hurdles (180y)	Tom Hester	San Bernardino	18.3	1962
Low Hurdles (220y)	Al Lawrence	Glendale	23.4	1943
High Jump	Charles Dumas	Centennial	6-8 7/8	1955
Pole Vault	Eric Berge	Costa Mesa	14-5 1/4	1962
	Marc Savage	Claremont	14-5 1/4 (Semis)	1963
	Jeff Hendrix	Downey	14-5 1/4 (Semis)	1963
Broad Jump	Arnold Tripp	Crawford	24-9	1959
Shot Put (12 lb.)	Bill Pace	El Rancho	65-2 3/4	1961
Hop, Step & Jump	Bob Beckus	Hoover, San Diego	46-1 3/4	1938
880-Yard Relay	Centennial (Tyler, Owens, Cureton, Todd)		1:26.2	1961
	San Bernardino (James, Green, Cain, Hester)		1:26.2	1962

BEST MARKS ON RECORD BY CALIFORNIA HIGH SCHOOL ATHLETES

100-Yard Dash	James Jackson	Alameda	9.4	1954
	James Bates	Manual Arts, LA	9.4	1958
	Forrest Beaty	Hoover, Glendale	9.4	1962
220-Yard Dash	Forrest Beaty	Hoover, Glendale	20.2	1961
440-Yard Dash	Ulis Williams	Compton	46.1	1961
880-Yard Dash	Dennis Carr	Lowell, Whittier	1:49.2n	1963
One Mile Run	Dennis Carr	Lowell, Whittier	4:08.7	1962
High Hurdles (39")	Robert Bonds	Riverside	13.9	1960
High Hurdles (42")	Roy Kirkpatrick	El Centro	14.5	1934
Low Hurdles (180y)	Tom Hester	San Bernardino	18.3	1962
	Ed Moody	McClymonds, Oakland	18.3	1962
	Alvin Mann	Edison, Fresno	18.3	1963
Low Hurdles (220y)	Tom Hester	San Bernardino	22.7n	1962
High Jump	Charles Dumas	Centennial	6-10 1/4	1955
Pole Vault	Marc Savage	Claremont	15-0 1/2	1963
Broad Jump	William Davis	Roosevelt	25-5	1958
Shot Put (12 lb.)	Don Castle	Palo Alto	65-7 3/4	1961
Shot Put (16 lb.)	Mike McKeever	Mt. Carmel, LA	53-4 3/4	1957
Discus (3 lb. 9 oz.)	Bob Stoecker	Los Altos	195-4	1962
Discus (Regulation)	Bob Stoecker	Los Altos	164-4 1/2	1962
Javelin	Ray Churchill	San Benito (Hol.)	195-6 3/4	1932
Hop, Step & Jump	Tom Cousey	Ells, Richmond	48-4 1/2	1960
440-Yard Relay	San Bernardino (James, Green, Cain, Hester)		42.0	1962
880-Yard Relay	Jefferson (Phillips, White, Randall, Batten)		1:25.9	1956
One Mile Relay (4-man)	Glendale (Heltzel, Gould, Marshall, Withrow)		3:18.9	1960
One Mile Relay (8-man)	Centennial (Thomas, Owens, Tucker, Toliver, Meadows, Cureton, Todd, Tyler)		2:54.1	1961
Two Mile Relay (4-man)	Hoover, Glen. (Anderson, Wilson, Brown, Blanchard)		7:54.1	1961
One Mile Sprint Medley	La Habra (Brady, Haught, Logue, Bess)		3:27.4	1961
Four Mile Relay (4-man)	Downey (Lindley, Doyle, Creagor, Goodson)		17:50.7	1962
Distance Medley Relay	Compton (Williams, Paz, Crowley, Covington)		10:17.0	1958

(Note: Four southland boys ran the 120-yard hurdles, 39", in 13.9 sec. in 1963.... they are Kerry, Washington; Davis, Compton; Orr, Jefferson and Moody, Corona. The latter two marks were non-winning. These marks tie Bob Bonds all-time California best mark listed above.)