

Knights, Dons Prep For Crucial

Aragon and Hillsdale return to the Mid-Peninsula cinder paths Friday in what must rate as varsity "warm-ups" for both title contenders.

Bill Larson's Dons, awaiting their MPL showdown at Hillsdale the following Friday, April 26, host Capuchino, while Plato Yanick's Knights drop into Burlingame's parlour — but the Panthers aren't quite "spiders."

HILLSDALE (safety back in the MPL corral after a last-place finish at the Carlmont Invitational Relays) and Aragon both will romp in varsity, off past performances. Capuchino's Mustangs should make a good showing, however.

Other MPL dual meet action Friday finds disappointing San Mateo at Mills. Conference trials start April 30, and that's when things matter the most.

Aragon's Cliff Glidden (shot), Jim Adams (880), Jack McLeskey (PV), and John Bohmker (high hurdles) should balance Hillsdale's Ralph Likens and Marcel Hetu (distances), Bob Sprague (220), Al Winfield (HJ), and Mike Hickey (discus) when the two leaders meet April 26. It's a proverbial tossup.

BAY AREA'S prep track powers last Saturday outmanned Plato Yanick's Knights at Carlmont. Leo Long's El Cerrito squad finished on top with 53 points, followed by Berkeley, Carlmont, Los Altos, Richmond, and Hillsdale (with 18).

Hillsdale's best showing was in the two-mile relay, where the Knights placed second with a 8:13.8 clocking.

The Carlmont Relays netted \$400 for Belmont's Rotary Club track scholarship fund. Some deserving Carlmont trackster will benefit.

★ ★ ★ CARLMONT RELAYS

480 HH — El Cerrito 63.6; Berkeley, Los Altos; 2-Mile — Carlmont 8:10.1, Hillsdale, Berkeley; 440 — Berkeley 42.7, El Cerrito, Carlmont; Mile — Richmond 3:25.5, Berkeley, El Cerrito; 720 LH — El Cerrito 1:24.5, Los Altos, Berkeley; 4-Mile — El Cerrito 18:38, Carlmont, Los Altos; 880 — Berkeley 1:29.3, El Cerrito, Carlmont.

Shot Put — Los Altos 211-10½, Richmond, El Cerrito; Discus — Los Altos 586-0½, El Cerrito, Carlmont; High Jump — Berkeley 23-2, Carlmont, Hillsdale; Broad Jump — Berkeley 84-4½; Los Altos, Richmond; Pole Vault — Carlmont 48-0, Los Altos, El Cerrito.

TOTALS — El Cerrito 53, Berkeley 50, Carlmont 43, Los Altos 42, Richmond 21, Hillsdale 18.

El Cerrito High bags Carlmont relay meet

El Cerrito High School walked off with the top honors in the Carlmont Invitational Track and Field Relays held Saturday at Carlmont High.

El Cerrito piled up 53 points to edge Berkeley (50), Carlmont (43) and Los Altos (42) for the team trophy.

The results:

480 shuttle hurdle relay—El Cerrito 63.6, Berkeley, Los Altos. Two-mile relay—Carlmont 8:10.1, Hillsdale, Berkeley. 440 relay—Berkeley 42.7, El Cerrito, Carlmont. Mile relay—Richmond 3:23.5, Berkeley, El Cerrito. 720 low hurdle relay—El Cerrito 1:24.5, Los Altos, Berkeley. Four-mile relay—El Cerrito 18:38.8, Carlmont, Los Altos. 880 relay—Berkeley 1:29.3, El Cerrito, Carlmont. Shot-put relay—Los Altos 211-10½, Richmond, El Cerrito. Discus relay—Los Altos 586-0½, El Cerrito, Carlmont. High jump relay—Berkeley 23-2, Carlmont, Hillsdale. Broad jump relay—Berkeley 84-4¼, Los Altos, Richmond. Pole vault relay—Carlmont 48-0, Los Altos, El Cerrito.

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