

AN OPEN LETTER TO THE GREATEST BUNCH OF COACHES ANYWHERE

I can't begin to tell you how much I appreciate your cooperation at the Relays last Saturday. Your sportsmanship and help in crowd control was simply great. We had very little trouble with boys in uniform but the other part of the crowd was something else again. Our biggest problem is not enough seats and of course some of the boys have to get out and see what's going on close up. We are really quite concerned over this from the police department on down to our school administration. Any suggestions, anyone?

I would like all of you to know how deeply sorry I was to discover Sunday morning that there was an error in the scoring and Castlemont had gone home thinking they had won but hadn't. Each of us can probably guess how we would feel in such a spot and my sincere sympathies were for Nick when I called him. (There were also a few little prayers for myself). It was the hardest thing I have ever had to do and I am very appreciative of the fact that Nick was so good about it. It was a tough one to lose and he proved himself a real Track Coach by being a great sport about it.

Congratulations to Floyd Strain and his fine boys. They have been knocking at the door on a National Record and it was a real thrill to see them get it. We're going through all the red tape to do all we can to see that it is recognized.

Random Notes:

New records set: Varsity	Shuttle Highs 36.2	Richmond
		Castlemont
	Shuttle Lows 53.0	Castlemont
	Two Mile 7:53.6	Clayton Valley
	High Hurdles tie 14.4	Gary Gaskill, Carlmont Abe Johnson, McClymond
	Shot Put 61'4"	Don Castle, Cumberley
	High Jump 6'6 $\frac{1}{2}$ "	Curtis Crum, Cast. Wm. Carter, Lowell
	Discus 170'9 $\frac{1}{4}$ "	Don Schmidt, King City
Bs	440 Relay 44.2	Richmond
	880 Relay 1:31.6	Richmond
	1 $\frac{1}{2}$ Mile 5:45.5	Encinal

The times in the Varsity 440 and 880 in 1950 were 44.1 and 1:31.8. Look at those B records now.

The 6'6 $\frac{1}{2}$ " ties the Stadium Record set by El Cerrito's Julius Jefferson in 1955.

Next year's Relays will be held on April 7. Anybody else want to have a meet on that day? Go right ahead.

The Shot will ^{be} thrown on the turf, probably by the broad jump pit next year, off of Ply wood.

We might have a new surface on the track next year. This is primarily for quicker drying after rains.

THE CERRITO MEET
 APRIL 15, 1961
 RESULTS

CLASS A

4 Shuttle Highs (Trials)

Heat 1	
1. Pleasant Hill	37.2
2. Cubberley	37.9
3. Los Altos	38.1
4. San Mateo	38.2

Heat 2	
1. Castlemont	36.2
2. Arroyo	37.7
3. George Washington	38.1
4. Downey	38.3

Heat 3	
1. Richmond	36.2
2. Carlmont	36.4
3. El Cerrito	37.8
4. Poly	38.7

Finals	
1. Richmond	35.7
2. Castlemont	36.3
3. Pleasant Hill	36.9
4. Carlmont	40.3

Record not allowed, One hurdle down.

440 Yard Relay

Heat 1	
Castlemont	44.4
2. Downey	45.1
3. Oak Tech	45.6
4. De Anza	45.7

Heat 2	
1. McClymonds	44.1
2. George Washington	44.3
3. Ravenswood	44.5

Heat 3	
1. Richmond	43.0
2. Westmoor	44.1
3. Mission	44.2
4. Berkeley	44.3

Finals	
1. Richmond	43.1
2. McClymonds	43.3
3. Mission	44.0
4. George Washington	44.2

120 High Hurdles

Heat 1	
1. Fred Canslor, Richmond	14.7
2. Wilfred Brown, Tennyson	15.4
3. Bob Owen, Los Altos	16.0
4. Curtis Crouch, Berkley	16.0

Heat 2	
1. Bob Hartfield, Richmond	14.8
2. Greg Ford, Clayton Valley	15.3
3. Ryan Melton, Geo Wash	15.4
4. Ed Rangel, Fils	15.7

Heat 3	
1. Cliff Isslinger, Pleasant Hill	15.1
2. William Young, Fremont	15.5
3. Gary Vannater, Mt. View	15.7
4. John Reinig, Arroyo	15.8

Heat 4	
1. Abraham Johnson, McClymonds	14.5
2. Bob Sawyer, Carlmont	15.4
3. Rich Clough, Mt. Diablo	15.6
4. Eric Westbrook, Palboa	15.7

Heat 5	
1. Gary Gaskill, Carlmont (Tie record)	14.4
2. Willie Crum, Castlemont	15.2
3. Jir Stephenson, Pl. Hill	15.2
4. Mel Sherbourne, San Lorenzo	15.5

Finals	
1. Abraham Johnson, McClymonds	14.4 (tie)
2. Gary Gaskill, Carlmont	14.5
3. Fred Canslor, Richmond	14.8
4. Robert Hartfield, Richmond	15.2

100 Yard Dash

Heat 1	
1. Charles Gary, McClymonds	9.9
2. Al Copher, El Cerrito	10.1
3. John Carina, Berkley	10.1
4. Fred Benjamin, Cubberley	10.1

Heat 2	
1. Ura Campbell, Richmond	9.8
2. Dan Piro, St. Ignatius	10.0
3. Greg Palamountain, S Leandro	10.0
4. Ron Askew, Ravenswood	10.2

Heat 3	
1. Ed Poody, McClymonds	9.8
2. Lee Houston, Castlemont	10.1
3. Artrix Denton, Mission	10.1
4. Wilfred Brown, Tennyson	10.1

1. Herthal Harris, Richmond	10.1
2. Lance Ritter, Geo. Wash.	10.2
3. Hardy Watkins, Ravens.	10.3
4. Pat Grant, Castlemont	10.4

Finals

1. Ura Campbell, Richmond	9.8
2. Ed Moody, McClymonds	9.9
3. Dan Piro, St. Ignatius	10.0
Herthal Harris, Richmond	10.1

Shuttle Low Hurdles

Heat 1

1. Carlmont	55.1
2. Berkeley	56.2
3. Downey	56.4
4. St. Ignatius	56.6

Heat 2

1. Richmond	53.7
2. Pleasant Hill	55.8
3. El Cerrito	56.4
4. George Wash	56.5

Heat 3

1. Castlemont	53.3
2. McClymonds	53.9
3. Cubberley	56.9
4. Arroyo	57.0

Finals

1. Castlemont	53.10
2. Richmond	53.8
3. McClymonds	54.1
4. Carlmont	55.5

880 Yard Relay

Heat 1

1. El Cerrito	1:29.5
2. Berkeley	1:30.1
3. George Washington	1:30.4
4. Ravenswood	1:33.1

Heat 2

1. Richmond	1:29.3
2. Westmoor	1:30.5
3. Cupertino	1:33.3
4. Los Altos	1:33.4

Heat 3

1. McClymonds	1:27.6
2. Castlemont	1:29.0
3. Mission	1:30.5
4. St Ignatius	1:31.6

Finals

1. McClymonds	1:28.1
2. Castlemont	1:28.5
3. Richmond	1:29.3
4. George Washington	1:29.5

Mile Relay

1. Castlemont	3:20.1
2. El Cerrito	3:26.8
3. Pleasant Hill	3:28.2
4. Hayward	3:28.8
5. San Leandro	3:31.5
6. Poly	3:33.1
7. Westmoor	3:35.2
8. Riordan	3:38.5

(Teams placed by times in two heats)

Two Mile Relay

1. Clayton Valley	7:53.6
Relays Record and National Record	
2. St. Ignatius	7:58.4
3. San Mateo	8:15.1
4. Downey	8:17
5. Capuchino	8:38.2
6. Hillsdale	8:42.7
7. Oak Tech	8:46.6
8. Carlmont	8:51

(Teams placed by times in two heats)

Medley Relay

1. Hillsdale	10:37.0
2. Lincoln	10:41
3. Carlmont	10:47.2
4. Castlemont	10:48.2
5. Pleasant Hill	11:17.6
6. Camden	11:26.4
7. Downey	11:32.8
Berkeley	11:37.4

(Teams placed by times in two heats)

Team Scores

39	Richmond
38	Castlemont
30 1/2	McClymonds
14 1/2	El Cerrito
14	1/3 Carlmont
11 5/6	Cubberley
10	Clayton Valley
10	Hillsdale
8	Pleasant Hill
8	St Ignatius
7	King City
6	Lincoln
5	Mission
5	George Washington
4	Lowell
4	San Mateo
3 1/3	Encinal
2 1/2	Berkeley
2	Los Altos, Poly, Hayward, Downey
1	Menlo-Atherton
1	Mt. View

CLASS B RESULTS

Shuttle High Hurdles

Heat 1

- 1. Mission 40.2
- 2. Arroyo 41.2

Heat 2

- 1. Carlmont 41.6
- 2. So. San Francisco 41.8
- 3. Mt. View 43.2
- 4. Encinal(hurd.crew acc) 43.3

~~XXXX~~ Finals

- 1. Arroyo 40.7
- 2. Mission 41.4
- 3. Encinal 41.7
- 4. So SF 43.1

440 Yard Relay

Heat 1

- 1. Berkeley 44.8
- 2. San Mateo 46.2
- 3. Castro Valley 46.8
- 4. Arroyo 47.2

Heat 2

- 1. Lincoln 45.6
- 2. Mission 45.8
- 3. Riordan 46.4
- 4. Carlmont 46.4

Heat 3

- 1. Richmond 44.6
- 2. Lowell 46.3
- 3. Ellis 46.7
- 4. So SF 47.2

Heat 4

- 1. El Cerrito 44.5
- 2. Encinal 45.1
- 3. Poly 45.6
- 4. St Ignatius 46.9

~~XXXXX~~ Finals

- 1. Richmond 44.2
- 2. El Cerrito 44.6
- 3. Berkeley 44.7
- 4. Poly ----

Shuttle Low Hurdles

Heat 1

- 1. So SF 59.2
- 2. El Cerrito 59.7
- 3. Lincoln 60.6
- 4. Carlmont 60.6

Heat 2

- 1. Berkeley 57.4
- 2. Richmond 57.8
- 3. Mt. View 59.0
- 4. Arroyo 59.9

Heat 3

- 1. Mission 58.6
- 2. Encinal 59.9
- 3. Hilldale 63.5
- 4. Terra Nova 64.3

Finals

- 1. Richmond 57.3
- 2. Mt. View 57.9
- 3. Berkeley 58.0
- 4. Encinal 58.7

880 Relay

Heat 1

- 1. Richmond 1:31.6
- 2. Berkeley 1:33.8
- 3. Poly 1:35.5
- 4. Lowell 1:36.2

Heat 2

- 1. El Cerrito 1:34.3
- 2. Encinal 1:34.5
- 3. Castro Valley 1:37
- 4. Carlmont 1:37.5

Finals

- 1. Richmond 1:31.6
- 2. El Cerrito 1:34
- 3. Berkeley 1:34.2
- 4. Encinal 1:35.1

Mile Relay

- 1. Berkeley 3:32.6
- 2. Geo. Wash 3:40.6
- 3. Encinal 3:45.9
- 4. Capuchino 3:46.7

1 1/2 Mile Relay

- 1. Encinal 5:45.5
- 2. El Cerrito 5:59.3
- 3. Bellarmine 6:03.6
- 4. Lowell 6:05.3
- 5. Alameda 6:14.1
- 6. Berkeley 6:16.7
- 7. Cupertino 6:19.3
- 8. Riordan 6:22.1

B Medley Relay

1. Carlmont	5:46.3
2. Arroyo	5:52.3
3. Jefferson	5:56.3
4. Pleasant Hill	6:01.3
5. Tennyson	6:05.7
6. De Anza	6:07.6
7. San Mateo	6:09.2
8. Berkeley	6:09.7

Results---Team Scores

30	Richmond
22	Berkeley
22	Encinal
18	El Cerrito
16	Arroyo
10	Carlmont
6	Mission, Geo. Wash., Mt. View
4	Bellarmino, Jefferson
2	Lowell, Pleasant Hill, Capuchino, So. SF, Poly

Open Field Events

Shot Put

1. Don Castle, Cubberley	61'4"
2. Mike Mallory, El Cerrito	58'11 $\frac{1}{2}$ "
3. Don Schmidt, King City	56'11"
4. Larry Kennedy, M-A	55'11 $\frac{1}{2}$ "
5. Mike Gridley, Geo Wash	55'4 $\frac{1}{2}$ "
6. Jim O'Brien, De Anza	54'7 $\frac{1}{4}$ "
7. Dennis Brok, Lincoln	54'2 $\frac{1}{2}$ "
6. Randy Schneider, Los Altos	55'2"

High Jump

1. Curtis Crum, Castlemont	6'6 $\frac{1}{2}$ "
2. William Carter, Lowell	6'6 $\frac{1}{2}$ "
3. Thomas, John, Poly	6'3"
4. Henry Maown, Cubberley	6'1"
Ray Garcia, El Cerrito	6'1"

Pole Vault

1. John Stulgis, Encinal	13'0"
2. Stan Phillips, Carlmont	13'0"
Stan Washer, Cubberley	13'0"
4. Ryan Melton, Geo. Wash	12'7"

Broad Jump

1. Charles Booth, El Cerrito	23'5 $\frac{1}{2}$ "
2. Jim Agrusa, Berkeley	23'1 $\frac{1}{2}$ "
Chas. Gary, McClymonds	23'1 $\frac{1}{2}$ "
4. Lonnis Brantly, Mission	22'11"

Discus

1. Don Schmidt, King City	170' 9 $\frac{1}{4}$ "
2. Don Castle, Cubberley	167'11 $\frac{3}{4}$ "
3. Bob Stoecker, Los Altos	165' 4 $\frac{1}{2}$ "
4. Tyler Wilkins, Mt. View	160'10"

FORMER EL CERRITO RELAYS CHAMPIONS

1950	Champion	El Cerrito	31 $\frac{1}{4}$ Points
	Second	Lowell	23
	Third	Washington	21
	B Champ	Washington	22
1951	Champion	Washington	42
	Second	Richmond	32
	Third	San Mateo	24
	B Champ	Alameda	22
1952	Champion	Berkeley	27
	Second	Alameda	22
	Third	Palo Alto	19
	B Champ	Washington	20
1953	Champion	Alameda	tie
		Richmond	27
	Third	Berkeley	14
	B Champ	Washington	26
1954	Champion	Richmond	34
	Second	Mt. Diablo	31
	Third	El Cerrito	17
	B Champ	Washington	31
1955	Champion	Richmond	38
	Second	Mt. Diablo	35
	Third	Burlingame	24
	B Champ	Washington	32
1956	Champion	Richmond	38 $\frac{1}{2}$
	Second	El Cerrito	33
	Third	Balboa	25
	B Champ	El Cerrito	40
1957	Champion	Berkeley	41
	Second	El Cerrito	40
	Third	Hayward	24
	B Champ	Washington	42
1958	Champion	Poly	32 $\frac{1}{2}$
	Second	Richmond	30 $\frac{1}{12}$
	Third	Berkeley	25 $\frac{1}{3}$
	B Champ	Encinal	26
1959	Champion	Richmond	21
	Second	Vallejo	20
	Third	San Mateo	16 $\frac{1}{2}$
	B Champ	Acalanes	36
1960	Champion	Castlemont	43 $\frac{2}{5}$
	Second	Richmond	23
	Third	Vallejo	21
	B Champ	Menlo-Atherton	-
		Encinal	24

NUMBER OF SCHOOLS ENTERED

1950	19	1952	34	1954	38	1956	31	1958	57
1951	23	1953	35	1955	39	1957	49	1959	59
								1960	57

El Cerrito Relays Records

<u>Event</u>	<u>School</u>	<u>Record</u>	<u>Year</u>
280 Yd. Shuttle High Hurdles	Richmond Castlemont	36.3	1960
480 Yd. Shuttle Low Hurdles	Richmond	53.8	1960
440 Yd. Relay	Vallejo	42.8	1960
Mile Relay	Castlemont	3:19.9	1960
Two Mile Relay	Palo Alto	7:56.6	1959
Medley Relay	Los Altos	10:21.5	1960
880 Yd. Relay	Castlemont	1:27.1	1960
120 Yd. Hi Hurdles	Monte Upshaw-Piedmont Cebren Russ-Berkeley Sid Nickolas-Vallejo	14.4	1954 1957 1960
100 Yd. Dash	Herb Turner-Alameda Jim Jackson-Alameda Herb Blanchard-Poly	9.7	1951-2 1954 1957
Shot Put	Mike Profit-Lincoln, S. F.	61' 2"	1957
High Jump	Archie Green-Oakland	6' 5 3/4"	1960
Broad Jump	Monte Upshaw-Piedmont	24' 4 1/2"	1954
Pole Vault	Jim Matjeka-Sequoia	14' 1/2"	1956
Discus	Alex Darnes-Poly	165' 5 1/2"	1960

Class B

280 Yd. Shuttle High Hurdles	San Mateo	38.5	1960
480 Yd. Shuttle Low Hurdles	Encinal	56.8	1960
440 Yd. Relay	Mission	44.4	1960
880 Yd. Relay	Geo. Washington	1:32.9	1960
Mile Relay	Westmoor	3:31.8	1960
Medley Relay	Piedmont	5:42.9	1956
1 1/2 Mile Relay	Encinal	5:59.3	1960